BUENA HIGH SCHOOL 31st ANNUAL GORDON STEWARD FROSH/SOPH CLASSIC

WHEN: Saturday, April 15, 2023, 8:00am

WHERE: Buena High School, Ventura, California.

<u>MEET PHILOSOPHY</u>: To allow all freshman and sophomores the opportunity to compete against other athletes their own age in an open invitational.

<u>REQUIREMENTS FOR ENTRY</u>: All freshman and sophomores may enter any event they choose. *There is no per school limit.* Rosters will need to be loaded onto Milesplit – details to follow. Each athlete will be limited to four events.

<u>DIVISIONS</u>: Separate divisions will be held for freshman and sophomores.

<u>RELAYS</u>: Relays will be combined frosh/soph. A school may enter more than one relay team per event but only one of the teams can medal.

<u>EVENTS</u>: 100, 200, 400, 800, 1600, 3200, 100 hurdles (30"), 110 hurdles (36"), 300 hurdles, 400 relay, 1600 relay, high jump, long jump, triple jump, shot put and discus. *No pole vault will be held*.

ENTRY FEES: \$400.00 per School (boys and girls team) / \$20.00 per individual.

Make *checks payable to Buena High School Memo: Buena Track and Field.* Please send checks to or bring it with you to the meet.

Buena High School, 5670 Telegraph Rd, Ventura. Ca 93003

A \$25.00 late fee will be charged to those teams who have not paid by the day of the meet.

AWARDS: Medals to top 3 individuals in each event. Top 3 in relays.

<u>SPIKES</u>: 3/16" needle spikes are required. **Spikes over 3/16" will not be allowed.** Spikes will be sold at the meet. \$2.00 a set.

SNACK BAR: A great variety of food and drinks

ADMISSION: \$10.00 adults; Seniors/Children/Students with ID \$5.00; children under 10 Free

<u>FIELD EVENTS</u>: Each competitor will be given three attempts in the LJ, TJ, SP & discus. HJ opening heights: Girls Frosh. 3'10", Girls Soph. 4'0", Boys Frosh. 4'6", Boys Soph. 4'8".

MEET DIRECTOR: Michele Burns email: runmicki@yahoo.com

Order of events, meet records, and 2022 results can be found on www.buenahstrack.org