



PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community
Rev Fr Patrick Massang, C.Ss.R. (Parish Priest)
Rev Fr Philip Lai, C.Ss.R. (Assistant Parish Priest)

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INFANT BAPTISM:

Please contact the Parish Priest at least **ONE MONTH** in advance.

Our next infant baptism will be held on Sunday, 29 May, 2022 during the 8.00 a.m mass. Sessions and Rehearsals on Sat. 28 May at 12 noon. All MKN/MNU/KKM SOPs applies.

MARRIAGE: Please contact the Parish Priest at least **SIX MONTHS** in advance.

ASCENSION THURSDAY – 26 May, 2022
 Mass (E) at 7 a.m. & 7.30p.m in the church
 Mass (T) at 8 p.m. in the parish hall.

PENTECOST TRIDUUM 2022
 "Renewed by the Holy Spirit" (Rom 12:2)
 Preached Masses:-
 Triduum # 1 – Thurs, 2/6/22 @ 7 p.m
 Triduum # 2 – Fri., 3/6/22 @ 7 p.m
 Triduum # 3 – Sat. 4/6/22 @ 6.15p.m
 (Pentecost Vigil Mass) and
Pentecost Vigil Prayers from
 8.30 p.m. till 10.00 p.m
 Pentecost Sunday Mass – 5/6/22 @
 8 a.m

ETERNAL HAPPINESS:
 + James Martin a/l Sinnapan departed on 30 April, 2022.
 + Francis Cheong Ming How departed on 5 May, 2022.
 + Peter Loh Kooi Ngan departed on 10 May, 2022.

UPDATED SOPS for Attending Masses and Activities in OMPH Parish effective 1st May 2022 (in compliance with MKN/KKM directives)

Who can attend?

Everyone (regardless of vaccination status) **EXCEPT**
 1. those under High Risk category or who are subject to Home Surveillance Order (HSO)
 2. those who are unwell (flu symptoms)
 3. children who can't wear facemasks indoors (according to W.H.O, children below 5years old are not encouraged to wear facemasks for a long period of time).

Wearing of Face Masks is COMPULSORY INDOORS (inside the Church, Hall, Classrooms, Meeting rooms, et)

All persons **are encouraged** to wear masks even if they are outdoors while still inside church premises (open air compound, car parks, etc)

Things to Do (MySejahtera)

Please show your risk status on your MySejahtera App to persons checking this before you enter church. Only those with low risk status will be allowed to enter. Scanning to check in using MySejahtera is no longer mandatory. You may continue to do so for the purpose of contact tracing.

Physical Distancing is no longer required.

Family members are encouraged to sit together to minimise risk and maximise seating capacity. Please continue to sanitise your hands before you enter church as an additional hygienic measure.

(food for thought) (Bulletin 15 May, 2022)

Gospel: Jn 13: 31-33, 34-35.

"A New Heaven and A New Earth"

The Book of Revelation speaks to those who look to God for a comfort that only God can give. It is a prophetic book urging us to listen carefully to the Word of God and stay faithful to the covenant God has made with us in Christ. Today's passage presents us with a powerful promise of "a new heaven and a new earth," and if there was ever a time for God to "make all things new" now is the moment.

"Loving one another" is based on the knowledge that, despite the apparent victories of evil in our world, good will overcome this evil in the end and those who have persevered and lived faithful lives will be rewarded. If we take seriously the "new commandment" that Jesus leaves us, we will have to keep examining the quality of our love, to see if it really reflects the kind of unselfish love that He spoke about and lived by. When Jesus says "Love another as I have loved you", it sounds deceptively simple and easy. But when we measure our love of God and neighbor against that "simple" rule, we find that we fall far short of that ideal most at the time.

Yet this is the heart of the Gospel message - the foundation stone of our Christian faith. Love is a gift of God. When we learn to love, we experience God and our love only reflects God when it is not focused on self but on others. Our love is only God-like when it is given unconditionally, without being earned and when it seeks no return. Only then will the transformation be complete — all things will be made new and we will see a "new heaven and a new earth."