

## Women's Ballarat Harriers Club Track Records

Age	Event	Time	Athlete	Date	Venue	Comment
U/14	100 m	12.63	Grace Kelly	2019 country	Bendigo	
U/15	100 m	12.06	Grace Kelly	7/12/2020	Llanberris	Ballarat Rec
U/16	100 m	12.06	Grace Kelly	7/12/2020	Llanberris	Ballarat Rec
U/16	100 m	11.99	Grace Kelly	28/02/2021	Lakeside	Vic Champs
U/18	100 m	11.99	Grace Kelly	28/02/2021	Lakeside	Vic Champs
U/20	100 m	11.99	Grace Kelly	28/02/2021	Lakeside	Vic Champs
Open	100 m	11.99	Grace Kelly	28/02/2021	Lakeside	Vic Champs
35+	100 m	13.46	Emily Smith	27/01/2020	Landy Field	
40+	100 m	13.46	Emily Smith	27/01/2020	Landy Field	
45+	100 m	15.01	Sue Anderson	13/10/2018	Llanberris	
50+	100 m	17.50	Stella Murnane	07/07/1982	Llanberris	
55+	100 m	17.50	Stella Murnane	07/07/1982	Llanberris	
60+	100 m	18.50	Stella Murnane			
U/15	100 yards	11.04	Grace Kelly	09/01/2021	Landy Field	
U/16, U/18, U/20, Open						
U/14	200 m	25.81	Grace Kelly	27/01/2020	Landy Field	
U/15	200 m	24.94	Grace Kelly	09/01/2021	Landy Field	

U/16	200 m	24.94	Grace Kelly	09/01/2021	Landy Field	
U/16	200 m	24.94	Grace Kelly	12/04/2021	Syd Ol. Pk	Aus Champs
U/18	200 m	24.94	Grace Kelly	09/01/2021	Landy Field	
U/20	200 m	24.94	Grace Kelly	09/01/2021	Landy Field	
Open	200 m	24.94	Grace Kelly	09/01/2021	Landy Field	
35+	200 m	27.98	Emily Smith	27/01/2020	Landy Field	
40+	200 m	27.98	Emily Smith	27/01/2020	Landy Field	
45+	200 m	31.71	Sue Anderson	20/10/2018	Llanberris	
50+	200 m		Not claimed			
55+	200 m		Not claimed			
60+	200 m	39.00	Stella Murnane	0/03/1982	Perth	
U/14	400 m	60.90	Prue Litchfield	15/12/1990	Llanberris	
U/16	400 m	57.47	Grace O'Dwyer	16/03/2014	Sydney	
U/18	400 m	57.47	Grace O'Dwyer	16/03/2014	Sydney	
U/20	400 m	57.47	Grace O'Dwyer	16/03/2014	Sydney	
Open	400 m	57.47	Grace O'Dwyer	16/03/2014	Sydney	
35+	400 m	69.36	Sue Anderson	19/01/2008	Llanberris	
40+	400 m	68.94	Sue Anderson	25/01/2014	Llanberris	
45+	400 m	71.06	Sue Anderson	27/10/2018	Llanberris	
50+	400 m	94.00	Val Packham	00/04/1983	Llanberris	
55+	400 m		Not claimed			
60+	400 m		Not claimed			
70+	400 m	108.00	Stella Murnane	??/04/1983	Lanberris	
U/14	800 m	2:51.74	Ingrid Duffy	08/12/2007	Llanberris	

U/16	800 m	2:22.09	Casey Farquhar	06/10/2018	Llanberris	
U/18	800 m	2:22.09	Casey Farquhar	06/10/2018	Llanberris	
U/20	800 m	2:22.09	Casey Farquhar	06/10/2018	Llanberris	
Open	800 m	2:15.00	Geraldine Riley	Abt 1993	Llanberris	
35+	800 m	2:27.48	Rachel Gibney	01/11/2008	Llanberris	
40+	800 m	2:35.53	Rachel Gibney	09/01/2016	Llanberris	
45+	800 m	2:36.05	Rachel Gibney	28/10/2017	Llanberris	
50+	800 m	3:56.10	Arley Nicholls	02/04/1983	Olympic Pk	
60+	800 m	3:56.10	Arley Nicholls	02/04/1983	Olympic Pk	
70+	800 m	3:56.10	Arley Nicholls	02/04/1983	Olympic Pk	
75+	800 m	3:57.06	Arley Nicholls	03/04/1983	Olympic Pk	
U/14	1500 m	6:09.20	J. Saunders	25/11/1979	Llanberris	
U/16	1500 m	4:56.01	Kelly Ruddick	03/12/1998	Llanberris	
U/18	1500 m	4:56.01	Kelly Ruddick	03/12/1998	Llanberris	
U/20	1500 m	4:56.01	Kelly Ruddick	03/12/1998	Llanberris	
Open	1500 m	4:44.00	Geraldine Riley	16/03/1991	Llanberris	
35+	1500 m	4:51.37	Rachel Gibney	27/01/2008	Albury	
40+	1500 m	5:12.09	Rachel Gibney	26/02/2013	Landy Field	
45+	1500 m	5:17.66	Rachel Gibney	28/01/2018	Llanberris	
50+	1500 m	6:07.17	Heather Kearle	31/10/2015	Llanberris	
55+	1500 m	6:07.17	Heather Kearle	31/10/2015	Llanberris	
60+	1500 m	7:21.00	Stella Murnane	03/04/1983	Olympic Pk	
70+	1500 m	7:45.30	Arley Nicholls	10/04/1985	Tasmania	
U/14	3000 m	12:25.00	Kristen Sheridan	21/10/1989	Llanberris	

U/16	3000 m	10:31.01	Kelly Ruddick	25/02/1989	Olympic Pk	
U/18	3000 m	10:31.01	Kelly Ruddick	25/02/1989	Olympic Pk	
U/20	3000 m	10:31.01	Kelly Ruddick	25/02/1989	Olympic Pk	
Open	3000 m	9:55.74	Rachel Gibney	03/12/2005	Llanberris	
35+	3000 m	10:54.34	Rachel Gibney	15/01/2008	Llanberris	
40+	3000 m	10:56.48	Rachel Gibney	21/11/2015	Llanberris	
45+	3000 m	11:51.40	Rachel Gibney	18/11/2017	Llanberris	
50+	3000 m		Not claimed			
55+	3000 m		Not claimed			
60+	3000 m		Not claimed			
70+	3000 m		Not claimed			
U/14	5000 m		Not claimed			
U/16	5000 m	19:02.40	Kelly Ruddick	20/12/1988	Olympic Pk	
U/18	5000 m	19:02.40	Kelly Ruddick	20/12/1988	Olympic Pk	
U/20	5000 m	18:25.05	Natasha Andrews	06/03/2007	Llanberris	
Open	5000 m	17:15.05	Rachel Gibney	18/02/2006	MCG	
35+	5000 m	19:02.79	Rachel Gibney	06/12/2012	Llanberris	
40+	5000 m	19:02.79	Rachel Gibney	06/12/2012	Llanberris	
45+	5000 m	19:58.00	Rachel Gibney	29/01/2018	Llanberris	
50+	5000 m	27:21.00	Val Packham	10/11/1982	Llanberris	
55+	5000 m		Not claimed			
60+	5000 m		Not claimed			
70+	5000 m	28:15.00	Arley Nicholls	03/04/1983	Olympic Pk	
75+	5000 m	32:37.00	Arley Nicholls	01/04/1989		

Open	10 000 m	37:09.50	Geraldine Riley	05/11/1991	Llanberris	Ballarat Rec Not Harrier
Open	10 000 m	36:58.90	Geraldine Riley	1990-91	?	
40+	10 000 m	39:30.46	Rachel Gibney	27/01/2013	Landy Field	
Open	1 mile	5:39.40	Susan Ragg	02/12/1980	Llanberris	
35+	1 mile	6:35.00	Bonnie Black	11/02/1981	Llanberris	
40+	1 mile	8:03.00	Joan Hall	29/04/1981	Llanberris	
Open	Half Marathon		Not claimed (?) (Colleen maybe?)			
Open	Marathon	2:51:02	Colleen Stevens	00/00/1998	Melbourne	
35+	Marathon	2:51:02	Colleen Stevens	00/00/1998	Melbourne	
40+	Marathon	2:51:02	Colleen Stevens	00/00/1998	Melbourne	
45+	Marathon	2:51:02	Colleen Stevens	00/00/1998	Melbourne	
50+	Marathon	3:43:15	Christine O'Halloran	02/09/2009	Berlin	
U/14	Steeple 2000m 76.2	9:23.66	Ingrid Duffy	01/12/2007	Llanberris	
U/16	Steeple 2000m 76.2	8:54.93	Ingrid Duffy	17/10/2009	Llanberris	
U/18	Steeple 2000m 76.2	8:54.93	Ingrid Duffy	17/10/2009	Llanberris	
U/20	Steeple 2000m 76.2	8:54.93	Ingrid Duffy	17/10/2009	Llanberris	
Open	Steeple 2000m 76.2	8:54.93	Ingrid Duffy	17/10/2009	Llanberris	

35+	Steeple 2000m 76.2	8:59.90	Natalie Shea	08/02/2020	Doncaster	
40+	Steeple 2000m 76.2	8:59.90	Natalie Shea	08/02/2020	Doncaster	
45+	Steeple 2000m 76.2	9:40.53	Christine O'Halloran	17/02/2007	Llanberris	
U/20	Steeple 3000m 76.2	14:50.52	Ingrid Duffy	14/01/2012	Bendigo	Not Rec. AV Distance
Open	Steeple 3000m 76.2	14:50.52	Ingrid Duffy	14/01/2012	Bendigo	
40+	Steeple 3000m 76.2	15:32.11	Corinna Preston	15/10/2016	Llanberris	Not Rec. AV Distance
U/14	4X100 m relay	56.03	Ella Sandford Layla Watson Molly Fraser Grace Kelly	9/02/2019	Llanberris	
U/16	4X100 m relay	50.02	Armani Anderson Molly Fraser Grace Crowe Grace Kelly	30/01/2021	Box Hill	
U/16	4X100 m relay	50.39	Armani Anderson Molly Fraser Grace Crowe Grace Kelly	24/11/2021	Llanberris	Ballarat rec. Not Harrier. U/15, U/16 U/18, U/20

U/18	4X100 m relay	50.01	Tiana Shillito Cleo Anderson Talia Martin Grace O'Dwyer	28/11/2015	Albert Park	
U/20	4X100 m relay	50.01	Tiana Shillito Cleo Anderson Talia Martin Grace O'Dwyer	28/11/2015	Albert Park	
Open	4X100 m relay	50.01	Tiana Shillito Cleo Anderson Talia Martin Grace O'Dwyer	28/11/2015	Albert Park	
U/14	4X200 m relay	1:56.90	Penny Gillett Amy Grant Prue Litchfield Amy Grant	16/12/1989	Llanberris	
U/18	4X200 m Relay	1:51.17	Team time	10/12/2015	Llanberris	Record Holders? Need to check
U/20	4X200 m relay	1:51.17	Team time	10/12/2015	Llanberris	Record Holders? Need to check
Open	4X200 m relay	1:51.17	Team time	10/12/2015	Llanberris	Record Holders? Need to check

U/16	4X200 m relay	1:56.60	Lavinia Male Chloe Kinnersley Ella Sandford Layla Watson	08/02/2020	Llanberris	
U/18	4X200 m relay	1:56.60	Lavinia Male Chloe Kinnersley Ella Sandford Layla Watson	08/02/2020	Llanberris	
U/20	4X200 m relay	1:56.60	Lavinia Male Chloe Kinnersley Ella Sandford Layla Watson	08/02/2020	Llanberris	
Open	4X200 m relay	1:56.60	Lavinia Male Chloe Kinnersley Ella Sandford Layla Watson	08/02/2020	Llanberris	
U/14	4X400 m relay	5:15.70		21/10/1989	Llanberris	
U/16	4X400 m relay	5:08.80		27/10/1990	Llanberris	
U/18	4X400 m relay	4:09.40	Delaney Keating Talia Martin Cleo Anderson Grace O'Dwyer	28/11/2015	Albert Park	(Includes 2 Stawell gift winners.)
U/20	4X400 m relay	4:09.40	Delaney Keating Talia Martin Cleo Anderson	28/11/2015	Albert Park	



			Grace O'Dwyer			
Open	4X400 m relay	4:09.40	Delaney Keating Talia Martin Cleo Anderson Grace O'Dwyer	28/11/2015	Albert Park	
U/16 (& open)	Medley relay	4:32.14	Grace Kelly Layla Watson Chloe Kinnersley Chloe Warmington	23/11/2019	Albert Park	
U/14	Long jump	4.74 m	Ella Squire	25/10/2014	Llanberris	
U/16	Long jump	5.18 m	Robyn Hall	28/02/1981	Llanberris	
U/18	Long jump	5.54 m	Ann Rutherford	01/01/1985	Wrrnmbool	
U/20	Long jump	5.54 m	Ann Rutherford	01/01/1985	Wrrnmbool	
Open	Long jump	5.67 m	Ann Rutherford	11/01/1986	Olympic Pk	
35+	Long jump	4.14 m	Emily Smith	26/11/2020	Llanberris	
40+	Long jump	4.14 m	Emily Smith	26/11/2020	Llanberris	
45+	Long jump	2.71 m	Christine O'Halloran	03/02/2001	Llanberris	
U/14	Triple jump	10.59 m	Ella Squire	17/01/2015	Llanberris	
U/16	Triple jump	11.11 m	Lisa Bruty	31/01/1993	Llanberris	BR
U/18	Triple jump	11.11 m	Lisa Bruty	31/01/1993	Llanberris	BR
U/20	Triple jump	11.11 m	Lisa Bruty	31/01/1993	Llanberris	BR
Open	Triple jump	11.11 m	Lisa Bruty	31/01/1993	Llanberris	BR
Open	Triple jump	12.04 m	Lisa Bruty	12/12/1995	Sydney	
35+	Triple jump	8.00 m	Anita Rank	24/03/2007	Llanberris	

40+	Triple jump	8.55 m	Emily Smith	7/12/2020	Llanberris	
45+	Triple jump	5.77 m	Christine O'Halloran	24/03/2007	Llanberris	
U/14	High Jump	1.62 m	Lisa Bruty	16/03/1991	Llanberris	BR
U/16	High Jump	1.74 m	Lisa Bruty	01/02/1992	Llanberris	BR
U/16	High Jump	1.78 m	Lisa Bruty	27/02/1993	Olympic Pk	VRC
U/18	High Jump	1.86 m	Lisa Bruty	21/03/1995	Sydney	VRC
U/20	High Jump	1.74 m	Lisa Bruty	01/02/1992	Llanberris	BR
U/20	High Jump	1.86 m	Lisa Bruty	21/03/1995	Sydney	VRC
Open	High Jump	1.90 m	Lisa Bruty	10/08/1998	Sydney	VRC
35+	High Jump	1.35 m	Emily Smith	26/01/2020	Landy Field	
40+	High Jump	1.35 m	Emily Smith	26/01/2020	Landy Field	
U/14	Pole Vault	1.60 m	Ingrid Duffy	08/01/2007	Llanberris	
U/16	Pole Vault	1.60 m	Ingrid Duffy	08/01/2007	Llanberris	
U/18	Pole Vault	2.00 m	Ingrid Duffy	21/01/2012	Llanberris	
U/20	Pole Vault	2.10 m	Penny Gillett	20/02/1996	Llanberris	
Open	Pole Vault	2.10 m	Penny Gillett	20/02/1996	Llanberris	
U/14	Discus 1 kg	35.55 m	Candice Lee	16/01/1996	Llanberris	
U/16	Discus 1kg	20.40 m	Robyn Hall	30/05/1980	Stawell	
U/18	Discus 1kg	25.55 m	Robyn Hall	26/03/1981	Llanberris	
U/20	Discus	25.55 m	Robyn Hall	26/03/1981	Llanberris	

	1kg					
Open	Discus 1kg	35.24 m	Jodi Willis-Roberts	03/03/2005	Sydney	
35+	Discus 1 kg	35.24 m	Jodie Willis Roberts	03/03/2005	Sydney	
40+	Discus 1kg	32.32 m	Jodie Willis-Roberts	23/01/2010	Moe	
45+	Discus 1kg	17.04 m	Heather Kearle	24/10/2015	Llanberris	
50+	Discus 1kg	17.04 m	Heather Kearle	24/10/2015	Llanberris	
55+	Discus 1kg	17.04 m	Heather Kearle	24/10/2015	Llanberris	
60+	Discus 1kg	12.15 m	Stella Murnane	17/03/1983	Ballarat	
U/14	Hammer 3kg		Not claimed			Not rec. event by AV
U/16	Hammer 3kg	16.25 m	Mia Darlow	08/02/2020	Llanberris	
U/18	Hammer 3kg		Not claimed			
U/20	Hammer 4kg		Not claimed			
Open	Hammer 4kg	26.64 m	Jodi Willis-Roberts	23/01/2010	Moe	
35+	Hammer	26.64 m	Jodi Willis-Roberts	23/01/2010	Moe	

	4kg					
40+	Hammer 4kg	26.64 m	Jodi Willis-Roberts	23/01/2010	Moe	
45+	Hammer 4kg	13.09 m	Christine O-Halloran	25/01/2007	Llanberris	
50 + 60+	Hammer 3kg		Not claimed			
U/14	Javelin 400 g	27.36 m	Candice Lee	02/02/1996	Llanberris	
U/16	Javelin 500 g	24.34 m	Linda Blake	25/11/1979	Llanberris	
U/18	Javelin 500 g	25.59 m	Linda Blake	16/02/1980	Llanberris	
U/20	Javelin 600 g	25.59 m	Linda Blake	16/02/1980	Llanberris	
Open	Javelin 600 g	31.39 m	Samantha Riley	19/11/2016	Llanberris	
35+	Javelin 600 g	18.17 m	Anita Rank	13/01/2007	Llanberris	
40+	Javelin 600 g	15.58 m	Christine O'Halloran	13/01/2007	Llanberris	
45+	Javelin 600 g	15.58 m	Christine O'Halloran	13/01/2007	Llanberris	
50+	Javelin 500 g	11.15 m	Stella Murnane	16/12/1981	Ballarat	
60+	Javelin	11.15 m	Stella Murnane	16/12/1981	Ballarat	

	500 g					
U/14	Shot Put 3kg	8.01 m	Penny Gillett	17/11/1990	Llanberris	
U/16	Shot Put 3kg	11.54 m	Candice Lee	09/12/1995	Llanberris	
U/18	Shot Put 3kg	8.41 m	Angela Selkirk	7/12/2020	Werribee	
U/20	Shot Put 4kg	8.41 m	Angela Selkirk	7/12/2020	Werribee	
Open	Shot Put 4kg	12.10 m	Jodi Willis-Roberts	19/07/1998	Madrid	
35+	Shot Put 4kg	11.21 m	Jodi Willis-Roberts	15/09/2008	Beijing	
40+	Shot Put 4kg	11.21 m	Jodi Willis-Roberts	15/09/2008	Beijing	
40+	Shot Put	7.86 m	Emily Smith	5/12/2020	Llanberris	Ballarat rec. Not Harrier
45+	Shot Put 4kg	5.22 m	Christine O'Halloran	22/12/2006	Llanberris	
50+	Shot Put		Not Claimed			
60+	3kg					
U/14	Hurdles 80 m	13.60	Penny Gillett	24/11/1990	Llanberris	BR
U/16	Hurdles 90 m	14.40	Penny Gillett	29/02/1992	Llanberris	Ballarat Rec. Not Harrier

U/16	Hurdles 90 m	14.00	Anne Rutherford	10/03/1983	Canberra	BR
U/18	Hurdles 100 m	16.10	Ann Rutherford	16/10/1984	Llanberris	BR
U/20	Hurdles 100 m	15.80	Ann Rutherford	19/01/1985	Llanberris	BR
Open	Hurdles 100 m	15.80	Ann Rutherford	19/01/1985	Llanberris	
U/14	Hurdles 200 m	33.83	Molly Fraser	26/01/2020	Landy Field	
U/16	Hurdles 200 m	33.83	Molly Fraser	26/01/2020	Landy Field	
U/16	Hurdles 300 m	47.50	Prue Litchfield	18/02/1992	Llanberris	
U/18	Hurdles 400 m	76.54	Jenna Rizzoli	24/03/2007	Llanberris	
U/20	Hurdles 400 m					
Open	Hurdles 400 m	70.80	Sue Anderson	11/11/2000	Llanberris	
U/16	Walk 1500 m	8:11.60	Debbie Fraser	24/02/1981	Llanberris	
U/18	Walk 1500 m	7:14.00	Susan Kennedy	1985/86	Llanberris	
U/20	Walk	7:14.00	Susan Kennedy	1985/86	Llanberris	

	1500 m					
Open	Walk 1500 m	6:47.00	Kelly Ruddick	01/03/2005	Llanberris	
35+	Walk 1500 m	9:12.00	Joan Hall	02/12/1981	Llanberris	
40+	Walk 1500 m	9:12.00	Joan Hall	02/12/1981	Llanberris	
45+	Walk 1500 m	9:12.00	Joan Hall	02/12/1981	Llanberris	
Open	Walk 2000 m	8:22.00	Kelly Ruddick	16/02/2013	Lakeside	
35+	Walk 2000 m	8:22.00	Kelly Ruddick	16/02/2013	Lakeside	
40+	Walk 2000 m	8:31.85	Kelly Ruddick	08/03/2014	Llanberris	BR (open & 40+)
45+	Walk 2000 m	8:33.40	Kelly Ruddick	22/02/2020	Lakeside	AMR
U/16	Walk 3000 m	19:53.00	Sarah Townsend		Llanberris	
U/18	Walk 3000 m	15:30.40	Susan Kennedy	1985/86	Llanberris	
U/20	Walk 3000 m	15:30.40	Susan Kennedy	1985/86	Llanberris	
Open	Walk 3000 m	12:58.85	Kelly Ruddick	09/01/2016	Llanberris	BR

35+	Walk	12:58.85	Kelly Ruddick	09/01/2016	Llanberris	WMR 40+
40+	3000 m					
45+	Walk	13:11.63	Kelly Ruddick	11/01/2020	Llanberris	
	3000 m					
70+	Walk	21:31	Arley Nicholls	08/04/1985	Tasmania	
	3000 m					
U/18	Walk	28:55.74	Kobie Somerfield	15/02/2014	Lakeside	
	5000 m					
U/20	Walk	28:55.74	Kobie Somerfield	15/02/2014	Lakeside	
	5000 m					
Open	Walk	21:46.68	Kelly Ruddick	29/04/2014	Brisbane	
	5000 m					
35+	Walk	21:46.68	Kelly Ruddick	29/04/2014	Brisbane	WMR 40+
40+	5000 m					
45+	Walk	32:22.00	Joan Hall	03/04/1983	Olympic Pk	
	5000 m					
70 +	Walk	35:52.40	Arley Nicholls	08/04/1985	Tasmania	
	5000 m					
Open	Walk	45:26	Kelly Ruddick	17/08/2013	Middle Pk	
	10 k					
35+	Walk	45:26	Kelly Ruddick	17/08/2013	Middle Pk	
	10 k					
40+	Walk	45:26	Kelly Ruddick	17/08/2013	Middle Pk	WMR 40+
	10 k					



45+	Walk 10 000 m	69:05	Joan Hall	03/04/1983	Olympic Pk	
70+	Walk 10 000 m	76:51.10	Arley Nicholls	08/04/1985	Tasmania	
Open	Walk 15 k	1:10:12	Kelly Ruddick	03/07/2015	Middle Pk	
35+ 40+	Walk 15 k	1:10:12	Kelly Ruddick	03/07/2015	Middle Pk	
Open	Walk 20 k	1:33:15	Kelly Ruddick	01/09/2013	Launceston	
35+ 40+	Walk 20 k	1:33:15	Kelly Ruddick	01/09/2013	Launceston	
Open	Walk 30 k	2:37:36	Kelly Ruddick	29/07/2018	Middle Pk	
35/40 /45+	Walk 30 k	2:37:36	Kelly Ruddick	29/07/2018	Middle Pk	VMR
Open	Walk 50 k	4:54:31	Kelly Ruddick	02/12/2018	Fawkner Pk	
35/40 /45+	Walk 50 k	4:54:31	Kelly Ruddick	02/12/2018	Fawkner Pk	WMR 45+