



September 2021

1423 S Hastings Way
 Eau Claire, WI
 In Studio & Virtual
 Purefitness4you.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Be on the look out for Beginners Pound & Hip Hop Dance!!	All classes are in studio, red classes are NOT live streamed.		1 Yoga Beyond 8:45am Barre Beyond 5:30pm	2 Strength 4 You 8:45am Hip Hop Step 5:15pm	3 Kettles 5:45am Stretchy Flow 8:45am	4 PiYo 8am
5 POUND 8am	6 Labor Day	7 Strength 4 U 5:45am Barre Yoga 8:45am FIT ReBoot 5:30pm	8 Yoga Beyond 8:45am Barre Beyond 5:30pm	9 Fit Reboot 8:45am POUND 5:15pm	10 Iron Flow 5:45am Stretchy Flow 8:45am	11 PiYo 8am
12 POUND 8AM	13 Yoga Beyond 8:45am Kettles 5:30pm	14 HIIT 5:45am Iron Flow 8:45am Step Strength 5:30pm	15 Yoga Beyond 8:45am Barre Beyond 5:30pm	16 Strength 4 You 8:45am Hip Hop Step 5:15pm	17 Barre Express 5:45am Stretchy Flow 8:45am	18 PiYo 8am
19 POUND 8am	20 Yoga Beyond 8:45am Kettles 5:30pm	21 Sculpt 5:45am Barre Yoga 8:45am Fit Reboot 5:30pm Hip Hop Dance 6:15pm	22 Yoga Beyond 8:45am Barre Beyond 5:30pm	23 Fit Reboot 8:45am POUND 5:15pm	24 Band Bustle 5:45am Stretchy Flow 8:45am	25 PiYo 8am
26 POUND 8am	27 Yoga Beyond 8:45am Kettles 5:30pm	28 FIT ReBoot 5:45am Iron Flow 8:45am Step Strength 5:30pm Hip Hop Dance 6:15pm	29 Yoga Beyond 8:45am Barre Beyond 5:30pm	30 Strength 4 You 8:45am HIP Hop Step 5:15pm		

