Iowa CACFP

Menu Form for children ages 1-12 years

Site number__#1_

Center Name: Creation Kids - North Liberty

Month Menu # 7

Year 2017

			Month menu # 1		<u> 1001</u> 2011	
	Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	 Bread or bread alternate (including cereal) Juice or fruit or vegetable Milk, Fluid 	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk
Snack	 Milk, fluid Juice or fruit or vegetable Bread or bread alternate Meat or meat alternate 	Juice Graham Crackers Pumpkin Dip	Water Apples / Caramel Ginger Snaps	Water String Cheese Cracked Pepper Triscuits	Water Cucumber Sandwiches	Water Peach Cobbler Crackers
Lunch	 Meat or meat alternate Vegetable and/or fruit 2nd Vegetable or fruit Bread or bread alternate Milk, fluid 	Bologna Sandwiches Sweet Potato Fries Pears Bread Milk	Lasagna (hamburger) Spinach Pineapple Noodles Milk	Ham Pattie Celery Grapes Bun Milk	Chicken Quesadillas Cauliflower Fruit Cocktail Tortillas Milk	Hamburgers Cream Corn Strawberries Bun Milk
Snack	 Milk, fluid Juice or fruit or vegetable Bread or bread alternate Meat or meat alternate 	Juice Chex Mix	Water Oranges/Beef Saltines	Juice S'more Bars	Juice Baked Potato Chex	Juice Taco Roll Up Tortilla Shell

Use these codes: (1) New food, (2) Nutrition activity, (A) Vitamin A food, (C) Vitamin C food, (HM) Center made (S) Seasonal