

Life Skills

Title	Skill Book / Reading Level	Month	Student	Materials	Description	Location
All Talk - problem solving for new students of English	High beginner		ESL	Workbook	Topics of adult relevance and high human interest while at the same time recognizing students' limited linguistic and communicative skills in English.	Practical Living Skills
Be Informed Series - Teacher's Guide/The	3 - 4		Literacy / ESL	Article and exercises	Teacher's guide to Units 1 - 20	Practical Living Skills
Be Informed Series - Unit 07/The - Finding a Job	3 - 4		Literacy / ESL	Article and exercises	Finding a Job	Practical Living Skills
Be Informed Series - Unit 08/The - News Media	3 - 4		Literacy / ESL	Article and exercises	News Media	Practical Living Skills
Be Informed Series - Unit 11/The - Taxes	3 - 4		Literacy / ESL	Article and exercises	Mental Retardation	Practical Living Skills
Be Informed Series - Unit 12/The - Banking	3 - 4		Literacy / ESL	Article and exercises	Marriage	Practical Living Skills
Be Informed Series - Unit 13/The - Mental Retardation	3 - 4		Literacy / ESL	Article and exercises	Using Measurements	Practical Living Skills
Be Informed Series - Unit 15/The - Using the Library	3 - 4		Literacy / ESL	Article and exercises	Using the Library	Practical Living Skills
Be Informed Series - Unit 17/The - Drugs	3 - 4		Literacy / ESL	Article and exercises	Drugs	Practical Living Skills
Be Informed Series - Unit 18/The - Nutrition	3 - 4		Literacy / ESL	Article and exercises	Nutrition	Practical Living Skills
Be Informed Series - Unit 19/The - Population	3 - 4		Literacy / ESL	Article and exercises	Population	Practical Living Skills
Be Informed Series - Unit 20/The - Pollution	3 - 4		Literacy / ESL	Article and exercises	Pollution	Practical Living Skills
Becoming a Car Owner			Literacy / ESL	Textbook	How to purchase and maintain a car	Practical Living Skills
Can You Give First Aid?	4	2	Literacy / ESL	Handbook	First Aid instruction	Practical Living Skills
Caring for a Child			Literacy / ESL	Handbook	Childcare from birth to five years	Additional Reading/Writing Material
Consumer Action Handbook - 2007			literacy	Handbook	Addresses the most important and common consumer issues and provides a directory of resources.	reference
Dialogues	Beginner		ESL	Workbook	Sample situations and dialogues for new-comers to our country.	Practical Living Skills
Expecting the Best - Healthy Life Skills - Health			ESL	Worksheets	Lesson plans and lessons that teach seeking services and finding, reading and interpreting health information (3-ring binder)	Practical Living Skills
Expecting the Best - Healthy Life Skills - Nutrition			ESL	Worksheets	Lesson plans and lessons that teach eating well, shopping and nutrition (3-ring binder)	Practical Living Skills
Food & Fitness			literacy	Handbook	Food and nutrition	Practical Living Skills
Food & Fitness - workbook			literacy	Workbook	Workbook and answer key	Practical Living Skills
Having a Baby			Literacy / ESL	Handbook	Conception and Pregnancy, prenatal care, giving birth, the first six weeks, the baby and the family, pregnant and unmarried, planning your family	Additional Reading/Writing Material
Having a Baby - Conception and Pregnancy			Literacy / ESL	Pamphlet	Science of conception and pregnancy	Additional Reading/Writing Material
Having a Baby - Giving Birth			Literacy / ESL	Pamphlet	Realities of giving birth	Additional Reading/Writing Material
Having a Baby - Planning Your Family			Literacy / ESL	Pamphlet	Family planning alternatives	Additional Reading/Writing Material
Having a Baby - The Baby and the Family			Literacy / ESL	Pamphlet	What to expect when a new baby comes into the family.	Additional Reading/Writing Material
Having a Baby - The First Six Weeks			Literacy / ESL	Pamphlet	What to expect during your baby's first six weeks of life.	Additional Reading/Writing Material
Having a Baby - The Unwed Mother			Literacy / ESL	Pamphlet	Decisions to be made, changes to expect	Additional Reading/Writing Material
Help Yourself to Health			literacy	Handbook	Guide to fitness and good health	Practical Living Skills
Help Yourself to Health - workbook			literacy	Workbook	Workbook to Help Yourself to Health	Practical Living Skills
Helping Your Child Succeed in School, A Guide for Parents of 4 to 14 Year Olds			Literacy / ESL	Handbook	Fun, supportive and creative ways to help you children learn.	Additional Reading/Writing Material
How to Study			literacy	Handbook	Study techniques and strategies	Practical Living Skills
Just What Did the Doctor Order?			literacy	Handbook	Addressing low health literacy in North Carolina	Practical Living Skills
Latina Reproductive Health in North Carolina: Demographics, health status, and programs			ESL	Report	Reproductive health issues facing Latinas in NC and identifies strategies and programs in place to address these issues.	Reference
Lawyers for Literacy - A Bar Leadership Manual			literacy	Report	State and local program ideas for bar involvement in literacy	Reference
Learning Games for Infants and Toddlers			Literacy / ESL	Handbook	For babies two months to two years of age. Babies learn through play. These games help children: to use their bodies; to learn language; to begin to think; to feel good about themselves; to feel good about the person caring for them	Additional Reading/Writing Material
Let's Work it Out - Topics for Parents - Discipline - Level 1			Literacy / ESL	Workbook	Teaching good parenting skills in a format that is nonthreatening to uneducated adults	Additional Reading/Writing Material
Let's Work it Out - Topics for Parents - Showing You Care - Level 2			Literacy / ESL	Workbook	Teaching good parenting skills in a format that is nonthreatening to uneducated adults	Additional Reading/Writing Material
Let's Work it Out - Topics for Parents - Teacher's Guide - Level 1 and 2			Literacy / ESL	Handbook	Teaching good parenting skills in a format that is nonthreatening to uneducated adults	Additional Reading/Writing Material
Life Skills - Computer Words	L 3 - 4		Literacy / ESL	Vocabulary workbook	Words to know. Easy-to-use activities sure to improve reading, writing, and vocabulary skills	Additional Reading/Writing Material
Life Skills - Restaurant Words	L 3 - 4		Literacy / ESL	Vocabulary workbook	Words to know. Easy-to-use activities sure to improve reading, writing, and vocabulary skills	Additional Reading/Writing Material
Life Skills - Shopping Mall Words	L 3 - 4		Literacy / ESL	Vocabulary workbook	Words to know. Easy-to-use activities sure to improve reading, writing, and vocabulary skills	Additional Reading/Writing Material
Life Skills - Supermarket Words	L 3 - 4		Literacy / ESL	Vocabulary workbook	Words to know. Easy-to-use activities sure to improve reading, writing, and vocabulary skills	Additional Reading/Writing Material

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Life Skills - Survival Words	L 3 - 4		Literacy / ESL	Vocabulary workbook	Words to know. Easy-to-use activities sure to improve reading, writing, and vocabulary skills	Additional Reading/Writing Material
North Carolina Driver's Handbook			Literacy / ESL	Handbook	NC DMV driver's license manual - published 1999	Practical Living Skills
North Carolina Driver's Handbook - Spanish			ESL	Handbook	NC DMV driver's license manual in Spanish - published ?	Practical Living Skills
Obesity: The Science Inside			literacy	Handbook	Obesity causes and prevention	Practical Living Skills
Padres Activos de Hoy	1		ESL	Workbook	In Spanish. For parents of children 2 to 12 years of age	Additional Reading/Writing Material
Reading for Living - How to Read and Write Business Letters			Literacy / ESL	Article and exercises	Reading and writing business letters	Practical Living Skills
Reading for Living - How to Read Maps			Literacy / ESL	Article and exercises	Reading/using maps	Practical Living Skills
Reading for Living - How to Read Newspapers			Literacy / ESL	Article and exercises	How to read a newspaper	Practical Living Skills
Reading for Living - How to Read Signs			Literacy / ESL	Article and exercises	How to read signs	Practical Living Skills
Reading for Living - How to Use Telephones			Literacy / ESL	Article and exercises	Using the telephone	Practical Living Skills
Reading for Living - How to Use the Dictionary and Other Reference Books			Literacy / ESL	Article and exercises	Use of dictionaries and reference books	Practical Living Skills
Reading for Living - Instructions on Safety			Literacy / ESL	Article and exercises	Safety instructions	Practical Living Skills
Studying for a Driver's License			Literacy / ESL	Workbook	Simplified review of driver's manual; more than 100 sample questions; important definitions - based on New York state driver's manual	Practical Living Skills
Taking the Wheel			Literacy / ESL	Textbook	Learning to drive: the rules of the road and basic driving skills	Practical Living Skills
Touch-Type the Keyboard in Four Hours			Literacy / ESL	Exercise book	Progressive exercises to teach yourself touch typing	Practical Living Skills
Wheels Teacher's Guide			Literacy / ESL		Teacher's guide for Studying for a Driver's License, Taking the Wheel, Becoming a Car Owner and Maintaining your Car	Additional Reading/Writing Material
Wheels Workbook			Literacy / ESL	Workbook	Exercises keyed to chapters in Taking the Wheel, Becoming a Car Owner and Maintaining Your Car	Additional Reading/Writing Material
You Can Read - 10 Steps to Help You or a Friend Learn to Read			literacy	Handbook	What to read in the newspaper	Practical Living Skills
Your Body in Health and Sickness	6	1	Literacy		Reference - systems of the human body	Reference
Your Home Is a Learning Place			Literacy / ESL	Handbook	This book shows some fun ways you can teach your child basic skills at home. These skills - reading, writing, math, and art, among others - are the ones children need in order to do their best in school and in life.	Additional Reading/Writing Material
Your Personal Business - Unit 1 - Telephone and Telegraph			Literacy / ESL	Workbook	How to use the telephone in business	Practical Living Skills