



**The Hawaii Association for Play Therapy Presents:**

**"Building Resilience in Children Through  
Solution Focused Play Therapy."**

**3 APT Approved CEUs included, sponsored by HAPT**

APT Approved Provider 99-053

**Presenter: Elizabeth Kjellstrand Hartwig, PhD,  
LMFT-S, LPC-S, RPT-S**

**This online event will take place on Saturday,  
December 12th, 2020 from 8:30AM - 1:00PM**

(8:30am check-in, 9:00am -12:00pm training, 12:00-1:00pm Social Hour  
and Annual Membership Meeting)



**Presenter:**

Elizabeth Kjellstrand Hartwig, PhD, LMFT-S, LPC-S, RPT-S, is an Associate Professor in the Professional Counseling Program at Texas State University where she teaches play therapy, animal-assisted counseling, and marriage and family therapy courses. Dr. Hartwig is the author of the book *Solution-Focused Play Therapy: A Strengths-Based Clinical Approach to Play Therapy* and co-author of the book *Canine-Assisted Interventions: A Comprehensive Guide to Credentialing Therapy Dog Teams*. She is a Past President of the Texas Association for Play Therapy and is currently serving on the Association for Play Therapy Board of Directors. She is also the founder and director of the Texas State University Animal-Assisted Counseling Academy. Dr. Hartwig has a private practice in New Braunfels, TX called Pawsitive Family Counseling, LLC, where she works with her canine partners, Ruggles and Holly.

**Presentation Description:**

Are you ready to build resiliency with children in play therapy? Solution-focused play therapy (SFPT) is a strengths-based approach to play therapy. This interactive workshop will explore ways of being with kids that are playful, systemic, and affirmative. SFPT focuses on helping clients work through challenges by identifying and building on internal assets and external resources. In this workshop we will discuss the foundations and key concepts of solution-focused play therapy. Participants will explore the difference between a problem-oriented and solution-focused perspective. We will also identify how to employ SFPT techniques with children. Through this presentation, participants will practice several SFPT interventions that can be used in both in-person or virtual play therapy sessions.

**Learning Objectives:**

At the end of this workshop participants will be able to:

1. Define 3 key concepts of SFPT.
2. Describe 2 SFPT techniques that emphasize goal setting and progress assessment.
3. Evaluate 2 SFPT interventions that can be employed in the playroom.

**Register online at [www.hawaiiplaytherapy.net](http://www.hawaiiplaytherapy.net)**

HAPT MEMBERS: \$50.00

NON-HAPT MEMBERS: \$75.00

STUDENTS \$30.00