

Race Date
April 27, 2014

Hammer Sprint 2014

Overall Splits

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Rnk</u>	<u>Run /</u>	<u>Pace</u>	<u>Trans 1</u>	<u>Rnk</u>	<u>Bike</u>	<u>Rate</u>	<u>Trans 2</u>	<u>Rnk</u>	<u>Run</u>	<u>Pace</u>	<u>Total</u>	<u>Penalty</u>
					<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>	
1	Lawrence Brede	486	1 M OVR	1	5:31.28	1:47	1:11.00	2	42:12.22	22.7	0:41.45	5	18:28.86	5:57	1:08:04.8	
2	Kevin FitzGerald	386	2 M OVR	25	7:21.36	2:22	0:49.04	6	43:13.47	22.2	0:32.73	3	17:44.67	5:43	1:09:41.2	
3	Donald Humphreys	454	3 M OVR	39	7:57.33	2:34	1:05.21	3	42:13.23	22.7	0:55.81	2	17:31.81	5:39	1:09:43.3	
4	Andrew Clark	451	1 M 20-24	3	5:57.78	1:55	0:35.92	15	45:53.04	20.9	0:39.87	1	16:47.87	5:25	1:09:54.4	
5	Doug Ross	488	1 M MTR	5	6:17.98	2:02	1:21.83	5	43:07.50	22.3	0:39.29	6	18:47.08	6:04	1:10:13.6	
6	tommy nettleton	309	2 M MTR	4	6:15.14	2:01	0:44.44	7	43:15.37	22.2	0:29.70	13	21:18.55	6:52	1:12:03.2	
7	Colin Hulls	453	2 M 20-24	12	6:42.67	2:10	0:40.39	8	44:16.54	21.7	0:38.49	11	20:46.61	6:42	1:13:04.7	
8	Michael Sia	310	1 M 15-19	11	6:39.58	2:09	1:02.50	13	45:44.42	21.0	1:13.37	7	19:00.88	6:08	1:13:40.7	
9	Dale Mosher	389	3 M MTR	8	6:33.76	2:07	0:55.77	1	41:32.97	23.1	0:48.84	33	23:54.36	7:43	1:13:45.7	
10	Todd Caldwell	492	1 M 40-44	42	8:01.22	2:35	1:16.52	16	45:54.20	20.9	1:04.37	4	18:22.31	5:55	1:14:38.6	
11	Elyse Gallegos	427	1 F OVR	7	6:32.32	2:06	1:20.44	11	45:21.77	21.2	0:32.16	16	21:23.21	6:54	1:15:09.9	
12	Scott Koch	458	1 M 25-29	66	9:16.08	2:59	2:27.36	4	42:57.95	22.4	0:34.30	9	20:08.97	6:30	1:15:24.6	
13	Billy Pirtle	468	1 M 35-39	2	5:37.07	1:49	1:08.87	20	47:34.85	20.2	0:35.64	12	20:54.62	6:45	1:15:51.0	
14	Chris Burl	473	2 M 35-39	20	7:10.32	2:19	1:20.65	9	44:31.44	21.6	0:49.81	21	22:21.98	7:13	1:16:14.2	
15	Douglas Clark	471	3 M 35-39	28	7:23.97	2:23	1:14.14	12	45:26.73	21.1	0:55.04	20	22:13.35	7:10	1:17:13.2	
16	Matthew Lee	450	3 M 20-24	16	6:52.47	2:13	2:28.90	23	47:57.02	20.0	0:59.12	8	19:14.39	6:12	1:17:31.9	
17	Rommel Sia	485	1 M 45-49	48	8:28.59	2:44	1:27.81	10	45:15.67	21.2	1:17.96	17	21:32.14	6:57	1:18:02.1	
18	Adam Rains	460	1 M 30-34	41	8:00.20	2:35	2:11.71	18	46:29.14	20.7	0:58.67	15	21:22.55	6:54	1:19:02.2	
19	Charles Payne	479	2 M 40-44	10	6:36.05	2:08	1:06.31	17	46:13.65	20.8	0:44.16	37	24:35.35	7:56	1:19:15.5	
20	Justin Roush	455	2 M 25-29	27	7:23.16	2:23	0:54.94	26	49:07.38	19.5	0:46.49	14	21:18.71	6:52	1:19:30.6	
21	Geoffrey Milanovich	470	4 M 35-39	60	8:58.86	2:54	1:31.07	14	45:44.51	21.0	0:40.39	25	23:03.44	7:26	1:19:58.2	
22	Cliff Helton	312	2 M 45-49	35	7:36.51	2:27	0:57.93	25	48:14.35	19.9	0:46.38	23	22:32.28	7:16	1:20:07.4	
23	Phillip Taylor	461	2 M 30-34	6	6:28.35	2:05	1:34.49	31	49:33.55	19.4	0:31.64	22	22:31.84	7:16	1:20:39.8	
24	Seth Walden	394	2 M 15-19	34	7:35.61	2:27	0:35.41	38	50:30.53	19.0	0:40.81	26	23:07.64	7:27	1:22:30.0	
25	Matthew Abraham	302	3 M 25-29	43	8:09.72	2:38	1:11.83	29	49:29.77	19.4	0:31.54	28	23:25.61	7:33	1:22:48.4	
26	Derek Tingle	462	3 M 30-34	40	7:58.98	2:34	1:17.62	24	48:02.80	20.0	0:38.17	40	24:56.67	8:03	1:22:54.2	
27	ROBERT GRIFFITH	390	1 M 65-69	9	6:35.51	2:07	1:10.44	46	51:19.18	18.7	0:27.91	32	23:41.18	7:38	1:23:14.2	
28	Cedrick Manalili	477	3 M 40-44	65	9:12.21	2:58	1:35.22	21	47:37.80	20.2	1:33.96	30	23:34.76	7:36	1:23:33.9	
29	david callahan	466	4 M 30-34	37	7:47.59	2:31	0:47.01	30	49:30.81	19.4	0:35.14	46	25:18.16	8:10	1:23:58.7	
30	Manuel Diaz	464	5 M 30-34	31	7:32.38	2:26	1:06.43	35	50:08.46	19.1	0:49.07	38	24:39.98	7:57	1:24:16.3	
31	Steve Perkins	483	3 M 45-49	17	6:55.16	2:14	2:40.76	51	53:01.47	18.1	1:01.14	10	20:38.76	6:39	1:24:17.2	
32	David Biddle	478	4 M 40-44	44	8:14.21	2:39	1:15.28	45	51:17.45	18.7	1:10.85	24	22:33.02	7:16	1:24:30.8	
33	Kevin Sullivan	463	6 M 30-34	24	7:20.59	2:22	1:42.45	41	50:57.82	18.8	1:07.61	29	23:33.03	7:36	1:24:41.5	

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					<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>	
34	Kelly Manso	423	2 F OVR	38	7:54.20	2:33	1:08.04	43	51:13.24	18.7	1:09.76	18	21:37.04	6:58	1:25:02.2	2:00
35	Herman Comeaux	474	5 M 40-44	59	8:54.29	2:52	1:03.48	32	49:48.76	19.3	1:12.11	34	24:04.39	7:46	1:25:03.0	
36	Dave Sandstrom	480	6 M 40-44	32	7:34.90	2:26	1:28.18	40	50:40.11	18.9	1:13.58	35	24:12.72	7:48	1:25:09.4	
37	Lloyd Jones	476	7 M 40-44	77	10:19.67	3:20	1:01.32	22	47:53.29	20.0	0:45.19	45	25:16.84	8:09	1:25:16.3	
38	Nate Harper	395	7 M 30-34	51	8:38.88	2:47	1:42.75	37	50:22.25	19.1	1:14.17	31	23:38.63	7:37	1:25:36.6	
39	Lana Burl	436	3 F OVR	54	8:43.83	2:49	1:25.31	33	49:52.21	19.3	0:59.90	39	24:56.01	8:03	1:25:57.2	
40	jason dale	475	8 M 40-44	29	7:24.87	2:23	2:05.45	27	49:26.71	19.4	0:45.29	57	26:15.79	8:28	1:25:58.1	
41	amy henry	440	1 F MTR	22	7:16.78	2:21	1:33.25	42	51:01.77	18.8	1:09.54	43	25:05.81	8:05	1:26:07.1	
42	Larry Nelson	393	1 M 70-74	64	9:08.15	2:57	1:53.28	19	47:02.33	20.4	1:09.97	63	27:06.70	8:45	1:26:20.4	
43	Rebecca Stein	439	2 F MTR	33	7:35.03	2:27	1:20.17	50	52:38.74	18.2	1:08.83	36	24:31.09	7:55	1:27:13.8	
44	Rich Fulford	482	4 M 45-49	47	8:25.46	2:43	2:20.95	47	51:26.54	18.7	0:31.22	41	25:03.93	8:05	1:27:48.1	
45	Edward Kim	398	5 M 45-49	36	7:39.54	2:28	1:41.45	49	52:25.08	18.3	1:04.74	42	25:05.78	8:05	1:27:56.5	
46	Shawn McCormick	306	1 M 50-54	81	10:53.64	3:31	1:25.50	48	51:49.00	18.5	0:59.13	27	23:22.91	7:32	1:28:30.1	
47	Allison Falin	438	3 F MTR	46	8:24.77	2:43	1:30.43	34	50:00.54	19.2	0:54.52	58	26:29.95	8:33	1:29:20.2	2:00
48	Norman W. Cole	388	1 M 60-64	79	10:26.37	3:22	1:18.61	36	50:14.82	19.1	1:30.74	59	26:35.74	8:35	1:30:06.2	
49	Melissa Edmiston	425	1 F 25-29	30	7:29.73	2:25	1:33.93	53	53:29.70	17.9	1:25.75	55	26:08.87	8:26	1:30:07.9	
50	scott oberlin	313	9 M 40-44	57	8:53.03	2:52	1:47.71	44	51:16.29	18.7	0:48.25	49	25:38.96	8:16	1:30:24.2	2:00
51	jason bales	481	6 M 45-49	70	9:28.92	3:03	2:18.03	28	49:27.13	19.4	1:35.26	69	27:44.08	8:57	1:30:33.4	
52	Wesley Frost	452	4 M 20-24	86	11:53.06	3:50	1:32.57	39	50:34.91	19.0	0:47.51	54	26:03.76	8:24	1:30:51.8	
53	Kelli Smith	433	1 F 35-39	26	7:22.38	2:23	1:13.65	58	54:45.30	17.5	0:39.38	65	27:15.38	8:47	1:31:16.0	
54	Andrew Alonso	383	2 M 50-54	69	9:24.74	3:02	2:31.98	52	53:05.12	18.1	1:30.25	53	25:45.75	8:18	1:32:17.8	
55	Guillermo Eguiarte	459	8 M 30-34	18	7:07.54	2:18	1:09.62	63	56:04.26	17.1	0:53.22	64	27:11.44	8:46	1:32:26.0	
56	Taylor Gebert	448	3 M 15-19	19	7:09.09	2:18	1:44.85	73	1:00:44.2	15.8	1:00.83	19	21:49.69	7:02	1:32:28.7	
57	kevin claxton	457	4 M 25-29	45	8:20.59	2:41	1:58.04	64	56:11.18	17.1	0:45.52	61	26:45.78	8:38	1:34:01.1	
58	Micheala Riddlesworth	311	1 F 30-34	68	9:20.03	3:01	3:56.39	56	53:55.32	17.8	1:36.56	56	26:12.23	8:27	1:35:00.5	
59	DOUG SHARP	469	5 M 35-39	53	8:43.05	2:49	1:02.90	55	53:38.93	17.9	1:24.83	81	30:15.56	9:45	1:35:05.2	
60	Rebecca Jackson	441	1 F 50-54	62	9:05.39	2:56	3:37.46	62	55:45.01	17.2	1:15.30	52	25:45.13	8:18	1:35:28.2	
61	james oberloh	385	3 M 50-54	80	10:28.06	3:23	1:56.27	59	54:51.76	17.5	2:01.49	60	26:37.26	8:35	1:35:54.8	
62	Darlene Viscusie	435	2 F 35-39	23	7:17.84	2:21	1:50.12	70	59:54.76	16.0	0:54.77	62	26:46.56	8:38	1:36:44.0	
63	Ken LaFlamme	487	7 M 45-49	55	8:46.84	2:50	1:38.25	57	53:57.50	17.8	0:49.27	79	29:40.78	9:34	1:36:52.6	2:00
64	Donald Myers	490	4 M 50-54	15	6:51.12	2:13	2:36.15	66	58:55.05	16.3	1:26.59	66	27:24.34	8:50	1:37:13.2	
65	John Hall	387	1 M 55-59	71	9:39.96	3:07	2:37.86	60	55:16.60	17.4	1:33.50	73	28:32.30	9:12	1:37:40.2	
66	Brooke Milanovich	434	3 F 35-39	63	9:06.20	2:56	1:54.93	65	58:16.99	16.5	0:57.38	72	28:18.92	9:08	1:38:34.4	

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				<u>Rnk</u>			<u>Time</u>	<u>Rnk</u>	<u>Time</u>		<u>Time</u>	<u>Time</u>	
67	Daeton Byars	446	1 M 0-14	14	6:49.20	2:12	2:21.23	75	1:01:22.4	15.6	0:31.76	70 27:50.69	8:59 1:38:55.3
68	Mike Land	489	5 M 50-54	50	8:35.99	2:46	4:15.20	61	55:29.99	17.3	1:51.48	77 29:23.40	9:29 1:39:36.0
69	Paola Rodriguez	307	2 F 25-29	58	8:53.69	2:52	2:14.45	69	59:52.20	16.0	3:20.78	47 25:25.97	8:12 1:39:47.0
70	Cody Caraker	456	5 M 25-29	61	9:03.05	2:55	2:59.09	72	1:00:06.1	16.0	2:11.23	48 25:29.09	8:13 1:39:48.6
71	Eric Pacia	304	8 M 45-49	93	14:18.24	4:37	2:23.04	54	53:33.89	17.9	2:23.66	78 29:29.37	9:31 1:42:08.2
72	Nancy Mcginnis	443	1 F 55-59	52	8:42.49	2:48	2:51.46	76	1:01:37.6	15.6	1:53.86	71 28:10.09	9:05 1:43:15.5
73	Julie Smith	303	1 F 45-49	13	6:48.46	2:12	1:43.20	87	1:05:05.6	14.8	0:51.37	75 29:04.59	9:23 1:43:33.3
74	William Coats	399	2 M 55-59	74	9:59.63	3:13	2:46.98	67	59:22.23	16.2	1:46.64	83 32:13.36	10:24 1:46:08.8
75	Zoe Leake	400	1 F 15-19	56	8:48.48	2:50	4:06.72	79	1:03:44.8	15.1	2:14.02	68 27:35.03	8:54 1:46:29.1
76	Pedro Osornio	467	6 M 35-39	84	11:29.90	3:42	2:39.68	84	1:04:45.6	14.8	1:57.09	50 25:39.74	8:16 1:46:32.0
77	Dan Mangers	308	6 M 50-54	82	11:02.16	3:34	2:44.58	71	1:00:04.0	16.0	1:35.22	82 31:17.45	10:05 1:46:43.5
78	Meredith Neal Delk	428	3 F 25-29	73	9:54.22	3:12	2:42.66	82	1:04:27.4	14.9	1:06.51	76 29:16.57	9:26 1:47:27.3
79	Kristen Larsen	411	1 F 20-24	49	8:35.64	2:46	1:31.24	89	1:07:55.2	14.1	0:48.23	74 28:39.25	9:15 1:47:29.6
80	Gary Stuart	491	7 M 50-54	75	10:10.45	3:17	4:06.09	68	59:49.09	16.0	1:05.22	84 32:28.58	10:28 1:47:39.4
81	Roy Fenstermaker	392	2 M 65-69	78	10:19.97	3:20	5:05.39	83	1:04:42.9	14.8	1:52.03	51 25:41.19	8:17 1:47:41.5
82	Mary Beth Price	445	1 F 65-69	76	10:18.54	3:19	1:30.80	88	1:05:32.5	14.6	0:29.65	80 29:58.59	9:40 1:47:50.1
83	Karin Jessen	444	1 F 60-64	72	9:43.79	3:08	2:17.08	74	1:01:09.1	15.7	1:36.63	89 33:41.34	10:52 1:48:27.9
84	Kegan Oberloh	447	4 M 15-19	21	7:13.56	2:20	3:39.71	81	1:04:15.1	14.9	0:36.94	92 35:13.47	11:22 1:50:58.8
85	Adam Brantley	472	7 M 35-39	85	11:34.37	3:44	2:38.39	77	1:01:40.5	15.6	1:10.80	90 34:50.13	11:14 1:51:54.2
86	Carmell Cain	431	4 F 25-29	67	9:19.84	3:00	3:21.83	78	1:02:48.3	15.3	1:39.79	91 35:07.53	11:20 1:52:17.3
87	Chris McConkey	396	8 M 35-39	90	12:20.83	3:59	3:31.68	80	1:04:01.0	15.0	1:51.12	86 32:51.44	10:36 1:54:36.1
88	Christa Pessagno	426	5 F 25-29	87	12:12.17	3:56	3:30.85	86	1:04:58.0	14.8	1:18.34	87 33:24.24	10:46 1:55:23.6
89	Michaela Riley	430	6 F 25-29	88	12:17.11	3:58	3:26.56	85	1:04:56.2	14.8	1:19.06	88 33:24.81	10:46 1:55:23.8
90	Bob Labout	465	9 M 30-34	89	12:18.44	3:58	4:43.31	91	1:10:35.3	13.6	0:30.12	67 27:35.01	8:54 1:55:42.1
91	Carrie Vinson	437	1 F 40-44	91	13:18.22	4:17	3:18.03	92	1:13:09.9	13.1	1:31.68	44 25:07.33	8:06 1:56:25.2
92	Jennifer Karlovich	429	7 F 25-29	83	11:05.20	3:35	2:16.50	93	1:15:45.7	12.7	0:59.09	85 32:31.65	10:29 2:02:38.1
93	Pamela Hintz	442	2 F 55-59	92	14:09.36	4:34	2:32.28	90	1:10:13.9	13.7	1:08.06	93 35:47.90	11:33 2:03:51.5
94	Marquita Smith	305	2 F 30-34	94	16:06.24	5:12	1:55.80					94 2:38:43.0	51:12 2:56:45.1