



Inspire. **MOTIVATE.** *Empower.*



Membership Options:

Student memberships are available until age 22 while enrolled in college. Senior Memberships are available at age 62. 4th Grade and under must be accompanied by a person 18 years of age or older. **Membership prices can change at any time.

	Monthly	Yearly		* FitPLUS Yearly	
		by Direct Debit	Paid in Full	by Direct Debit	Paid in Full
Student	\$35.00	\$25.00	\$275.00	\$40.00	\$440.00
Single	\$55.00	\$40.00	\$440.00	\$55.00	\$605.00
Couple	\$70.00	\$50.00	\$550.00	\$65.00	\$715.00
Family	\$85.00	\$60.00	\$660.00	\$75.00	\$825.00
Senior	\$50.00	\$35.00	\$385.00	\$50.00	\$550.00
Senior Couple	\$65.00	\$45.00	\$495.00	\$60.00	\$660.00
Walking	\$30.00	\$22.00	\$242.00	N/A	N/A
Walking Couple	\$45.00	\$32.00	\$352.00	N/A	N/A

Additional Passes:	
Adult 10-Punch Pass.....	\$54.00 per pass, no expiration
Student 10-Punch Pass.....	\$27.00 per pass, no expiration
Track Only 10-Punch Pass.....	\$36.00 per pass, no expiration
Adult Day Pass.....	\$6.00 per day, 18 & older
Student Day Pass.....	\$3.00 per day, 5-17 yrs. or 22 if in college
Walking Only Day Pass.....	\$4.00 per day

Group Ex. Classes:
 \$3.00 - Member
 \$6.00 - Non-member
 Free - * FitPlus Member

Daycare available M-F 3:30-7pm @ \$2/child/hour (\$2 minimum)

*FitPlus membership includes all the wonderful amenities of the Waukon Wellness Center, **ALL** group exercise classes & **FREE** daycare (12 months – 8 years old) from 3:30 pm – 7:00 pm M-F

What we have to offer YOU.....

Cardio (6th Grade and Older)

- Treadmills
- Ellipticals
- Recumbent Bikes
- NuSteps
- Upright Bikes
- Rowing Machines

(All equipment features Cardio Theatre)

Strength (6th Grade and Older)

- 12 FreeMotion Weight Machines
- Free Weight Room – “The EDGE”
- Body Weight Area

Sport Court

- 2 Regulation Size Basketball Courts
- 3 Volleyball Courts
- 2 Tennis Courts
- Racquetball/Wallyball Court
- 2 Pickle Ball Courts

Cages

- Softball/Baseball Cage
- Golf Cage (Golf clubs NOT provided)

Exercise Room

- Body Balls & Body Bars
- Medicine Balls, Steps, Yoga Mats
- BOSU Balls, Resistance Tubing
- Free Weights, Jump Ropes
- Foam Rollers, Hula Hoops
- Kettlebells

4 Lane Walking/Running Track

‘LIKE’

us on Facebook to keep
up-to-date on all WWC
information!

**We are a 24/7
access facility!**

- Cards can be purchased with any membership or punch card.
- \$25 card fee, \$10 for every card after the 1st in a membership
- One-time fee

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WAUKON WELLNESS CENTER

1220 3rd Ave NW
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#563-568-0074

www.waukonwellness.com
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Your 24/7 access facility!



November-March

Monday-Friday: 5:00am-8:00pm
Saturday: 7:00am-12:00pm
Sunday: 12:00pm-4:00pm

April-Memorial Day

Monday-Friday: 5:00am-8:00pm
Saturday: 7:00am-10:00am
Sunday: CLOSED

Memorial Day-Labor Day

Monday-Friday: 5:00am-8:00pm
Saturday & Sunday: CLOSED

Labor Day-October

Monday-Friday: 5:00am-8:00pm
Saturday: 7:00am-10:00am
Sunday: CLOSED