DECADES OF DANCE

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EVOLUTION OF DANCE

https://www.youtube.com/watch?v=dMH0bHeiRNg
THE 1940’S– SIMILAR TO THE ‘30S

- Many of the popular dance of the ‘30s carried over to the ’40s
  - Jitterbug
  - Lindy Hop
  - Swing Dancing

- Rumba was accepted as a ballroom dance
- Mambo was introduced to the Nightclub scene
Hand Jive

Hand Jive: [https://www.youtube.com/watch?v=fY5pmzmiDO8](https://www.youtube.com/watch?v=fY5pmzmiDO8)

KNEES
CLAP
HAND CROSS
FIST POUND
THUMBS
THE 1950’S–

● Teens' dancing during the 1950s was widely varied in steps and styling. Most of it was still swing-based, but swing had been diverging into local styles and regional variations each decade for thirty years.

● One incentive for new variations was the rebelliousness of the time — teens didn't want to dance like their parents who were disapproving of their lifestyle.

● Change in music. Rock'n'roll simply called for different styles of dancing, some of which mirrored the strong backbeat of rock.
THE 1950’S

- Terminology was just as varied as the dancing. It was called jitterbug, or swing, Lindy, the rock'n'roll, boogie-woogie or Bop. The word Bop was new then so almost everything was called "the Bop," but that word usually referred to a family of low swiveling Charleston-like steps danced in place, sometimes without a partner.

- Another source of new dance styles was from television.

- The increasingly wide regional diversity of dance styles changed on August 5, 1957, when Clark convinced ABC to broadcast his show nationally, becoming American Bandstand.
THE 1950’S

- Other dances: In addition to the many styles of swing, there was also
  - the Stroll,
  - the solo version of Bop
  - Chalypso (American Bandstand's name for teen cha-cha)
  - the Bunny Hop
  - various kinds of slow dancing, and more.

- The dance later known as the Twist was also done by teens in the mid-fifties, years before Chubby Checker made it a hit in 1960. (Watch the 1957 film Rock Baby Rock It for a good example.)
THE 1950’S – The Stroll

• The Stroll - Reston Bandstand Learning “The Stroll” with Sue and Gary Caley March 2017
• Video - https://www.youtube.com/watch?v=9oZ82pwR23w
• Music - https://www.youtube.com/watch?v=C4Z4k6edoBM
THE 1960'S

- The Sixties were recognized as a decade of transition from the conservative Fifties and also the birth of revolutionary ways to live.

- The Sixties were all about learning the newest dance craze and performing them on *Dick Clark's American Bandstand*.

THE 1960’S

• The Mashed Potato
  • Video - https://www.youtube.com/watch?v=DUubAklOGF4
  • Music Video - https://www.youtube.com/watch?v=mQBKpV9emKc

• The Madison
  • Video - https://www.youtube.com/watch?v=FFDiBxNJgt8
  • Music - https://www.youtube.com/watch?v=gXS19ysxK9I
  • Dance Steps - (see the handout)
THE 1970’S – DISCO CRAZE

- Seventies Disco was born on Valentine's Day 1970.

- For the first years, Disco was an underground movement. Then the film *Saturday Night Fever* (December 1977) helped turn the simmering subculture into a mainstream fad, resulting in an increase in disco clubs.
THE 1970’S – DISCO CRAZE

● **One population:** was the generation of younger baby boomers who felt left out of the sixties counterculture revolution.

● **Second disco population:** the suburban middle class and blue collar working class. Disco was appealing because its sophistication was a step up for them, but within reach. All they had to do was dress up and pay the admission and they could live in an elegant, futuristic world for a night and hopefully mingle with people a step higher on the social ladder.
THE 1970’S – DISCO CRAZE

- But soon Disco Fever became "last year's fad" – the sure death of any trend – and by 1980 it was proclaimed to be dead.

- Disco brought the return of partnered dancing, after the drought of the 1960s when the Twist and other solo steps mostly replaced couple dancing.

- Then people rediscovered that collaborating with a partner to make a neat move happen was fun!" So this was not actually a new change, but rather a correction to the extremes of an earlier change.
THE 1970’S – DISCO CRAZE

● The Hustle, the Bump, the YMCA, the Funky Chicken, Disco Finger, The Bus Stop, the Robot, the Lawnmower, The Sprinkler, The Electric Slide, Kung Foo Fighting

● The Bus Stop
  • Video - https://www.youtube.com/watch?v=OLZZ3u-Gtwc
  • Music Video - https://www.youtube.com/watch?v=PeeOPR8bxac

● The Hustle - https://www.youtube.com/watch?v=Y0xVLGssnwU
THE 1970’S – THE HUSTLE (4 wall line dance)

○ 4 steps forward (R,L,R together)
  4 steps backward (L, R, L, together)

○ 4 steps R (turn 2, 3 together/clap)
  4 steps L (turn, 2, 3 together/clap)

○ Travolta – L hand on hip, R hand in air (disco point) for 4 counts

○ Hand roll to each side for 2 counts
  Chicken to each side for 2 counts

○ R heel front, toe back, toe side, lift knee for 90 degree turn

Continue with step one
THE 1980’S –

- Here are foot-stomping prances that took center stage:
  - the Robot, the MC Hammer Dance, the Cabbage Patch, the Moonwalk, Thriller, break dancing
THE 1980’S –

- Break dancing being one of the biggest crazes of the 1980s, street dancing was born in this era.

- Even though break dancing was such a big thing, it was also the year of punk and heavy metal such as moshing (jumping around to the sounds of loud heavy metal music.)

- A famous dance film in the 1980s was "Dirty Dancing" which featured a dance style called lambada. Lambada, a dance with long-standing Brazilian roots, was a very sensual dance, even though it was very fast paced.
THE 1980’S – Breakdance

- Competition: [https://www.youtube.com/watch?v=-kT0HJhm5ck](https://www.youtube.com/watch?v=-kT0HJhm5ck)
- Basic Breakdance: [https://www.youtube.com/watch?v=ElZwPMrBBcU](https://www.youtube.com/watch?v=ElZwPMrBBcU)
- Coffee Grinder: [https://www.youtube.com/watch?v=oTNhRffu9vQ](https://www.youtube.com/watch?v=oTNhRffu9vQ)
- Baby Stall: [https://www.youtube.com/watch?v=OzZZprIlIpE](https://www.youtube.com/watch?v=OzZZprIlIpE)
THE 1980’S – THRILLER

13 Going on 30 Clip: https://www.youtube.com/watch?v=TWlIicd4iOV0

1983 Thriller Movie - featuring Michael Jackson
- Video: https://www.youtube.com/watch?v=4V90AmXnguw
- Learn how to do the Thriller Dance - Eloise Bailey
  https://www.youtube.com/watch?v=RUHFna5mcpo&list=PLE220B6FC3CE9CDAA
- Choreography - (see handout)
THE 1990’S –

- The era of hip hop and line dancing which influenced dance culture tremendously to this day.
- The 90s brought major artists such as MC Hammer, Vanilla ice, and Back Street Boys
- Roger Rabbit, Running Man, Kid n Play, Butterfly, Vogue, Smurf, Macarena, Tootsie Roll, Achy Breaky
90’s Dance Choreography Assignment

In groups of no more than 4, choreograph a 90s dance to a song from the list or an approved song. Each group will present AND teach their dance to the class. The requirements are as follows:

1. You must pick one song from the list of 90s music to use OR get a different song approved by me.
2. The dance needs to contain at least 3 different 90s dance moves from the list above. If you find another dance move from the 90s that is not on the list, you must get it approved by me.
3. Other than the three 90s dance moves you must incorporate in your dance, you may use any dance moves of your choice (appropriate, of course).
4. Your dance must be at least 1 minute long.
5. Each group member must be involved in the choreography and teaching of this dance.
6. Attendance will be taken into consideration for your individual/group grade.
7. HAVE FUN WITH THIS PROJECT! TAKE RISKS! LET LOOSE!

Grading Rubric: (see handout)
THE 1990’S – Dance Moves

- Kid n Play Kick Step
- Running Man
- Vogue
- Tootsee Roll
- The Train
- Da’Dip
- Humpty Dance
- Type Writer
- The Snake
- The Carlton
- * Cabbage Patch
- * Robo Cop
- * Roger Rabbit
- * Bart Simpson
- * Biz Markie (Every Little Step)
- * TLC
- * Push It
- * Reebok
- * Criss Cross
THE 1990’S – Song List

- Escapade (Janet Jackson)
- Step by Step (NKOTB)
- Ice Ice Baby (Vanilla Ice)
- Baby Got Back (Sir Mix A Lot)
- Gonna Make You Sweat (C+C Music)
- Good Vibrations (Marky Mark)
- Black or White (Michael Jackson)
- Jump (Kriss Kross)
- The Sign (Ace of Base)
- Insane in the Brain (Cypress Hill)

* You Can’t Touch This (MC Hammer)
* Jump Around (House of Pain)
* The Humpty Dance (Will Smith)
* Gettin Jiggy Wit It (Will Smith)
* Creep (TLC)
* Da’ Dip (Freak Nasty)
* Prerogative (Bobby Brown)
* Push It (Salt n Pepper)
* Poison (Bell Biv Devoe)
* Fresh Prince of Bel Aire (Intro)
THE 2000’S –

- In the 2000s artist like Brittany Spears, N'Sync, Beyonce and Ciara swept the nation with their hit singles and rocking dance moves.

- The signature dances that come to mind were throwbacks like "crank that Soulja Boy," "the lean wit it rock wit it," "teach me how to dougie," and shuffling.
THE 2000’S –

• Souja Boy – Crank Dat
• Lean Wit It, Rock Wit It
• Shoulder Lean
• The 1,2 Step
• Pop Lock and Drop it
• Chicken Noodle Soup
• Stanky Leg
• Walk it out
• Dougie
• Wobble
THE 2000’S – Hip Hop Old School

- Breakdance
- Top Rock
- Snap Dance
- Down Rock
- Pop n Lock
- Voguing
- Miming
- Tuting
- Hoola Hoop
- Tone Wop
- Robot
- Happy Feet
THE 2000’S – Newer Hip Hop

- Krumping
- Harlem Shake
- Up Rock
- Clown Walk
- Heel Toe
- 1, 2 Step
- Shoulder Lean
- Chicken Noodle Soup
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