

Gymnast/member and Spectator/Parent Code of Conduct

PURPOSE

To ensure that all gymnasts, members and spectators have a very clear understanding of the behavior that is expected from everyone and to make it clearly understood that breaches of these codes will result in disciplinary action.

Gymnasts/members are required to:

- Respect the rights, dignity and worth of every person regardless of their gender, ability, cultural background or religion
- Display good sporting behavior at all times
- Never use offensive language or behavior towards anyone or engage in bullying of any person
- Co-operate with your coach
- Adhere to club policies
- Never behave in a manner that would damage the reputation of the club
- No shoes to be worn on the gym floor.
- Gymnasts are not allowed on the gym floor or on the equipment, unless the class is called and there is a coach to supervise.
- No jewellery to be worn.
- No skirted leotards, zips, buckles, or belts. Any gymnast above recreational must be wearing leotard/shorts, or suitable fitting clothing.
- All gymnasts must be affiliated to British Gymnastics.
- Gymnasts must not play on the equipment unless instructed by a coach.
- No bad behaviour or disrespect will be tolerated.
- No swearing allowed in the gym.
- Criticizing other gymnasts is not tolerated. Support other gymnasts to do their best. Celebrate everyone's success.
- Children misbehaving, creating a distraction or being a risk to others will be asked to sit out. Three times in a session and their parents will be contacted, if misbehavior continues, you will be asked to withdraw your child from their class.

Spectators/Parents are required to:

- Act as good role models and ambassadors for the club at all times
- Always welcome opposition players, spectators, officials etc to the club
- Never use offensive language or behavior
- Treat everyone including the opposition with respect regardless of their gender, ability, cultural background or religion
- Display consistently high standards of good sporting behavior including respecting decisions
- Adhere to and support the Club policies
- Be trustworthy
- Encourage children to participate if they are interested. If they are not, don't force them

- Focus on enjoying the sport, reducing the emphasis on winning
- Teach children that an honest effort is as important as victory, so that the result of each competition is accepted without undue disappointment
- Encourage children to always play by the rules
- Do not criticise children in front of others, but reserve constructive criticism for more private moments
- Remember children are involved in sport for their enjoyment, not yours
- A child learns best by example. Applaud good skills and routines by all teams
- Accept decisions of all judges as being fair and called to the best of their ability. Do not raise issues of disagreement publicly
- Do not use derogatory language based on gender, race or impairment. Parent's behaviour and language should always be appropriate in the presence of children and in keeping with our family environment. Set a good example by our own conduct, behaviour and appearance. Support all efforts to remove verbal and physical abuse from sporting activities
- Do not criticise coaches, judges, other gymnasts or parents. If you have a concern, make an appointment with the office to see the Head Coach
- Avoid discussion about coaches, judges, staff, other gymnasts or parents – particularly in front of gymnasts or parents. This can be a source of misinformation. Any such behaviour will not be tolerated and may result in membership being revoked
- Support the staff and officials in their enforcement of the rules and their coaching techniques. If you have a problem, please follow the correct Grievance Procedure
- Do not enter the training area. In the event that you need to speak to a coach urgently when they are on the floor, please ask the receptionist to pass on the message
- Once your child enters the training area they are in the care and supervision of the coaching staff. Please refrain from attracting their attention until they have been dismissed at the end of class. You should not remove your child during class without first speaking to Reception/Coach
- All behaviour must reflect the Club's values of trust, respect, opportunity, equality and team participation with the highest priority being each gymnasts' welfare.