

# Shannon Heston Boys' Basketball Camp 2023

*This is our eighteenth year to run our basketball camp in Katy! We believe that summer is a great opportunity to improve basketball skills and improve your game for the upcoming season. It's a great time to further your knowledge of the game and edge out the competition on the basketball court. We are so excited for the return of camps! This year, for the summer of 2023, we are again excited to offer three sessions of basketball camps. Thank you for choosing Shannon Heston Basketball Camp! Together, we build character, promote positive attitudes, and focus on high quality fundamentals of basketball in a competitive and fun environment.*

*See you on the court,*

*Coach Heston*



## GENERAL INFORMATION

**Cost Session 1:** \$125 per camper (sibling discount cost: \$100 per additional camper)

**Grades:** Boys entering grades 1st - 4th  
**Times:** Monday - Thursday/9:00 a.m. - 12:00 p.m.

**Dates:** June 5th - June 8th

**Cost Session 2:** \$125 per camper (sibling discount cost: \$100 per additional camper)

**Grades:** Boys entering grades 5th - 8th  
**Times:** Monday - Thursday/1:00 p.m. - 4:00 p.m.

**Dates:** June 5th - June 8th

**Cost Session 3:** \$225 per camper (sibling discount cost: \$200 per additional camper)

**Grades:** Boys entering grades 2nd - 8th  
**Times:** Monday - Thursday/9:00 a.m. - 4:00 p.m.

**Dates:** June 12th - June 15th

*This organization and its activities are not related to or sponsored by the Katy Independent School District.*

### Sessions 1 and 2:

*Shooting League  
Offensive Skill Work  
Fundamental Stations  
Competitions  
Tournament Games*

### Session 3:

*Shooting League  
Fundamental Stations  
Teaching Lectures  
Position Breakdown Work  
Competitions  
1 on 1 League  
3 on 3 League  
Tournament Games*

# Shannon Heston Basketball Camp Summer 2023

**Competitive Boys' Camp  
@ SLJH and Beckendorff**



**ALL SESSIONS ARE FOR  
BOYS ENTERING 1ST - 8TH  
GRADES**

**Summer Session 1: June 5th - 8th**  
9:00 - 12:00 (entering 1st - 4th grades)

**Summer Session 2: June 5th - 8th**  
1:00 - 4:00 (entering 5th - 8th grades)

**Summer Session 3: June 12th - 15th**  
9:00 - 4:00 (entering 2nd - 8th grades)

## About the Staff

Camp director Shannon Heston has worked basketball camps in the Houston area for the past 25 years. Coach Heston continues to lead his 6A high school team with a "team first" mentality and is more proud of the men they become than anything else. This past season his team won 34 games, were crowned district champions, and he was named Coach of the Year. Coach Heston previously served as a high school assistant and middle school coach for 16 seasons before taking over as head coach in 2014.

The camp staff has a passion for teaching and runs a very competitive camp with a focus on basketball improvement, sportsmanship, and having fun! All camp staff are former district championship basketball players or current high school and junior high basketball coaches who LOVE to teach the game of basketball. The coaches want to help campers learn what it takes to be a successful player!

### CAMP LOCATION for all of Session 1 and 2

Seven Lakes Junior High School  
6026 Katy-Gaston Road  
Katy, Texas 77494

\*Just behind Seven Lakes High School

### CAMP LOCATION for 2<sup>nd</sup> - 5<sup>th</sup> grade Session 3

Seven Lakes Junior High School  
6026 Katy-Gaston Road  
Katy, Texas 77494

\*Just behind Seven Lakes High School

### CAMP LOCATION 6<sup>th</sup> - 8<sup>th</sup> grade Session 3

Beckendorff Junior High School  
8200 South Fry Road  
Katy, Texas 77494

### CONTACT INFORMATION:

SHANNON HESTON

832.264.2574

Email to: [hestonbasketballcamp@gmail.com](mailto:hestonbasketballcamp@gmail.com)

Website:

[www.shannonhestonbasketballcamp.com](http://www.shannonhestonbasketballcamp.com)

## Who is basketball camp for?

Camp is for boys who are serious about basketball and want to learn the game and improve their basketball skills. All three sessions are competitive, focus on teaching, and enjoying the game of basketball.

### Camp focus:

- Individual Defense
- Shooting
- Rebounding
- Individual Offense
- Post Play
- Sportsmanship
- Team Defense
- Ball Handling
- Passing
- Team Offense
- Perimeter Play
- Teamwork

### Camp Information:

- Session 1 and 2 concession stand will be open with snacks and drinks.
- Session 3 concession stand will be open with snacks, drinks, hot dogs, pizza, etc.
- There will be a camp bank to deposit money for the concession stand.
- Campers have the option to bring a lunch each day for Session 3.
- Doors open Mondays one hour before camp starts for registration.
- Please have basketball shoes.
- Camp jerseys will be passed out Monday and should be worn each day of camp.
- Session 3 – 2<sup>nd</sup> - 5<sup>th</sup> grade campers will start and finish at Seven Lakes Jr. High.
- Session 3 – 6<sup>th</sup> – 8<sup>th</sup> grade campers will start and finish at Beckendorff Junior High School

## Shannon Heston Basketball Camp Boys' Camp Registration Form

1. Complete camp application below. One application per camper.
2. Return with check or money order payment to **Shannon Heston Basketball Camp, 36805 Lariat Lane, Wallis, TX 77485.**
3. **Non-refundable** deposit of \$50 (session I and II) or \$75 (session III) per player must accompany application and is required prior to June 10th, 2021. Remaining balance must be paid on or by the first day of camp. Full payment is also accepted.
4. **You may also pay with Venmo!** Please put your son's name, grade entering, session attending, and a good email to contact you in the notes so I can keep track of your payment. **Send payment to: @Heston-Basketball**
5. **Please circle Jersey Size: YS YM YL AS AM AL AXL**

AMOUNT: \$ \_\_\_\_\_ CHECK #: \_\_\_\_\_

CHECK CAMP SESSIONS ATTENDING:

Session 1: \_\_\_\_\_ Session 2: \_\_\_\_\_ Session 3: \_\_\_\_\_

Sessions 1 & 3: \_\_\_\_\_ Sessions 2 & 3: \_\_\_\_\_

Camper's First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Grade (next Fall) \_\_\_\_\_ School \_\_\_\_\_

Parent(s) Name \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

E-mail address: (please PRINT clear) \_\_\_\_\_

By signing below, I authorize Shannon Heston Basketball Camp and staff to arrange emergency medical care as necessary for my son in the event that I cannot be reached to authorize treatment. In such an event, I understand that, as this camper's parent, my insurance will be considered primary coverage for care. In addition, I hereby release Shannon Heston Basketball Camp in itself and its staff from any liability in the event of illness or injury of my child, and I affirm that my child has no medical conditions that would prevent him from full participation in camp activities.

Signature of Parent of Legal Guardian \_\_\_\_\_

Date \_\_\_\_\_

\_\_\_\_\_  
PLEASE CHECK IF YOU DO NOT WANT YOUR CHILD'S IMAGE USED FOR CAMP FACEBOOK OR ANY FORM OF MEDIA.

**Venmo payment to @Heston-Basketball or make check payable to Shannon Heston Basketball Camp  
Please Mail Registration Forms to:**

Shannon Heston Basketball Camp  
36805 Lariat Lane  
Wallis, TX 77485

