

**SURREY SERVICES FOR ADULTS**  
***Delivered by NAS professional services***



**ASSIST Service**

***(Age 18+ Aspergers/high functioning autism)  
Asperger Support, Signposting &  
Information Services Team***

Co-ordinator: Mike Leat

Tel: 01483 521743 (option 1)

Email: [assist.surrey@nas.org.uk](mailto:assist.surrey@nas.org.uk)

One-to-one discussions with autism specialists.

Venues and days/times:

Godalming – Thurs 3 x per month 5.00-9.00 p.m.

Sat. monthly from 10.00 a.m. -2.00 p.m.

Reigate – Tues. twice per month 3.00–9.00 p.m.

Aldershot – Sat. monthly 10.00 am – 4.30 p.m.

Farnborough – Mon, monthly 1.30 – 6.30 p.m.

*By appointment only. Appointments in person,  
by telephone, email or Skype.*

**ASpire Social Group\***

***For over-25s with autism who can attend the  
group independently.***

Venue: Guildford

1<sup>st</sup> Thurs of each month:

6.30 – 7.30pm: Social hour

7.30 - 9.00pm: Structured discussion session

3<sup>rd</sup> Thurs of each month:

Meet in pub for drinks/food

**Young Adults Groups\***

***For young people age 18 - 25. Only for those  
with autism who can attend independently.***

Fortnightly Wednesdays 7.00- 9.00pm.

Venues: Guildford & Redhill

Meetings either discussion groups or social  
evenings.

**Women's Group\***

***For autistic women of all ages.***

Monthly, Saturdays, 3.30 – 5.00 pm.

Venue: Godalming

Topic for discussion each month.

**\*People seeking to attend the groups should  
contact the ASSIST service first.**

**NAS Surrey Community Services**

***Personalised services for adults with autism  
who have funding for support.***

Team leader: Alan Baker

Tel: 07920 709251

Email: [alan.baker@nas.org.uk](mailto:alan.baker@nas.org.uk)

Supported Living or community support services  
in Godalming and other locations around Surrey

**Old Mill Day Service**

***Personalised services for adults with autism  
& learning disabilities who have funding.***

Day Services Manager: Gemma Fry

Tel: 01483 521 747

Email: [gemma.fry@nas.org.uk](mailto:gemma.fry@nas.org.uk)

Venue: Godalming

**Birch House Day Service**

***Personalised services for more able adults  
with autism who have funding.***

Day Services Manager: Gemma Fry

Tel: 01483 521 747

Email: [gemma.fry@nas.org.uk](mailto:gemma.fry@nas.org.uk)

Venue: Godalming

Weekdays from breakfast clubs to evening  
groups, plus weekend activities. Courses on  
skills such as travel training, job-seeking,  
money, cookery, etc. (All subject to demand.)

**NAS Residential Services**

***For adults with autism spectrum disorders  
who have funding for support.***

Manager: Gul Collis

Tel: 01483 861 066

Email: [gul.collis@nas.org.uk](mailto:gul.collis@nas.org.uk)

Residential care in Godalming.

**NAS Surrey Branch** – parent support group run  
by volunteers. Includes Parents of Adults group.

**Contact: Sara Truman (volunteer)**

**Tel: 07423-435413 (answerphone)**

**Email: [info@nassurreybranch.org](mailto:info@nassurreybranch.org)**

**Website: [www.nassurreybranch.org](http://www.nassurreybranch.org)**

*Until everyone understands*