

# Golden Times

December 2018  
Issue XII

## Madison County Senior Citizens Center



**Merry Christmas**

### Find the ?

hidden inside this newsletter. When you find the candy cane, call the center at 740-852-3001 by Friday, December 14th and tell us where it is located. If correct, your name will be entered into a drawing to win 5 free lunches. Last month the glasses were found on page 8.

Congratulations to Donald Colvin, the lucky winner!

**The Center will be closed at noon on December 24 and all day December 25 and January 1**

### 2018 Governing

#### Board Members

Donna Sheridan-President

Jerry Tompkins-  
Vice President

Shirley Witwer-Secretary

Jean King Eilene Duncan

Sharon Manion

Loretta Anthony

Steve Saltsman

It is November 16<sup>th</sup> as I am writing this, Thanksgiving is next week! Where did the year go? They say time flies when you're having fun, we must be having a blast! We were discussing at Rotary a couple weeks ago how fast time goes by, a fellow Rotarian said, she heard that if you change up your routine it wouldn't feel like time is going by so quickly. Makes sense, when you do the same things every day, day in and day out, it would feel like time is just flying by, life has become routine instead of what it should be, enjoyable, doing new things and going to new places. I must admit, I am a routine person, but I'm glad our members aren't, they are enjoying new experiences and going to new places. We are blessed to be part of their new adventures.

We had a wonderful November, the members re-elected two dedicated board members, Donna Sheridan and Jerry Tompkins. Our Veteran's Day program was amazing this year. I would like to thank the senior center chimer for the great music again this year, Dick Hout for his Missing Man Table Tribute, it was a very moving part of our program and I think we need to include it every year. Also the Executive Director, Sherry Ems, of the USO, very informative program. The USO does so much more than entertain the troops, visit their website if you missed the program. I would also like to thank American Legion Post #201 of West Jefferson for our Posting of Colors this year. It was a fantastic day. We had our fifth annual craft bazaar on November 3rd, our best attendance and number of vendors since we started having them. Thank you Janisse for organizing everything and everyone that helped with the event, set-up, clean-up and working the event. Also another huge turn-out for our Thanksgiving Day lunch, we served 224 people this year. A lot of time and preparation goes into the meal, thank you Joanna and Steve. Also, thank you to all the volunteers, staff and the Cedarville nursing students for helping us out again this year.

The last two weeks of December the kitchen is closed. We use this time to remove everything from the kitchen and give it and the equipment a deep clean, I know it isn't convenient, but it is necessary. The center is still open, billiards room, exercise room, but we really use the time for serious cleaning and any maintenance that needs to be done on/in the building. Although most of the regular activities are not scheduled during this time because the main room is being used to store equipment during maintenance, the only time the doors will be locked will be the days we are cleaning and waxing the floors. No late night Tuesday's during shut-down. Always best to call first during this time to check the schedule. Janisse does have some trip activities scheduled during this time, maybe some spontaneous trip planning by members, like last year.

Just a recap of our scheduled December fun. We will have a little magic after our Christmas dinner on December 12<sup>th</sup> plan to stick around after lunch and Elvis will be in the building for our New Year's Eve day party on Monday, December 31<sup>st</sup>. Mark your calendars, we would like to have a nice audience for both. Also on Friday, December 7<sup>th</sup>, by request, we will be showing a double feature - Mamma Mia and Mamma Mia! Here we go again, we will be closing the wall and starting the movie at 12:00, we will have popcorn and other movie theatre snacks, mark your calendar and bring your comfy chair. Saturday, December 8<sup>th</sup> - Euchre Tournament and Saturday, December 15<sup>th</sup> Bingo (see insert for details on both events) December is going to be a lot of fun!!

Thank you to all the members for the laughter I hear every day and thank you to everyone that helps at the center every day!

Have a Merry Christmas!!! God Bless. *Misty*



Left: The Cedarville nursing student were a big help with our Thanksgiving lunch. We really enjoy having the students here every year. They come once a week to help and also to join us in activities.

Below: The students enjoyed batting balloons with pool noodles with the ADC. Fun!



Above: Richard Hout gave a toast to Fallen Comrades and also gave an explanation of the Missing Man Table Tribute and everything displayed on the table.

Below: Veterans standing for their branch of the service. And our Charming Chimes Players played patriotic songs and anthems for each branch of the military.



Above: Linda Zimmerman, Cindy Shoemaker and Barb Gordin dig in to their Thanksgiving meal. We served 224 people! Lots of new people came in.

Below: Bob Schafer, Audrey Watkins, Jack Visser and Dale Wheeler chat after the dinner. This is a great place to make friends.





## Lions Club

The London Lions Club will pay for eye exams and eye glasses for anyone who lives in Madison County and is financially not able to. If you have any old glasses, you may bring them to the Center and put them in the box provided in the lobby. For more information contact Roger Morris at 740-852-3145.

### High Euchre Score

10-22-18 Martha Kress 76

10-29-18 Donna Ramey 65

11-5-18 Sharon Reynolds 72

11-12-18 Renee Tiebout 82

### High Bridge Score

10-24-18 Mary Locke 4540

10-31-18 Mary Andrix 3480

11-7-18 Doug Pyles 4390

11-13-18 Elaine Penix 4430



## Welcome New Members!

Brenda Eades

Tom Lloyd

George and Wilma Ison

Donald Debord

William and Kay Fischer

Robert and Jean Godden



## WEEKLY SCHEDULE

### Monday:

8:30 a.m.-Indoor Walking/Exercise Class

9:00 a.m.- Chair Volleyball

9:30 a.m. - Crocheting, Knitting & Needle Crafts

10:30 a.m. - Sitting Exercise/ Strengthening

1:00 p.m. - Euchre

### Tuesday:

9:00 a.m.- 3 p.m. Quilting Class

10 a.m.-12:00 p.m. - Bowling at Madison Lanes

1:30 p.m.- Rays of Hope for Seasons of Life Support Group

5:00 p.m. - Cards and Billiards

5:30 p.m.- Line Dancing **NOTE NEW TIME!!**

### Wednesday:

8:30 a.m. Indoor Walking/Exercise Class

9:00 a.m. - Chair volleyball

10:30 a.m. -Aerobics/Strengthening Class Dec. 5th only

12:05 p.m. - Bridge

1:15 p.m.- No Yoga in December. See you January 2nd

2:00 p.m.- Diabetes and Weight Loss Support Group

### Thursday:

9:00 a.m.. - Chair volleyball

9:00 a.m.- Fun Bingo December 6

### Friday:

8:30 a.m. Indoor Walking/Exercise Class

9:00 a.m.- Painting Class with Harry Croghan

10:00 a.m.- Chimes December 7

1:00 p.m.- Free Movie and Popcorn at the senior center. See what is playing on page 4.

**Fitness room is open everyday, Monday through Friday when the center is open.**





## UPCOMING DAY TRIPS!!



**TUTTLE MALL SHOPPING—Tuesday, December 4th.** Trip fee for the van is \$5. We will leave the center at 9:30 a.m. and then leave the mall at 1:00 p.m. Lunch is on your own. There is a food court and other options around the mall.

**DECEMBER MYSTERY LUNCH—Thursday, December 13th.** Van fee is \$5. We will leave the center at 10:30 a.m. After lunch we will be making a stop for goodies at the Tropical Fruit and Nut store.

**VETERAN'S MEMORIAL—*New Date!!* Wednesday, December 19th.** Vans will leave the Center at 9:30 a.m. The trip fee is \$5 to ride the van. You will pay your entry fee of \$15 at the door. That is a senior discount. Veterans receive free admission with ID. We will have lunch after our tour at the Spaghetti Warehouse.

**JANUARY MYSTERY LUNCH—Thursday, January 10th.** Van fee is \$5. We will leave the Center at 10:30 a.m.

**MARCY'S CLAYGROUND—Friday, January 25th.** Let's get creative! We will leave the Center at 9:30. Fee for this trip is \$5 to ride the van. When we arrive you will purchase a piece of pottery to paint. You will pay the price of the pottery you choose plus 50% for supplies, glazing and firing. So, for example, a \$10 piece would cost you a total of \$15 plus tax. Prices range from \$3-\$50. We will leave our painted pieces there and will pick them up the following Friday. We will grab lunch afterward and try to make it back for the Friday movie at the Center. **Please sign up by January 11th** if you are interested.

**VETERAN'S MEMORIAL—Thursday, January 31st.** We will be in contact with those that signed up as interested. Van fee is \$5. You will pay your \$15 senior citizen entry fee at the door. Veterans receive free admission. We will leave at 9:30 a.m. Lunch will be on your own at the Spaghetti Warehouse.

**FEBRUARY MYSTERY LUNCH—Thursday, February 21st.** Fee for this trip is \$5. We will leave the center at 10:30 a.m.

**\*\*We are always open to ideas for places to visit or restaurants for Delightful Dining or Mystery Lunches. We love to go to historical sites, factories to see how things are made, museums, shopping. Sometimes there may be a reason we cannot do a certain activity but we always try to accommodate.**

**\*\*\*\*Please remember to park at the back of the parking lot when going on a day trip. This saves the closer parking spaces for those coming in for daily activities!!**

### Day Trip Payment and Cancellation Policy

When you sign up for a trip, you are expected to pay for the trip when signing up. If the purchase of tickets is involved in the cost of a trip, no refunds will be issued for the cost of the ticket purchased. If the purchase of tickets is not involved in the cost of the trip no refunds will be given if you cancel within two weeks of the trip's departure or by a deadline stated in the newsletter. If you have questions please contact Janisse at 740-852-3001.

## Delightful Dining

Sign up early! Sometimes late reservations cannot be accommodated at the restaurants.  
Ride the vans for \$5.00 per person while the seats last or you may drive and meet us there.

**Monday, December 3, 2018**

**Streetside 62**

2007 Columbus Avenue

Washington C.H., Ohio 43160

**NOTE!! Vans leave at 4 p.m.**

Arriving at the restaurant around 4:30 p.m.

**Monday, January 7, 2019**

**Cappy's Pizza**

225 Lafayette Street

London, OH 43140

**No Vans for this trip!**

**Meet at Cappy's at 5 p.m.**

## 2019 Overnight Trip Information

### Holland, Michigan and Biltmore Presentation Wednesday, January 16th at Noon



**2019 Tulip Time Festival in Holland, Michigan May 7-9, 2019.** This trip is 3 days and 2 nights. It includes The Tulip Time Festival, Fiddle Fire Dinner and Show, Windmill Island, DeZwinn Windmill, Parade Klompen Dancing, Arts and Crafts Fair, Quilt Show, Dazzle Dinner Show. Tour Fare includes, motorcoach transportation, 2 nights lodging, 2 breakfasts and 2 dinners, all shows and admissions, tips for driver, guides and porters, tour manager. Double \$599 pp, Single \$749 pp. A deposit of \$100 per person is due to secure your reservation with the **balance due by March 1, 2019. Insurance is available and must be paid for at the time of your deposit. Insurance is \$34 per person/double and \$44 per person/single.**



**Alaskan Cruise—September 9-18, 2019** Nine nights, 10 day tour & cruise. Includes a night in Seattle before the cruise and a night in Vancouver post cruise, flight from Columbus to Seattle and return from Vancouver, transfers in Seattle & Vancouver, all meals on board the Carnival Legend, cruise highlights include Tracy Arm Fjord, Skagway, Juneau, Ketchikan, choose your own excursions. Flight, air and cruise \$2745 pp double interior, \$3445 pp double balcony, \$4345 pp single balcony, \$3645 pp single interior. **Final payment due by June 1, 2019.**

**Christmas at the Biltmore—December 4-7, 2019** Four days, 3 nights. Includes Biltmore House and Gardens, Biltmore Estate Winery, blue Ridge Parkway, Candlelight Christmas Evening, Folk Art Center, Grove Arcade, National Gingerbread House Display, Biltmore Village, Asheville City Tour. Also motorcoach transportation, 3 nights lodging, 3 breakfasts, 3 dinners, all shows and admissions, baggage handling, tips for driver, guides and porters, professional tour manager, travel insurance. Double \$899 per person, Triple \$884 per person, Single \$1,099 per person. **Deposit of \$150 per person will secure your reservation with the balance due by September 15, 2019.**

## Board Election Results

Our board election was held on Wednesday, November 14th. Incumbents Jerry Tompkins and Donna Sheridan both won back their seats.

We had 103 members come in to vote. Thanks to all participated in voting and those that volunteered to help with the election. We appreciate your support.

## Volunteer for AARP Tax Site in London

AARP in conjunction with the IRS offers free tax services for low income individuals. The site in London on Elm Street has been open for 5 tax seasons. They are in need of a Tax Preparer (Tax Counselor) for the upcoming tax year. No knowledge of the tax code is required. You will attend training for several days in January. The tax season starts the beginning of February and goes through the beginning of April. The hours are Monday and Wednesday 9:00 a.m. – 4:00 p.m.

If interested, please contact Brian Welch, 740-206-2468 or [bwelch@columbus.rr.com](mailto:bwelch@columbus.rr.com).

## Membership Dues

2019 Membership Dues should be paid by January 31st, 2019 in order to keep receiving your newsletter. Also if you are participating in activities at the Center you should be a member in good standing with dues paid.

New for 2019 is: Individual dues are \$15 and dues for couples are \$25. You may pay either at our Center office or by mailing it in to: Madison County Senior Citizens Center, P.O. Box 389, London, OH 43140. Cash or check only.

## In the Kitchen with Joanna

Everyone keeps asking how I make the Green Beans at lunch time. It is very simple.

1 14.5 oz. can cut, French style or Italian beans

1/2 stick of butter or margarine

Salt and pepper to taste

Optional: diced onion, bacon or ham

Simmer for at least a half hour to let the flavors marry.



**Free Popcorn!**

**Friday Cinema**

**1 p.m.**



December 7 Movie starts at Noon! Mama Mia & Mama Mia! Here we go again!

December 14 The Christmas Chronicles Kurt Russell PG 2018 Seasonal Fun

December 21st and 28th– No Movie

Movies subject to change due to availability



## Greetings from the Adult Day Center!

Ho-Ho-Ho! Hope everyone had a safe and happy Thanksgiving. Where did the year go!?

We would like to thank everyone for the support you ALL have shown our ADC Family throughout the year. Thanks to everyone for visiting us at our table during the Craft Bazaar and special thanks to Bonnie Radcliff, Sandy Darlington, Ruth Kennedy, Marilyn Henry, Sue Henry, Janet Mason, Helen Stevens, Cricket Lindsey and anyone else that we may have accidentally forgotten to mention. We could not do it without your help and thoughtfulness.

Marilyn Henry and Charlie graced us with a pizza party and Quarter Bingo. It was very nice.

We are looking forward to seeing Santa and his elf at our ADC Family Christmas. And yes Santa WE ALL have been really good this year. The one that is questionable can explain! We will be on shut down the last 2 weeks of December for deep cleaning and preparing for the New Year.

From our ADC Family to yours. Have a Merry Christmas and Happy New Year and remember the Reason for the Season.

*Day Center Staff-Beth and Jeanna*

## Rays of Hope For Seasons of Life Support Group Merry Christmas

The first Tuesday in December, 2018 will be the last meeting for the year. As in the past the group will celebrate Christmas. The date is December 11th at Ann & Tony's for a late lunch. This has become a yearly blessing and one we anticipate each year. The hope is to start the group the second Tuesday of January, 2019. That is to be determined at a later date.

Donna Wharton is always available by phone -740-490-5936  
E-mail—dmwharton342@yahoo.com



*Drew Murray*



We are excited to announce that on Wednesday, December 12th at 1 p.m. we will have Magician, Drew Murray at our Center for a great show!

It will be right after our Christmas luncheon. Some of our senior members have seen his show and said he is amazing!! He has performed for Ohio State University, Nationwide and Loreal among others. There is no charge for this show but it is for members only! So mark your calendars and come join us for some magic!!





## Christmas Sing Along!

Monday, December 10th

12:15 in the Lunchroom

Karen will play the piano and the Chimes will play as we join in song!



## New Year's Eve Party at the Center with special guest "Elvis Presley"!

**Members only!**

**Monday, December 31**

**11:30 a.m.**

**Lunch provided**

**Please bring a dessert, appetizer or snack to share.**



## Lottery tree!

Tickets available at the Center front office through noon December 7th.



1 for \$1 or 6 for \$5. When we draw a name on December 14th that person will win all the lottery tickets on the tree. The possibilities are endless of what you could win! You are also guaranteed to win at least \$50 cash!



Special demonstrations for the Friday morning art classes at 9:30 a.m. We will be doing some original art as Christmas cards and watercolors and possibly acrylic. Afterwards we will do small paintings as Christmas presents to be mailed out as 5 x 7 or 8 x 10. We will show you how to set up your own personal production line for creating art.

<b>B</b>	Judy Hastings	115	Bill Link	134	Carolyn Garver	141	Deb Weisman	75
<b>O</b>	Karen King	141	Larry Threlkeld	122	Barb Florence	93	Jane Hackworth	74
<b>W</b>	Carl King	160	Paul Hackworth	150	Ann Pickens	97		
<b>L</b>	Barb Gordin	114	Barb Cooper	86	Ray Sheridan	162		
<b>I</b>	JR Venrick	155	John Conn	142	Cecil Herman	101		
<b>N</b>	Barb Andrix	96	Gene Noble	113	Jim Harden	127		
<b>G</b>	Duane Glass	182	Linda Ridolfo	161				





## Winter Blues?

Join us December 5th at 12:30 p.m. at the Senior Center for a practical discussion on how to beat the winter blues! Topics will include depression, loneliness and caregiver stress. Come for a surprise and support! Call the center to sign up-740-852-3001. Presented by the Cedarville Nursing Students.

## December Birthdays

Patron	Birthday	Patron	Birthday
Creameens, Jerry	12-01	Chenos, Rodney	12-17
Carl, Kay	12-01	Wehrs, Grace	12-18
Tiebout, Renee	12-02	Mills, Ruth	12-18
Stedding, Juanita	12-03	Browning, Dorothy	12-18
Weimer, Loretta	12-04	Edwards, Sidney	12-18
Jones, Barbara	12-05	Hackworth, Ed	12-18
Wright, BettyJo	12-07	Shupp, Margaret	12-20
Stidham, Betty	12-08	Welch, Betty	12-20
Johnson, Charles	12-09	Nutt, Nellie	12-21
Payne, Richard	12-09	Vest, Lisa	12-21
Roberts, Joe	12-11	LeMaster, Sharon	12-21
Reynolds, Howard	12-12	Burdett, David	12-22
Brennan, Mary	12-12	Andrix, Mary	12-23
Jones, Richard Jr.	12-12	Yates, Bonnie	12-24
Hopkins, Marjorie	12-13	Westfall, Carol	12-24
Vinson, Jane	12-13	Castor, Arlene	12-26
Fisher, David	12-13	Shepler, Greg	12-26
Kramer, Mary	12-14	Johnson, Gordon	12-27
Blake, Deeann	12-15	Hileman, Phillip	12-27
Wilson, Martiin	12-15	Bush, Melodye	12-27
Witwer, Shirley	12-15	Howard, Vicky	12-28
Morgan, Denna	12-16	Dradt, Brian	12-28
Browning, Celia	12-16	Summers, Myrtle	12-29
Webb, Chris	12-16	Ward, Margaret	12-29
Whitelow, Beverly	12-16	Hayman, Lola	12-29
Good, Mildred	12-17	Lawrence, Thomas	12-30
Roark, Harold	12-17	Blackburn, Carol	12-31
Carter, Freda	12-17		

## Once There Was A Snowman~ Anon

Once there was a snowman,  
Who stood outside the door,  
He wished that he could come  
inside,

And run about the floor.  
He wished that he could warm  
himself,

Beside the fire, so red,  
He wished that he could climb  
Upon the big white bed.

So he called to the North Wind,  
"Come and help me, pray,  
For I'm completely frozen,  
Standing here all day."  
So the North Wind came along,  
And blew him in the door,  
And now there nothing left,  
But a puddle on the floor!



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## Madison County Senior Citizens Center

P.O. Box 389  
280 West High Street  
London, OH 43140  
Phone: 740-852-3001  
Fax: 740-852-3052

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We're on the Web!

[mcsenior.org](http://mcsenior.org) or on Facebook at Madison County  
Senior Citizens Center

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## December 2018

**Misty Bradley, Executive Director**  
**Ramalingam Selvarajah, M.D., Medical Director**  
**Janisse Williams, Activity Coordinator/Marketing**  
**Marilyn Lowery, Front Office/ Substitute Driver**  
**Ruth Kennedy, Staff Nurse/Wellness Coordinator**  
**Beth Dillion, Daycare Aide**  
**Jeanna Bernard, Daycare Aide**  
**Bonnie Radcliff, Daycare Aide/Substitute**  
**Sandy Darlington, Daycare Aide/Substitute**  
**Jackie Cain, Homemaker**  
**Joanna Sadler, Chef**  
**Steven Wehrs, Cook**  
**Brenda Castle, Transportation Coordinator**  
**Carolyn Wilson, Driver**  
**Wayne Bricker, Substitute Driver**  
**Betty Lawrence, Substitute Driver**  
**Don Hawkins, Substitute Driver**

## Dated Material

The Madison County Senior Citizens Center is funded in part by Title III funds from the Older American's Act of 1965. These funds are administered by the Ohio Department of Aging and contracted to the local agencies by the Central Ohio Area Agency on Aging. Local funds are necessary to match these Federal dollars. They are made possible by Madison County Commissioners, a county wide levy, donations, contributions and fund raisers. The Center is non-discriminatory in services and employment. The building is handicapped accessible.

### COAAA Advisory Council Meetings Open to Public

The Central Ohio Area Agency on Aging (COAAA) Advisory Council will meet the first Thursday of each month.

Advisory Council meetings are scheduled from 10:30 a.m. to 12:00 p.m. All meetings except for December are held at the COAAA office, 3776 South High Street, Columbus, Ohio.

The council is comprised of volunteers from eight Central Ohio counties who represent the views of older adults in their specific communities and advise the Area Agency in its operations.

### Mission Statement

The purpose of the Madison County Senior Citizens Center is to encourage, foster, and develop opportunities for the senior citizens of Madison County through education, recreation, respite, nutrition, daycare services, and assistance in independent living.