South East Washington Regional FYSPRT

July 28, 2016 from 4-6pm

7102 W Okanogan Pl. Kennewick, WA 99336

Members Present:

Baltazar Torres - Youth
Jill Mulhausen — System Partner
Robert Haffner - Family
JJ Hiebert - Family
Chris Hoag — System Partner
Carolyn Cox - Family
Cindy Adams — System Partner
Amanda Crawmer - Family

Call in:

Susan Lind – System Partner

Members Not Present:

Crystal Watson – System Partner
Tana Bentley – System Partner
Liz Lee – System Partner
Andrea Peyton – Family and System Partner
Sally Mayo - Family

Youth Representatives in Attendance: _1__
Family Representatives in Attendance: _4_
System Partner Representatives in Attendance: _4

Family/Youth Percentage: _55%___

Welcome:

- 1) Call-in number: 1 (213) 289-3427
- 2) Our meeting will end promptly at 6pm. Please exit through the side doors.
- 3) We have a Spanish Interpreter and she will be here every meeting, so please spread the word!
- 4) Ground Rules, sign in sheet and meeting agenda

Business:

1. Meeting minutes: Baltazar Torres presented the meeting minutes from the 6/23/2016 Regional FYSPRT and gave attendees a chance to read through them. Jill Mulhausen made the motion to

- accept the meeting minutes. Robert Haffner seconded the motion. A vote was taken, and the meeting minutes were approved unanimously.
- Announcements: JJ Hiebert announced that we are officially looking for a new Youth Co-Lead to join our efforts on the FYSPRT. She also announced the decision made by the FYSPRT to keep our name instead of changing it.
- 3. FYSPRT Membership Vote: JJ led the Regional FYSPRT in presenting four membership applications to the FYSPRT for voting by the FYSPRT members. One-by-one the FYSPRT members were voted in unanimously. Our new members are Jamie Skorick, Ronni Batchelor, Janie Romine and Robin Henle. Welcome to the FYSPRT!
- 4. Acronym Activity Results: Jill presented the results of the Acronym Challenge to the FYSPRT. She asked that attendees review the results and offer any changes to Amanda either in person (by writing on the handout) or in email.
- 5. Open Forum to discuss area concerns: Robert led the FYSPRT in a discussion to address area needs/concerns.
 - a. Chaney Mobley and Tacie Fitch shared their families experience in trying to receive CLIP placement for their children. Both of their children are diagnosed with Reactive Attachment Disorder (RAD) and are struggle with violent/aggressive behaviors towards themselves and others. Both Chaney and Tacie stated their children were denied the services needed, so they had to find services in Montana to serve their children. They both stated that they feel the process for applying for CLIP placement needs to be reviewed by the FYSPRT and changed.
 - b. Tacie reiterated that schools need to offer serious mental health services for youth.
 - c. Chaney stated that we need crisis beds available to South East Washington.
 - d. Ronni Batchelor stated that the lack of mental health services/crisis services is a path that leads to the penal system.
 - e. Cindy Adams asked the group if Adoption Support offers any services. Tacie and Chaney stated that Adoption Support "depends on the State."
 - f. Carolyn Cox recommended we invite Coordinated Care to FYSPRT.
 - g. Carolyn spoke on behalf of a family who could not attend the FYSPRT today. Her message was "There is a challenge with private therapists who advertise on the websites that they offer "trauma" treatment, but who won't actually see youth because they are "too traumatized." Carolyn stated that our therapists in town need access to higher levels of therapy training for Crisis situations.
 - i. Amanda Crawmer reminded the group that WISe therapists work with youth regardless of age, crisis situations, etc.
 - ii. Jeanette Barnes recommended that the FYSPRT craft a letter to request more Crisis Training for therapists in our Region.
 - iii. Robert suggested we create a work group to look into this topic
 - iv. Ronnie suggested we find people who need to hear our voices before we start sharing the story
 - v. Jeanette suggested that we take our time and get it "right"

- vi. Maria Buxbaum suggested we check the Department of Health's website on Suicide training and prevention
- 6. Resource Drive Results: Robert presented the resource drive results. Amanda asked attendees to review the resource guide and add missing resources via email. Next steps to consider: do we feel like we gathered all the resources in our region? Or do we need to keep working on this list?
- Community Partner presentation: Jill Mulhausen, Phoenix High School https://youtu.be/F6pVL5puXcA
 http://phoenix.ksd.org/

Jill shared about Phoenix High School, which is a project-based high school in Kennewick, Washington. She shared the YouTube video about the work they do and answered questions about the high school. Phoenix High School is a great option for youth that struggle in traditional high schools.

- 8. Reports from the State and Community:
 - a. State FYSPRT meeting: There was not a State FYSPRT meeting this month. The next State FYSPRT meeting will be held 8/11/2016 in Lacey, Washington.
 - i. State FYSPRT Business: The State FYSPRT asked the Regional FYSPRT to respond to the following six questions:
 - What is working well in the Regional FYSPRT?
 It was agreed that we have a small group of dedicated attendees at the FYSPRT, and we have excellent Family Voice represented at the table.
 - 2. What challenges are being addressed regionally? We just finished a Resource Drive to evaluate the resources available in our Region. We as a FYSPRT are looking to continue expanding the resource drive results so we can fully understand the resources in our region. We are also looking to boost youth engagement with the Regional FYSPRT by looking into incentives that could be offered to youth for participation.
 - 3. What challenges would you like to discuss further at the Statewide FYSPRT?
 - We have heard the concern from the community around the need to offer more crisis training for therapists and counselors in the region. We see this as a huge need.
 - 4. Are the WISe Information Sheets and the WISe Overview Video being used? What, if anything, can be improved on to make them more helpful?
 - As a FYSPRT, we have not seen the WISe video or sheets. It was recommended that we add the reviewing of these to the agenda for our August FYSPRT.
 - If your region is using information, techniques and materials on the WISe (created by your region) to educate youth and families (either about what WISe is or what youth and families can expect from the

WISe process), please share the materials with us and specify how the information is being shared or distributed.

To our knowledge, there are no additional materials being used to inform families and youth about the WISe program in our region. Amanda Crawmer stated that she would investigate this topic by reaching out to the area directors in the region.

- 6. Do Regional FYSPRT members feel *they* have adequate information and understanding of WISe? Are there specific gaps in information that you need assistance with?
 - We do not feel like we have adequate information about the WISe. We will request a more thorough presentation about WISe from the WISe FYSPRT representative. Carolyn Cox requested if we could receive data on any WISe satisfaction surveys that have come in from the Region.
- Carolyn Cox, Family First Consulting and Workforce Collaborative shared that they are looking to find reimbursement options for families who participate in the Workforce Collaborative.
- c. Chris Hoag, Ombuds: Chris announced that he works for Ombuds for Mental Health services. Since April 1, 2016, Ombuds can now service concerns regarding mental healthcare services AND substance use services. Please contact Chris at (509) 783-7333 if you have a complaint. Ombuds is open Monday through Friday from 8am to 5pm.
- d. WISe Report: Amanda shared the Community Collaborative plan for the WISe reporting. She will attend meetings held at Greater Columbia Behavioral Health Organization (GCBHO) and communicate the results back to the Regional FYSPRT.
- 9. Closing: Baltazar handed out the FYSPRT evaluation forms and announced the next Regional FYSPRT is scheduled for 8/25/2016 from 4-6 pm at the Health Department. The meeting adjourned.