



# Goulds Recreation

## 2021

Hello and a huge welcome to those interested in our Tennis Program! We are happy to be able to offer a modified program this upcoming summer! We need to change a few things with the program due to the ongoing COVID-19 pandemic. Our priority is to still provide a safe and fun environment for our participants, while offering quality programming. If you have any questions, do not hesitate to contact Nicole at [gouldsrecreation@gmail.com](mailto:gouldsrecreation@gmail.com) or by phone at 745-7575.

**AGES:** Our program is open to children ages 6-14. Our youngest registrants **MUST** be turning 6 in the 2021 year (finished kindergarten). Please understand that participants **MUST** be very independent when it comes to going to the washroom, dressing and undressing, applying sunblock and hand washing. Ages will be broken up into specific age categories, depending on the number of registrants. Our groups this year will be broken up into two time slots. This may change, depending on registration.

**REGISTRATION:** Registration will start 12:30pm, Tuesday, June 1<sup>st</sup>, 2021.

Where to find the link:

- [www.gouldsrecreation.com](http://www.gouldsrecreation.com) and click on ***Basketball/Tennis Registration***
- Goulds Recreation Facebook Page will have a current post containing link
- Link will be emailed to main contacts of Goulds Rec members who checked "Summer" on their on-line membership form

Please ensure that when you register on-line, you put in the correct contact information. Also, please ensure you register your child for the program, and not yourself! Sorry! Our program is only open to ages 6-14! Under contact information is where the legal guardian provides their information. Under Child information is where you will put your child's name and info.

**TENTATIVE SCHEDULE:** Program will be 9 weeks, starting June 29<sup>th</sup> and ending August 26<sup>th</sup>. ***This schedule can change at any point due to registration numbers, and other factors based around the current COVID-19 Pandemic.***

**Group 1:** Tuesdays and Thursdays; 9:30-10:45pm

**Group 2:** Tuesdays & Thursdays 11am-12:15pm

**COST:** \$60 (1 child); \$55 each additional child in same family.

Fee must be paid by June 15<sup>th</sup> (two weeks prior to program start time). Refunds will not be issued passed the June 15<sup>th</sup> date. All refunds for Goulds Rec programs will be subject to a \$15 administration fee. Full refunds will only be issued if Goulds Rec cancels a program/event.

### **PROGRAM ACTIVITIES:**

- Program will be an outdoor program.
- Our staff will be wearing masks and eye protective gear. Participants are encouraged to wear masks, however, is not mandatory as the program is outside and involves physical activity (*this may change closer to program start time*).
- The program will consist of fundamental movements, and skill development in reference to the game of Tennis. Matches within the group will take place as long as public health measures permit.
- Counselors will do their best to encourage physical distancing as much as possible.
- Participants will need their own tennis racket. Please ensure appropriate size for your child. We do have tennis rackets on site for those ages 7 and under. They will be available to use with appropriate age. Rackets will be sanitized prior to and after a session. All Goulds Rec equipment used will be sanitized prior to and after use, participants will sanitize prior to using and after using equipment.
- Children will be assigned their own space for their belongings, ie. Water bottle, sweater
- Regular handwashing/bathroom routines will be in place as part of the daily routine. We strongly recommend that you encourage your child to use the washroom before coming to the program.

**DROP-OFF/PICK-UP:** This is a drop-off program. Parents/Guardians do not need to stay. The drop off will be at the tennis courts next to the Rec Centre. Participants cannot be dropped off prior to session start time and must be picked up by the pick-up time, no later. We also ask that you stay with your child off of the courts until drop-off time. A counselor will come to the gate to do your COVID screening and only the child will be permitted onto the courts. We ask at pick-up to remain off of the courts. The counselors will bring your child to the gate for pick-up. While waiting for drop-off or pick-up, we ask that all parents/guardians wear a mask and ensure they are physically distanced from each other. If you decide to stay for the duration of the program, please do not come on to the courts and ensure you are maintain physical distancing.

## WHAT TO BRING

- A labelled bottle of HAND SANITIZER (at least 60% alcohol based). Hand sanitizer will also be available on site.
- Extra masks with their belongings. We recommend a mask attached to a lanyard that they can keep around their necks
- Suitable clothing for the sport. This includes sneakers that can be tied snugly, and proper “gym” clothes to easily move around in.
- Sunblock (minimum 30+) (please put sunblock on child before coming to the program)
- Labelled hat (a hat will be needed on hot, sunny days)
- Water in a labelled water bottle
- Ensure all personal items are marked with your child’s name

## SAFETY MEASURES

- Participant information will be confirmed prior to the first day of the tennis program through the on-line registration and follow-up through email will be made if needed. If there are any medical concerns or issues that counselors need to be aware of, please contact us prior to the start of the program.
- For the safety of participants, Goulds Recreation, as advised by the Royal Newfoundland Constabulary, will follow specific procedures should a parent/guardian arrive on site appearing to be under the influence. Counselor will immediately contact their supervisor, as well as the RNC.
- All counselors are trained in the High Five Principles of Healthy Child Development ([www.highfive.org](http://www.highfive.org)), policies and procedures, supervision, safety/cleaning protocols and first aid.
- Our counselors will use visual cues and signage to support children in understanding physical distancing concepts.
- Parents are encouraged to read the Provincial Public Health Guidelines in reference to outdoor programming/usage/tennis.
- Please remember:
  - it is recommended that those considered vulnerable to the effects of COVID-19 or who have family members considered vulnerable to use discretion in availing of programs.
  - Children should be fully trained; able to independently wash their hands, as parents/guardians will not be permitted to enter and leave the program area to tend to personal care needs. Children who require assistance with personal care may be accompanied to the program by an independently hired respite worker/caregiver.

- Counselor to child ratio will be decreased to support higher level of supervision and to support increased handwashing, physical distancing, sign in and sign out screening and good hygiene etiquette.
- Counselors will model and support children in good hygiene efforts such as handwashing, covering a cough and use of tissues or crease of elbow for coughing and sneezing.
- Counselors will adapt activities to ensure public health measures are adhered to
- Equipment will be cleaned daily in accordance with public health guidelines.
- Should your child need to go to the washroom, they will use the rec centre washrooms. It will be accessed through front doors. Child must go directly to washroom and leave immediately after (staff will accompany them to and from the building). The maintenance/cleaning/sanitizing of these washrooms will be in accordance with public health guidelines. We recommend that your child use the washroom at home prior to arrival to the program.

**UNEXPECTED CANCELLATIONS:** If a session has to be cancelled due to weather, a cancellation notice will be made on our Facebook page at least 1 hour prior to start time. Refunds or make up sessions will not be issued for cancellations.

**MANAGING ILLNESS:** Children **MUST** stay home if they feel sick (fever, sore throat, cold symptoms, headache, diarrhea, vomiting, etc).

- Parents/Guardians must ensure that you list your child's underlying health conditions and/or symptoms due to allergies
- If a child displays symptoms of concern during the program the following will be adhered to:
  - Contact guardian immediately
  - Seek support from a second counselor/staff member
  - The child will be isolated
  - Good handwashing for child and counselor/staff
  - Both the counselor/staff and child will wear mask and gloves and guardian will immediately come to the site to pick up their child
  - Materials used by the child will be removed and area will be sanitized according to sanitization guidelines
- Counselor/Staff who present with symptoms will be removed and self-isolate as per the health guidelines based on the current alert.

**MEDICATIONS/ALLERGY INFORMATION:** Please do not bring nuts or nut products, fish products, kiwi on site. We are also scent aware. If your child requires medication, has allergies or any medical condition please contact us. Our staff/volunteers are not permitted to administer medications.

**COUNSELOR/STAFF CONTACT INFORMATION:** If you have any questions or concerns on our tennis program, please email [gouldsrecinfo@gmail.com](mailto:gouldsrecinfo@gmail.com) or call 745-7575 (please leave voicemail). If your questions or concerns are of a confidential matter, please email Recreation Coordinator, Nicole at [gouldsrecreation@gmail.com](mailto:gouldsrecreation@gmail.com) or call her direct line at 745-7504 (please leave voicemail).

***Goulds Recreation Association is committed to providing quality programs that promote positive social, cognitive, physical and emotional development. Based on this, we want to ensure that there is a mutual understanding of what is acceptable behaviour and unacceptable behaviour. Our staff will take every reasonable effort to ensure meaningful participation. Please read our guidelines for acceptable and unacceptable behaviours.***

**ACCEPTABLE BEHAVIOURS:** Goulds Recreation counselors/staff, patrons, participants and guardians are expected to exhibit the following behaviour while participating in programs and services:

- respect
- kindness
- safety
- honesty
- responsibility
- healthy choices

**UNACCEPTABLE BEHAVIOR:** behaviour with the intent to harm others, property or which would otherwise negatively impact program quality is unacceptable and will not be tolerated. The group will review daily behaviour expectations in the form of "Promises". Counselors will use discretion to take appropriate action if unacceptable behaviour occurs. Our general process of addressing unacceptable behaviour is as follows:

- Unacceptable behaviour will be discussed with the participant
- Depending on behaviour, parent/guardian of the participant will be notified of the unacceptable behaviour and may be asked to arrange immediate pick-up of the participant.

**First occurrence:** Lead staff and/or Rec Coordinator will work with the participants and Parent/Guardian (if applicable) to identify solutions to assist the participant in displaying expected behaviours in the future.

**Second occurrence:** The participant may be re-introduced to the program following a meeting, with parents/guardians (if applicable) to establish an individualized plan to prevent further unacceptable behaviour and encourage positive behaviour

**Third occurrence:** The participant may be removed from the program on a part-time or full-time basis.

**If Goulds Recreation is unable to ensure the safety and well-being of patrons, participants, other, the security of property or program quality, we reserve the right to remove the patron/participant displaying unacceptable behaviour from the program or area.**

***\*\*This Tennis Package may be updated at any time in relation to COVID-19 public health measures\*\****