Southern Regional Rams

Manahawkin, NJ





Head Coach: John Stout (15th year)

NJSIAA, Region 6, District 24, Shore Conference

History

- NJ Group 4 Dual State Champions (2005)
- 10x SJ Group 4 Champions (1997, 2005-09, 2011-14)
- 3x Shore Conference Tournament Champions (1997-98, 2011)
- 7x Division Champions (1968-70, 1998-99, 2005, 2014)
- 17x District Tournament Champions (1969-70, 1997-8. 2002-09, 2011-15)
- 6 Individual NJ State Champions
- 43 Individual NJ State Medalists
- 39 Individual Region Champions
- 105 Individual District Champions

2014-15 Highlights

- Region 6 Tournament 8th
- District 24 Champions

Medal Outlook:

Southern is led by a solid corp of upperclassmen middleweights in **Pat Mooney**, **Sean Bowker**, **Peyton Blauvett & Joe Toci** who all should be in medal contention. **Owen Krestchmer & Gianni Bennett** also could find themselves battling for a medal with good performances. With a solid crew of veteran wrestlers from the tough New Jersey Shore conference, several Southern wrestlers should reach the medal matches or further. **Prediction 3-4 medals.**

106	Owen Krestchmer	so	Region Qualifier, District 3rd
113	Dylan Cardell	SR	
120	Nick Pepe	FR	
126	Matt Barnett	so	
132	Gianni Bennett	SR	Region Qualifier, District 2nd
138	Mike Racanelli	SR	
145	Teddy Caporino	SR	
152	Pat Mooney	JR	Region Qualifier, District Champion

Pat is ranked HM at 152 in New Jersey (Wrestling Full Circle)				
160	Sean Bowker	JR	Region Qualifier, District 2nd	
Sean is ranked HM at 160 (Wrestling Full Circle)				
170	Peyton Blauvett	SR	Region Qualifier, District Champion	
Peyton is ranked #7 at 170 in New Jersey (Wrestling Full Circle)				
182	Joe Toci	SR	Region Qualifier, District 3rd	
Joe is ranked HM at 182 in New Jersey (Wrestling Full Circle) and committed to wrestle at Sacred Heart				
220	Joe Miele	so		
285	Dan Lynch	JR		