



**PARISH OF OUR MOTHER OF PERPETUAL HELP**  
**Redemptorist Community**  
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(Announcements:)

**PELAN PERMULIHAN NASIONAL (PPN) FASA 1,2,3/ National Recovery Plan (NRP) PHASE 1, 2, 3** effective from 29 June, 2021 until further notice.

These guidelines may be revised in line with updates and additional SOPs issued by the authorities. In view of this and the alarming figures of new infections and increase in infectivity, ALL MASSES (weekday and weekend) are suspended **till further notice**.

The main gate of the church will remain closed and only **Individuals** (*not in groups*) who have a special and urgent reason to see the priest or office staff must first make a prior appointment before the visit. As far as possible, if the matter could be handled by avoiding any physical contact, alternative means of communication should be used – telephone call or email. Visitors with prior appointments should have their hand sanitized and should be masked. Check in with MySejahtera App. Contact details of visitors will be recorded for the purpose of contact tracing.

**ETERNAL HAPPINESS TO:**  
 + Alexis Paul Raj a/l Samikannu departed on 22 September, 2021.

**OMPH BECs ONLINE Live-Mass**  
 Parish priest initiates Online Live-Mass (E) on Sats. @ 5.30pm for BECs followed by drive-thru communion. This is a safe platform & we will get the opportunity to communicate with you directly before and after the live-streaming masses. OMPH parishioners who have participated the online sunday mass are most welcome to register themselves for drive-thru communion.

Parishioners on arrival for the drive-thru communion will be requested by our Hospitality ministers to scan the code *Mysejahtera*. (Check IN & check OUT immediately)  
 Get in-touch with your BEC leader/Area Coordinator/parish office to schedule/register for your BEC online live-mass/communion.

**FORMED.org**  
 Diocese of Penang has subscribed for Formed.org so that all individuals, families, ministries, communities and beyond can access to Catholic programs, talks, movie, audios and other materials for free. Steps to self-registration for every individual –  
 a) <https://formed.org/>  
 b) Sign up today. Click blue box that says Sign Up.  
 c) 'How would you like to sign up?' – click on "Sign up as a parishioner"  
 d) While in the 'Create a New Account page' to find your parish or organization:  
   i) Search & type "Penang Diocesan Pastoral Institute" then click on it.  
 e) Personal individual account –  
   i) Put your name & personal email address which have not been used before to sign up for FORMED. (you can create a new email if necessary)  
   ii) Click Sign up & you are logged in.

(food for thought) (Bulletin 26 September, 2021)  
 Gospel: Mark 9: 38-43, 45, 47-48. **"The Inner Circle"**

One of the hardest things to overcome in human nature is the tendency to categorize people between those who are "in" and those who are "out." We all want to be accepted by our own inner circle of family and friends, and exclusion by contemporaries can be painful and even damaging. People derive a sense of self worth and a way of exerting power over others by belonging to a group that, in their own eyes, seems to be better than others. To maintain acceptance we may even keep silent when we should object to unkind behavior or conversation by our peers.

However, we need to constantly remind ourselves that the Spirit is not limited to one church or religious community in achieving God's purposes. God reveals His presence among all peoples of the world. He guides, challenges and heals; He reconciles enemies, feeds the hungry, and He inspires people - and He does this within or without the institutional church; "in the gathering" of the elders or outside.

As followers of Christ, we are all in a "process of becoming." Even though we may have already given our commitment to follow Christ, there are times in our lives when we are asked to make choices that put our discipleship on the line. Some options require us to reject what seems like the attractive or easier ways of acting. These choices may force us to think "outside the box," to be more forgiving, more compassionate, more reconciling, more open. These choices may put us at odds with family, friends or our surrounding culture; but we know we must choose in ways that echo the good news that we believe.

