For Immediate Release

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Rebecca G. Pontikes, Founder, Pontikes Law, LLC to Appear on "Beyond Just Talk with S. L. Young" on WOL DC 1450 AM

Arlington, VA – On Tuesday, October 13th at 11 a.m. EST, the guest on "Beyond Just Talk with S. L. Young" will be Rebecca Pontikes, Founder, Pontikes Law, LLC.

Pontikes Law represents employees in employment law matters related to gender/family responsibility (caregiver) discrimination, sexual harassment, negotiation of employment contracts/separation agreements, retaliation/whistle-blower claims, violations of the Family and Medical Leave Act (FMLA), and violations of the wage statutes.

Ms. Pontikes is an active member of and serves on the board of director for the Massachusetts Women's Bar Association for ten years, along with being the chair for its small firm committee. She's also an active member of the Massachusetts Employment Lawyer's Association. Previously, Ms. Pontikes served on the Deana's Fund (devoted to providing valuable information against dating violence through educational theater) Board of Directors and the Greater Boston Chapter of the National Organization for Women (NOW).

In 1994, she graduated *magna cum laude* from Tufts University, and subsequently graduated from the University of Michigan Law School in 1997. In 2004 and 2007 – 2011, she was selected by her peers as a "SuperLawyer." In 2012, Massachusetts Lawyer's Weekly named her a "Top Woman of Law." In 2014, SuperLawyers named her one of the "Top 50 Women SuperLawyers" in Massachusetts.

Ms. Pontikes has co-written amicus briefs in support of the employee in *Trustees of Health and Hospitals of the City of Boston v. Massachusetts Commission Against Discrimination, 449 Mass. 675, (2007)* and *Massachusetts Bay Transportation Authority v. Massachusetts Commission Against Discrimination, 450 Mass. 327 (2008), Dahms v. Cognex Corp., 455 Mass. 190 (2009), and Flagg v. Ali-Med, Inc. 466 Mass. 23 (2013).*

In her spare time, Ms. Pontikes is a political activist (particularly for the underprivileged) and writes opinion pieces to newspaper editors. Moreover, she regularly speaks on employment law topics for the Massachusetts Continuing Legal Education, bar associations, groups representing employees, and organizations that promote women's rights in the workplace.

"Beyond Just Talk with S. L. Young's" host is honored to have Ms. Rebecca G. Pontikes – an accomplished lawyer, a warrior against workplace abuses, and the founder of Pontikes Law, LLC – on the show.

About "Beyond Just Talk with S. L. Young" (facebook.com/beyondjusttalk)

"Beyond Just Talk with S. L. Young" is a 1-hour weekly show which addresses life and business topics from a solution-oriented perspective. "Beyond Just Talk" is a show for anyone who seeks positive, inspirational, and thought-provoking talk.

About the Pontikes Law, LLC (pontikeslawllc.com)

Pontikes Law passionately advocates for individuals whose workplace or civil rights were violated.