



**ST. BARTS / ST. VIVIAN'S SABRECATS  
FOOTBALL COACHING AGREEMENT AND GUIDELINES**

*www.sabrecatsports.com*



**----- CONTACT INFORMATION -----**

Name  Address

City  State  Zip  Parish

Email  Cell Ph  Home Ph

Do you have a relative on the team?  Who:  Relationship:

**----- FOOTBALL EXPERIENCE -----**

	OFFENSE				DEFENSE				
Coaching Experience:	<input type="checkbox"/> QB	<input type="checkbox"/> RB	<input type="checkbox"/> WR	<input type="checkbox"/> OL	<input type="checkbox"/> DB	<input type="checkbox"/> LB	<input type="checkbox"/> DE	<input type="checkbox"/> DL	Yrs <input type="text"/>
Playing Experience:	<input type="checkbox"/> QB	<input type="checkbox"/> RB	<input type="checkbox"/> WR	<input type="checkbox"/> OL	<input type="checkbox"/> DB	<input type="checkbox"/> LB	<input type="checkbox"/> DE	<input type="checkbox"/> DL	Yrs <input type="text"/>

**----- COACHES AGREEMENT AND GUIDELINES -----**

*We thank you for your commitment to the success of the children involved in the Sabrecats athletic program. Please review the coaching guidelines below then print/sign at the bottom of the page stating that you understand these guidelines and agree to abide by the content for the good of the children.*

- Coaches and assistants must have registered and attended a VIRTUS® Child Awareness Session for the Decree on Child Protection before coaching any player. A background check must also be done per the Archdiocese requirements. Details of these two requirements can be found on the Archdiocese of Cincinnati website at <http://www.catholiccincinnati.org/protecting-children>
- As part of a new state law, beginning April 26, 2013 individuals are not allowed to serve as coaches for youth sports without successfully completing, every three years, an online training program in recognizing the signs and symptoms of concussions and head injuries. This free course is provided by the Ohio Department of Health and can be found online at <http://www.nfhslearn.com/electiveDetail.aspx?courseID=38000>
- Coaches are expected to know the rules of the game, teach skills effectively, and nourish the enthusiasm of the athletes they coach. It is strongly recommended that first-time coaches attend a clinic or seminar on coaching. As per the league's involvement in USA Football's "HeadsUp Football" program, the Sabrecats will hold an annual coach safety clinic to review safety fundamentals. All coaches are required to register on their website ([usafootball.com](http://usafootball.com)).
- As this is a Catholic organization, coaches are expected to uphold and enforce the ideals of the Archdiocese and the Sabrecats Organization. It is the responsibility of the coach to demonstrate and teach self-restraint, fair play, and sportsmanlike behavior. The coach shall not use profanity, abusive or degrading language or action during a game or practice.
- Coaches are expected to maintain will not be good communication with the Commissioner. Let the Commissioner know if there are scheduling conflicts (practices or game). If coaches using their assigned field practice time, let the Commissioner know so another team may use that time. Any problems coaches cannot resolve are to be reported to the Commissioner. The Commissioner will report to the Sabrecats Board.
- Communication between coaches and parents is essential. It is strongly recommended that coaches hold a meeting with parents prior to the season to establish good communication. The purpose of the meeting will be for the coach to explain his or her philosophy and expectations. Parents will have an opportunity to ask questions, make suggestions, or voice concerns.
- Communication with the athlete is important. A coach must let the athletes know what he or she expects of them. Establish team rules. The coach must be fair in disciplining the athletes when enforcing team rules.

8. Coaches are required to follow GCYL and Sabrecats Organization guidelines for team selection, playing time guidelines, and coach's responsibilities. The following are the Sabrecat playing time guidelines for football: The minimum for Varsity is to average 5 plays per game throughout the season. Minimum for Reserve is to average 8 plays per game. Pony and Bandit is to average approximate equal playing time. Special teams count as plays. All available team players should be given the opportunity to play in each regular season game unless there is a discipline or injury issue.
9. The coach will immediately discipline any player who shows disrespect to an official or opposing team member. The coach must be fair in disciplining all players when enforcing team rules and must abide by the program's progressive discipline principles based on the severity of the infraction.
10. All coaches are required to have a first aid kit for all practices and games. It is strongly recommended that each coach attend a first aid class.
11. The Sabrecats Board strongly recommends the use of substitutes whenever possible, especially when the outcome of the game has more or less been decided. Running up the score on an opponent will not be tolerated as no final score should have more than a 28 point difference.
12. It is the responsibility of the coach to pick up equipment and uniforms before the season and return it at the end of the season. This must be in coordination with the Commissioner so that all equipment can be tracked and evaluated before and after the season.
13. Coaches shall not contact the GCYL with complaints, including player and referee complaints. The Commissioner is the only one who should be contacting the GCYL offices on behalf of the organization. Parent concerns should also funnel through the commissioner before contacting the league.
14. Coaching a team for a season, or multiple seasons, does not provide an entitlement to continue as head or assistant coach. Selections will be done on an annual basis as all assignments will be reviewed annually for compatibility with the guidelines of the program and approved by the Board.
15. Beginning in 2013, head coaches must register their contact information each year on the league website at <http://www.gcyl.org>

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I have read, understand and agree to abide by these guidelines.

**SIGNATURE:** \_\_\_\_\_

**DATE:** \_\_\_\_\_

*(to be returned to Football Commissioner)*