



altalomaridingclub.com

# BITS O' NEWS

Straight from the Horse's Mouth

October 2016

## HERITAGE Equestrian Center Events

- Oct 11 - BOD Meeting  
7pm
- Oct 15 - General Mem. Mtg  
3:30pm
- Oct 18 - Candidate Forum  
7pm
- Oct 22 - Trailer Safety Clinic  
9:00am
- Oct 23 - HARMS Practice  
8:00am-3:00pm
- Oct 29 - Halloween  
Spectacular  
9:30am
- Oct 30 - HARMS  
Certification  
8:00am-3:00pm
- Oct 31 - HAPPY  
HALLOWEEN!



### Editor

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### Co-Editor

Alice Waters  
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## 2016 City Council Candidates Forum

Rancho Cucamonga

Find out where the candidates stand on the following important issues:

- The future of the west end trails
- Where and how new development will be handled in the city
- Relevance of the Equestrian/Rural Overlay District
- Future utilization of volunteers for several areas and activities
- Government Finance

**Date:** October 18, 2016

**Time:** 7:00pm

**Location:** Heritage Park Equestrian Center  
5546 Beryl Street, Alta Loma CA 91701

**OPEN TO THE PUBLIC**



Alta Loma Riding Club

Questions/Comments: Larry Henderson at lhenderson25@charter.net / (909) 226-3956

Hosted by







On September 10<sup>th</sup>, Luis Torres, Quarter Horse and Reiner Trainer, came to Heritage Park and gave a fantastic horsemanship clinic to our riders. Nine members rode their horses and learned basic horsemanship skills with individual instruction according to their own needs. Luis provided a delicious lunch and plenty of drinks as the day turned out to be warmer than anticipated.

The ALRC wishes to thank the riders, Luis, and his assistant Lauren Rey for providing another great event for the Alta Loma Riding Club. We especially wish to acknowledge and thank Julie Bessert for donating \$100 in support of the ALRC. THANKS JULIE!

We are planning another clinic with Luis Torres early next year so watch for more information.



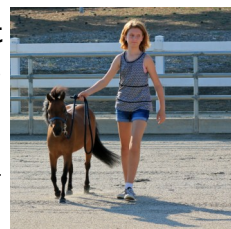


## JOIN US FOR OUR EXCITING QUARTERLY MEMBERSHIP MEETING OCTOBER 15<sup>TH</sup> 3:30PM



We are privileged to have a hunter-jumper demonstration by Karen Petrcek, talented hunter-jumper trainer, who recently moved into our area and is at Glenloch Farms. She previously trained hunters and jumpers for many years in San Dimas. She is a very welcomed addition to the Alta Loma Riding Club. She will bring riders to demonstrate the hunter horse and jumping techniques. It promises to be a most enjoyable equestrian afternoon.

Also, we will be introduced to Tami Petrcek and SRF *Windsong of the Night* (Eve) who just competed at the American Miniature Horse Registry National Show in Tulsa Oklahoma. Tami and Eve earned a National Championship in Youth Hunters out of a class of 35! They were also in the Top 5 in Youth Western Driving and Top 10 in Youth Halter. Eve also won two additional Top 10 Honors in Open Halter classes. What a special treat, a National Champion in our midst!



2016  
AMHR  
National  
Champion

*Windsong  
of the  
Night*

Owned by  
Tami Petrcek



## HORSE SAFETY

*A Short Presentation Of Tips On Staying Safe  
Around Your Horse Buddies*

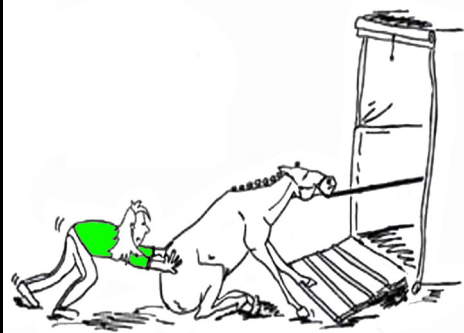


## ENJOY A CATERED TACO DINNER FOR ONLY \$8.00!

Topping it all off will be a delicious taco dinner, complete with tacos, rice, beans, salsa and chips presented by El Tio Taco Catering.

So mark your calendar and don't miss our informative and entertaining quarterly membership meeting of the Alta Loma Riding Club.





# TRAILER LOADING SAFETY CLINIC

Hosted By

**Alta Loma Riding Club**

With

**Joe Cowan & Barry Berg**

This clinic will address trailer loading and hauling from two perspectives: the human's and the horse's point of view.

The human perspective will include loading a horse in different types of trailers, driving a loaded trailer, and backing.

Loading in different types of trailers is a critical skill, valuable during an emergency. There may come an event when your horse needs to be loaded in a hurry into an unfamiliar trailer. What will happen if your horse refuses to load?

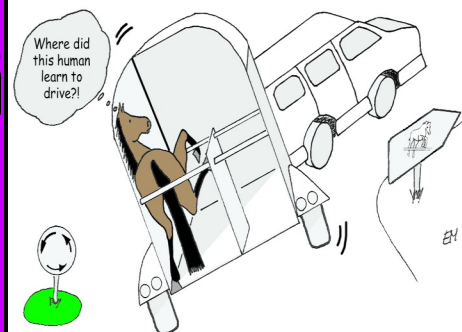
Also, learn how hauling a loaded trailer with a live, moving, animal inside presents different driving dynamics.

**BRING YOUR HORSE  
&  
TRAILER!**

*Heritage Park Equestrian Center  
5546 Beryl St.  
Alta Loma, CA 91701*

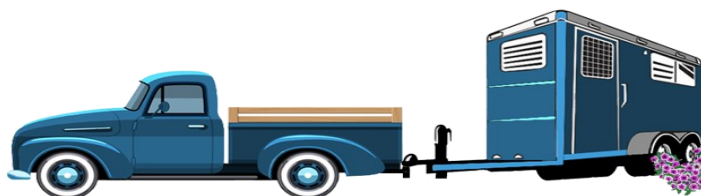
**October 22<sup>nd</sup>  
9:00am**

**Coffee & Donuts Served**



Finally, Joe & Barry will take the mystery out of backing a trailer exactly where you want it, the first time.

The horse perspective will include building human awareness of how loading and driving a trailer affects horses, from the horse's point of view. Lead-foot starts, sharp turns, and hard stops affect your horse while inside the trailer. Learn how the horse's trailer experience affects his attitude about getting into that noisy moving box on wheels.





Come... 'Unspook' Your Horse  
At The  
**ALRC Halloween Spectacular!**  
October 29<sup>th</sup>

**Participant Cost: \$25**  
(includes \$5 grounds fee)

**SPECTATORS WELCOME**  
(\$5 donation is appreciated)

**Bring your horse, your mini or your mule!**



- 9:30-10:00:** Sign-up  
**10:00-10:30:** Instructions and rules will be given for the obstacle course  
**10:30-12:00:** Practice riding over a series of obstacles with our knowledgeable clinician, Christina Willard. Feel free to ask our clinicians for help, advice or training techniques  
**12:00:** BBQ lunch is available for purchase while the obstacle course is set up

**OBSTACLE COURSE**

Riders will receive a pattern to follow over the obstacles. Each participant will ride over the course and be given a written assessment for each obstacle. These are totaled at the end of the course.

**Choose a Division that suits you:**

Green Horse: 5 yrs and under  
Youth: 17 and under  
Adult: 18 and over  
Jack Benny: Over 40  
In-hand: Lead line

**COSTUME CONTEST**

Costumes encouraged but not required.  
You do not need a horse to participate in the costume contest.

Costume categories: Scariest  
Funniest  
Most creative

**FUN CLASSES WITH AWARDS**

Pumpkin-on-a-spoon  
Tissue Pairs  
Red light, Green Light

**FUND RAISER**

Support our Youth Booth!  
Please purchase a special gift for you and your horse



# HORSEMANSHIP CLINIC

with  
**Barry Berg**



*In this first clinic we will start with ground work and then move to under saddle, focusing on issues with your horse and aspects of riding. Please be ready to learn with an open mind and for whatever comes our way. I guarantee you will leave the clinic a better horseman.*

*A pre-clinic spaghetti dinner will be held on November 11<sup>th</sup> to lay the framework for the clinic.*

*For more information, please call or text Barry Berg (909) 477-9644*



HOSTED BY

***Alta Loma Riding Club***

Heritage Park Equestrian Center  
5546 Beryl St.  
Alta Loma, CA 91701

**November 12<sup>th</sup>  
8:00am - 6:00pm**

(Pre-clinic spaghetti dinner  
November 11<sup>th</sup>)

FEE

**\$75.00**  
(includes lunch)

**Limited to 10 participants**





## VOLUNTEERS ARE THE BEST!

### HELP NEEDED

The handicap ramp at Heritage Park Equestrian Center needs repair. The Alta Loma Riding Club is seeking funds and labor donations to make this important part of the facility useable again. Please contact Larry Henderson (see page 11 for contact information).



### VOLUNTEERS NEEDED FOR EQUESTRIAN CENTER OCTOBER EVENTS

**We have SIX events in October that need volunteers to help set-up, maintain, and clean-up the Equestrian Center. We cannot do it without your help:**

**Oct 15<sup>th</sup>:** General Membership Quarterly Meeting will present a hunter-jumper demonstration hosted by Karen & Tami Petrcek, followed by a catered taco dinner (see page 3).

**Oct 18<sup>th</sup>:** the ALRC will host a City Council Candidates Forum. All seven council candidates will have an opportunity to address several issues and answer questions. We expect a large turnout of ALRC members and the public (see page 1).

**Oct 22<sup>nd</sup>:** Joe Cowan and Barry Berg will host a trailer safety clinic. Participants are encouraged to bring their horse and trailer (see page 4).

**Oct 23<sup>rd</sup>:** 8am-3pm, the Rancho Cucamonga Equestrian Patrol/SBCSD has reserved the entire Equestrian Center for Horse And Rider Minimum Standards (HARMS)–**Practice/Training**. Although visitors are encouraged to observe, horses are discouraged because of the training distractions.

**Oct 29<sup>th</sup>:** ALRC is hosting a Halloween Spectacular which will include setting up an obstacle course (see page 5).

**Oct 30<sup>th</sup>:** 8am-3pm, the Rancho Cucamonga Equestrian Patrol/ BCSO has reserved the entire Equestrian Center for Horse And Rider Minimum Standards (HARMS)–**Certification/Testing**. Although visitors are encouraged to observe, horses are discouraged because of the training distractions.

Do you like horseback trail riding, meeting people and want to help keep your community safe? Perhaps you should consider joining the Rancho Cucamonga Equestrian Patrol (RCEP). The equestrian patrols are members of the Rancho Cucamonga Sheriff's Department Citizen Patrol. RCEP members are unpaid volunteers who receive 52 hours of Sheriff's Department training and an additional bi-annual training and certification in Horse And Rider Minimum Standards (HARMS) training. Patrol members provide their own uniform, horse and equipment and donate a minimum of 8 hours per month.

Equipped with Department provided radios and saddle bags containing basic patrol response equipment and supplies, the mounted two-person teams act as eyes and ears for the police in areas which



*Equestrian Volunteers who care about keeping our community safe*

are not readily accessible to car patrol units. The RCEP members render a variety of assistance to park and trail users. The job involves positive public relations and reporting incidents of vandalism, hazards, graffiti and maintenance problems to the appropriate City departments. RCEP members also

participate in special events including community events at parks and the Victoria Gardens Regional Commercial Center.

If you are interested in learning more about the RCEP or applying for a volunteer position, please contact the Rancho Cucamonga Police Station Volunteer Forces Office at 477-2800 or applications are available online [http://cms.sbcounty.gov/Portals/34/Volunteers/volforcesapp\\_2013new.pdf?ver=2015-08-25-130741-613](http://cms.sbcounty.gov/Portals/34/Volunteers/volforcesapp_2013new.pdf?ver=2015-08-25-130741-613). The number of positions is limited and a new training academy is being scheduled soon. Applicants will be interviewed and background check performed prior to acceptance to the Unit. Recruitment is ongoing.



## *13 Halloween Superstitions And Traditions*

*The following appeared online in Live Science at [www.livescience.com/16677-halloween-superstitions-traditions.html](http://www.livescience.com/16677-halloween-superstitions-traditions.html)*

Halloween may seem like it's all about costumes and candy, but the holiday - which is relatively new to America, having only become popular in the early 1900s - has its roots in pagan beliefs. Dating back about 2,000 years, Halloween marked the Celtic New Year and was originally called Samhain, which translates to "summer's end" in Gaelic. Some Halloween traditions, such as carving Jack-o'-lanterns, are based on Irish folklore and have been carried on throughout the centuries while others, such as candy corn, are more modern Halloween additions. Read on to find out the meaning behind 13 spooky Halloween staples.

### **BLACK CATS**

Often used as symbols of bad luck, black cats grace many Halloween decorations. The black cat's bad reputation dates back to the Dark Ages when witch hunts were commonplace. Elderly, solitary women were often accused of witchcraft and their pet cats were said to be their "familiars," or demonic animals that had been given to them by the devil. Another medieval myth told that Satan turned himself into a cat when socializing with witches. But nowadays, black cats aren't synonymous with bad luck and mischief everywhere - in Ireland, Scotland and England, it's considered good luck for a black cat to cross your path.

### **JACK-O'-LANTERNS**

A fun fall activity, carving Jack-o'-lanterns, has its roots in a sinister, tragic fable. Celtic folklore tells the tale of a drunken farmer named Jack who tricked the devil, but his trickery resulted in him being turned away from both the gates of heaven and hell after he died. Having no choice but to wander around the darkness of purgatory, Jack made a lantern from a turnip and a burning lump of coal that the devil had tossed him from hell. Jack, the story goes, used the lantern to guide his lost soul; as such, the Celts believed that placing Jack-o'-lanterns outside would help guide lost spirits home when they wander the streets on Halloween. Originally made using a hollowed-out turnip with a small candle inside, Jack-o'-lanterns' frightening carved faces also served to scare evil spirits away. When the Irish potato famine of 1846 forced Irish families to flee to North America, the tradition came with them. Since turnips were hard to come by in the states at the time, pumpkins were used as a substitute.

### **BATS**

Medieval folklore also described bats as witches' familiars, and seeing a bat on Halloween was considered to be quite an ominous sign. One myth was that if a bat was spotted flying around one's house three times, it meant that someone in that house would soon die. Another myth was that if a bat flew into your house on Halloween, it was a sign that your house was haunted because ghosts had let the bat in.

### **SPIDERS**

A common source of fear, spiders make for creepy, crawly Halloween staples. They join the ranks of bats and black cats in folklore as being evil companions of witches during medieval times. One superstition held that if a spider falls into a candle-lit lamp and is consumed by the flame, witches are nearby. And if you spot a spider on Halloween, goes another superstition, it means that the spirit of a deceased loved one is watching over you.

### **WITCHES**

The stereotypical image of the haggard witch with a pointy black hat and warty nose stirring a magical potion in her cauldron actually stems from a pagan goddess known as "the crone" who was honored during Samhain. The crone was also known as "the old one" and the "Earth mother" who symbolized wisdom, change, and the turning of the seasons. Today, the kind all-knowing old crone has morphed into the menacing, cackling witch.

### **CAULDRONS**

The pagan Celts believed that after death all souls went into the crone's cauldron which symbolized the Earth mother's womb. There, the souls awaited reincarnation as the goddess' stirring allowed for new souls to enter the cauldron and old souls to be reborn. That image of the cauldron of life has now been replaced by the steaming, bubbling, ominous brew.



## *13 Halloween Superstitions And Traditions*

### **WITCH'S BROOMSTICK**

The witch's broomstick is another superstition that has its roots in medieval myths. The elderly, introverted women that were accused of witchcraft were often poor and could not afford horses, so they navigated through the woods on foot with the help of walking sticks which were sometimes substituted by brooms. English folklore tells that during night-time ceremonies, witches rubbed a "flying" potion on their bodies, closed their eyes and felt as though they were flying. The hallucinogenic ointment, which caused numbness, rapid heartbeat and confusion, gave them the illusion that they were soaring through the sky.

### **TRICK-OR-TREATING IN COSTUMES**

In olden times, it was believed that during Samhain the veil between our world and the spirit world was thinnest and that the ghosts of the deceased could mingle with the living. The superstition was that the visiting ghosts could disguise themselves in human form, such as a beggar, and knock on your door during Samhain asking for money or food. If you turned them away empty-handed, you risked receiving the wrath of the spirit and being cursed or haunted. Another Celtic myth was that dressing up as a ghoul would fool the evil spirits into thinking you were one of them so that they would not try to take your soul. In the U.S., trick-or-treating became a customary Halloween tradition around the late 1950s after it was brought over by Irish immigrants in the early 1900s.

### **HALLOWEEN COLORS**

The traditional Halloween colors of orange and black stems from the pagan celebration of autumn and the harvest, with orange symbolizing the colors of the crops and turning leaves, while black marks the "death" of summer and the changing season. Over time, green, purple and yellow have also been introduced into the color scheme of Halloween decorations.

### **MISCHIEF NIGHT**

From some - namely troublesome teenagers - Halloween is also a time for neighborhood pranks. From egging and toilet-papering houses to smashing jack-o'-lanterns, "devil's night" can be full of mischief and menace. The ancient Celts celebrated Samhain with bonfires, games and comical pranks. By the 1920s and 30s, however, the celebrations became more rowdy with rising acts of vandalism, possibly due to the tension caused by the Great Depression, according to Jack Santino's "Halloween and Other Festivals of Death and Life" (Univ. of Tennessee Press, 1994). To curb the vandalism, adults began to hand out candy reigniting the forgotten tradition of trick-or-treating in costume in exchange for sweets.

### **CANDY APPLES**

Candy apples are popular Halloween treats and the sugary fruit on a stick was handed out during the early days of trick-or-treating in North America - before concerns over unwrapped candy became an issue. Today, candy apples can be covered in caramel or chocolate with nuts as well as in the classic, shiny red syrup. The fusion of Celtic and Roman traditions is behind Halloween's candy-apple staple. Samhain was around the time of the Roman festival honoring Pomona, the goddess of fruit trees. The goddess is often symbolized by an apple so the fruit became synonymous with Samhain celebrations of the harvest.

### **BOBBING FOR APPLES**

In ancient times, the apple was viewed as a sacred fruit that could be used to predict the future. Bobbing for apples is one of the traditional games used for fortune-telling on Halloween night. It was believed that the first person to pluck an apple from the water-filled bucket without using their hands would be the first to marry. If the bobber lucked out and caught an apple on the first try, it meant that they would experience true love while those who got an apple after many tries would be fickle in their romantic endeavors. Another myth was that if a girl put her bobbed apple under her pillow on Halloween night, she would dream about her future husband.

### **CANDY CORN**

The candy most synonymous with Halloween, candy corn was invented in the late 1880s and began to be mass-produced in the early 1900s. The original process for making candy corn was cumbersome and time-consuming, as each color of syrup had to be heated up in large vats and carefully poured by hand into specially shaped molds. But the yellow, orange and white candy - meant to resemble a corn kernel - was a huge hit and remains a popular part of Halloween to this day.



## WELCOME MEMBERS!



Ali Smilgis  
Membership Chairman

I know that sometimes you think maybe it doesn't matter whether you keep your membership going or not, and you think you don't have time to participate in many of the club events, but keep in mind your membership shows the City Council that horse ownership and riding is alive and well in our community! Without your membership support, we would not have the impact we currently have. Numbers count!



Some of you might even think that if you can't participate in club events, and don't have time to be a board member that you don't count....well think again. All of you are very important to our equine community and you most definitely count.

So please, take a moment and renew your membership. Let's keep Rancho Cucamonga a horse -happy environment!



## Happy Halloween From The Board Of Directors



President  
 1<sup>st</sup> Vice President  
 2<sup>nd</sup> Vice President  
 Treasurer  
 Secretary  
 Membership  
 Youth  
 City Liaison/ALERT  
 Local Trail  
 Trailer Out  
 Food Services  
 Publicity  
 Newsletter Editor  
 Newsletter Co-Editor

Joe Cowan  
 Pat Morris  
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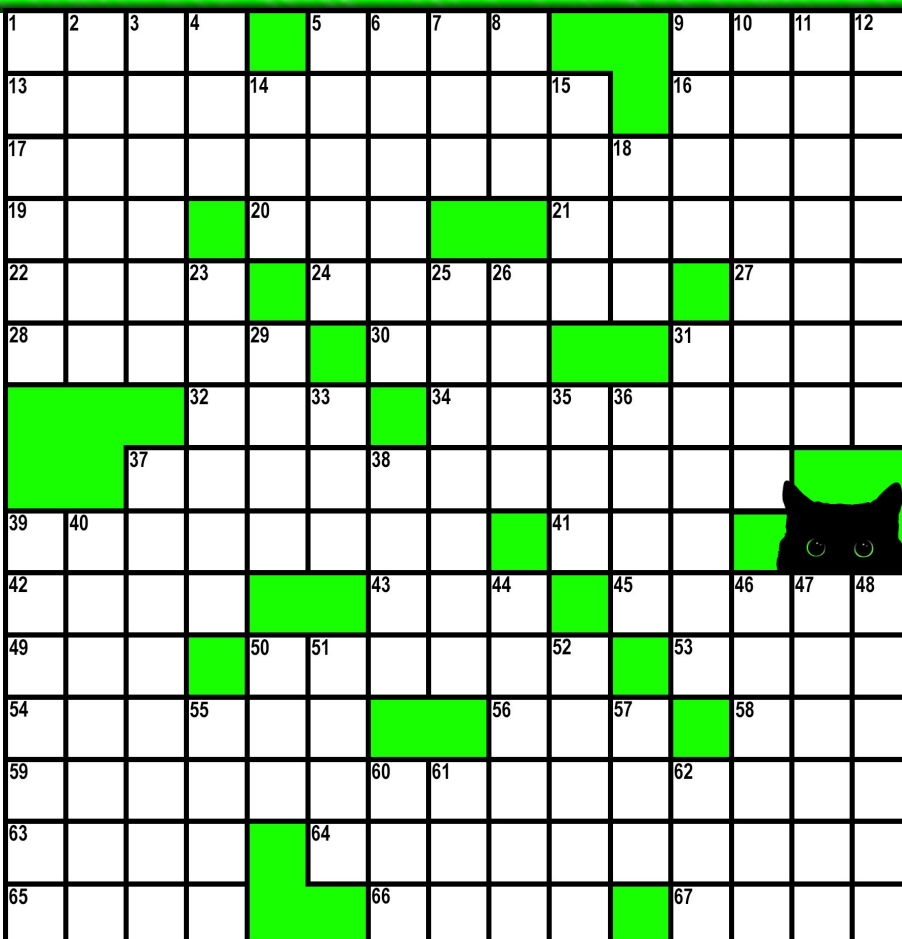
## Halloween Formal

### ACROSS

1. Play a trick on
5. Bats
9. Streisand, when not being formal
13. Aspirin and ibuprofen
16. \_\_\_\_\_ above
17. Spectral Guest at the Halloween Formal
19. High-speed net
20. Hearty partying
21. Interfere
22. The evil eye, e.g.
24. "Amen!!!"
27. Plague carrier
28. Scandalous company?
30. In excelcius \_\_\_\_\_
31. "Puttin' on the Ritz" accessory
32. Halloween greeting
34. More cunning
37. Disc Jockey at the Halloween Formal
39. Wee ones
41. A Government department
42. Pro-sobriety organization
43. Slimy swimmer
45. Conductor Solti
49. "But, \_\_\_\_\_ long the heaven of this pure affection became darkened, and gloom, and horror, and grief swept over it in clouds." -- E.A. Poe
50. Cow chow
53. Gore concern: Abbr.
54. Lawrence's land
56. Dawn goddess
58. Poison Ivy portrayer
59. Play a game at the Halloween Formal
63. Potter's postmen?
64. Bad luck interval
65. Dagestan denial
66. Paternal parents
67. Home of Paris

### DOWN

1. Proceed slowly
2. You may sing in it
3. Ghastly shade
4. Building bend
5. \_\_\_\_\_ charmed life



6. Donny or Marie
7. Tech company bigwig
8. Halloween's month
9. Loose lady
10. Terror from the skies?
11. Dedicated driving area
12. Holy gatekeeper
14. Supermodel Carangi
15. Jerk
18. Horror film reaction, perhaps
23. German house spirit
25. Like many zombies
26. Devilish adornment
29. Four-time Super Bowl coach Chuck
31. Star Wars droid, for short
33. Switch position
35. 1977 double-platinum Steely Dan album
36. Fictional traveler Phileas
37. Like many fords
38. Wilbur Post's pal
39. Apply cream cheese
40. Like skeletal tissue
44. Looked bad?
46. Lens system
47. Cinematic zombie master
48. Like a zombie's stare
50. Evergreen
51. 50 across for 38 down
52. Horsey hues?
55. Come out on top
57. Secret agent man
60. Gave blood to a vampire
61. Fertility clinic stock
62. Snit

### Equestrian Center Equipment Donations Needed

Please consider an individual or company donation for the following new or used equipment to help our equestrian center volunteers keep the facility in good condition.

- Small tractor with bucket and blade
- Utility vehicle similar to Artic Cat or Gator types
- The Rascal LGR™
- 2 Manure Forks
- 1 – 33 gal. rough neck trash containers



Rascal 1



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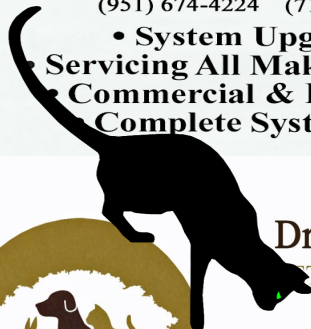
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**Dr. Suzi Lanini**  
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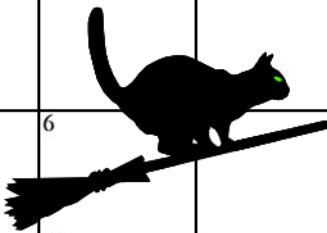

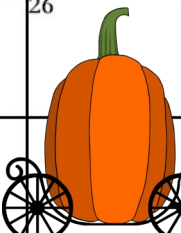

**kw**

KELLERWILLIAMS.



Each Office Independently Owned and Operated

# OCTOBER 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6		8
9	10	11 <b>BOD Mtg 7p</b>	12	13	14	15 <b>Gen'l Mtg 3:30p</b>
16	17	18  <b>Candidate Forum 7p</b>	19	20	21	22 <b>Trailer Clinic 9a</b>
23 <b>HARMS Practice 8a</b>	24	25	26 	27	28	29 <b>Halloween Spectacular 9:30a</b>
30 <b>HARMS Certif. 8a</b>	31 <b>Happy Halloween!</b>					



## Alta Loma Riding Club

P.O. Box 8116  
Alta Loma, CA 91701

*Community organization dedicated to the interest, lifestyle and continued preservation of owning and riding horses in Alta Loma and Rancho Cucamonga, CA*

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