

# FOOD FOR THOUGHT

## Don't Look Back

'Remember Lot's wife.' Luke 17:32 KJV

Before God destroyed the city of Sodom, He sent two angels to rescue Lot and his family from it. Their instructions were clear: 'Do not look behind you nor stay anywhere in the plain. Escape to the mountains, lest you be destroyed ...' (Genesis 19:17 NKJV) But: '... his wife looked back behind him, and she became a pillar of salt.' (Genesis 19:26 NKJV) Jesus recalled this story in a simple statement: 'Remember Lot's wife.' Here are two lessons you should learn and remember: (1) Don't look back with longing to your old sinful pleasures and pursuits. The promise sin made was false then, and it's still false now. 'Each one is tempted when he is drawn away by his own desires and enticed. Then, when desire has conceived, it gives birth to sin; and sin, when it is full-grown, brings forth death. Do not be deceived, my beloved brethren.' (James 1:14-16 NKJV) (2) Don't look back with regret on the mistakes you've made. Lot's two sons-in-law wouldn't heed the message of the angels or the pleading of their father-in-law, so they stayed behind. Perhaps that's why his wife looked back. But it was fatal then, and it's fatal now. Don't wallow in the regrets of your past. Stop dwelling on the injuries inflicted on you by others. Get your eyes off the rear-view mirror and onto the road ahead. God has great things in store for you; that's what the battle in your life is about. Jesus referred to Satan as a 'thief' (See John 10:10). He has already stolen too much from you; don't let him steal any more. Today commit your life to Christ, and watch His blessing begin.