




Del Norte Senior Center
 1765 Northcrest Drive
 Crescent City, CA 95531
 707-464-3069
 Hours 9:00am to 4:00pm

COME JOIN US!!!
 Lunch Served
 Monday Thru Friday
 11:00am TO 12:30Pm



January 2025

Suggested meal contribution: \$3.00. No one over 60 will be denied a meal for inability to contribute. Those under 60 must pay a fee

	MON	TUE	WED	THU	FRI	SAT
<p>Saltshaker indicates a higher sodium meal.</p> <p>Low-fat milk served with every meal.</p> 			<p>1</p> <p>New Year Day Site Closed</p>	<p>2 Meatloaf, Mashed Potatoes, With Gravy, Carrots, W/W Bread & Fruit Cup</p>	<p>3 Chicken Pot Pie, Biscuit, Peas and Carrots & Pineapple Tidbits</p>	<p>4</p> <p>Menu is Subject To Change Without Notice</p>
<p>5</p> <p>Menu is Subject To Change Without Notice</p>	<p>6 Roasted Chicken, Scalloped Potatoes, Green Beans, W/W Roll & Mixed Fruit Cup</p>	<p>7 Beef Stroganoff on Noodles, Brussel Sprouts, Garlic Bread & Pears</p>	<p>8 Vegetarian Chili, Corn Bread, Side Salad, Cheese Stick and Pineapple Tidbits</p>	<p>9 Beef Stew, Corn Bread, Green Salad w/ Dressing & Fruit Cup</p>	<p>10 Bean and Barley Soup, Green Salad w/Dressing, Cheesy Garlic Bread, WW Cracker & Banana</p>	<p>11</p> 
<p>12</p> 	<p>13 Orange Chicken, Brown Rice, Steamed Broccoli, Mandarin Oranges & Fortune Cookie</p>	<p>14 Egg Casserole, Muffin, Rosemary Potatoes, Diced Apples</p>	<p>15 Turkey & Cheese Sandwich, Split Pea Soup, WW Cracker & Peaches</p>	<p>16 Baked Ziti W/4 Cheese, Garlic Bread, Mixed Vegetables, Fruited Yogurt & Banana</p>	<p>17 Baked Fish, Rice Pilaf, Sauteed Cabbage, Garlic Bread & Fresh Fruit</p>	<p>18</p>
	<p>20</p> <p>Martin Luther King Holiday Site Closed</p>	<p>21 Baked Turkey Ham, Sweet Potatoes, Succotash, WW Roll & Applesauce</p>	<p>22 Cheese Enchiladas, Black Beans, Spanish Rice & Peaches</p>	<p>23 Chicken Cacciatore on WW Pasta, Italian Squash Mix, Garlic Bread & Fruit</p>	<p>24 Cheeseburger on a WW Bun, Oven Baked Fries, Baked Beans & Orange</p>	<p>25</p>
<p>26</p> <p>Volunteer Opportunities Available</p>	<p>27 Beef and Bean Chili, Corn Bread, Green Salad w Dressing & Peaches</p>	<p>28 Chicken Noodle Soup, 1/2 Egg Salad Sandwich on WW Bread, & Mixed Fruit Cup</p>	<p>29 Bean and Cheese Burrito, Fiesta Corn Spanish Rice & Tropical Fruit Cup</p>	<p>30 Sweet and Sour Chicken, Brown Rice, Asian Mixed Vegetables, Mandarin Oranges & Fortune Cookie</p>	<p>31 Happy Birthday Salisbury Steak, Mashed Potatoes W/Gravy, Mixed Vegetables, W/W Roll, Fruit Juice & Birthday Cake</p>	<p>Senior Legal Service 464-3069 1-800-972-0002 X304 1-707-445-0866 X304</p>

