

# DESOTO SWIFT TRACK CLUB

## Reference Guide



### About SWIFT

#### Speedsters With Incredible Form and Technique

Lead by Head Coach, Founder & President Kevin Dozier, the DESOTO SWIFT TRACK CLUB is a 501(c)3 tax-exempt non-profit youth summer track organization. We are a member of the Amateur Athletic Union (AAU) Southwestern Association and USA Track & Field Southwestern Association (USATF). Sanctioned by the Desoto Parks and Recreation Department, the DESOTO SWIFT TRACK CLUB, with the help of a host of dedicated volunteer coaches and support staff, serve the youth of Desoto and surrounding areas.

### Our Mission

Our MISSION is to provide each athlete the opportunity to reach his or her full potential by both developing athletic speed, endurance, and strength and encouraging high self-esteem, personal accountability, self-discipline, goal setting, and goal achievement. Desoto SWIFT seeks to develop well-rounded individuals who learn not only the ground rules of athletic training but also the importance of education in an atmosphere conducive to developing sound character.

### Practice

*Champions are built with Practice!*

**Practice Location:** Desoto East Jr. High School

**Practice Days:** Monday, Tuesday & Thursday

**Practice Time(s):**

-Athletes 12 and under starting at 6p

-Athletes 13 & older starting at 7p

\*\*\*\*Parents are not permitted on the practice track during practice hours--please remain in the stands or on the grass on the parking lot side of the track.

\*\*All athletes will practice starting at 6p until HS track season concludes.

\*\*Changes to the practice schedule for any age group will be communicated by a member of the coaching staff.

\*Parents must be prompt with picking up athletes after practice has concluded.

### Communication

#### Stay Connected!

The DSTC organization believes that communication is the key to success.

Organizational communications methods are as follows:

-**Website:** [www.DESOTOSWIFTTRACKCLUB.COM](http://www.DESOTOSWIFTTRACKCLUB.COM)

-**Team Huddles** (most Thursday Nights 7:15p)

\*Parents must be present or get a Huddle Buddy to fill them in on missed information.

-**GroupMe:** After the registration process has been completed, provided contact #'s will be added to the the current team GroupMe distro list.--see the DSTC Staff to be added.

-**DSTC Staff:** Sharmel Dozier, Director of Administration, and the DSTC staff members will be available from 6:30p-7:30p on standard practice days to assist with registration, uniform, fundraiser, meet information questions and more.

-**Coaching Staff:** Questions for Coach Dozier or an athletes age division coach may be addressed before or after practice.

WHAT DOES  
"S.W.I.F.T." MEAN?

Speedsters With Incredible Form & Technique

### Registration Information

Registration for the 2019 Outdoor Season will begin March 1st, 2109 and is open to athletes age 6-18.

Athletes age 6-12 are encourage to complete registration and fee payment asap as those age divisions fill up fast and are subject to capacity limitations.

#### **2019 REGISTRATION FEE:**

\$240: New & Returning athletes in need of a new uniform.

--Includes 3-piece team uniform (tight-fit top, tight-fit short bottom, tight-fit long tights), team t-shirt, and administration fees.

\*Throwers (only) may opt to select a loose-fit uniform or warm-up pants in place of long tights.--must specify upon registration.

\*Uniforms required: All athletes must wear a uniform in presentable condition

\$120: Returning athletes with a presentable condition team uniform.

--team t-shirt, and administration fees.

#### Accepted methods of payment:

Credit Card/Debit Card/Money Order

Visa; Master Card; Discover; American Express credit/debit cards

\*Charge back/NSF Fee \$25

\*SQUARE is the teams credit card processing vendor (2.75% processing fee applies).

### Join SWIFT

#### Becoming a SWIFT FAMILY MEMBER

1. Read the DSTC Parent Code of Conduct
2. Read the DSTC Athlete Code of Conduct
3. Read the DSTC Media Consent Form
4. Read the DSTC Athlete Participation Release
5. Complete the DSTC Athlete Information Sheet (attached athlete picture)
6. Purchase AAU Membership Card
7. Birth Certificate (photocopy only)
8. Remit Registration Fee Payment

All required reading material & Forms are available on the Join SWIFT page of [www.desotoswifttrackclub.com](http://www.desotoswifttrackclub.com)

### SWIFT GEAR

#### SHOW YOUR TEAM SPIRIT WITH YOUR OFFICIAL TEAM GEAR!

See the DSTC Staff table to purchase official team gear!

Spike Bags

Hoodies

Arm Sleeves  
& more

T-shirts

Headbands

\*NOTICE: Use of DESOTO SWIFT TRACK CLUB LOGO(S) and/or team gear design(s) IS NOT permitted without expressed written consent from the DESOTO SWIFT TRACK CLUB ORGANIZATION--See Sharmel Dozier with questions

Unauthorized use may result in dismissal from the organization and/or litigation

### Key Documents & Information

DSTC prides itself on being as paperless as possible. Organizational documents and information can be found on the teams web-site: [www.desotoswifttrackclub.com](http://www.desotoswifttrackclub.com).

#### **Required Reading & Acknowledgments:**

see the Join SWIFT page of our website

-Parent Code of Conduct

-Athlete Code of Conduct

-Media Consent Form

-Athlete Participation Release

#### **Optional Reading:**

see the Join SWIFT page of our website

-Practice: What to expect

-Track Meet: What to bring suggestions

-Track Meet: What to expect