

## **Etobicoke X-Country Ski Club Hike Submission Form**

### **Contacts for Hikes:**

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### **HIKE LEADER INFORMATION:**

Hike Leader's Name:

Home Phone #:

Cell Phone #

Email:

### **HIKE INFORMATION & DETAILS:**

Day & Date of Hike:

Destination:

Meeting Point:

Starting Time: -Parking Facilities/Fees:

Washroom Facilities :

Approx Duration and Distance of Hike:

Lunch Arrangements:

### **DIRECTIONS:**

Notes to Participants:

1. Please let the hike leader know if you plan to attend, and also inform them if you must cancel.
2. If a hike needs to be cancelled, participants will be notified no later than 7:30 am the day of the hike.
3. Guests may attend a club event once per calendar year and must sign the waiver.
4. Car pooling is encouraged.

### **Notes to Leaders:**

Our Liability Insurance extends to club hikes. No individual non-member may participate in a Club event as a guest more than one time each year. All guests must complete and sign a waiver (CCC Informed Consent and Assumption of Risk) form prior to the Club Event. The form is available on the website.

Hike leader should keep track of each participant's name and the distance covered for the hike to pass on to the executive.

Leaders should be familiar with route and each hike should include a sweep.