AAT NEWS Thanks Iving November 2019

Winterize Yourself

Winter is a harsh and unforgiving driving season. Not only do you have snow and ice to deal with, but there are fewer hours of daylight as well. In addition, many of the people with whom you share the road lack the knowledge, skills and temperament to safely navigate the roadways under normal conditions, let alone in snow, ice and fog.

Driving in the winter means snow, sleet, and ice that can lead to slower traffic, hazardous road conditions, hot tempers and unforeseen dangers. Once on the road, you need to be prepared, patient and cautious and follow these safe driving rules:

• **Slow down --**Many accidents occur because drivers are going too fast for road conditions. A slower speed gives you more time to react if something occurs.

• Give yourself extra space -- Allow for more room between yourself and other vehicles. You should always have enough space and time to move out of harm's way.

• Hold your steering wheel firmly -- Sudden, sharp moves can quickly cause you to lose control of your vehicle. Keep your vehicle steady through ruts in the road, heavy wind and on ice.

• Brake and accelerate lightly -- Try not to do anything forcefully in bad weather. When you need to slow down quickly in slippery conditions, try lightly pumping your brakes. This reduces your chance of locking your tires and spinning out of control.

Are you as "winterized" as your truck?

• During the wintertime, icy running boards, steps, and trailer decks account for thousands of slip-and-fall accidents. While most are relatively minor, every year a few drivers are paralyzed for life from these incidents.

• A good place to start self-winterizing is with your shoes. Make sure that you wear good quality footwear with oil-resistant soles and some ankle support.

• You may want to invest in a good pair of boot traction grips. They have been proven to reduce slips and falls.

Many falls are the result of twisting an ankle to the side when getting out of your truck.. Three points of contact will almost guarantee a safe exit. Treat your work boots with a quality water-sealing product and keep a good coat of polish on them to retain their waterproofing.
Frostbite is another problem. Whenever you are outside in freezing weather, be sure to wear gloves, a hat (most body heat escapes through the head), and in really cold temperatures, make sure your ears are covered.

• Take along some granola bars, dried fruits and nuts, or other high energy food along with water or sports drinks in case you get stranded. Hard candy can keep your mouth moist while providing some degree of energy.

Daylight Savings Nov 3, 2019 Fall Back 1 Hour



Beginning **October 1, 2020** all U.S. travelers will need a Real IDcompliant license or other approved form of identification to fly. It's important to note that a Real ID is required only for entering airport security checkpoints and boarding aircrafts, as well as entering any secured federal facility or nuclear plants.

What do you need to get a Real ID in MN? One document proving identity, date of birth and legal presence in the United States, such as a passport or birth certificate. Proof of Social Security number, like a Social Security card or W-2 form. Two documents proving Minnesota residency, like a valid driver's license or credit card statement.

The cost of the Real ID will be the same: \$25.25 for a MN license. If you currently have, or when you get your REAL-ID please provide AAT with a copy of your license.

Reminder...Once a vehicle, regardless of bus or truck, is delivered; the driver <u>may not drive the vehicle into an enclosed</u> <u>facility</u> for safety and insurance reasons. Some examples would be:

- A repair facility
- At delivery—a shop or garage.
- Convention center for a show truck.





THANKSGIVING Our office will be closed November 28 & 29.

AFTER HOURS EMERGENCY PHONE....is for after hours emergencies. Please call dispatchers desk phones during business hours.

Dispatchers have a meeting every morning from 10:00 to 10:30AM. If you cannot get a hold of your dispatcher and have a time sensitive issue, please call the main number 651-777-7780.

Triangles are required to be carried by the driver on every trip. *Drivers are prohibited from using customer's new triangles.*

Chain (Socks) Laws are now or will soon be in effect. Socks will be sent with drivers. Return them after each trip—replacement cost is \$385.00.

In this time of thanksgiving we want to express our thankfulness and appreciation to everyone—we truly have a great team. Enjoy your holiday and time with family and friends.

Debra, Scott, DJ, Jackie Penney, Donna, Kara and Patti

