

*Picture of the Week: March 9, 2015 – The Sails Within*

Finally some warm weather has come my way. Hopefully it's a sign spring is sprouting, and it's the end of the bitter winter, literally and figuratively too in some cases.



As per the picture I took, if life hands you lemons, make a lemon flower! Or lemon water! Or as I read somewhere long ago, "if life hands you lemons, throw them at someone." Either way, sometimes we have to be creative in making undesirable circumstances work in our favor. Who knows what good can be created out of madness? A valuable learning experience? A new environment? More peace? A sense of accomplishment? Maybe more madness? (Which in that case we could always throw our lemons at someone (or not ;) ). Remember, it's out of mud and muck that the lotus flower blooms.

Let's add more creativity in what we do, whether it's making a lemon flower like I did or turning a not-so-great circumstance into something uniquely good. Have a creative week!