COMMUNITY LINKS FOR FOR FAMILIES

2020-2021 Version

Hamilton - Humboldt - Wright - Webster Counties

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www.communitylinksforfamilies.org

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Building Families - Early Childhod Area



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Hamilton, Humboldt, and Wright Decategorization Board

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HOUSING					
Program	Address	Phone	Website/E-mail	Co.	Description
American Red Cross, Brushy Creek Chapter	20 N 16th St, Fort Dodge, IA 50501	HAM/WRT: 515-243- 7681 HUM/WEB: 712-252- 4081	https://www.redcross.o rg/local/iowa.html	ALL	Meets emergency housing needs of victims of disasters.
Beacon of Hope Men's Shelter	1021 1st Ave. N., Fort Dodge, IA 50501	515-955-3366 Volunteer or Provide Meals: 515- 302-4128	www.beaconofhopeshe lter.com	ALL	Provides a safe and secure emergency shelter to homeless adult men: offering shelter, clothing and food, for temporary assistance to create opportunities and programs in working towards self-sufficiency. Christ-centered faith-based ministry working cooperatively with the community to eliminate homelessness.
Crisis Intervention Service	210 South Main St, Clarion, IA 50525 809 Central Ave., Suite 305, Fort Dodge, IA 50501	HAM/HUM/WRT Domestic Abuse: 515- 851-1208 Sexual Assault: 515- 851-1123 WEB Domestic Abuse: 515-570-4185 Sexual Assault: 515- 570-4565 Domestic Abuse Hotline: 855-424-9133 Sexual Assault Hotline: 800-479-9071	www.CIShelps.org HAM/HUM/WRT Domestic Abuse: kaylea@CIShelps.org Sexual Assault: rachelc@CIShelps.org WEB Domestic Abuse: julee@CIShelps.org Sexual Assault: alison@CIShelps.org	ALL	Provide victims of domestic abuse and sexual assault with confidential, 24-hour services including emergency shelter, safety, support & education.
Domestic/Sexual Assault Outreach Center	PO Box 773 Fort Dodge, IA 50501	Crisis Line: 515-955- 2273 Homicide & Violent Crimes: 515-955-5677 Toll Free: 888-356- 2006	www.dsaoc.com	ALL	Provides shelter, clothing, food, and support for the victims of domestic violence.
Fort Dodge Housing Agency	700 S17th St, Fort Dodge, IA 50501	515-573-7751	www.fd-housing.org info@fd-housing.org	WEB	Provides assistance finding quality, affordable housing. Applicants must meet income guidelines. Also offers Housing Choice Voucher Program.
Habitat for Humanity, Twin Rivers Chapter	118 N 12th St, Fort Dodge, IA 50501	515-576-4316	www.habitat.org/us- ia/fort-dodge/twin- rivers-hfh rodmullins1954@gmai	WEB	Provides newly built homes for those who meet the requirements.
Homeward Housing Trust Fund	PO Box 172, Humboldt, IA 50548	515-532-6477	www.homewardiowa.c om/content/trust-fund- grants-loans	HUM - WRT	Offers grants and loans for individuals and families who qualify (see website for eligiblity). Grants and loans include: minor home repair, home improvement, and down payment assistance.
Lotus Community Project	2980 170th St, Vincent, IA 50594	515-571-8802	www. lotuscommunityprojec t.org avaala@lotuscommuni typroject.org	WEB	Emergency shelter and transitional housing for women and children. Services include personal development, life coaching, and peer support.
Mid-Iowa Regional Housing Authority (MIRHA)	1605 First Ave N #1, Fort Dodge, IA 50501	515-955-8344	www.publichousing.co m/details/mid_iowa_re gional	ALL	Provides federal rental assistance through the Section 8 program.
Online Homebuyer Education: A Place of Your Own	2150 Beardshear Hall, Ames, IA 50011-2031	Course Registration: 515- 294-5247	www.extension.iastate. edu/ HomeBuyer/	ALL	Helps prospective buyers prepare financially, choose an appropriate home, understand their mortgage, and be a successful home owner. Meets home buyer education requirements for USDA Rural Development loans. Cost: \$45.
Salvation Army	126 N 7th St, Fort Dodge, Iowa 50501	515-576-1281	centralusa.salvationar my.org/fortdodge rick.hamelund@usc.sal vationarmy.org	ALL	Emergency lodging for those in need of shelter when funding is available.

Town Square Apartments	330 Central Ave, Fort Dodge, IA 50501	515-576-6615		WEB	One and two bedroom units for persons with disabilites and income below the 50% area median income. Some units reserved for those below the 40% area median income.
Twin Rivers Habitat for Humanity Restore	118 N 12th St, Fort Dodge, Iowa 50501	515-576-4316	www.habitat.org/us- ia/fort-dodge/twin- rivers-hfh rodmullins1954@gmai	ALL	New and used construction and building materials, 50-75% off retail prices. Includes; windows, doors, flooring, electrical, plumbing, tools, and appliances.
Upper Des Moines Opportunity Hamilton County Outreach Center	1610 Collins St, Ste 4 Webster City, IA 50595	515-832-6451	www.udmo.com/Hamil ton.htm aschlief@udmo.com	HAM	Provides family development and promotes self sufficiency. Services include: Low Income Energy Assistance Program (LIHEAP), LIHEAP Crisis Assistance, Weatherization, Chore Service, Food Pantry, Non-Food Pantry, Emergency Vouchers, Referral Services, Client Advocacy, Budget Counseling, Baby Room, Summer Pool Pass, and other Family Programs
Upper Des Moines Opportunity Humboldt County Outreach Center	Humboldt Co. Courthouse, 3rd Fl, P.O. Box 100, Dakota City, IA 50529	515-332-3631	www.udmo.com/Humb oldt.htm aschlief@udmo.com	MNH	Provides family development and promotes self sufficiency. Services include: Low Income Energy Assistance Program (LIHEAP), LIHEAP Crisis Assistance, Weatherization, Chore Service, Quilt Program, Farmers Market Coupons, Emergency Vouchers, Referral Services, Client Advocacy, Budget Counseling, Ministerial Food Pantry, Family Swim Pass, Birth Certificate Assistance, and other Family Programs
Upper Des Moines Opportunity Webster County Outreach Center	1325 1st Ave S, Fort Dodge, IA 50501	515-576-7774	www.udmo.com/Webst er.htm aschlief@udmo.com	WEB	Provides family development and promotes self sufficiency. Services include: Low Income Energy Assistance Program (LIHEAP), LIHEAP Crisis Assistance, Weatherization, Farmers Market Coupons, Chore Service, Baby's Room, Birth Certificate Assistance, Laundry Assistance, Prescription Assistance, Transportation Assistance, Wheel to Work, Minor Automobile Repaire, Referral Services, Client Advocacay, Budget Counseling, and other Family Programs
Upper Des Moines Opportunity Wright County Outreach Center	221 W Broadway St, Eagle Grove, IA 50533	515-448-3704	www.udmo.com/Wrigh t.htm aschlief@udmo.com	WRT	Provides family development and promotes self sufficiency. Services include: Low Income Energy Assistance Program (LIHEAP), LIHEAP Crisis Assistance, Weatherization, Farmers Market Coupons, Chore Service, Baby's Room, Birth Certificate Assistance, Laundry Assistance, Prescription Assistance, Transportation Assistance, Wheels to Work, Minor Automobile Repair, Referral Services, Client Advocacy, Budget Counseling, and other Family Programs
USDA Rural Development Area Office	1301 6th Ave N, Ste 1 Humboldt, IA 50548	515-332-4411 Ext. 4	www.rd.usda.gov/ia	ALL	Provides loans and grants for rural areas. Helps people by; buying homes, fixing homes, health and safety concerns, rent assistance, and subsidized apartments.
Youth Shelter Care of North Central Iowa	301 Ave M West, Fort Dodge, IA 50501	515-955-4222	yscnia.com kcardenas@yscnia.co m	ALL	Provides emergency and temporary shelter care to children ages 0-18. Referrals for placement currently come from the Department of Human Services, Juvenile Court Services and Law Enforcement agencies. Referrals are accepted on a 24-hour basis. They assist the youth in maintaining family and community ties whenever possible and strive to locate and coordinate services that will meet their current needs.
YWCA Life Empowerment Center	826 1st Ave N, Fort Dodge, IA 50501	515-573-3931	www.centerforlifeemp owerment.org mandi@ywcafd.org	ALL	Residential substance abuse treatment center for women and women with children.

DEPARTMENT OF HU	JMAN SERVICES				
Program	Address	Phone	Website/E-mail	Co.	Description
Cerro Gordo County DHS Office	Physical & Service Mailing Address: 525 9th St SE, Mason City, IA 50401 Income Maintenance Mailing Address: Imaging Center 2, PO Box 11000, Waterloo, IA 50704	641-424-8641	dhs.iowa.gov/node/189 CCerro01@dhs.state .ia.us	WRT	Provides resources for financial assistance programs, as well as food assistance, child care assistance, and Medicaid. Provides income maintenance services for Wright County.
Hamilton County DHS Office	Physical & Service Mailing Address: 1900 Superior St, Webster City, IA 50595 Income Maintenance Mailing Address: Imaging Center 2, PO Box 11000, Waterloo, IA 50704	515-832-9555	dhs.iowa.gov/node/191 6 CHamil01@dhs.state.i a.us	HAM - WRT	Provides resources for financial assistance programs, as well as food assistance, child care assistance, and Medicaid. Provides social services for Wright County.
Iowa Department of Human Services	Member Services Mailing Address: P. O. Box 36510 Des Moines, Iowa 50315	800-972-2017	www.dhs.state .ia.us	ALL	State office and online resources for application for Food Assistance (FA), Family Investment Program (FIP), Medicaid (including Nursing Facility), and Child Care Assistance - NOTE: Online is the fastest way to file an application
Webster County DHS Office	Physical & Service Mailing Address: 330 1st Ave N. Fort Dodge, IA 50501 Income Maintenance Mailing Address: Imaging Center 2, PO Box 11000, Waterloo, IA 50704	515-955-6353	dhs.iowa.gov/node/197 3 CWebst01@dhs.state.i a.us	WEB - HUM	Provides resources for financial assistance programs, as well as food assistance, child care assistance, and Medicaid. Also serves Humboldt County.
OTHER DHS SERVICE	ES				
Program	Address	Phone	Website/E-mail	Co.	Description
Centralized Nursing Facility Eligibility Unit	Imaging Center 1 Iowa Department of Human Services 417 E Kanesville Blvd Council Bluffs, IA 51503	800-972-2017	https://dhs.iowa.gov/i me/members/medicaid- a-to-z/long-term- care/how-to-apply facilities@ dhs.state.ia.us	ALL	Processes Nursing Facility Applications
Centralized Service Intake Unit (CSIU) - Child Abuse Intake - Domestic Adult Abuse Intake	Centralized Services Intake Unit Unit (CSIU) P.O. Box 4826 Des Moines, IA 50305	Abuse Hotline: 800-362-2178	whttps://dhs.iowa.gov/ report-abuse-and- fraud	ALL	To report suspected child/adult abuse.
Child Support Recovery Unit	330 1st Ave N, Fort Dodge, IA 50501	515-955-5464	www.childsupport.ia.g ov csrufd@dhs.state.ia.us	ALL	Provides services to ensure families receive the child support they need in order to be able to meet the financial and health needs of their children.
FIP Electronic Access Card (EAC)		844-207-3225	www.GoProgram.com	ALL	To activate a card or report stolen, lost, damaged food cards.
Food Assistance Card (EBT)		800-359-5802	https://www.connecteb t.com/ebtcard/iaebt/in dex.jsp	ALL	To activate a card or report stolen, lost, damaged food cards.
IM Customer Service Call Center		1-877-347-5678	IMCustomerSC@ dhs.state.ia.us	ALL	Office to report any changes (address, income/deductions, household members)
Iowa Medicaid Enterprise (IME)	Mailing Address: 611 Fifth Ave, Des Moines, IA 50309	800-338-8366	dhs.iowa.gov/ime/abou t/aboutime	ALL	Assist Medicaid members in accessing services.

FOOD PANTRIES					
Program	Address	Phone	Website/E-mail	Co.	Description
ACE/Asbury Food Pantry	1440 E 2nd St, Webster City, Iowa 50595	515-832-4153	www.allculturesequal.c om info@allculturesequal. com	HAM	Provides food and non-food items to families and members of the community in need. You can pick up applications at the ACE Office or during pantry hours. Hours: 2nd & 4th Thursdays of the month, 11am-1pm & 4-6pm
Belmond Mobile Food Pantry	Belmond Trinity Lutheran Church 304 3rd Ave Belmond, IA 50421	515-564-0330	www.foodbankiowa.or g/agency/belmond- mobile-pantry	WRT	Provides food packages to families and individuals in need. Check the website for the schedule and locations.
Dayton Community Food Pantry	Emanuel Lutheran Church 208 2nd Ave NW Dayton, IA 50530	515-547-2405		WEB	Provides food packages to families and individuals in need. Open to anyone in the Southeast Valley School District. Hours: Third Saturday of every month, 10-11:30am
Dows Community Grocery Store	105 E Ellsworth St Dows, IA 50071	SheRee Wharton: 515-852-4303	www.facebook.com/Do ws-Community- Grocery-Store- 546237978797955	WRT	Provides food and non-food items to those in need. Contact SheRee Wharton to fill out required paperwork. Hours: Mon-Fri 8am-6:30pm; Sat 8am-6pm; Sun 10am-1pm
Eagle Grove Food Pantry	510 S Jackson Ave Eagle Grove, IA 50533	515-448-4332	www.facebook.com/pa ges/Food%20Pantry/9 88796231285670	WRT	Provides food packages to families and individuals in need. Hours: Monday, Wednesday, Friday 1-3pm
Eagle Grove Mobile Food Pantry	Grace Evangelical Free Church 1220 S Commercial Ave Eagle Grove, IA 50533	515-564-0330	www.foodbankiowa.or g/partners/programs/ mobile-pantry- program#wright	WRT	Provides food packages to families and individuals in need. Check the website for the schedule and locations.
First Lutheran Food Pantry	420 1st St NW, Clarion, IA 50525	515-532-3440	www.facebook.com/flc foodpantry clarion- closet@outlook.com	WRT	Provides food and non-food items to families and individuals in need. No eligilibilty requirements. Hours: Thursdays 5-7pm; Saturddays 9-11am
Hector's Cupboard	South Hamilton School District 315 Division St, Jewell, IA 50130	515-827-5418	shhawks.net/hectors- cupboard Kris Flaugh: kris_flaugh@s- hamilton.k12.ia.us	HAM	Provides food packages to families in need. Email Kris Flaugh to order a box. All requests must be sent before noon on Wednesdays. Pick-up is at 3:30pm on Wednesdays.
Humboldt Mobile Food Pantry	Humboldt County Fairgrounds Event Center 311 6th Ave N Humboldt, IA 50548	515-890-0484	www.foodbankiowa.or g/partners/programs/ mobile-pantry- program#humboldt	MUH	Provides food packages to families and individuals in need. Check the website for the schedule and locations.
La Luz Centro Cultural Food Pantry	7 2nd Ave NE Hampton, IA 50441	641-812-1090	www.laluzcc.org info@laluzcc.org	HAM - WRT	Provides food packages to families and individuals in need. No eligibility requirements. All staff members speak Spanish. Hours: First & Fourth Monday of the month, 5-7pm
The Lord's Cupboard Food Pantry	Bethesda Lutheran Church 439 Main St, Jewell, IA 50130	515-827-5148	bethesdajewell.weebly. com/the-lords- cupboard.html	HAM	Provides food and non-food items to families and individuals in need. No eligibility requirements. Hours: Mondays 5-6:30pm; First Monday of the month also open 1-2pm; Mobile Food Pantry every third Thursday of the month 4:30-6:30pm
The Lord's Cupboard Food Pantry	First United Methodist Church 127 North 10th St Fort Dodge, IA 50501	515-576-7586	www.fumcfortdodge.o rg/community- ministries/lord-s- cupboard lordscupboardfd@ hotmail.com	WEB	Provides food and non-food items to families and individuals in need. Eligibility requirements: ID and proof of Webster County residency, Social Security Number of all living in the home and you need to meet the USDA/TEFAP income guidlines. Clients can receive emergency food assistance up to 5 times in a calendar year.
			hotmail.com		Hours: Tuesdays 9:30-11:30am & 4-6pm; Thursd 9:30-11:30am; Fridays 1-3pm

Ministerial Food Partry Ministerial Food		T		Т		
managed by Upper De- Moises Opportunity Humbold County Christo Center Parish Food Pontry Holy Triatry Parish Salvedton Army Food Pantry Salve	0 ,	420 1st St NW, Clarion,	515-532-3440	firstlutheranclarion@g	WRT	Market. Call First Lutheran Church to request the
Parish Froud Partry Holy Trainty Parish Corpus Christi Center do Nation S. Front Dodge, IA 50501 515-955-6077 Salvation Army Food Partry 126 N 7th St. Fort Dodge, IA 50501 515-576-1281 Single Parish	Humboldt County	Engineers Building 2221 220th St,	515-332-3631	oldt.htm	HUM	need.
Salvasion Army Food Pantry St. Paul Lutheran Church Food Pantry Aftens Woods Estates 1259 Hays 175 Strafford, La 50249 Trinity Lutheran Church Chu	Parish Food Pantry	402 N 8th St, Fort	515-955-6077	holic-food-pantry holytrinityparish@fdc	WEB	individuals in need.
St. Paul Lutheran Church Food Pantry City, 1A 50595 Stratford Community Food Pantry Food Pantry Food Pantry Church Church Food Pantry Upper Des Moines Opportunity Food Pantry Hamilton County Outreach Center Upper Des Moines Opportunity Food Pantry Webster City, 1A 50595 Webster City, 1A 50595 Stratford Line St. St. 4 Webster City, 1A 50595 Stratford Line St. St. 4 Webster City, 1A 50595 Stratford Community Food Pantry Hamilton County Outreach Center Webster City, 1A 50595 St. Thomas Aquinas Parish Center Lipe Des Moines Opportunity Food Pantry Wright County Outreach Center Webster City, 1A 50595 St. Thomas Aquinas Parish Center 1000 Des Moines St. St. 4 Webster City, 1A 50595 Program Webster City, 1A 50595 Food Pantry Outreach Center St. Thomas Aquinas Parish Center 1000 Des Moines St. St. 4 Webster City, 1A 50595 Food Pantry Outreach Center Program After St Building 712 3rd St NV, Fort Dodge, 1A 50531 Food Pantry Program After St Building 712 3rd St NV, Fort Dodge, 1A 50591 St. 55-56-2119 St. 55-56-211		·	515-576-1281	my.org/fortdodge/cure-	WEB	food pantry once every 60 days.
Athens Woods Estates 1250 Hwy 175 Stratford, IA 50249 Trinity Lutheran Church Trinity Lutheran Church Upper Des Moines Opportunity Food Pantry Pamilton County Outreach Center Upper Des Moines Opportunity Food Pantry Pamilton County Outreach Center Upper Des Moines Opportunity Food Pantry Wright County Outreach Center Upper Des Moines Poportunity Food Pantry Wright County Outreach Center Upper Des Moines Poportunity Food Pantry Wright County Outreach Center Upper Des Moines Webster City, IA 50595 Webster City, IA 50595 St. Thomas Aquinas Parish Center 1000 Des Moines Webster City, IA 50595 FOOD RESOURCES Program Address Phone Address Program Address Pr			515-832-3043	.org/page/food-bank stpaulwebstercity@gm ail.com Food Bank: www.foodbankiowa.or g/partners/programs/ mobile-pantry- program#mobile-	HAM	need. Hours: Fridays 1-2pm; hosts the Mobile Food Pantry every other month, visit the food bank website for the
Trinity Lutheran Church Church	•	1250 Hwy 175			HAM	individuals in need. Hours: Every fourth Saturday of the month, 9:30-
Upper Des Moines Opportunity Food Pantry Hamilton County Outreach Center Upper Des Moines Opportunity Food Pantry Wright County Outreach Center Webster City Mobile Food Pantry Unger Des Moines Webster City Mobile Food Pantry Outreach Survey Food Resources Program Address Program Family Nutrition Program Family Nutrition Program Family Nutrition Program Food Stamps Hotline Food Stamps Hotline Food Stamps Hotline Food Stamps Hotline Difference in the survey of the	•	Webster City, IA	515-832-2220	y.org/foodpantry trinitylutheranoffice@	HAM	individuals in need. No eligbility requirements.
Upper Des Moines Opportunity Food Pantry Wright County Outreach Center Webster City Mobile Food Pantry Backpack Buddies Family Nutrition Program Family Nutrition Provides free bags of food for children. Family Nutrition Provides free bags of food for children. Family Nutrition Provides free bags of food for children. Family Nutrition Provides free bags of food for children. Family Nutrition Provides free bags of food for children. Family Nutrition Provides free bags of food for children. Family Nutrition Provides free bags of food for children. Family Nutrition Provides free bags of food for childre	Opportunity Food Pantry Hamilton County		515-832-6451	www.udmo.com/Hamil ton.htm	HAM	and individuals.
Webster City Mobile Food Pantry Parish Center 1000 Des Moines St Webster City, IA 50595 FOOD RESOURCES Program Address Phone AFES Building 712 3rd St NW, Fort Dodge, IA 50501 Family Nutrition Program Program AGES Duilding 712 3rd St NW, Fort Dodge, IA 50501 Family Nutrition Program Family Nutrition Program Family Nutrition Program AGES Building 712 3rd St NW, Fort Dodge, IA 50501 Family Nutrition Program AGES Building 712 3rd St NW, Fort Dodge, IA 50501 Family Nutrition Program AGES Building 712 3rd St NW, Fort Dodge, IA 50501 AFES Building 712 3rd St NW, Fort Dodge, IA 50501 AGES Building 712	Upper Des Moines Opportunity Food Pantry Wright County		515-448-3704	t.htm	WRT	individuals.
Program Address Phone Website/E-mail Co. Description		Parish Center 1000 Des Moines St	515-564-0330	g/agency/webster-city-	HAM	need. Check the website for the schedule and
Backpack Buddies AFES Building 712 3rd St NW, Fort Dodge, IA 50501 Family Nutrition Program Program AFES Building 712 3rd St NW, Fort Dodge, IA 50501 The program of the parents State and strong families. The program also helps youth make choices for better health. Staff work with pregnant teens, families with young children and youth. Program staff meet with participants one-on-one and in small groups. AFES Building 712 3rd St NW, Fort Dodge, IA 50501 The provides free bags of food for children. Free program available to families to help parents provide nutritious food for their families. The program also helps youth make choices for better health. Staff work with pregnant teens, families with young children and youth. Program staff meet with participants one-on-one and in small groups. Food Stamps Hotline AFES Building 712 3rd St NW, Fort Dodge, IA 50501 State Provides free bags of food for children. Free program available to families to help parents provide nutritious food for their families, leading to healthy children and strong families. The program also helps youth make choices for better health. Staff work with pregnant teens, families with young children and youth. Program staff meet with participants one-on-one and in small groups. Frond Stamps Hotline	FOOD RESOURCES	4.13	DI DI	W.L. W.	- C	D
Backpack Buddies 712 3rd St NW, Fort Dodge, IA 50501 Family Nutrition Program Program 712 3rd St NW, Fort Dodge, IA 50501 Family Nutrition Program 217 S 25th St, Ste. C12 Fort Dodge, IA 50501 Family Nutrition Program 218 S 25th St, Ste. C12 Fort Dodge, IA 50501 Family Nutrition Program 318 S 25th St, Ste. C12 Fort Dodge, IA 50501 Stamps Hotline 820 S 25th St, Ste. C12 Fort Dodge, IA 50501 S 20 S 25th St, Ste. C12 Fort Dodge, IA 50501 S 315-955-6720 S 315-955-	Program		Phone			•
Family Nutrition Program Progr	Backpack Buddies	712 3rd St NW, Fort	515-955-6720	~	WEB	Hours: Fridays 4-6pm
FOOD STAMPS HOTTING 1 XUU-329-280/	T		515-576-2119	edu/hamilton/food- nutrition-and-health	- 1	provide nutritious food for their families, leading to healthy children and strong families. The program also helps youth make choices for better health. Staff work with pregnant teens, families with young children and youth. Program staff meet with participants one-on-one and in small groups.
	Food Stamps Hotline		800-359-5802	_	ALL	

Iowa Women, Infants, and Children Program	Hamilton County Public Health 1610 Collins St. Ste 1	515-832-9565 ext.	www.hamiltoncountyp ublichealth.com	HAM	Supplemental Food Program for Pregnant women and children under five years.
(WIC) Hamilton County	Webster City, IA 50595	1012	lorip@hamiltoncounty publichealth.com	Н	children under five years.
Iowa Women, Infants, and Children Program (WIC) Humboldt County	Humboldt County Public Health 1000 15th St N Humboldt, IA 50548	515-332-2492	www.humboldthospital .org/services/humboldt- county-public-health	HUM	Supplemental Food Program for Pregnant women and children under five years.
Iowa Women, Infants, and Children Program (WIC) Webster County	Webster County Health Department 723 1st Ave S, Ste 220 Fort Dodge, IA 50501	515-573-4107	www.webstercountyia. gov/departments/healt h_department/wic_ma ternal_and_child_heal th/wic.php public_health@webste	WEB	Supplemental Food Program for Pregnant women and children under five years.
			rcountyia.org		
Iowa Women, Infants, and Children Program (WIC) Wright County	Wright County Health Department 115 1st St SE, Clarion, IA 50525	515-532-3461	cms2.revize.com/revize /wrightcountynew/resi dents/public_health.ph p aradechel@co.wright.i a.us	WRT	Supplemental Food Program for Pregnant women and children under five years.
	126 N 7th St, Fort		centralusa.salvationar	J	Compassion Kitchen Community Lunch Program: Mon-Fri 11:30am-12:30pm - provides a hot meal to walk-ins Feeding America Fresh Food Distribution: Mon,
Salvation Army	Dodge, IA 50501	515-576-1281	my.org/fortdodge/cure- hunger	ALL	Wed, Fri 9:30am - pantry staples, bread, and produce for those in need
					Breads and Sweets Distribution: Mon-Fri 9:00am - day-old bread & sweets, no eligibility requirements
Spend Smart Eat Smart			www.extension.iastate. edu/foodsavings foodsavings@iastate.e du	ALL	Vast on-line resource for healthy food on a budget, including recipes, videos, meal planning tools and shopping strategies.
MILITARY/VETERAN	SERVICES		uu	<u>!</u>	
Program	Address	Phone	Website/E-mail	Co.	Description
Family Assistance- National Guard	1659 Nelson Avem Fort Dodge, IA 50501	515-252-4758	www.iowanationalgua rd.com/Family%20an d%20Services/Pages/H ome.aspx		Provides assistance with financial issues, coping with deployed soldiers, and child care.
Fort Dodge Human Rights Commission	819 1st Ave S, Fort Dodge, IA 50501	515-576-2201	www.fortdodgeiowa.o rg/department/board.p hp?structureid=120 aholmes@fortdodgeio wa.org	WEB	Provides services to eliminate discrimination through law enforcement, education, and community outreach. Also provides mediation services.
Hamilton County Veterans Affairs	500 Fair Meadow Dr Webster City, IA 50595	515-832-9595	www.hamiltoncounty. org/departments/veter an_s_affairs/index.php ljackson@hamiltoncou ntymhsb.org	HAM	Provides assistance to all veterans and their dependents in applying for federal benefits and other rleated programs or matters.
Humboldt County Veterans Affairs	Veterans Affairs, P.O. Box 331, Humboldt, IA 50548	515-604-6256	www.humboldtcountyi a.org/offices/services/v eterans_affairs/index.p hp veteranaffairs@humb oldtcountyia.org	HUM	Provides assistance to all veterans and their dependents in applying for federal benefits and other rleated programs or matters.
Fort Dodge North VA Clinic	102 North 25th St, Fort Dodge, IA 50501	Clinic: 515-574-5985 Military Sexual Trauma: 515-699- 5677	www.centraliowa.va.g ov/locations/CBOC_F ortDodge_Mental_He alth Clinic IA.asp	ALL	Provides medical services to veterans and resources for Military Sexual Trauma (MST).

Fort Dodge VA Clinic	2419 2nd Ave N, Fort Dodge, IA 50501	515-576-2235	www.centraliowa.va.g ov/locations/CBOC_F ortDodge IA.asp	ALL	Provides medical services to veterans.
Webster County Veteran's Affairs	723 1st Ave S, Fort Dodge, IA 50501	515-573-1479	www.webstercountyia. gov/departments/veter an_affairs.php wcva@webstercountyi a.org	WEB	Provides assistance to all veterans and their dependents in applying for federal benefits and other rleated programs or matters.
Wright County Veteran's Affairs	120 1st Ave NW, Ste 3 Clarion, IA 50525	515-602-6208	www.wrightcounty.or g/departments/veteran s_affairs.php coliver@co.wright.ia.u	WRT	Provides assistance to all veterans and their dependents in applying for federal benefits and other rleated programs or matters.
FINANCIAL			,		
Program	Address	Phone	Website/E-mail	Co.	Description
First Children's Finance	2400 86th St, Ste 23 Urbandale, IA 50322	Director: 563-271- 9890 Business Specialist: 515-229-5064	www.firstchildrensfina nce.org/contact- us/iowa-regional-office Director: heidi@firstchildrensfin ance.org Business Specialist: angie@firstchildrensfi nance.org	ALL	Provides financial and business-development assistance to child development homes, child care centers, and preschools serving low- and moderate-income families.
Free Tax Preparation/VITA (Volunteer Income Tax Assistance)	Hamilton County Extension Office 311 Bank St, Webster City, IA Locations of VITA appts vary each year, check with local organization for information.	Office: 515-832-9597 Tax Season Only: Webster City: 515-297- 3717 Ellsworth: 515-386- 4852	www.extension.iastate. edu/humansciences/vit a bwollan@iastate.edu	HAM	IRS-certified volunteers prepare and transmit income tax returns for low and moderate income households.
Free Tax Preparation/VITA (Volunteer Income Tax Assistance)	Humboldt Public Library 30 6th St N Humboldt, IA Locations of VITA appts vary each year, check with local organization for information.	515-332-1925	www.extension.iastate. edu/humansciences/vit a	ним	IRS-certified volunteers prepare and transmit income tax returns for low and moderate income households.
Free Tax Preparation/VITA (Volunteer Income Tax Assistance)	Sponsors: United Way & Iowa Central Community College Locations of VITA appts vary each year, check with local organization for information.	515-955-8880	www.fortdodgeresourc es.com/resource- directory/152/voluntee r-income-tax- assistance-vita- program receptionist@fd- foundation.org		IRS-certified volunteers prepare and transmit income tax returns for low and moderate income households.
Free Tax Preparation/VITA (Volunteer Income Tax Assistance)	Dayton City Hall 202 1st Ave SW Dayton, IA Locations of VITA appts vary each year, check with local organization for information.	515-547-2711	www.extension.iastate. edu/humansciences/vit a	WEB	IRS-certified volunteers prepare and transmit income tax returns for low and moderate income households.

Free Tax Preparation/VITA (Volunteer Income Tax Assistance)	Wright County Extension and Outreach 210 1st St SW Clarion, IA Locations of VITA appts vary each year, check with local organization for information. Eagle Grove Memorial Library 101 S Cadwell Ave Eagle Grove, IA	515-532-3453	www.extension.iastate. edu/humansciences/vit a	WRT	IRS-certified volunteers prepare and transmit income tax returns for low and moderate income households.
Preparation/VITA (Volunteer Income Tax Assistance)	Locations of VITA appts vary each year, check with local organization for information.	515-532-3453	www.extension.iastate. edu/humansciences/vit a	WRT	IRS-certified volunteers prepare and transmit income tax returns for low and moderate income households.
Iowa Central Career Navigators	One Triton Circle, Fort Dodge, IA 50501	515-574-1972	www.iowacentral.edu/ businessandcommunity /career_contact.asp vorrie@iowacentral.ed u	ALL	Provides financial assistance for tuition, books, gas, daycare, and other support services based on your career path.
Iowa Consumer Credit Counseling	Mailing Address: American Consumer Credit Counseling 130 Rumford Ave, Ste 202, Auburndale, MA 02466	Toll Free: 800-769- 3571 Local: 617-559-5700	www.consumercredit.c om/iowa info@consumercredit.c om	ALL	Provides financial counseling.
Iowa Legal Aid North Central Iowa Regional Office	202 1st St SE, Ste 112 Mason City, IA 50401	800-532-1275 641-423-4651	www.iowalegalaid.org/ organization/iowa- legal-aid-north-central- iowa-regional- of?ref=4gUiw#profile- tab dwilson@iowalaw.org	HUM - WRT	Provides legal help to low-income and vulnerable people.
Iowa Legal Aid Central Iowa Regional Office	1111 9th St Ste 230, Des Moines, IA 50314	800-532-1275	www.iowalegalaid.org/ organization/iowa- legal-aid-central-iowa- regional- office?ref=4gUiw#prof ile-tab	HAM - WEB	Provides legal help to low-income and vulnerable people.
Iowa State Extension Financial Counseling Assistance	Hamilton County 311 Bank St, Webster City, IA 50595	515-832-9597	www.extension.iastate. edu/hamilton bwollan@iastate.edu	ALL	Free, confidential financial services to help clients with decreased income manage their finances. Please call to schedule a consultation.
North Central Iowa Small Business Development Center	217 25th St S, Ste C-12 Fort Dodge, IA 50501	515-576-6242	iowasbdc.org/regional- center/fort-dodge kimberlyt@ncisbdc.co m	YTY	Provides professional business counseling for small businesses regarding planning, finance, human resources, management.
Proteus, Inc.	107 N 7th St, Fort Dodge, IA 50501	515-227-7056	proteusinc.net mattw@proteusinc.net	ALL	Provides stipends for gas, tuition and other support services for agricultural workers.
THRIFT SHOPS	9 /				g
Program	Address	Phone	Website/E-mail	Co.	Description
Clothing Closet First Lutheran Church	420 1st St NW, Clarion, IA 50525	515-532-3440	www.firstlutheranclari on.com firstlutheranclarion@g mail.com	ALL	Offers clothing assistance, food pantry items and hygiene products. Individuals can use closet once a month and can pick 7 clothing items, 1 pair of shoes, 5 food items, and 2 toothbrushes per person. No eligibility requirements.
Closet Consignments	419 Sumner Ave Humboldt, IA 50548	515-332-3018	mcgrawfan93@yahoo. com	ALL	Provides a various selection of second hand clothing, shoes, bedding, toys, books, and music for discounted prices. Hours: Mon, Tues, Thurs, Fri 9am-5pm; Sat 10am-2pm

			www.onevision.org/ou r-community/general-		
The General Store	12 N 25th St, Fort Dodge, IA 50501	515-573-2272	stores.html www.facebook.com/Ge neralStoreFD	ALL	Provides a selection of second hand clothing and household goods for discounted prices. Proceeds go to OneVision, which serves adults with disabilities.
			generalstorefd@onevis ion.org		Hours: Tues-Sat 10am-4pm
Goodwill Industries	2735 5th Ave S, Fort Dodge, IA 50501	515-955-4688	www.goodwillgreatpla ins.org/shopretail	ALL	Provides a various selection of second hand clothing, shoes, bedding, house wares, toys, books, and music for discounted prices.
			www.facebook.com/K		Hours: Mon-Sat 9am-9pm; Sun 10am-6pm
Kaden's Kloset	Faith United Methodist Church 107 N 4th St,	515-890-2396	adens-Kloset- Humboldt- 393375907710567	HUM	Provides free clothing, baby items, and other household goods to families and individuals in need.
	Humboldt, IA 50548		karenmclark20@gmail		Open by appointment only
Key on Central	1030 Central Ave, Fort Dodge, IA 50501	515-573-4331	.com www.dsaoc.com/key- on-central	ALL	Provides a various selection of second hand clothing, shoes, bedding, house wares, toys, books, and music for discounted prices.
					Hours: Mon-Fri 10am-5pm
The Repeat Boutique	Trolley Center 900 Central Ave, Ste 3	515-576-6982	www.facebook.com/re peatboutiquefd	ALL	Provides a selection of second hand clothing for discounted prices.
	Fort Dodge, IA 50501		repeatb@frontier net.net	4	Hours: Mon 10am-5:30pm; Tues-Fri 10am-5pm; Sat 10am-4pm.
			www.facebook.com/Se		
Secrets Exceptional Resale	514 Front St, Moorland, IA 50566	515-549-3383	crets-Exceptional- Resale-106273234106	ALL	Provides a selection of second hand clothing for discounted prices.
	,		secretsresale@hotmail.		Hours: Tues-Fri 9am-5pm; Sat 9am-3pm
			firstbaptistfortdodge.		Provides free clothing to those in need. Sizes infant
The Clothes Closet First Baptist Church	28 N 10th St, Fort Dodge, IA 50501	515-573-3517	wordpress.com firstbaptistfdia@gmail	ALL	through adults, no income guidelines and come as often as you like.
			.com		Hours: Mon 10am-12pm; Tues-Fri 9am-12pm
Trinkets & Treasure Balloon Galore Thrift Shop	501 Main St, Dakota City, IA 50529	515-604-4135	www.facebook.com/Tr inkets-Treasure- Baloon-Galore-Thrift- Shop-	ALL	Provides a various selection of second hand clothing, shoes, bedding, house wares, toys, books, and music for discounted prices.
Shop			158471578166599/abo ut		Hours: Mon-Fri 10am-5pm; Sat 9am-3pm
COMMUNITY SERVIC					_
Program	Address	Phone	Website/E-mail www.hamiltoncounty.	Co.	Description
		Office: 515-832-9550	org/departments/social _services/index.php		
Hamilton County Community Services	500 Fair Meadow Dr Webster City, IA 50595	Your Life Iowa Crisis Line/CICS Mobile Response: 855-581- 8111 or Text: 855-895- 8398	Exec. Dir.: patti.treibel@cicsmhds .org Service Coord.: carrie.hisler@cicsmhds	HAM	County service coordination, mental health, and general assistance.
			.org		

Humboldt County Community Services	P.O. Box 100/Courthouse 203 Main St, Dakota City, 1A 50529	515-332-5205	www.humboldtcountyi a.org/offices/services/c ommunity_services/ind ex.php Gen. Assistance Dir.: kerickson@countysoci alservices.org Support/Intake Worker: dstern@countysocialse rvices.org	M	Provides the following community services: central point of coordination, MH/DD advisory board, targeted case management, general assistance, substance abuse, and money management. Offers services for disabilites and mental health.
Webster County Community Services	308 Central Ave, Fort Dodge, IA 50501	515-573-1485	www.webstercountyia. gov/departments/com munity_services/index. php ahauser@countysocial services.org	WEB	Provides case management and community assistance. Services included: central point of coordination, MH/DD services, targeted case management, and services for disabilites and mental health.
Wright County Social Services	120 1st Ave NW, Ste 1 Clarion, IA 50525	515-532-3309	www.wrightcounty.or g/residents/county_soci al_services.phpghtcou nty.org lleanhart@countysocia lservices.org	WRT	Provides mental health and disability services. Administers emergency funds to mitigate homelessness and health and safety issues.

Program	Address	Phone	Website/E-mail	Co	Description
Berryhill Mental Health Center	Berryhill Center 720 Kenyon Rd Fort Dodge, IA 50501	Behavorial Health Urgent Care: 515-955- 7171 Appointments: 800-482-8305	www.unitypoint.org/fo rtdodge/berryhill- center-of-mental- health.aspx	ALL	Provides psychological and psychiatric counseling services
Berryhill Center Clarion Outreach	120 1st Ave NW, Ste 2 Clarion, IA 50525	515-955-7171 800-482-8305	www.unitypoint.org/fo rtdodge/outreach- mental-health- clinics.aspx	ALL	Mental health counseling and support.
Berryhill Center Humboldt Outreach	1000 N 15th St Humboldt, IA 50548	515-955-7171 800-482-8305	www.unitypoint.org/fo rtdodge/outreach- mental-health- clinics.aspx	ALL	Mental health counseling and support.
Berryhill Center Webster City Outreach	500 Fair Meadow Dr Webster City, IA 50595	515-955-7171 800-482-8305	www.unitypoint.org/fo rtdodge/outreach- mental-health- clinics.aspx	ALL	Mental health counseling and support.
Catholic Charities	3 N 17th St, Ste 1, Fort Dodge, IA 50501	515-576-4156	www.cathchar.com	ALL	Provides outpatient mental health counseling/therapy.
Central Iowa Recovery	500 Fair Meadow Dr Webster City, IA 50595	515-832-9550	www.centraliowarecov ery.org jolson@centraliowarec overy.org	HAM - WEB	Provides intensive psychiatric rehabilitation service, peer support service, and community support service.
Children and Families of Iowa	111 Ave O West, Fort Dodge, IA 50501	515-573-2193	www.cfiowa.org	ALL	Provides trauma-informed mental health services for families, couples, and individuals. Accepts Medicaid, private insurance, and has a sliding fee payment scale.
CICS	500 Fair Meadow Dr Webster City, IA 50595	Office: 515-832-9550 Your Life Iowa Crisis Line/CICS Mobile Response: 855-581- 8111 or Text: 855-895- 8398	www.cicsmhds.org carrie.hisler@cicsmhds. org	HAM	Provides a variety of mental health services, treatment, coordination, and support services. Facilitates mobile crisis response unit.
Community and Family Resources Webster City Outpatient Center	500 Fair Meadow Dr, Ste A, Webster City, IA 50595	515-832-5432 Crisis Line: 866-801- 0085	cfrhelps.org information@cfrhelps. org	HAM	Provides services to those with substance abuse, gambling, and mental health issues.
Community and Family Resources Humboldt Center	19 S. 6th St S Humboldt, Iowa 50548	515-576-7261 Crisis Line: 866-801- 0085	cfrhelps.org information@cfrhelps. org	HUM	Provides services to those with substance abuse, gambling, and mental health issues. Office is staffed on select weekdays. Call or email the Fort Dodge office for more information.
Community and Family Resources Fort Dodge Center	211 Ave M West, Fort Dodge, IA 50501	515-576-7261 Crisis Line: 866-801- 0085	cfrhelps.org information@cfrhelps. org	WEB	Provides services to those with substance abuse, gambling, and mental health issues. This location includes administrative offices, inpatient and outpatient units, and STARS Adolescent Program inpatient and outpatient units.
Community and Family Resources Clarion Center	120 1st Ave NW, Clarion, IA 50525	515-576-7261 Crisis Line: 866-801- 0085	cfrhelps.org information@cfrhelps. org	WRT	Provides services to those with substance abuse, gambling, and mental health issues. Office is staffed on select weekdays. Call or email the Fort Dodge office for more information.
Community Health Center of Fort Dodge	126 N 10th St, Fort Dodge, IA 50501	515-576-6500	www.chcfd.com info@chcfortdodge.co m	WEB	Provides behavioral health screening and counseling, crisis intervention, medication management, substance abuse screening and counseling, and psychological testing.
Crossroads Counseling and Consulting	711 2nd St, Webster City, IA 50595	515-292-1813		ALL	Family, couple and individual counsesling. Topics: depression, relationship conflicts, and life transitions - divorce, job and family changes.
CrossRoads Youth & Family Center - Support and Recovery Group	502 N Main St Goldfield, IA 50542	515-293-2767		HUM - WEB - WRT	Youth and family center, providing a safe and fun place for youth and families to come and build relationships in a healthy environment.

Families First Counseling Services- Fort Dodge, IA 50501 Families First Counseling Services- Webster City Webster City Webster City Webster City 1000 Do Moines St. Counseling Services- Webster City 118 Counsel Services Webster City IA 50505 Since St.		1		1		_
Emailles First Counseling Services Webster City Counseling Services Webster City Counseling Services Webster City Counseling Services Counseling Services Counseling Services Counseling Services Counseling Services Leban Roter Hidrath, LiSW 1218 Central Ave, Fort Dodge, IA 50501 2128 Central Ave, Fort Dodge, IA 50501 2150 Sendshear Hall, Labor Roter City Singenshimation www.families-first.net www.families-first.net commenty Counseling Counseling Counseling Counseling Counter www.families-first.net ware conversed www.families-first.net www.families-first.net ware conversed www.families-first.net www.families-first.net ware conversed www.families-first.net ware conversed www.families-first.net www.families-first.net ware lead and services provides individual, couple, family, and group fidencies www.families-first.net	Counseling Services -		888-316-3025	www.families-first.net	WEB	and adults. Also offers an integrated health home program for children - this service is free for
Genesis Mental Health Associates LeAnn Roles-Hildright Leanning Control Roles Lean	Counseling Services -		888-316-3025	www.families-first.net	HAM	as well as in-office therapy for children, adolescents, and adults. Also offers an integrated health home program for children - this service is free for
International County Homorial Hospital Hombold Li A 50548 515-532-7672 particular Community College Student Counseling Center AST Building, 1st Fl Office 1176 podge, 1A 50501 S15-574-1051 S15-574-1051 provides free, confidential counseling for registered students. Short-term counseling, crisis intervention, and referral services. Provides free, confidential counseling for registered students. Short-term counseling, crisis intervention, and referral services. Provides free, confidential counseling for registered students. Short-term counseling, crisis intervention, and referral services. Provides free, confidential counseling for registered students. Short-term counseling, crisis intervention, and referral services. Provides grice, and referral services. Provides grice, confidential counseling, crisis intervention, and referral services. Provides grice, and referral services. Provides grice, and referral services. Provides grice, confidential counseling, crisis intervention, and referral services. Provides grice, confidential counseling, crisis intervention, and referral services. Provides grice, the analysis of frequently asked questions available. Provides grice free, confidential counseling for registered students. Short-term counseling, crisis intervention, and referral services. Provides and entirely students. Provides distances. Short-term counseling, crisis intervention, and referral services. Provides and entirely students. Provides and entirely students. Provides grice free, confidential counseling grice students. Provides grices. Provides and entirely students. Provides grices. Provides grices include counseling grices. Provides inchempts, and group therapy. Services. Provides inchempts, and group therapy. Provides inchempts grices. Provides inchempts, and group therapy. Provides inchempts, and group therapy. Provides inchempts, and group therapy. Provides inchempts, and counseling grices grices. Provides inchempts, and group thera	Associates LeAnn Rider-Hildreth,		515-576-6441	es.com/resource- directory/133/genesis- mental-health- associates-llc-2	WEB	medication management for children, families,
Live Connections AST Building, 1st Fl Office 1176 Conterion Circle, Fort Dodge, IA 50501 S15-574-1051			515-332-7672	org/services/therapy-	HUM	
Life Connections 2150 Beardshear Hall, Ames, IA 50011 Selmond Clinic: 644-443-500 Clarion Clinic: 644-43500 Clarion Clinic: 215 13th Ave SW Clarion, IA 50525 Clarion Clinic: 515-573-7374 Clarion Clinic: 515-573-7374 See 206-207, Fort Dodge, IA 50501 S15-573-3138 Service S	Community College Student Counseling	Office 117G One Triton Circle, Fort	515-574-1051	www.iowacentral.edu/s tudent_counselor reuter@iowacentral.ed	ALL	students. Short-term counseling, crisis intervention,
Belmond Clinic: 403 1st St SE, 2443-550 Clarion Clinic: 515 532-2836 Clarion Clinic: 515 532-2836 Crists Hothite: 805 S15-574-6120 Fort Dodge, IA 50501 S15-573-3138 McColley-Nicola Therapy Services in Clinic and in the property of the community. Provides outpatient therapy and counseling services Specialized counseling services include cognitive behavioral therapy, adjacted abehavioral therapy, eye movement desensitization and reprocessing, parent child interaction therapy, and group therapy. Provides psychiatric evaluations and mental health services. Provides in-home behavorial health intervention services and mental health therapy services. Provides counseling and therapy services. Provides in-home behavorial health intervention services and mental health therapy services. Provides counseling and therapy services. Provides counseling and marriage and family counseling and psychiatric evaluations and mental health services. Provides in-home behavorial health intervention services and mental health therapy services. Provides counseling psychiatric evaluations and mental health services. Provides counseling physical psychiatric evaluations and mental health services. Provides counseling physical psychiatric evaluations and mental health services. Provides in-home behavorial health intervention services and mental health services. Provides counseling and marriage and family counseling and adviced physical part of the psychiatric evaluations and mental health services. Provides counseling and psychiatric evaluations and mental health services. Provides counseling and marriage and family counseling and adviced physical psychiatric evaluations and marriage and family counseling and adviced physical psychiatric evaluations and marriage and family counseling and specific provides ps	Iowa Concern Hotline	,	800-447-1985	www.extension.iastate.	ALL	legal questions, financial, and crisis issues. On-line database of frequently asked questions available,
Life Connections Soft Kenyon Rd, Ste A Fort Dodge, IA 50501 S15-574-6120 Thumbeld, IA S0548 HUM: 515-327-5195 Www.life-connections.org WEB: 704 Central Ave, Ste 206-207, Fort Dodge, IA 50501 S15-573-7374 WEB: 515-992-0938 Skill building and therapy services. Incline Resources Incline Resources Fort Dodge, IA 50501 S15-573-7374 Skill building and therapy services. Incline Resources Incline Re		403 1st St SE, Belmond, IA 50421 Clarion Clinic: 215 13th Ave SW	444-3500 Clarion Clinic: 515- 532-2836 Crisis Hotline: 800-	ital.com/services/counse ling-and-therapy-	WRT	Provides outpatient therapy and counseling services. Specialized counseling services include cognitive behavioral therapy, dialectical behavioral therapy, eye movement desensitization and reprocessing,
HUM: 19 S 6th St, Humboldt, IA 50548 WEB: 704 Central Ave, Ste 206-207, Fort Dodge, IA 50501 Lifeline Resources Lincoln Mental Health 1728 Central Ave, Ste 14, Fort Dodge, IA 50501 Lutheran Family Service Fort Dodge Regional Office Lutheran Services in Iowa McColley-Nicola Therapy Services Inc. Arlene Nicola, MSW, LISW LISW HUM: 515-327-5195 WEB: 515-992-0938 WEB:	Lee and Associates	804 Kenyon Rd, Ste A			ALL	
Lifeline Resources Fort Dodge, IA 50501 515-573-7374 515-573	Life Connections	HUM: 19 S 6th St, Humboldt, IA 50548 WEB: 704 Central Ave, Ste 206-207, Fort			- WEB	Provides in-home behavorial health intervention services and mental health therapy services.
Lincoln Mental Health 14, Fort Dodge, IA 50501 515-955-1836 1 1 1 1 1 1 1 1 1	Lifeline Resources		515-573-7374		ALL	family counseling, play therapy for children and marriage and family counseling available.
Therapy Services Inc. Arlene Nicola, MSW, LISW Port Dodge, IA 50501 Toda Central Ave, Ste 200, Fort Dodge, IA 50501 Silva.org S	Lincoln Mental Health	14, Fort Dodge, IA	515-955-1836		ALL	disorders, ADHD, anger management, and other mental health issues. Also specializes in adult and
Lutheran Services in Iowa Total Central Ave, Ste 200, Fort Dodge, IA 50501 Lutheran Services in Iowa Total Central Ave, Ste 200, Fort Dodge, IA 50501 Isiowa.org Iowa people with disabilities, the elderly and people of refugee status – helping people in times of need, strengthening families and advocating dignity and social justice for our neighbors in the community. Iowa 1318 7th Ave N, Fort Dodge, IA 50501 Iowa 1318 7th Ave N, Fort Dodge, IA 50501 Iowa 1318 7th Ave N, Fort Dodge, IA 50501 Iowa 1318 7th Ave N, Fort Dodge, IA 50501 Iowa 1318 7th Ave N, Fort Dodge, IA 50501 Iowa 1318 7th Ave N, Fort Dodge, IA 50501 Iowa 1318 7th Ave N, Fort Dodge, IA 50501 Iowa 1318 7th Ave N, Fort Dodge, IA 50501 Iowa 1318 7th Ave N, Fort Dodge, IA 50501 Iowa 1318 7th Ave N, Fort Dodge, IA 50501	Service Fort Dodge Regional	_	515-573-3138		WEB - HAM	
McColley- Nicola Therapy Services Inc. Arlene Nicola, MSW, LISW Www.fortdodgeresourc es.com/resource- directory/229/mccolley- nicola-therapy-services- inc amnicola@frontier.co Provides outpatient individual, couple, and family therapy.		200, Fort Dodge, IA		lsiowa.org	ALL	people with disabilities, the elderly and people of refugee status – helping people in times of need, strengthening families and advocating dignity and
	Therapy Services Inc. Arlene Nicola, MSW,		515-573-3382	es.com/resource- directory/229/mccolley- nicola-therapy-services- inc	ALL	Provides outpatient individual, couple, and family
				~		

Mid Iowa Family Therapy Clinic	1426 Central Ave, Ste B Fort Dodge, IA 50501	515-573-5128	www.miftc.com	ALL	Community Care, comprehensive independent outpatient treatment and therapy services to children and adults under the Outpatient Services Program.
Miller Counseling Services, LLC	1611 First Ave N, Ste 3 Fort Dodge, IA 50501	515-573-7682	www.facebook.com/pa ges/category/Counselor /Miller-Counseling- Services-LLC- 573330299532302 millercounselingservice s@gmail.com	WEB	Provides therapy for; adults, adolescents, children, couples and families.
YSS of Hamilton County	1611 Prospect St Webster City, IA 50595	515-832-1061 24 hr Emergency Line: 515-297-4309	www.yss.org/locations/ webster-city	HAM	Provides programs to empower youth. Services include: mental health assessments and therapy, substance use assessments and treatment, crisis intervention counseling, psychiatry and medication management, behavioral health intervention services skill development, prevention diversion group, individual counseling, and Iowa Aftercare Services.
YWCA Life Empowerment Center	826 1st Ave N, Fort Dodge, IA 50501	515-573-3931	www.centerforlifeempo werment.org mandi@ywcafd.org	ALL	Provides transitional housing for woman recovering from substance abuse. Full continuum of residential treatment for women and children.

Program	Address	Phone	Website/E-mail	Co.	Description
Building Families - Early Childhood Iowa Area	120 1st Ave NW, Ste 14 Clarion, IA 50525	515-602-6371	www.building families.net mbailey@ co.wright.ia.us	HAM - HUM - WRT	Distributes ECI Funding to agencies working to improve lives for children 0-5. Provides preschool scholarships for low income families.
Early ACCESS	Prairie Lakes AEA 500 NE 6th St, Pocahontas, IA 50574	712-732-2257 Toll Free: 866-503-4636	plaea.org ajergens@plaea.org jhawkins@plaea.org	ALL	Provides services to parents with children (0-3) who are experiencing developmental delays or children having a disability that would benefit from services to help them develop.
First Children's Finance	2400 86th St, Ste 23 Urbandale, IA 50322	Director: 563-271-9890 Business Specialist: 515-229-5064	www.firstchildrensfina nce.org/contact- us/iowa-regional-office Director: heidi@firstchildrensfin ance.org Business Specialist: angie@firstchildrensfi nance.org	ALL	Provides financial and business-development assistance to child development homes, child care centers, and preschools serving low- and moderate-income families.
Iowa Child Care Resource and Referral	418 S Marion St Remsen, IA 51050	Office: 877-216-8481 Parent Referral Line: 855-CHILD-01 (855-244-5301)	www.iowaccrr.org ccrr@midsioux.org	ALL	Provides resources, education and advocacy to families, providers and community members to support quality child care.
Iowa State University Extension and Outreach Child Care Training	Hamilton County Extension Office 311 Bank St Webster City, IA 50595	515-832-9597	www.extension.iastate. edu/families/child-care- education- professionals mrader@iastate .edu	ALL	Provides education and information dedicated to improving the quality of early care and education. Check the DHS Training Registry for area programs.
Linking Families and Communities	822 Central Ave, Ste 300 Fort Dodge, IA 50501	515-955-5437	www.linking- families.com info@linking- families.com	WEB	Preschool scholarships, consultation services for preschools and childcare, parenting classes/workshops and professional development opportunities for early care providers.
Prairie Lakes Area Education Agency Jefferson/Webster City Office	Jefferson: 118 E State St, Jefferson, IA 50129 Webster City: 825 Beach St, Webster City, IA 50595	515-206-7107 Toll Free: 866-540- 3858	plaea.org jpeter@plaea.org	HAM - WEB - WRT	Provides services in early childhood needs and special education needs concerning a wide variety of areas.
Prairie Lakes Area Education Agency Fort Dodge Office	1235 5th Ave S, Fort Dodge, IA 50501	515-705-7196 Toll Free: 866-540- 3858	plaea.org vjergens@plaea.org	WEB	Provides services in early childhood needs and special education needs concerning a wide variety of areas.
Prairie Lakes Area Education Agency Pocahontas Office	500 NE 6th St, PO Box 802, Pocahontas, IA 50574	712-458-7017 Toll Free: 866-540- 3858	plaea.org melston@plaea.org	HUM	Provides services in early childhood needs and special education needs concerning a wide variety of areas.
YOUR, Inc. Head Start Zero-Five	214 S 13th St, Fort Dodge IA 50501	515-573-2453	www.yourhs-ehs.org	ALL	Provides in-home support services for pregnant women and parents of children 0-3. Services include; parenting tips, health screenings for children, depression screenings for parents, and assessment of children's development. The Head Start center-based programs target children ages 3-5.

PRESCHOOLS					
Program	Address	Phone	Website/E-mail	Co.	Description
Hamilton County					
Asbury Methodist Preschool	921 Des Moines St, Webster City, IA 50595	515-832-5369	www.asburywc.org/sit e/cpage.asp?sec_id=18 0012459&cpage_id=1 80045875 asburyumchurch@hot mail.com	HAM	Provides a licensed preschool for children ages 3-4yrs. Building Families scholarships accepted.
Northeast Hamilton Preschool/Mighty Trojan Childcare	606 Illinois Street Blairsburg, IA 50034	Mighty Trojan Childcare: 515-325- 6258 Preschool: 515-325- 3265	www.northeasthamilto n.org Mighty Trojan Childcare: jhector@webster- city.k12.ia.us Preschool: cgerard@ne- hamilton.k12.ia.us	HAM	Licensed child care 6 weeks to 12 years. Provides early childhood special education developmental preschool classroom. Preschool offered for 3-5 yrs old and Pre-Kindergarten. Building Families scholarships accepted.
Riverview Early Childhood Center	705 Odell St, Webster City, IA 50595	515-832-9240	www.riverviewearlych ildhood center.org rosiem4@yahoo.com	HAM	Licensed child care for children 6 wks to 12 years. Free 4 yr old preschool; 3 year old preschool - accepts Building Families scholarships.
St. Thomas Aquinas Preschool	624 Dubuque St, Webster City, IA 50595	515-832-1346	stthomaswc.org/about- preschool Secretary: ssmith@stswc.com Teacher: ehenderson@stswc.co m	HAM	Provides a licensed preschool for children ages 3-5yrs. Building Families scholarships accepted.
St. Paul Lutheran Preschool	1005 Beach St, Webster City, IA 50595	515-832-3043	www.stpaulwebstercity .org/page/preschool stpaulwebstercity@gm ail.com	HAM	Provides a licensed preschool for children ages 3-5yrs. Building Families scholarships accepted.
Stratford Early Learning Center	1000 Shakespeare Ave PO Box 190, Stratford, IA 50249	515-838-2204	www.stratford.k12.ia. us/district/early- learning-center cbergman@stratford.k 12.ia.us	HAM	Provides a 3 year old preschool and childcare for children ages birth through 4 years. Building Families scholarships accepted.
Webster City Daycare	1317 Beach St, Webster City, IA 50595	515-832-6473	wcdc@wmtel.net	HAM	Child care center for ages infant through 12 years.
Webster City Head Start	1610 Collins St, Webster City, IA 50595	515-368-9193	www.yourhs-ehs.org	HAM	Provides preschool and home visitor programs for children Prenatal-5 years old.
Humboldt County	,				
Dakota City Head Start	401 Main Street, PO Box 28, Dakota City, IA 50529	515-332-3193	www.yourhs-ehs.org	HUM	Provides preschool and home visitor programs for children Prenatal-5 years old.
Kings Kids	905 13th St SW Humboldt, IA 50548	515-890-0492	oakhillhumboldt.org/ki ngs-kids kingskids@oakhillhum boldt.org	MUH	Provides a licensed preschool for children ages 3-5yrs.
Mease Elementary Preschool	23 3rd St N, Dakota City, IA 50529	515-332-3578	www.humboldt.k12.ia. us/schools/mease- elementary-school	HUM	Provides EC-5 and 4 yr old preschool
St. Mary's Rising Stars Preschool	303 3rd Ave N Humboldt, IA 50548	515-332-2134	www.stmaryhumboldt. org/academics/Pre_Sc hool_MrsHoward khoward@stmaryhum boldt.org	HUM	Provides a licensed preschool for children age 3yrs. Building Families scholarships accepted.

St Mary's Shining Stars Pre- K Thundertots Child Care	303 3rd Ave N Humboldt, IA 50548 405 SE E Ave Gilmore	515-332-2134	www.stmaryhumboldt. org/academics/Prekind ergarten_MrsMuelle r kmueller@stmaryhum boldt.org	ним ним	Provides a free, licensed Pre-K program for children 4 years of age. Child Care 6 weeks - 12 years old. Preschool for three and four year olds. Building Families
Center & Preschool Twin Rivers	City, IA 50541 200 College Ave, PO		www.tr.k12.ia.us		scholarships accepted. Preschool for three and four year olds. Building
Elementary Preschool Zion Lutheran	Box 153 Bode, IA 50519 1005 11th Ave N	515-379-1309	srobinson@tr.k12.ia.us zioninhumboldt.org/mi	M HUM	Families scholarships accepted. Provides a licensed preschool for children ages 3
Preschool Webster County	Humboldt, IA 50548	515-332-3279	nistries.php	HUM	yrs. Building Families scholarships accepted.
Childcare Discovery Center	2329 1st Ave S, Fort Dodge, IA 50501	515-576-6771	https://www.facebook. com/ChildCare- Discovery-Center- 121767921194033 ourworld@ childcarediscovery center.com	WEB	Provides a licensed preschool for children ages 3-5yrs.
Community Christian Preschool	2406 9-1/2 Ave S Fort Dodge, IA 50501	515-573-3011	www.ccsfd.org ccsofficefd@gmail.com	WEB	Provides a licensed preschool for children ages 3-5yrs. 4 yr old preschool is free. Daycare offered for infants to school aged children.
Community Early Childhood Center	1315 24th St S, Fort Dodge, IA 50501	515-573-5461	ceccfortdodge.org cdcpc@mchsi.com	WEB	Provides licensed childcare for infants through 12 years.
Dodger Preschool	1611 Williams Dr, Fort Dodge, IA 50501	515-955-6060	dodgerpreschool.com dodgerpreschool@gma il.com	WEB	Provides a licensed preschool for children ages 3-5yrs.
Maple Drive Head Start	3611 Maple Dr, Fort Dodge, IA 50501	515-573-2882	www.yourhs-ehs.org	WEB	Provides preschool and home visitor programs for children Prenatal-5 years old.
Prairie Valley Elementary	3116 Zearing Ave Farnhamville, IA 50538	515-467-5700	southeastvalley.org awirt@svjags.org	WEB	Provides a licensed preschool for children age 4yrs.
Prince of Peace Preschool	1023 S 27th St, Fort Dodge, IA 50501	515-573-8618	poplcfd@gmail.com	WEB	Provides a licensed preschool for children ages 3-5yrs.
Riverside Early Learning Center (Head Start)	2733 F St, Fort Dodge, IA 50501	515-574-5740	www.yourhs-ehs.org	WEB	Provides preschool and home visitor programs for children Prenatal-5 years old.
Southeast Webster- Grand Daycare	104 2nd St NW, Dayton, IA 50530	515-547-2200	southeastvalley.org s_stevens@se- webster.k12.ia.us	WEB	Provides child care and 4yr old Pre-K.
St. Edmond's Preschool	2321 6th Ave N, Fort Dodge, IA 50501	515-576-5182	www.st- edmond.pvt.k12.ia.us irvinj@st- edmond.pvt.k12.ia.us junkmanm@st- edmond.pvt.k12.ia.us	WEB	Provides a licensed preschool for children ages 4-5yrs.
St. Paul Lutheran School Preschool	1217 4th Ave S, Fort Dodge, IA 50501	515-955-7208	www.stpaulschoolfd.or g stpaulsc@stpaulschoolf d.org	WEB	Provides a licensed preschool for children ages 3-5yrs.
Tracey's Tots	109 8th St S, Fort Dodge, IA 50501	515-576-5437	www.traceystotsdayca re.com	WEB	Provides a licensed preschool for children ages 3-5yrs. Provides child care for children ages 6 weeks to 12 years.
YOUR, Inc. Head Start Zero-Five	214 S 13th St, Fort Dodge IA 50501	515-573-2453 ext. 205	www.yourhs-ehs.org	ALL	Provides preschool and home visitor programs for children Prenatal-5 years old. Central Office Location.

Wright County					
Clarion-Goldfield- Dows Elementary Preschool	319 Third Ave NE Clarion, IA 50525	515-532-2628	www.clargold.org handerson@clargold.o rg	WRT	Provides preschool for children 3-5 years old. Also welcomes children with special needs. Accepts Building Families Scholarships.
Eagle Grove Elementary Preschool	425 N Fort Ave, Eagle Grove, IA 50533	515-448-3126	www.eagle- grove.k12.ia.us/elemen tary_school Preschool: aanderson@eagle- grove.k12.ia.us jdavis@eagle- grove.k12.ia.us Pre-K: kporter@eagle- grove.k12.ia.us	WRT	Provides a licensed preschool for children ages 3-5yrs. Accepts Building Families Scholarships. Also offers Pre-K.
Eagle Grove Head Start	121 North Iowa Ave, Eagle Grove, IA 50533	515-603-6116	www.yourhs-ehs.org	WRT	Provides preschool and home visitor programs for children Prenatal-5 years old.
Eagle's Wings Preschool and Child Care	600 NE 2nd St, Eagle Grove, IA 50533	515-603-3621		WRT	Provides child care and preschool.
Richard O. Jacobson Elemtentary Preschool	1004 7th St NE Belmond, IA 50421	641-444-4300 ext.1100 or 1096	www.bkcsd.org lindsay.sampson@bkcs d.org melissa.sifert@bkcsd.o rg	WRT	Provides a licensed preschool for children ages 3-5yrs. Accepts Building Families Scholarships.
Trinity Lutheran Church Preschool	315 4th Ave NE Belmond, IA 50421	515-571-4376	www.facebook.com/tlc belmond tlcpreschool123@yaho o.com	WRT	Provides a licensed preschool for children ages 3-5yrs. Accepts Building Families Scholarships.

Program	Address	Phone	Website/E-mail	Co.	Description
Hamilton County Development	500 Fair Meadow Dr Webster City, IA 50595	515-832-9550	www.facebook.com/Hamilton- County-Development- 101584591678586 cim@hamiltoncounty.org	HAM	Assists with housing, childcare, workforce, and business needs.
Iowa Central Career Navigators	One Triton Circle Fort Dodge, IA 50501	515-574-1972	www.iowacentral.edu/business andcommunity/career_contac t.asp vorrie@iowacentral.edu	ALL	Provides financial assistance for tuition, books, gas, daycare, and other support services based on your career path.
IowaWORKS of North Central Iowa	Three Triton Circle Fort Dodge, Iowa 50501	515-576-3131	iowaworks.gov FortDodgeIowaWORKS@iw d.iowa.gov	ALL	Provides employment assistance, including: resume coaching and assistance, career and skills assessments, no-cost career readiness workshops, electronic job application assistance, tuition assistance, and supports for education and training.
La Luz Centro Cultural	7 2nd Ave NE Hampton, IA 50441	641-812-1090	www.laluzcc.org info@laluzcc.org	HAM - WRT	Assists with job applications and resume creation, as well as job searches and completing job applications. All staff speak Spanish.
LifeWorks Community Services Vocational Services	1303 A St, Fort Dodge, IA 50501	515-576-2126	www.lifeworks communityservices.org cduffield@lifeworkscommunit yservices.org	ALL	Provides opportunities for growth and achievement for persons with disabilities who face barriers to independence and integration in employment and daily living.
Manpower	822 Central Ave, Fort Dodge, IA 50501	515-573-5457	www.manpower.us	ALL	Offers employers a range of services, including permanent, temporary and contact recruitment; employee assessment and selection; training and consulting.
North Central Iowa Small Business Development Center	217 25th St S, Ste C- 12, Fort Dodge, IA 50501	515-576-6242	iowasbdc.org/regional- center/fort-dodge kimberlyt@ncisbdc.com	ALL	Provides professional business counseling for small business regarding planning, finance, human resources, and management.
Proteus Inc.	107 N 7th St, Fort Dodge, IA 50501	800-798-8225 515-227-7056	proteusinc.net mattw@proteusinc.net	ALL	Employment/training for seasonal/migrant farm workers.
QPS Employment Group	1426 Central Ave, Ste A, Fort Dodge, IA 50501	515-955-5575	www.qpsemployment.com	ALL	Provides employment solutions with a focus on providing high quality temporary staffing services for Iowa employees and Iowa companies. Whether on a temporary, temp-to-hire or direct-placement basis, we provide an array of employment related support services.

Program	Address	Phone	Website/E-mail	Co.	Description
D. I	120.1		www.bee-inspired.org	M - WRT	Provides programming on various topics to youth (ages 12-19), parents, caregivers, schools/alternative settings, and other adults/community members. Topics include:
Bee Inspired CAPP Program	120 1st Ave NW, Ste 14, Clarion, IA 50525	515-602-6371 ext. 4	s beeinspiredcappprogra m@gmail.com	HAM - HUM	sexual health education (i.e. online safety, relationships, STD/STI and Adolescent Pregnancy Prevention), youth development and service-learning, resources, referrals, and more.
Parent Connection	120 1st Ave NW, Ste 14 Clarion, IA 50525	515-602-6371	www.building families.net awesselink@co.wright.i a.us	HAM - HUM - WRT	Provides support services through group and inhome parent education, service coordination, developmental screens, and preschool parent nights. Coordinates the Prevent Child Abuse Council.
Proteus, Inc.	107 N 7th St Fort Dodge, IA 50501	515-227-7056	www.proteusinc.net mattw@proteusinc.net	ALL	Educational opportunities for migrant/seasonal workers.
Iowa Central Career Navigators	One Triton Circle, Fort Dodge, IA 50501	515-574-1972	www.iowacentral.edu/b usinessandcommunity/c areer_contact.asp vorrie@iowacentral.ed	ALL	Provides educational opportunities for non- credit/credit courses Provides financial assistance for tuition, books, gas, daycare, and other support services based on
IowaWORKS of North Central Iowa	Three Triton Circle, Fort Dodge, IA 50501	515-576-3131	u iowaworks.gov FortDodgeIowaWORK S@iwd.iowa.gov	ALL	your career path Provides employment assistance, including: resume coaching and assistance, career and skills assessments, no-cost career readiness workshops, electronic job application assistance, tuition assistance, and supports for education and training.
	TIONAL ASSISTAN		Wahaita/E il	Ca	Description
Program	Address	Phone	Website/E-mail	Co.	Description Drawides apportunities for cultural evaluations
All Cultures Equal	1440 E 2nd St, Webster City, IA 50595	515-832-4153	www.allculturesequal.c om info@allculturesequal.c om	ALL	Provides opportunities for cultural exchange. Services include: English as a Second Language and Spanish classes and Citizenship classes. Access to immigration information and services as well.
Iowa Central Community College Non-Credit ESL Courses	One Triton Circle Fort Dodge, IA 50501	515-574-1960	www.iowacentral.edu/n oncredit/non- credit_esl.asp guddall@iowacentral.e du	ALL	Provides free, non-credit English Language classes to adults ages 16 and up.
La Luz Centro Cultural	7 2nd Ave NE Hampton, IA 50441	641-812-1090	www.laluzcc.org info@laluzcc.org	ALL	Provides English as a Second Language classes for adults (Mon & Wed evenings), Spanish Conversation Practice (Fri 12:30pm), Adult Education, Computer Classes in Spanish, Financial Literacy, Health Education, Civic Engagement, and Cultural Education. Cultural classes include: cooking classes, Danza Folklórico Group, and culturally specific programs. All staff speak Spanish.
ISU EXTENSION Program	Address	Phone	Website/E-mail	Co.	Description
Trogram	Additss	1 none	W COSIC/E-IIIaii	C0.	*
Iowa State University Extension and Outreach Hamilton County	311 Bank St Webster City, IA 50595	515-832-9597	www.extension.ia state.edu/hamilton	HAM	Research-based information and education via telephone, internet, print materials, and workshops. Topics include family finance, nutrition & health, parenting, community & youth development, horticulture, agriculture, & more.
Family Nutrition Program	217 South 25th St, Ste C12, Fort Dodge, IA 50501	515-576-2119	www.extension.iastate. edu/hamilton/food- nutrition-and-health vanheel@iastate.edu	HAM - WEB	Free program available to families to help parents provide nutritious food for their families, leading to healthy children and strong families. The program also helps youth make choices for better health. Staff work with pregnant teens, families with young children and youth. Program staff meet with participants one-on-one and in small groups.

Iowa State University Extension and Outreach Humboldt County	727 Sumner Ave Humboldt, IA 50548	515-332-2201	www.extension.ia state.edu/humboldt	HUM	Research-based information and education via telephone, internet, print materials, and workshops. Topics include family finance, nutrition & health, parenting, community & youth development, horticulture, agriculture, & more.
Iowa State University Extension and Outreach Webster County	217 South 25th St, Ste C12, Fort Dodge, IA 50501	515-576-2119	www.extension.ia state.edu/webster	WEB	Research-based information and education via telephone, internet, print materials, and workshops. Topics include family finance, nutrition & health, parenting, community & youth development, horticulture, agriculture, & more.
Iowa State University Extension and Outreach Wright County	210 First St SW Clarion, IA 50525	515-532-3453	www.extension.ia state.edu/wright	WRT	Research-based information and education via telephone, internet, print materials, and workshops. Topics include family finance, nutrition & health, parenting, community & youth development, horticulture, agriculture, & more.
COLLEGES					
Program	Address	Phone	Website/E-mail	Co.	Description
Buena Vista University (Fort Dodge Campus)	One Triton Circle, Rm 102, Fort Dodge, IA 50501	712-749-1914 Asst. Dir.: 712.749.1987	www.bvu.edu/student- experience/on-site- locations/Fort-Dodge ftdodge@bvu.edu Asst. Dir.: stockdallj@bvu.edu	ALL	Provides the opportunity for bachelor degrees face-to-face and online.
Iowa Central Community College HSED Program	One Triton Circle, Fort Dodge, IA 50501	Susan Doyle: 515-574- 1263 Theresa Phillips: 515- 547-1955	www.iowacentral.edu/n oncredit/non- credit_hsed.asp doyle@iowacentral.edu phillips_t@iowacentral. edu	ALL	Offers Iowa High School Equivalency Diploma (formerly GED) classes and tests.
Iowa Central Community College Main Campus	One Triton Circle, Fort Dodge, IA 50501	800-362-2793 515-576-7201	www.iowacentral. edu	ALL	Offers AA degrees and adult education programs.
Iowa Central Community College East Campus	2031 Quail Ave, Fort Dodge, IA 50501	800-362-2793 ext. 1293	www.iowacentral. edu	ALL	Offers AA degrees and adult education programs.
Iowa Central Community College Webster City Campus	1725 Beach St, Webster City, IA 50595	515-832-1632	www.iowacentral. edu	ALL	Offers AA degrees and adult education programs.
SCHOOL DISTRICT					
Program	Address	Phone	Website/E-mail	Co.	Description
Belmond-Klemme Community School District	411 10th Ave NE Belmond, IA 50421	641-444-4300	bkcsd.org	WRT	Provides education for youth preschool-12th grade.
Belmond-Klemme Junior/Senior High	411 10th Ave. NE Belmond, IA 50421	641-444-4300	www.bkcsd.org	WRT	Provides education for youth 7-12th grades for those in the district and those outside of the district per approval.
Butler Elementary	945 S 18th St, Fort Dodge, IA 50501	515-574-5882	www.fdschools.org/sch ools/butler-elementary cbanwart@fdschools.or g	WEB	Provides education for children kindergarten-4th grade.
Clarion-Goldfied-Dows Community School District	120 Central Ave E Clarion, IA 50525	515-532-3423	www.clargold.org	WRT	Provides education for youth preschool-12th grade.
Clarion-Goldfield- Dows Elementary School	319 3rd Ave NE Clarion, IA 50525	515-532-2873	www.clargold.org handerson@clargold.or g	WRT	Provides education for children preschool-5th grade.
Clarion-Goldfield- Dows High School	1111 Willow Dr Clarion, IA 50525	515-532-2895	www.clargold.org pclutter@clargold.org	WRT	Provides education for youth 9th- 12th grade.
Clarion-Goldfield- Dows Middle School	300 Third Ave NE Clarion, IA 50525	515-532-2412	www.clargold.org deekhoff@clargold.org	WRT	Provides education for youth 6th-8th grade.

Community Christian School	2405 9-1/2 Ave S Fort Dodge, IA 50501	515-573-3011	www.ccsfd.org ccsofficefd@gmail.com	WEB	Community Christian School is a non- denominational school serving grades preschool through eighth.
Cooper Elementary	2420 14th Ave N Ft. Dodge, IA 50501	515-574-5602	www.fdschools.org/sch ools/cooper-elementary lharvey@fdschools.org	WEB	Provides education for children kindergarten-4th grade.
Duncombe Elementary	1620 6th Ave N, Fort Dodge, IA 50501	515-574-5623	www.fdschools.org/sch ools/duncombe- elementary rflaherty@fdschools.or	WEB	Provides education for children kindergarten-4th grade.
Eagle Grove Community School District	325 N Commercial Ave Eagle Grove, IA 50533	515-448-4749	www.eagle- grove.k12.ia.us	WRT	Provides education for youth preschool-12th grade.
Eagle Grove Elementary School	425 N Fort Ave Eagle Grove, IA 50533	515-448-3126	www.eagle- grove.k12.ia.us	WRT	Provides education for children preschool-5th grade.
Eagle Grove High School	415 NW 2nd St Eagle Grove, IA 50533	515-448-5143	www.eagle- grove.k12.ia.us	WRT	Provides education for youth 9th- 12th grade.
Feelhaver Elementary	1300 14th Ave N Fort Dodge, IA 50501	515-574-5680	www.fdschools.org/sch ools/feelhaver- elementary sfitzgerald@fdschools.o	WEB	Provides education for children kindergarten-4th grade.
Fort Dodge Community School District Main Office	109 N 25th St, Fort Dodge, IA 50501	515-576-1161	fdschools.org	WEB	Provides education for youth preschool-12th grade.
Fort Dodge Middle School	800 N 32nd St, Fort Dodge, IA 50501	515-574-5691	www.fdschools.org/sch ools/fort-dodge-middle- school	WEB	Provides education for youth 5th through 8th grade.
Fort Dodge Senior High	819 N 25th S, Fort Dodge, IA 50501	515-955-1770	www.fdschools.org/sch ools/fort-dodge-senior- high	WEB	Provides education for youth 9th to 12th grade.
Gilmore City-Bradgate Elementary School	402 SE E Ave, Gilmore City, IA 50541	515-373-6124	www.gcbschools.org	HUM - WEB	Provides education for children preschool-6th grade.
Humboldt Community School District Administration Office	23 3rd St N, Dakota City, IA 50529	515-332-1330	humboldt.k12.ia.us gdarling@humboldt.k1 2.ia.us	HUM	Provides education for youth preschool-12th grade.
Humboldt High School	1500 Wildcat Rd Humboldt, IA 50548	515-332-1430	www.humboldt.k12.ia. us/schools/humboldt- high-school	HUM	Provides education for youth 9th-12th grade.
Humboldt Middle School	1400 Wildcat Rd Humboldt, IA 50548	515-332-2812	www.humboldt.k12.ia. us/schools/humboldt- middle-school	HUM	Provides education for youth 5th-8th grade.
Manson Northwest Webster Community School District Main Office	1030 Main St, PO Box 387, Manson, IA 50563	712-469-2202	www.manson- nw.k12.ia.us jdaggett@manson- nw.k12.ia.us	WEB	Provides education for youth preschool-12th grade.
Manson Northwest Webster Elementary School	303 Pierce St, Barnum, IA 50518	515-542-3211	www.manson- nw.k12.ia.us/elementar y/about blarson@mnwcougars. com	WEB	Provides education for children preschool-6th grade.

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Manson Northwest Webster Junior/Senior High	1601 15th St, Manson, IA 50563	712-469-2245	www.manson- nw.k12.ia.us/secondary /about kgirard@manson- nw.k12.ia.us dhock@manson- nw.k12.ia.us	WEB	Provides education for youth 7th-12th grade.
Mease Elementary School	23 3rd St N, Dakota City, IA 50529	515-332-3578	www.humboldt.k12.ia. us/schools/mease- elementary-school	MUH	Provides kindergarten, EC-5, and 4 yr old preschool.
North Central Consortium School	1760 Johnson Ave, Fort Dodge, IA 50501	515-576-6967	www.manson- nw.k12.ia.us/consortiu m jseltz@nwcougars.com	WEB	Consortium of schools that serve grades 2-12. Offers a general education program with special education supports.
Northeast Hamilton Elementary	606 Illinois St Blairsburg, IA 50034	515-325-6234	www.northeasthamilto	HAM	Provides education for children preschool-6th grade.
Pleasant View Elementary	1901 Willson Ave Webster City, IA 50595	515-832-9241	www.webster- city.k12.ia.us/5/home	МАН	Provides education for children pre-K-1st grade.
Prairie Valley Elementary (Farnhamville Elementary)	3116 Zearing Ave Farnhamville, IA 50538	515-467-5700	www.southeastvalley.o	WEB	Provides education for children preschool-4th grade.
Richard O. Jacobson Elementary	1004 7th St NE Belmond, IA 50421	641-444-4300	www.bkcsd.org	WRT	Provides education for children preschool- 6th grade for those in the district and those outside of the district per approval.
Riverside Early Learning Center	733 F St, Fort Dodge, IA 50501	515-574-5740	www.fdschools.org/sch ools/riverside-early- learning-center	WEB	Provides preschool and transitional kindergarten. Head Start location.
			tacree@fdschools.org		
Robert Blue Middle School	1015 NW 2nd St Eagle Grove, IA 50533	515-448-4767	www.eagle- grove.k12.ia.us	WRT	Provides education for children 6th-8th grade.
St. Edmond Catholic School Business/Development Office	2220 4th Ave N, Fort Dodge, IA 50501	515-955-6077	www.st-edmond.com	WEB	Catholic school that provides education for children preschool-12th grade.
St. Edmond Catholic School	2321 6th Ave N, Fort Dodge, IA 50501	515-576-5182	www.st-edmond.com	WEB	Catholic school that provides education for children preschool-12th grade.
St. Mary Catholic School	303 3rd Ave N Humboldt, Iowa 50548	515-332-2134	www.stmaryhumboldt. org	МПН	Catholic school that provides education for children preschool-6th grade.
St. Paul Lutheran School	1217 4th Ave S, Fort Dodge, IA 50501	515-955-7208	www.stpaulschoolfd.or g stpaulsc@stpaulschoolf d.org	WEB	Lutheran school that provides education for children preschool-8th grade.
St. Thomas Aquinas School	624 Dubuque St, Webster City, IA 50595	515-832-1346	stthomaswc.org/school ssmith@stswc.com	HAM	Catholic school that provides education for children preschool-6th grade.
South Hamilton Community School District	315 Division St, Jewell, IA 50130	District Office: 515- 827-5479 Elementary: 515-827- 5096 MS/HS: 515-827-5418	www.shhawks.net	HAM	Provides education for youth preschool-12th grade.
Southeast Valley District Office	1111 Beek St, Gowrie, IA 50543	515-352-3173	www.southeastvalley.o	WEB	Provides education for youth preschool-12th grade.
Southeast Valley High School	1005 Riddle St, Gowrie, Iowa 50543	515-352-3142	www.southeastvalley.o	WEB	Provides education for youth 9th-12th grade.
Southeast Valley Middle School	30850 Paragon Ave Burnside, Iowa 50521	515-359-2235	www.southeastvalley.o	WEB	Provides education for youth 5th
Southeast Webster- Grand Elementary School (Dayton Elementary)	104 2nd St NW Dayton, IA 50530	515-547-2314	www.southeastvalley.o	WEB	Provides education for children preschool-4th grade.

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Stratford Elementary School	1000 Shakespeare Ave, PO Box 190 Stratford, IA 50249	515-838-2208	www.stratford.k12.ia.u s jculberson@stratford. k12.ia.us	HAM	Provides education for children preschool-6th grade.
Sunset Heights Elementary	1101 Boone St, Webster City, IA 50595	515-832-9245	www.webster- city.k12.ia.us/4/home	HAM	Provides education for children 2nd-4th grade.
Taft Elementary School	612 2nd Ave N Humboldt, IA 50548	515-332-3216	www.humboldt.k12.ia. us/schools/taft	НОМ	Provides education for children 1st-4th grade.
Twin Rivers Elementary School	200 College Ave, PO Box 153, Bode, IA 50519	515-379-1309	www.trv.k12.ia.us	HUM	Provides education for chilren preschool-5th grade.
Webster City Community Schools Administration Building	820 Des Moines St Webster City, IA 50595	515-832-9200	www.webster- city.k12.ia.us	HAM	Provides education for youth preschool-12th grade.
Webster City High School	1001 Lynx Ave, Webster City, IA 50595	515-832-9210	www.webster- city.k12.ia.us/1/Home	HAM	Provides education for youth 9th-12th grade.
Webster City Middle	1101 Des Moines St	515-832-9220	www.webster-	HAM	Provides education for youth 5th-8th grade.
School	Webster City, IA 50595	313-832-9220	city.k12.ia.us/2/home	/Η	Frovides education for youth 5th-8th grade.
School ALTERNATIVE SCI	•	313-632-9220	city.k12.ia.us/2/home	/H	Provides education for youth 5th-8th grade.
	•	Phone	city.k12.ia.us/2/home Website/E-mail	H Co.	Description
ALTERNATIVE SCI	HOOLS		Website/E-mail www.humboldt.k12.ia. us/schools/alpha- alternative-learning- center		
ALTERNATIVE SCI Program ALPHA Learning	Address 23 3rd St N, PO Box 130	Phone 515-332-1430 Ext.	Website/E-mail www.humboldt.k12.ia. us/schools/alpha- alternative-learning- center kfisher@humboldt.k12.	Co.	Description Alternative school experience for students not
ALTERNATIVE SCI Program ALPHA Learning	Address 23 3rd St N, PO Box 130	Phone 515-332-1430 Ext.	Website/E-mail www.humboldt.k12.ia. us/schools/alpha- alternative-learning- center	Co.	Description Alternative school experience for students not
ALTERNATIVE SCI Program ALPHA Learning Center Belmond-Klemme Alternative High	Address 23 3rd St N, PO Box 130 Dakota City, IA 50529	Phone 515-332-1430 Ext. 6329	Website/E-mail www.humboldt.k12.ia. us/schools/alpha- alternative-learning- center kfisher@humboldt.k12. ia.us www.bkcsd.org	Co.	Alternative school experience for students not attending a regular school Alternative high school experience for students not

Program	Address	Phone	Website/E-mail	Co	Description
Bee Inspired CAPP Program	120 1st Ave NW, Ste 14, Clarion, IA 50525	515-602-6371 ext. 4	www.bee-inspired.org tlarson@co.wright.ia.u s beeinspiredcappprogra m@gmail.com	HAM - HUM - WRT	Provides programming on various topics to youth (ages 12-19), parents, caregivers, schools/alternative settings, and other adults/community members. Topics include: sexual health education (i.e. online safety, relationships, STD/STI and Adolescent Pregnancy Prevention), youth development and service-learning, resources, referrals, and more.
Blog: Science of Parenting			blogs.extension.iastate. edu/scienceofparenting	ALL	Shares research based information and resources to help parents in their important role of raising children.
Building Families - Early Childhood Area	120 1st Ave NW, Ste 14, Clarion, IA 50525	515-602-6371	www.building families.net mbailey@ co.wright.ia.us	HAM - HUM - WRT	Provides funding and coordination for family support, parent education, preschool scholarships, training for early childhood providers and oversees the Prevent Child Abuse and Community Adolescent Pregnancy Prevention programs.
Catholic Charities	3 North 17th St, Fort Dodge, IA 50501	515-576-4156	www.cathchar.com	ALL	Provides pre-pregnancy testing and confidential support for individuals having concerns about a pregnancy. Family and play therapy counseling; Maternity, adoption, and single parenting counseling.
Children and Families of Iowa	111 Ave O West, Fort Dodge, IA 50501	515-573-2193	www.cfiowa.org	ALL	Provides family support programs ranging from home studies, foster/adoptive parent/caregiver support, safety planning for families in crisis, and parenting skills training.
Crisis Intervention Service	210 S Main St, Clarion, IA 50525 809 Central Ave, Ste 305, Fort Dodge, IA 50501	HAM/HUM/WRT Domestic Abuse: 515- 851-1208 Sexual Assault: 515- 851-1123 WEB Domestic Abuse: 515-570-4185 Sexual Assault: 515- 570-4565 Domestic Abuse Hotline: 855-424-9133 Sexual Assault Hotline: 800-479-9071	www.CIShelps.org HAM/HUM/WRT Domestic Abuse: kaylea@CIShelps.org Sexual Assault: rachelc@CIShelps.org WEB Domestic Abuse: julee@CIShelps.org Sexual Assault: alison@CIShelps.org	ALL	Provide victims of domestic abuse and sexual assault with confidential, 24-hour services including emergency shelter, safety, support & education.
Domestic/Sexual Assault Outreach Center	PO Box 773 Fort Dodge, IA 50501	Crisis Line: 515-955- 2273 Homicide & Violent Crimes: 515-955-5677 Toll Free: 888-356- 2006	www.dsaoc.com	ALL	D/SAOC is a Domestic Violence Shelter and Counseling Service. All services are free and confidential.
Early Head Start (EHS)	214 S 13th St, Fort Dodge, IA 50501	515-573-2453 ext. 206	www.yourhs-ehs.org	ALL	Provides in-home support services for pregnant women and parents of children 0-3. Services include; parenting tips, health screenings for children, depression screenings for parents, and assessment of children's development. The Head Start center-based programs target children ages 3-5.
Family Development and Self Sufficiency Program (FADSS)	113 S 10th St, Fort Dodge, IA 50501	515-576-7774	www.udmo.com/FaDS S.htm aschlief@udmo.com	HAM - HUM - WRT	Provides an in-home program to assist families to move from welfare to self sufficiency.

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Family Development and Self Sufficiency Program (FADSS)	1325 1st Ave S, Fort Dodge, IA 50501	515-576-7774	www.udmo.com/FaDS S.htm aschlief@udmo.com	WEB	Provides an in-home program to assist families to move from welfare to self sufficiency.
Healthy Opportunities for Parents to Experience Success (HOPES Program) Hamilton County	1610 Collins St, Ste 1, Webster City, IA 50595	515-832-9565	www.hamiltoncountyp ublichealth.com/servic es/hopes	HAM	Provides in-home support services for parents of children Prenatal-3. Services include; parenting tips, health screenings for children, depression screenings for parents, and assessment of children's development.
Healthy Opportunities for Parents to Experience Success (HOPES Program) Humboldt County	1000 15th St N, Humboldt, IA 50548	515-332-2492	www.humboldthospital .org/services/humboldt- county-public-health	MUH	Provides in-home support services for parents of children Prenatal-3. Services include; parenting tips, health screenings for children, depression screenings for parents, and assessment of children's development.
Healthy Opportunities for Parents to Experience Success (HOPES Program) Wright County	115 1st St SE, Clarion, IA 50525	515-532-3461	www.wrightcounty.or g/residents/hopes.php	WRT	Provides in-home support services for parents of children 0-3. Services include; parenting tips, health screenings for children, depression screenings for parents, and assessment of children's development.
Iowa State University Extension and Outreach	HAM: 311 Bank St, Webster City, IA 50595 HUM: 727 Sumner Ave, Humboldt, IA 50548 WEB: 217 S 25th St Ste C12, Fort Dodge, IA 50501 WRT: 210 1st St SW Clarion, IA 50525	HAM: 515-832-9597 HUM: 515-332-2201 WEB: 515-576-2119 WRT: 515-532-3453	www.extension.iastate. edu/ families www.extension.iastate. edu/ calendar	ALL	Provides education and information dedicated to improving the quality of life for families. Check the ISU Extension Calendar (website at left) for listing of events.
Iowa Teen Line		1-800-443-8336 TT/TTY: 800-735- 2942	www.extension.iastate. edu/teenline	ALL	24/7 confidential and free health information and referral service for Iowa teens and those who care about them. When you just aren't sure who to talk to, Teen Line can help. Provided by Iowa Dept of Public Health in contract with ISU Extension & Outreach.
Just in Time Parenting			www.jitp.info	ALL	Brings quality, research-based information to families with children. Subscribe to FREE age-paced newsletters, ask experts questions, read articles, watch webinars, and link to resources.
La Luz Centro Cultural	7 2nd Ave NE Hampton, IA 50441	641-812-1090	www.laluzcc.org info@laluzcc.org	HAM - WRT	Bilingual and bilcultural resource navigation to find the right resources for families and help apply for public assistance and other resources, incuding La Luz Legal Clinic. All staff speak Spanish.
Life Connections	HUM: 19 South 6th St, Humboldt, IA 50548 WEB: 704 Central Ave, Ste 206-207, Fort Dodge, IA 50501	HUM: 515-327-5195 WEB: 515-992-0938	www.life- connections.org	HUM - WEB	Provides in-home behavorial health intervention services and mental health therapy services.
Linking Families and Communities	822 Central Ave, Ste 300, Fort Dodge, IA 50501	515-955-5437	www.linking- families.com info@linking- families.com	WEB	Preschool scholarships, consultation services for preschools and childcare, parenting classes/workshops and professional development opportunities for early care providers.
Parent Connection	120 1st Ave NW, Ste 14, Clarion, IA 50525	515-602-6371	www.buildingfamilies. net/parents/parent- connection-programs awesselink @co.wright.ia.us	HAM - HUM - WRT	Provides support services through group and in- home parent education, service coordination, developmental screens, and preschool parent nights. Coordinates the Prevent Child Abuse Council and preschool scholarship for Building Families.

Power Up YOUth	1610 Collins St, PO Box 952, Webster City, IA 50595	515-832-9565	www.powerupyouth.or	HAM	Adults, youth and agencies come together to develop and implement plans to prevent and reduce substance abuse and other risky behaviors in youth. Working to create community and systems level changes.
TIPP (Teen Information Pregnancy Prevention)	723 1st Ave S, Fort Dodge, IA 50501	515-573-4107	tzcochrane@outlook.c om www.webstercountyia. gov/departments/healt h_department/commu nity_health/teen_preg nancy.php	EB	Provides education to teens on pregnancy prevention and the prevention of STD/STI transmission.
United Way of Greater Fort Dodge	24 N 9th St, Ste B, Fort Dodge, IA 50501	515-573-3179	www.unitedwayfd.org receptionist@fd- foundation.org	WEB	Public charity supporting numerous organizations and agencies to help struggling families become self-sufficient and stable for the long-term. Programs include: Bridging the Gap, Beds for Kids, homelessness prevention, senior assistance program, wheels for work, VITA program, and YouthNet Program.

PUBLIC HEALTH		_			
Program	Address	Phone	Website/E-mail	Co.	Description
			www.bee-inspired.org	WRT	Provides programming on various topics to youth (ages 12-19), parents, caregivers, schools/alternative
Bee Inspired CAPP Program	120 1st Ave NW, Ste 14, Clarion, IA 50525	515-602-6371 ext. 4	tlarson@co.wright.ia.u s	HUM -	settings, and other adults/community members. Topics include: sexual health education (i.e. online safety, relationships, STD/STI and Adolescent
S			beeinspiredcappprogra m@gmail.com	HAM -	Pregnancy Prevention), youth development and service-learning, resources, referrals, and more.
Family Nutrition Program	217 S 25th St, Ste C12 Fort Dodge, IA 50501	515-576-2119	www.extension.iastate. edu/hamilton/food- nutrition-and-health vanheel@iastate.edu	HAM - WEB	Free program available to families to help parents provide nutritious food for their families, leading to healthy children and strong families. The program also helps youth make choices for better health. Staff work with pregnant teens, families with young children and youth. Program staff meet with participants one-on-one and in small groups.
Hamilton County Public Health	1610 Collins St, Ste 1 Webster City, IA 50595	515-832-9565	www.hamilton countypublichealth.co m	HAM	Services include: in home nursing, direct care professionals, emergency preparation, homecare aides, skilled nursing, sanitarian, medical social work, immunizations, WIC Program, and other public health services.
HealthPartners UnityPoint Health	802 Kenyon Rd, Fort Dodge, IA 50501	515-573-3101	www.unitypoint.org/fo rtdodge/default.aspx	WEB	Health insurance navigation and care coordination.
Healthy Kids in Iowa (HAWK-I)	Hawki Outreach Coordinator: Webster County Health Dept, 330 1st Ave N, Ste L-2, Fort Dodge, IA 50501 App. Mailing Address: Imaging Center 4 PO Box 2027, Cedar Rapids, IA 52406	Member Services: 800- 257-8563 Outreach Coord.: 515- 573-4107 or 888-289- 3318	dhs.iowa.gov/hawki Hawki@dhs.state.ia.us Outreach Coord.: jsaxton@webstercount yia.org	ALL	Free or low cost health insurance for youth
Humboldt County Public Health	1000 15th St N Humboldt, IA 50548	515-332-2492	www.humboldthospital .org/services/humboldt- county-public-health	HUM	Services include: home care, WIC Program, nursing care, health counseling, immunizations, interpreter services, emergency preparedness, and other public health services.
Iowa Healthy Families Line		800-369-2229 TTY: 800-735-2942	idph.iowa.gov/family- health/newborn-infant	ALL	Provides information on maternal, child and family planning services.
Proteus, Inc.	107 N 7th St, Fort Dodge, IA 50501	515-227-7056	www.proteusinc.net mattw@proteusinc.net	ALL	Provides health services for migrant/farm workers.
Teen Line		800-443-8336 TT/TTY: 800-735-2942	www.extension.iastate. edu/teenline	ALL	24/7 confidential and free health information and referral service for Iowa teens and those who care about them. When you just aren't sure who to talk to, Teen Line can help. Provided by Iowa Dept of Public Health in contract with ISU Extension & Outreach.
Webster County Public Health	723 1st Ave.S, Ste 220 Fort Dodge, IA 50501	515-573-4107	www.webstercountyia. gov/departments/healt h_department/index.p hp public_health@webste rcountyia.org	WEB	Services include: home care, hospice, nursing care, health counseling, WIC Program, immunizations, and other public health services. Family Planning Services are also available through this agency.
Wright County Health Department	115 1st St SE, Clarion, IA 50525	515-532-3461	wrightcounty.org/resid ents/public_health.php	WRT	Services include: skilled nursing, home care aide, early childhood services, WIC Program, physical/occupational/speech therapies, social worker referrals, immunizations, and other public health services.

DENTAL					
Program	Address	Phone	Website/E-mail	Co.	Description
University of Iowa College of Dentistry - Pediatric Dentistry Dept	Pediatric Dentistry Clinc Dental Science Building, 2nd Fl, 801 Newton Rd, Iowa City, IA 52242	Main Office: 319-355-7479 Scheduling: 319-335-7485 Scheduling for Children w/ Special Healthcare Needs: 319-353-6711 After-Hours Emergency: 319-356-1616	dentistry.uiowa.edu/pe diatric	YTY	Dental Services for individuals under 21 who have special needs, come from low income households or have limited access to oral health services.
Webster County Health Department: I-Smile Program	723 1st Ave S, Fort Dodge, IA 50501	515-574-3815 515-573-4107	www.webstercountyia. gov/departments/healt h_department/wic_ma ternal_and_child_heal th/i- smile_dental_health.ph p cindy.partlow@webste rcountyia.org	ALL	Provides assistance to families concerning finding a dentist and making appointments. Also provides dental screenings, fluoride varnish, and education at WIC, preschool, Head Start, and area schools.
Webster County Health Department: I-Smile Silver Program	723 1st Ave S, Fort Dodge, IA 50501	515-573-4107 ext. 4031	www.webstercountyia. gov/departments/healt h_department/wic_ma ternal_and_child_heal th/i- smile_dental_health.ph p amber.cooke@webster countyia.org	ALL	Assist adults 21 and older to finding dental care and making appointments. Provide oral health training for care facility, medical staff, and in-home care providers. Direct services offered: dental screenings, fluoride varnish, silver diamine fluoride application and individualized oral health education.
MEDICAL CENTERS	3		countymorg		
Program	Address	Phone	Website/E-mail	Co.	Description
Humboldt County Memorial Hospital	1000 15th St N, Humboldt, Iowa 50548	515-332-4200	www.humboldt hospital.org	ALL	Critical Access hospital including acute and skilled care along with long term care. Provides a wide variety of outpatient diagnostics services, 24 hr emergency room, ambulatory surgery, rehab service, home & community health services, nutritional services and ambulance services.
Iowa Specialty Hospital Belmond Campus	403 1st St SE, Belmond, IA 50421	641-444-3223 Toll Free: 844-474- 4321	www.iowaspecialty hospital.com	ALL	Provides medical care, prevention and wellness services. Services include: orthopedics and sports medicine, bariatrics, obstetrics and gynecology, pain management, general surgery, and family medicine, among others.
Iowa Specialty Hospital Clarion Campus	1316 So Main St, Clarion, IA 50525	515-532-2811 Toll Free: 844-474-4321	www.iowaspecialty hospital.com	ALL	Provides medical care, prevention and wellness services. Services include: orthopedics and sports medicine, bariatrics, obstetrics and gynecology, pain management, general surgery, and family medicine, among others.
MercyOne North Medical Center	1000 4th St SW, Mason City, IA 50401	641-428-7000	www.mercyone.org/loc ation/mercyone-north- iowa-medical-center	ALL	Private non-profit, faith-based, full-service community health system. Services provided include: ambulatory care, home health, hospice, regional referral laboratory, regional rehabilitation and diagnostic technology services, pharmacies, emergency services network, and other health care services.
UnityPoint Health Trinity Regional Medical Center	802 Kenyon Rd, Fort Dodge, IA 50501	515-573-3101	www.unitypoint.org/fo rtdodge/default.aspx	ALL	Non-profit hospital serving Fort Dodge and surrounding communities. Designated referral center offering a wide range of primary and secondary care services.

Van Diest Medical Center	2350 Hospital Dr, PO Box 430, Webster City, IA 50595	515-832-9400	www.vandiestmc.org	ALL	Medical center serving communities throughout central Iowa. Affiliate of MercyOne, it is a Critical Access hospital, and services include: pain management, women's health, senior life solutions, emergency medicine, family practice, rehabilitation services, and many more medical services.
CLINICS					
Program	Address	Phone	Website/E-mail	Co.	Description
Child Health Specialty Clinics	804 Kenyon Rd Ste 205 Fort Dodge, IA 50501	515-955-8326	www.chsciowa.org	ALL	Provides services for children and youth, birth to 21 years who have a chronic condition or an increased risk for a chronic condition, or a need for special services. This location has the regional autism assistance program.
Community Health Center of Dayton	24 S Main St, Dayton, IA 50530	515-547-2974	www.chcfd.com	ALL	Provides primary healthcare, dental and behavioral health services. They accept Medicare, Medicaid, and most private insurance. They have a sliding fee scale for those who qualify. A social worker and financial advocate are also on site.
Community Health Center of Fort Dodge	126 10th St N, Fort Dodge, IA 50501	515-576-6500	www.chcfd.com info@chcfortdodge.co m	ALL	Provides primary healthcare, dental and behavioral health services. They accept Medicare, Medicaid, and most private insurance. They have a sliding fee scale for those who qualify. A social worker and financial advocate are also on site.
Family Planning Clinic Webster County Public Health	310 2nd Ave S, Fort Dodge, IA 50501	515-573-4107	www.webstercountyia. gov/departments/healt h_department/commu nity_health/family_pla nning.php	ALL	Services include: birth control initiation and surveillance, fertility awareness based methods, pregnancy testing, reproductive life planning, STI screening and treatment, well man exams, well woman exams (including pap smears), confidential services for teenagers, reproductive health education, and free condoms and condom education
The Gabrielson Clinic for Women - Webster City	815 Des Moines St Webster City, IA 50595	515-832-1200	www.gabrielsonclinic4 women.com	HAM	Clinic specializing in women's health. Services include: obstetrics & gynecology, family medicine, dermatology, and other specialty services.
Iowa Specialty Belmond Clinc	403 1st St SE, Belmond, IA 50421	641-444-3223 Toll Free: 844-474- 4321	www.iowaspecialty hospital.com	WRT	Services include: counseling/therapy, family medicine, laboratory services, pediatrics, psychiatric medication, radioloy & imaging, telehealth, and weight loss management.
Iowa Specialty Clarion Clinic	215 13th Ave SW Clarion, IA 50525	515-532-2836	www.iowaspecialty hospital.com	WRT	Services include: counseling/therapy, dermatology, diabetes education, family medicine, laboratory services, maternity center, nutrition coaching/services, obstetrics & gynecology, occupation medicine, psychiatric medication, radiology & imaging, and telehealth.
Iowa Specialty Fort Dodge Clinic	2700 1st Ave S, Ste 100 Fort Dodge, IA 50501	515-955-6767	www.iowaspecialty hospital.com	WEB	Services include: family medicine, internal medicine, occupational medicine, orthopedics, pain management, podiatry, sports medicine, and telehealth.
Iowa Specialty Webster City Clinic	903 Willson Ave, Webster City, IA 50595	515-832-3332	www.iowaspecialty hospital.com	HAM	Services include: dermatology, family medicine, and telehealth.
Planned Parenthood Ames Center	2530 Chamberlain St Ames, IA 50014	877-811-7526	www.planned parenthood.org	ALL	Provides family planning services, pregnancy tests, STI screening & treatment, women's and men's health care, primary care, and LGBTQ services, among more health services.
UnityPoint Clinic - Family Medicine (Eagle Grove)	115 S Park Ave Eagle Grove, IA 50533	515-448-5185	www.unitypoint.org	ALL	A variety of physicians for a variety of healthcare needs.
UnityPoint Clinic - Family Medicine (Ft. Dodge)	1428 2nd Ave N Fort Dodge, IA 50501	515-574-6110	www.unitypoint.org	ALL	A variety of physicians for a variety of healthcare needs.
UnityPoint Clinic - Family Medicine (Ft. Dodge)	800 Kenyon Rd, Ste S Fort Dodge, Iowa 50501	515-574-6800	www.unitypoint.org	ALL	A variety of physicians for a variety of healthcare needs.
UnityPoint Clinic - Family Medicine (Humboldt)	1000 15th St N, Ste A Humboldt, Iowa 50548	515-332-2015	www.unitypoint.org	ALL	A variety of physicians for a variety of healthcare needs.

Van Diest Family Health Clinic	2350 Hospital Dr Webster City, IA 50595	515-832-7800	www.vandiestmc.org/c linics/webster-city/van- diest-medical-center- clinic	MVH	Services include: family medicine, pediatric medicine, women's health, occupational medicine, behavorial health, podiatry, chronic disease management, acute care, minor procedures, prevention & routine health screenings, non-emergent care, health coach services, 3D mammography, and laboratory & radiology diagonistic testing. A variety of specialty services also available.
Van Diest Family Health Clinic of Fort Dodge	119 Ave O West, Fort Dodge, IA 50501	515-955-9200	www.vandiestmc.org/c linics/fort-dodge/van- diest-family-health- clinic-of-fort-dodge	WEB	Provides a variety of services ranging from general practice and preventative health care needs to urgen and emergent health care services. Limited laboratory and X-ray services are availabale on site.
Van Diest Family Health Clinic of Jewell	731 Main St, Jewell, IA 50130	515-827-6175	www.vandiestmc.org/j ewell	MAH	Provides a variety of services ranging from general practice and preventative health care needs to urgen and emergent health care services. Limited laboratory and X-ray services are availabale on site.
Van Diest Family Health Clinic of Stratford	817 Shakespeare Ave Stratford, Iowa 50249	515-838-2100	www.vandiestmc.org/v an-diest-family-health- clinic-of-stratford	HAM	Provides a variety of services ranging from general practice and preventative health care needs to urgen and emergent health care services. Limited laboratory and X-ray services are availabale on site.
Webster City Free Clinic	1610 Collins St, Ste 5 Webster City, IA 50595	515-832-9565	www.hamilton countypublichealth.co m www.freeclinicsofiowa. org/clinics/info/webster- city-free-clinic	МАН	2nd Tuesday of the month: 5-7pm - processing medication refills 4th Tuesday of the month: 5-7pm - full clinic services 3:00pm: Doors open, 4:00pm: Patient registration No appointment needed. Translation offered: Spanish and Lao Services include: illness/minor injury care, employment physicals, patient assistance program enrollment, chrnoic disease management, diabetes/blood glucose testing, high blood pressure testing, thyroid disorders.
HOME HEALTH CAI					
Program	Address	Phone	Website/E-mail	Co.	Description
Hamilton County Public					Provides Home Care Aids and Homemakers to
Health	1610 Collins St, Ste 1 Webster City, IA 50595	515-832-9565	www.hamilton countypublichealth.co m	HAM	provide personal cares, light housekeeping, and meal planning. Also offers in-home nursing. Medicare, Medicaid, and VA accepted.
•	-	515-332-2492	countypublichealth.co	HUM HAM	planning. Also offers in-home nursing. Medicare, Medicaid, and VA accepted. Provides homemaker and personal services, as well as skilled in-home nursing services.
Health Humboldt County	Webster City, IA 50595 1000 15th St N,		countypublichealth.co m www.humboldthospital .org/services/humboldt-		planning. Also offers in-home nursing. Medicare, Medicaid, and VA accepted. Provides homemaker and personal services, as well as skilled in-home nursing services. Medicare/Medicaid certified agency offering home health care. Also accepts VA, waivers, and private insurance.
Health Humboldt County Public Health	Webster City, IA 50595 1000 15th St N, Humboldt, Iowa 50548 3 N 17th St, Fort	515-332-2492 515-576-2273 Toll Free: 877-760-	countypublichealth.co m www.humboldthospital .org/services/humboldt- county-public-health	HUM	planning. Also offers in-home nursing. Medicare, Medicaid, and VA accepted. Provides homemaker and personal services, as well as skilled in-home nursing services. Medicare/Medicaid certified agency offering home health care. Also accepts VA, waivers, and private
Health Humboldt County Public Health Iowa Home Care	Webster City, IA 50595 1000 15th St N, Humboldt, Iowa 50548 3 N 17th St, Fort Dodge, IA 50501	515-332-2492 515-576-2273 Toll Free: 877-760- 0273	countypublichealth.co m www.humboldthospital .org/services/humboldt- county-public-health iowahomecare.com www.lifeandhealthcare .com info@lifeandhealthcar	- WEB - WRT WEB HUM	planning. Also offers in-home nursing. Medicare, Medicaid, and VA accepted. Provides homemaker and personal services, as well as skilled in-home nursing services. Medicare/Medicaid certified agency offering home health care. Also accepts VA, waivers, and private insurance. Provides home care aides, personal attendants, and registered nurses who offer a variety of services. Services include: meal prep, personal care, nursing assessments, light housekeeping, assistance with transportation to appointments, grocery shopping/errands, transitional care, light exercise/physical therapy, and medication
Health Humboldt County Public Health Iowa Home Care Life & Health Care North Central Home	Webster City, IA 50595 1000 15th St N, Humboldt, Iowa 50548 3 N 17th St, Fort Dodge, IA 50501 1620 Superior St, Unit 2 Webster City, IA 50595	515-332-2492 515-576-2273 Toll Free: 877-760- 0273 515-832-4442	countypublichealth.co m www.humboldthospital .org/services/humboldt- county-public-health iowahomecare.com www.lifeandhealthcare .com info@lifeandhealthcar	HAM - WEB - WRT WEB HUM	planning. Also offers in-home nursing. Medicare, Medicaid, and VA accepted. Provides homemaker and personal services, as well as skilled in-home nursing services. Medicare/Medicaid certified agency offering home health care. Also accepts VA, waivers, and private insurance. Provides home care aides, personal attendants, and registered nurses who offer a variety of services. Services include: meal prep, personal care, nursing assessments, light housekeeping, assistance with transportation to appointments, grocery shopping/errands, transitional care, light exercise/physical therapy, and medication management. Private non-profit agency serving any Webster County resident in need of homemaker and/or personal care services. Cost for services is based on a

HOSPICE	HOSPICE						
Program	Address	Phone	Website/E-mail	Co.	Description		
Gateway Hospice	103 2nd Ave NE, Clarion, IA 505025	515-532-2907	www.gatewayhospice. biz	WRT	Provides comprehensive, caring end of life services. Services include: registered nurses, certified nurses aides, medical director, chaplain, social worker, and volunteers.		
Humboldt County Memorial Hospital Hospice	1000 15th St N, Humboldt, IA 50548	515-332-7664	www.humboldthospital .org/services/hospice	MOH	Provides end of life services. Services may include: hospice nurse, social worker, medical director, primary care physician, pharmacist, volunteer and bereavement coordinators, massage therapist, and music therapist.		
Paula J. Baber Hospice Home	UnitPoint Health - Trinity Highland Park Campus 2630 9th Ave S Fort Dodge, IA 50501	515-574-8500	www.unitypoint.org/h omecare/paula-j-baber- house.aspx	YTV	Non-profit, community-based organization supporting end of life care. Eight patient suites to make people feel more at home. Medicare, Medicaid, and VA accepted.		
UnityPoint Hospice Care	214 South 25th St, Fort Dodge, IA 50501	515-574-6416	www.unitypoint.org/H omeCare/hospice- care.aspx	ALL	Provides end of life services. Services include: pain and symptom control, spiritual care, home care and inpatient care, respite care, family conferences, bereavement support, and the We Honor Veterans Program.		

HOTLINES					
Program	Address	Phone	Website/E-mail	Co.	Description
Answer Line		800-262-3804	www.extension.ia state.edu/ answerlinea answer@iastate.edu	ALL	Professional consumer and family scientists answer questions about child development, cleaning, consumer management, food prep and preservation, food safety, home environment, household equipment, nutrition, textiles, and laundry. Call Mon-Fri 8am-12pm & 1-4pm.
Ask TXTina (EyesOpenIowa)		Text "Tina" to 877877	www.asktxtina.com	ALL	Anonymous mobile textline for youth to get tips and facts about healthy relationships and sexual health. Website with frequently asked questions, resources, and clinic locations. Textline is open for questions the first and third Friday of every month 3-5pm.
Berryhill Mental Health Center	Berryhill Center 720 Kenyon Rd Fort Dodge, IA 50501	800-482-8305 Behavorial Health Urgent Care: 515-955- 7171	www.unitypoint.org/fo rtdodge/berryhill- center-of-mental- health.aspx	ALL	Provides psychological and psychiatric counseling services
Child Abuse/Neglect Reporting		800-362-2178	dhs.iowa.gov/child- abuse	I ALL	Provides an anonymous service for reporting suspected child and dependent adult abuse and neglect.
County Social Services Support Line		855-266-1257	www.countysocialservi ces.org	HUM - WRI	24/7 number in case you cannot reach the CSS office in your county.
Domestic/Sexual Assault Outreach Center	PO Box 773, Fort Dodge, IA 50501	Crisis Line: 888-356- 2006	www.dsaoc.com	YTF	Provides shelter, clothing, food, and support for the victims of domestic violence and sexual assault 24/7.
EMBARC Crisis Helpline		Burmese: 515-207- 9442 Chin Dialects: 515-216- 0974 French: 515-216-0143 Karen: 515-216-0143 Kareni: 515-216- 0712 Kirundi: 515-207-9614 Kunama: 515-216- 0745 Lingala: 515-216-4329 Swahili: 515-216-0611	sites.google.com/emba rciowa.org/embarc- crisis-response/crisis- helpline?authuser=0	ALL	Crisis helpline in various languages. Assists with support for emergency needs, obtaining food and essential items, appointments/interpret with medical providers, applying for benefits, addressing safety and discrimination issues. Helpline is available Monday-Friday, 9am-5pm.
Food Stamps Hotline		800-359-5802	dhs.iowa.gov/food- assistance	ALL	Provides general information, food stamp guidelines, and food stamp benefit information.
Foundation 2 Crisis Line & Chat	1714 Johnson Ave NW Cedar Rapids, IA 52405	800-332-4224 text or call	www.foundation2.org	ALL	Confidential crisis counseling. Telphone and online chat counseling is available 24/7. Text counseling is available Mon-Fri 9am-3pm.
Healthy Families Line		800-369-2229	idph.iowa.gov/epsdt/co ntacts#:~:text=Health y%20Families%20Lin e%3A%201%2D800,d ay%2C%20seven%20 days%20a%20week.	ALL	Prenatal, child, family planning, and women's health care questions and information. 24/7
HelpLine for Latinos in Iowa		515-344-3934	www.facebook.com/Li neadeAyudaIowa/?am p%3Btn=kK-R linea.de.ayuda.ia@gm ail.com	ALL	Help line in Spanish from Latinos for Latinos in Iowa. Assists with questions about the Coronavirus, connection to resources, applications, health providers, and more.
Iowa Concern Hotline		800-447-1985	www.extension.iastate. edu/iowaconcern	ALL	24/7 confidential assistance and referral for stress, legal questions, financial, family transistions, disaster and crisis issues. On-line database of frequently asked questions available, along with live on-line chat with counselors.
Iowa Consumer Credit Counseling	Mailing Address: American Consumer Credit Counseling 130 Rumford Ave, Ste 202, Auburndale, MA 02466	Toll Free: 800-769- 3571 Local: 617-559-5700	www.consumercredit.c om/iowa info@consumercredit.c om	ALL	Provides financial counseling.

					
Iowa Crisis Chat	CommUnity 1121 S Gilbert Ct, Iowa City, IA 52240	855-325-4296	www.iowacrisischat.or g admin@builtbycommu nity.org	ALL	Provides non-judgemental support for individuals facing emotional crisis. Available 9am-2pm every day.
Iowa Gambling Treatment Program		1-800-Bets Off 855-581-8111 Text: 855-895-8298	www.yourlifeiowa.org/ gambling https://www.idph.iowa. gov/igtp 1800betsoff.org	ALL	Provides counseling and support for people with a gambling addiction.
Iowa Legal Aid North Central Iowa Regional Office	202 1st St SE, Ste 112 Mason City, IA 50401	800-532-1275 641-423-4651	www.iowalegalaid.org/ organization/iowa- legal-aid-north-central- iowa-regional- of?ref=4gUiw#profile- tab dwilson@iowalaw.org	HUM - WRT	Provides legal help to low-income and vulnerable people.
Iowa Legal Aid Central Iowa Regional Office	1111 9th St, Ste 230, Des Moines, Iowa 50314	800-532-1275	www.iowalegalaid.org/ organization/iowa- legal-aid-central-iowa- regional- office?ref=4gUiw#prof ile-tab	HAM - WEB	Provides legal help to low-income and vulnerable people.
Iowa Poison Control Center		800-222-1222	www.iowapoison.org	ALL	Provides free 24-hour immediate treatment advice for poison emergencies. Can also help with questions about househould products, drugs, chemicals, insect/animal bites, and plant & mushroom poisonings.
Iowa Warm Line		844-775-WARM 844-775-9276		ALL	Peer-run, non-crisis confidential listening line for anyone sturggling with mental health or substance use issues. Line is staffed 2:00pm-10:00pm daily.
National Alliance on Mental Illness		800-273-8255 Text: "NAMI" to 741741	www.namiiowa.org info@namiiowa.org	ALL	Free, peer-support service providing information, resource referrals, and support to people living with mental health conditions, their family members, mental health providers, and the public.
National Center for Missing and Exploited Children		24-Hour Call Center: 1-800-THE-LOST 800-843-5678	www.missingkids .com Online Child Sexual Exploitation Reporting: CyperTipline.org	ALL	Provides the nation's resources on the issues of missing and sexually exploited children. Provides information and resources to law enforcement, parents, and children, including child victims and other professionals.
National Runaway Hotline		1-800-RUNAWAY 800-786-2929 Text: 66008	www.1800runaway.or	ALL	Provides an anonymous hotline for children, adolescents, and teens who are thinking about running away from home. Can connect parents and guardians to resources.
National Suicide Prevention Lifeline		1-800-273-8255	suicidepreventionlifelin e.org	ALL	Provides 24/7 free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.
SOMOS LatinX	La Luz Centro Cultural 7 2nd Ave NE, Hampton, IA 50441	641-812-1090	www.laluzcc.org info@laluzcc.org	WRT	Provides comprehensive, culturally-specific services to immigrant and refugee individuals who are victims of a crime. Services include legal & medical advocacy, safety planning, and support groups. All staff speak Spanish.
Your Life Iowa Crisis Line/CICS Mobile Response		855-581-8111 Text: 855-895-8398	yourlifeiowa.org	HAM	24/7 crisis line that provides information and referral, counseling, crisis service coordination, and crisis screening and mental health services. Mobile Crisis Response provides a team of professionals who can provide on-site, face-to-face mental health services for an individual or family experiencing a mental health crisis.

LAW ENFORCEMEN	NT				
Program	Address	Phone	Website/E-mail	Co.	Description
Clarion Police Department	120 1st Ave SW Clarion, IA 50525	515-532-2515	www.clarioniowa.gov/ police jstenda@clarioniowa.g	WRT	Police department serving the Clarion community. Office Hours: Mon-Fri 8am-4pm.
Eagle Grove Police Department	210 E Broadway St Eagle Grove, IA 50533	Dispatch: 515-448-4793 Office: 515-448-4686 ext. 27	eaglegroveiowa.org/?S EC=66C6B9E6-E6ED- 466E-AD8D- 021AD8176800 eaglegrovepd@gmail.c	WRT	Police department serving the Eagle Grove community.
Fort Dodge Police Department	702 1st Ave S, Fort Dodge, IA 50501	515-573-1426	om www.fortdodgeiowa.o rg/police/ fdpd@fortdodgeiowa. org	WEB	Police department serving the Fort Dodge community. Office Hours: Mon-Fri 8am-4:30pm
Hamilton County Crime Stoppers		Tip Line: 515-832- 8427 Mobile App: P3	www.facebook.com/H amiltonCountyCrimest oppers p3tips.com	HAM	Non-profit organization focused on uniting the public, the media, and law enforcement in fighting crime. Accepts anonymous tips through a local tip line, online, and via the P3 app.
Hamilton County Sheriff's Department	Hamilton County Courthouse 2300 Superior St, Ste 8 Webster City, IA 50595	515-832-9500 800-944-1738	www.hamiltoncounty. org/departments/sherif f/index.php dtimmons@hamiltonco unty.org	HAM	Responsible for law enforcement in the unincorporated ares of Hamilton County: Blairsburg, Williams, Jewell, Ellsworth, Randall, Stanhope, Stratford, and Kamrar. Office Hours: Mon-Fri 8am-4:30pm
Humboldt County Sheriff's Department	430 Sumner Ave Humboldt, IA 50548	515-332-2471	www.humboldtcountyi a.org/offices/public_sa fety/sheriff.php	HUM	Responsible for law enforcement in the unincorporated areas of Humboldt County.
Humboldt Police Department	430 Sumner Ave Humboldt, Iowa 50548	515-332-2600	www.cityofhumboldt.o rg/departments/police_ department/index.php	HUM	Police department serving the community of Humboldt.
Webster City Police Department	400 2nd St, Webster City, IA 50595	515-832-9166	webstercity.com/gover nment/departments/pu blic-safety/police- department chief@webstercity.com	HAM	Police department serving the community of Webster City.
Webster County Crime Stoppers		Tip Line: 515-573- 1444 Text: 274637, enter "LEC" then type message	www.wccrimestoppers. com webstercountycrimesto ppers@gmail.com	WEB	Partnership between the citizens of Webster County and its law enforcement agencies. Accepts anonymous tips through their tip line, online via their website, or text.
Wright County Sheriff's Department	719 2nd St SW, PO Box 348, Clarion, IA 50525	515-532-3722	www.wrightcounty.or g/departments/sheriff/i ndex.php pbarz@co.wright.ia.us	WRT	Responsible for law enforcement in the unincoprorated areas of Wright County. Office Hours: Mon-Fri 8am-4pm

Program	Address	Phone	Website/E-mail	Co.	Description
Cetnral Iowa Retired & Senior Volunteer Program (RSVP) Hamilton County	749 2nd St, Webster City, IA 50595	515-832-2525	www.rsvpvolunteer.or g rsvphamco@ cirsvp.org	HAM	RSVP offers adult volunteers aged 55+ quality opportunities to share their skills, interests and life experiences to a wide variety of community needs. RSVP manages volunteer requests, volunteer needs, recruitment and referral of volunteers, as well as follow-up on volunteer placements.
Central Iowa Retired & Senior Volunteer Program (RSVP) Webster County	Crossroads Mall 217 S 25th St, Ste B Fort Dodge, IA 50501	515-573-3477	www.rsvpvolunteer.or g rsvphamco@ cirsvp.org	WEB	RSVP offers adult volunteers aged 55+ quality opportunities to share their skills, interests and life experiences to a wide variety of community needs. RSVP manages volunteer requests, volunteer needs, recruitment and referral of volunteers, as well as follow-up on volunteer placements.
Elderbridge Agency on Aging Fort Dodge Office	308 Central Ave Fort Dodge, IA 50501	515-955-5244 800-243-0678	www.elderbridge.org amartens@elderbridge .org	ALL	Provides resources for seniors on health care, insurance, and services for seniors. Assists seniors over age 60 and disabled adults ages 18-59 with securing necessary food.
Experience Works Senior Community Service Employment Program (SCSEP)	IowaWORKS Center Three Triton Circle, Fort Dodge, IA 50501	515-576-3131	www.fortdodgeresourc es.com/resource- directory/230/experien ce-works-inc FortDodgeIowaWOR KS@iwd.iowa.gov	ALL	Provides paid community service assignments at local public and non-profit organizations, training, referral to needed services and job search assistance.
Foster Grandparents Program	Citizens Central 617 Central Ave, Fort Dodge, IA 50501	515-576-5401	www.fortdodgeiowa.o rg/department/division .php?fDD=12-148 jnemitz@fortdodgeiow a.org	WEB	A program that creates relationships between volunteer seniors and children. Service is provided on an individual, school, or daycare basis.
Hamilton County Senior Health Insurance Information Program (SHIIP)	Van Diest Medical Center 2350 Hospital Dr, PO Box 430, Webster City, IA 50595	515-832-7769	www.vandiestmc.org/ mission-vision- values/shiip	HAM	Free and confidential service to help with questions regarding Medicare, Medicare supplement insurance, Medicare Advantage plan, Medicare Prescription drug plans, long-term care insurance, and other health insurance issues.
Hamilton County Senior Health Insurance Information Program (SHIIP)	Van Diest Family Health Clinic of Jewell 731 Main St, Jewell, IA 50130	515-832-7769	www.vandiestmc.org/ mission-vision- values/shiip	HAM	Free and confidential service to help with questions regarding Medicare, Medicare supplement insurance, Medicare Advantage plan, Medicare Prescription drug plans, long-term care insurance, and other health insurance issues.
Humboldt County Senior Health Insurance Information Program (SHIIP)	Humboldt County Memorial Hospital 1000 15th St N Humboldt, IA 50548	515-332-4200	www.humboldthospital .org	HUM	Free and confidential service to help with questions regarding Medicare, Medicare supplement insurance, Medicare Advantage plan, Medicare Prescription drug plans, long-term care insurance, and other health insurance issues.
Legal Hotline for Older Iowans	1111 9th St, Ste 230, Des Moines, IA 50314	800-992-8161	www.iowalegalaid.org/ organization/legal- hotline-for-older- iowans#profile-tab hotline@iowalaw.org	ALL	Provides free legal services to Iowans 60 and over.
Long Term Medical Supply	623 Sumner Ave Humboldt, IA 50548	515-332-7993 Corporate: 844-208- 3682	www.ltms.com	МОН	Provides home medical and respiratory equipment.
Social Security Office	2315 2nd Ave N, Fort Dodge, IA 50501	866-839-6193 TTY: 800-325-0778	ssa.gov	ALL	Apply for and ask questions about retirement Social Security benefits, SSI, Medicare, disability benefits, and other federal programs.
Webster County Senior Health Insurance Information Program (SHIIP)	Community Health Center of Fort Dodge 126 N 10th St, Fort Dodge, IA 50501	515-576-6500	www.chcfd.com/out- reach-services- care.php	WEB	Free and confidential service to help with questions regarding Medicare, Medicare supplement insurance, Medicare Advantage plan, Medicare Prescription drug plans, long-term care insurance, and other health insurance issues.
Wright County Senior Health Insurance Information Program (SHIIP)	Iowa Specialty Hospital Belmond Campus 115 4th Ave SE Belmond, IA 50421	641-444-5681	www.iowaspecialtyhop sital.com	WRT	Free and confidential service to help with questions regarding Medicare, Medicare supplement insurance, Medicare Advantage plan, Medicare Prescription drug plans, long-term care insurance, and other health insurance issues.
Wright County Senior Health Insurance Information Program (SHIIP)	Meadows Independent Living 1200 2nd St SW Clarion, IA 50525	641-444-5681	www.iowaspecialtyhop sital.com	WRT	Free and confidential service to help with questions regarding Medicare, Medicare supplement insurance, Medicare Advantage plan, Medicare Prescription drug plans, long-term care insurance, and other health insurance issues.

CARE ASSISTANCI	E				
Program	Address	Phone	Website/E-mail	Co.	Description
Hamilton County Public Health	1610 Collins St, Ste 1 Webster City, IA 50595	515-832-9565	www.hamilton countypublichealth.co m	HAM	Provides Home Care Aids and Homemakers to provide personal cares, light housekeeping, and meal planning. Also offers in-home nursing. Medicare, Medicaid, and VA accepted.
Humboldt County Public Health	1000 15th St N, Humboldt, IA 50548	515-332-2492	www.humboldthospital .org/services/humboldt- county-public-health	HUM	Provides homemaker and personal services, as well as skilled in-home nursing services.
Iowa Home Care	3 N 17th St, Fort Dodge, IA 50501	515-576-2273 Toll Free: 877-760- 0273	iowahomecare.com	WEB	Medicare/Medicaid certified agency offering home health care. Also accepts VA, waivers, and private insurance.
Life & Health Care	1620 Superior St, Unit 2 Webster City, IA 50595	515-832-4442	www.lifeandhealthcare .com info@lifeandhealthcar e.com	HAM - WEB - WRT	Provides home care aides, personal attendants, and registered nurses who offer a variety of services. Services include: meal prep, personal care, nursing assessments, light housekeeping, assistance with transportation to appointments, grocery shopping/errands, transitional care, light exercise/physical therapy, and medication management.
North Central Home Care	328 S 8th St, Fort Dodge, IA 50501	515-573-8147		WEB	Private non-profit agency serving any Webster County resident in need of homemaker and/or personal care services. Cost for services is based on a sliding fee scale.
Unity Point at Home Fort Dodge Region	214 S 25th St, Fort Dodge, IA 50501	515-574-6416	www.unitypoint.org/fo rtdodge/home-care- 1.aspx	ALL	Provides comprehensive range of licensed home care services to patients and families living w/in a 50 mi radius of Fort Dodge. Services include: adult & pediatric nursing care, rehabilitation therapy, respiratory therapy, infusion therapy, palliativ ecare, home medical equipment and personal care. Medicare and Medicaed accpeted.
Webster County Health Dept. Home Health Care	723 1st Ave S, Ste 220 Fort Dodge, IA 50501	515-573-4107	www.webstercountyia. gov/departments/healt h_department/commu nity_health/home_heal th_care.php	WEB	Certified Medicare Home Health agency that provides skilled nursing, physical therapy, occupation therapy, speech therapy, and home care aides. Also accepts Medicaid.
CONGREGATE ME.					
Program	Address	Phone	Website/E-mail	Co.	Description
Clarion Congregate Meals	Clarion Clinic 215 13th Ave SW Clarion, Iowa 50525	515-532-9270	www.iowaspecialtyhos pital.com/services/nutr ition-services	WRT	Provides congregate meals and Meals on Wheels for seniors. Call to get on the list.
Eagle Grove Congregate Meals	Senior Center 310 W Broadway St Eagle Grove, Iowa 50533	515-448-5365		WRT	Provides a noon meal for seniors and meals on wheels for Eagle Grove.
Meals on Wheels Fort Dodge	24 N 9th St, Ste B, Fort Dodge, IA 50501	515-570-0965	www.mealsonwheelsfd. com info@mealsonwheelsfd .com	WEB	Delivers a nutritious meal, friendly visit, and safety check to seniors unable to leave their homes.
Sister's Homestyle Entrees	1303 22nd St N Humboldt, IA 50548	515-332-1928	www.sistersentrees.co m service@sistersentrees. com	HUM	Delivers meals on wheels to residents of Humboldt. Call to get on the list.
Senior Citizens Center (Citizens Central)	617 Central Ave, Fort Dodge, IA 50501	515-573-3429	www.fortdodgeiowa.o rg/department/division .php?structureid=142 kevans@fortdodgeiow a.org	WEB	Lunch provided for a suggestion donation of \$4.25-\$6.75 for those 60+. Diners under age 60 can dine for \$8.10. Advance reservations are necessary by 12:00pm the day before you plan to dine.
Shakespeare Community Center	826 Shakespeare Ave Stratford, IA 50249	515-838-2298		HAM	Provides congregate meals for seniors. Call to get on the list.
Webster City Congregate Meals	RSVP Hamilton County 749 2nd St, Webster City, IA 50595	515-832-6161		HAM	Provides a noon meal for seniors 60 years and older. Payment is optional. Call to fill out required paperwork.

Program	Address	Phone	Website/E-mail	Co	Description
A-1 Home Health Care	1105 1st Ave N, Fort Dodge, IA 50501	515-955-1654		ALL	Provides medical supplies and equipment. Medicare chargeable items available.
Center Eagle Grove Group Home	605 E Broadway St Eagle Grove, IA 50533	515-448-5464	www.onevision.org	ALL A	Residential facility for those with special needs.
Friends Forever Social Education Center	500 Fair Meadow Drive Webster City, Iowa 50595	515-832-9550	www.friendsforeversec .org ffsec@friendsforeverse c.org	HAM	Provides services to adults diagnosed with a mental illness, intellectual disability, or developmental disability. Services include: Day Habilitation Program, Quiet Time, Supported Community Living, Peer Support Center, and Special Olympic Iowa.
Hamilton County Community Services	500 Fair Meadow Dr Webster City, IA 50595	Office: 515-832-9550 Your Life Iowa Crisis Line/CICS Mobile Response: 855-581- 8111 or Text: 855-895- 8398	www.hamiltoncounty. org/departments/social _services/index.php Exec. Dir.: patti.treibel@cicsmhds .org Service Coord.: carrie.hisler@cicsmhds .org	HAM	County service coordination, mental health, and general assistance.
Humboldt County Community Services	P.O. Box 100/Courthouse 203 Main St, Dakota City, IA 50529	515-332-5205	www.humboldtcountyi a.org/offices/services/c ommunity_services/ind ex.php Gen. Assistance Dir.: kerickson@countysoci alservices.org Support/Intake Worker: dstern@countysocialse rvices.org	HUM	Provides the following community services: central point of coordination, MH/DD advisory board, targeted case management, general assistance, substance abuse, and money management. Offers service for disabilites and mental health.
Hope Haven Inc Fort Dodge Friendship Center	330 1st Ave N, Ste L-2 Fort Dodge, IA 50501	515-302-8554	www.hopehaven.org	WEB	Provides services to indidividuals with disabilites and mental health issues. Services include: community living, day habilitation, employment services, and mental health counseling.
Iowa Vocational Rehabilitation Services Fort Dodge Area Office	Two Triton Circle, Fort Dodge, IA 50501	515-573-8175	ivrs.iowa.gov/locations /fort-dodge-area- office	YTY	Employment program for individuals with disabilites. Focus on service delivery that assists individuals to preapre for, obtain, retain, and advance in employment. Provides individualized employment services.
Lifeworks Community Services - Fort Dodge	Day/Employment Services, Business Office: 1303 A St, Fort Dodge, IA 50501 Residential Services: 525 S 15th St, Fort Dodge, IA 50501	Business Office: 515-576-2126 Residential Services: 515-955-6579	www.lifeworks community services.org Exec. Dir.: tnaughton@lifeworksc ommunityservices.org	WEB - HUM	Vocational, residential, and community support services for persons with physical or developmental disabilities.
Lifeworks Community Services - Humboldt	620 Sumner Ave, Ste 3 Humboldt, IA 50548	Business Office: 515- 576-2126 Residential Services: 515-955-6579	www.lifeworks community services.org Exec. Dir.: tnaughton@lifeworksc ommunityservices.org	WEB - HUM	Vocational, residential, and community support services for persons with physical or developmental disabilities.
Mosaic	Physical Address: 210 2nd St NW, Clarion, IA 50525 Mailing Address: PO Box 506, Clarion, IA 50525	515-532-3221	www.mosaicinfo.org/n orth-central- iowa/contact-mosaic- north-central-iowa	ALL	Provides customized plans for individuals with intellectual disabilites. Services include; 24-hour residential support, autism services, behavioral health and autism, Mosaic at home, services in the community, services in the home, supported living, and transportation services.
One Vision	1470 21st Ave N Fort Dodge, IA 50501	515-573-8243	www.onevision.org	WEB	Providing a variety of services for individuals with disabilites of all ages. Services include: home support services, employment services, and residential services.

One Vision Children's Autism Center	1804 Kenyon Rd, Ste 205 Fort Dodge, IA 50501	641-355-1306	www.onevision.org/wh at_we_do/childrens- autism-center Kristen Baade: kbaade@oppvill.org	ALL	Provides services for families raising children on the autism spectrum Services include: direct autism services, autism spectrum skill assessment, applied behavior analysis, social skills groups, parent training and education, and resources. Open by appointment only, contact Kristen Baade to schedule.
Parent Connection Support Group	120 1st Ave NW, Ste 14 Clarion, IA 50525	515-602-6371	www.buildingfamilies. net/parents/parent- connection-programs awesselink@co. wright.ia.us	HAM - HUM - WRT	Support group for parents of children with special needs.
Prairie Lakes Area Education Agency Special Needs Fort Dodge AEA	1235 5th Ave S, Fort Dodge, IA 50501	515-705-7196	www.plaea.org/special- education vjergens@plaea.org	WEB - WRT	Provides services for students with special education needs aged birth through 21 yrs. This location serves Clarion-Goldfield-Dows, Eagle Grove, and Fort Dodge schools.
Prairie Lakes Area Education Agency Special Needs Jefferson/Webster City AEA	Jefferson: 118 E State St, Jefferson, IA 50129 Webster City: 825 Beach St, Webster City, IA 50595	515-206-7107	www.plaea.org/special- education jpeter@plaea.org	HAM -	Provides services for students with special education needs aged birth through 21 yrs. This location serves South Hamilton, Southeast Valley, Stratford, and Webster City schools.
Prairie Lakes Area Education Agency Special Needs Pocahontas AEA	500 NE 6th St, PO Box 802, Pocahontas, IA 50574	712-458-7017	www.plaea.org/special- education melston@plaea.org	HUM - WEB	Provides services for students with special education needs aged birth through 21 yrs. This location serves, Gilmore City-Bradage, Humboldt, Manson Northwest Webster, and Twin Rivers schools.
Regional Autism Assistance Program	Child Health Specialty Clinics 804 Kenyon Rd, Ste 205 Fort Dodge, IA 50501	515-955-8326	chsciowa.org/regional- autism-assistance- program.asp	ALL	Provides community-based clinical consultation, multidisciplinary care planning recommendations, and family to family support for children with Autism Spectrum Disorder and their families.
Town Square Apartments	330 Central Ave, Fort Dodge, IA 50501	515-576-6615		WEB	One and two bedroom units for persons with disabilites and income below the 50% area median income. Some units reserved for those below the 40% area median income.
Webster County Community Services	308 Central Ave, Fort Dodge, IA 50501	515-573-1485	www.webstercountyia. gov/departments/com munity_services/index. php ahauser@countysocial services.org	WEB	Provides case management and community assistance. Services included: central point of coordination, MH/DD services, targeted case management, and services for disabilites and mental health.
Wright County Social Services	120 1st Ave NW, Ste 1 Clarion, IA 50525	515-532-3309	www.wrightcounty.or g/residents/county_soci al_services.phpghtcou nty.org lleanhart@countysocia lservices.org	WRT	Provides mental health and disability services. Administers emergency funds to mitigate homelessness and health and safety issues.

Program	Address	Phone	Website/E-mail	Co.	Description
Co-City Bus	Transit Office: 530 1st Ave S, Fort Dodge, IA 50501 General Office: 602 1st Ave S, Fort Dodge, IA 50501	Schedule a Ride: 1-800-BUS-RIDE (1-800-287-7433) Office: 515-576-7183 TTY: 711 or 800-735-2942	www.midascogia.net	HUM	Offers low-cost transportation. Call 1-800-BUS-RIDE to schedule a ride.
Clarion Transit Van	Wright County Transit Office 415 6th Ave SW, PO Box 49, Clarion, IA 50525	Bus Driver: 515-851- 0581 Office: 515-602- 6104	www.wrightcounty.org/d epartments/public_transi t/index.php cstewart@co.wright.ia.us	WRT	Rides in the city limits of Clarion Mon-Fri 8am-5pm. Can also go out of town if requested 24 hours in advance (call the office). Call 515-851-0581 to schedule a ride.
Eagle Grove Transit Area	Wright County Transit Office 415 6th Ave SW, PO Box 49, Clarion, IA 50525	Bus Driver: 515-851- 9353 Office: 515-602- 6104	www.wrightcounty.org/d epartments/public_transi t/index.php cstewart@co.wright.ia.us	WRT	Rides in the city limits of Eagle Grove Mon-Fri 8am- 5pm. Can also go out of town if requested 24 hours in advance (call the office). Call 515-851-9353 to schedule a ride.
HaRides Transit	728 2nd St, Webster City, IA 50595	Schedule a Ride: 1- 800-BUS-RIDE (1- 800-287-7433) Office: 515-832- 3486 TTY: 711 or 1- 800-735-2942	www.webstercity.com/ou r-community/community- services/harides-transit	HAM	Offers low-cost transportation. Call 1-800-BUS-RIDE to schedule a ride.
MIDAS Transit Services - D.A.R.T. and Region 5 - R.T.A	Transit Office: 530 1st Ave S, Fort Dodge, IA 50501 General Office: 602 1st Ave S, Fort Dodge, IA 50501	Local DART Bus Service: 515-573- 8145 Other Transit Service: 1-800-BUS- RIDE (1-800-287- 7433) Office: 515-576- 7183 TTY: 711 or 800- 735-2942	www.midascogia.net	ALL	Offers low-cost transportation. Local DART bus routes in Fort Dodge. Call 1-800-BUS-RIDE to schedule all other services.
TMS Non-Emergency Medical Transportation		1-800-572-7662	dhs.iowa.gov/ime/membe rs/medicaid-a-to-z/NEMT	ALL	Provides non-emergency medical transport and/or travel reimbursement for Iowa Medicaid members. Must call to schedule transportation. Contact your Income Maintenance Worker at your local DHS office to see if you qualify.
Union Cab Company	1813 3rd Ave S, Fort Dodge, IA 50501	515-570-2759		WEB	Taxi Service
RECREATION Libraries	Address	Phone	Website/E-mail	Co.	Description
Badger Public Library	211 1st Ave SE Badger, IA 50516	515-545-4793	cityofbadger.com/library badgerpubliclibrary14@ gmail.com	WEB	Public library with services including reading programs, Internet access, computer workstations, Interlibrary loan, and fax and copy machines. Hours: Mon 4-6pm, Tues-Thurs 1-5pm, Sat 10am-2pm
Clarion Public Library	302 N Main St Clarion, IA 50525	515-532-3673	www.clarion.lib.ia.us clariondirector@gmail.c om	WRT	Public library with services including reading programs, Internet access, InterLibrary Loan, online resources, computer workstations, fax and copy machines, notary, and proctoring. Hours: Mon 10am-8pm, Tues-Fri 10am-5pm, Sat 9am-12pm
Duncombe Public Library	621 Prince St, PO Box 178, Duncombe, IA 50532	515-543-4646	www.youseemore.com/NI LC/Duncombe duncpl@wccta.net	WEB	Public library with services including reading programs, Internet access, computer workstations, InterLibrary Loan, disc cleaning machine, and fax and copy machines. Hours: Mon 10am-12 & 1-6pm, Tues-Wed 1-5pm, Fri 1-6pm, Sat 9am-12pm

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Eagle Grove Memorial Library	101 S Cadwell Ave Eagle Grove, IA 50533	515-448-4115	www.youseemore. com/NILC/eaglegrove rsimons@eaglegrove.lib.i a.us	WRT	Public Library Hours: Mon-Thurs 10am-7pm, Fri-Sat 10am-4:30pm
Fort Dodge Public Library	424 Central Ave, Fort Dodge, IA 50501	515-573-8167	www.fortdodgelibrary.or g fdplinfo@fortdodge. lib.ia.us	WEB	Public library with services including reading programs, online resources, Internet access, computer workstations, InterLibrary loan, meeting rooms, and fax and copy machines.
			110111110		Hours: Mon-Fri 10am-5pm
Gowrie Public Library	1204 Market St Gowrie, IA 50543	515-352-3315	www.youseemore.com/nil c/Gowrie gowriepl@wccta.net	WEB	Public library with services including reading programs, Internet access, computer workstations, printer/scanner, meeting room, InterLibrary loan, income tax preparation, and fax and copy machines. Hours: Mon-Tues 1-5pm, Wed 1-7pm, Thurs-Fri 1-5pm, Sat 9am-12pm
Humboldt Public Library	30 6th St N Humboldt, IA 50548	515-332-1925	humboldtpubliclibrary.co m director@humboldtpubli clibrary.com	HUM	Public Library with services including reading programs, online resources, and a genealogical society. Hours: Mon 10am-8pm, Tues-Fri 10am-5:30pm, Sat 9am-3pm
Kendall Young Library	1201 Willson Ave Webster City, IA 50595	515-832-9100	www.kylib.org info@kylib.org	HAM	Public Library with services including reading programs, Internet access, online resources, computer workstations, printer/scanner, copy and fax machines, InterLibrary Loan, local history/genealogy, meeting and study rooms, and home library services.
					Hours: Mon 10am-5:30pm, Tues 10am-7pm, Wed-
Lehigh Public Library	241 Elm St, Lehigh, IA 50557	515-359-2967	www1.youseemore.com/n ilc/LehighPL director@lehigh.lib.ia.us	WEB	Fri 10am-5:30pm Public Library with services including reading programs, computer workstations, copy and fax machines, Internet access, and online resources. Hours: Mon 11am-6pm, Tues-Wed & Fri 12:30-
Stratford Public Library	816 Shakespeare Ave Stratford, IA 50249	515-838-2131	www.youseemore.com/nil c/Stratford	HAM	5:30pm, Sat 10am-12pm Public Library with services including reading programs, Internet access, computer workstations, and online resources.
G :		DI	stratlib@globalccs.net	-	Hours: Mon-Fri 1-6pm, Sat 9am-12pm
Swimming Pools	Address	Phone	Website/E-mail	Co.	Description
Clarion Aquatic Center	618 5th Ave NE Clarion, IA 50525	515-532-2315	www.facebook.com/Clari on-Aquatic-Center- 220134734678292 clarion@clarioniowa.gov	WRT	Public swimming pool with water slides, diving boards, lap swimming, and public and private swimming lessons. Hours vary, check their Facebook page for latest updates.
Humboldt Family Aquatic Center	14 3rd St S Humboldt, IA 50548	515-332-7140	www.cityofhumboldt.org /visitors/aquatic_center/i ndex.php cityhbt@cityofhumboldt. org	HUM	Public swimming pool with water slides, diving boards, lap swimming, aquasize, and swimming lessons. Open Swim: Daily 1-8pm Adult Lap Swimming: Mon-Fri 6:30-8am & 12-1pm, Sat-Sun 7-9am & 12-1pm Aquasize: Mon-Fri 7-8am & 12-12:45pm
Jewell Swimming Pool	410 Park St, Jewell, IA 50130	515-827-5216	jewelliowa.com/jewell- swimming-pool	HAM	Public swimming pool with a diving board. Hours: Adult Lap Swim - Mon Fri 12-1pm; Open Swim - Every day 1-6pm
Rosedale Rapids Aquatic Center	1111 N 32nd St, Fort Dodge, IA 50501	515-955-4284	www.fortdodgeiowa.org/ department/division.php? fDD=12-134 tnelson@fortdodgeiowa. org	WEB	Public swimming pool and aquatic center. Offers waterslides, diving boards, lap swim, open swim, water walking, and family swim. Must reserve lap lane in advance. Hours: Open Swim - Every day 1:30-5pm; Lap Swim - Mon-Sat 9:30am , 10:30am, 11:30am & Mon-Fri 7pm, 8pm; Water Walking - Mon-Sat
					9:30am-12:30pm & 7-9pm

Stratford Municipal Pool	1113 Moore St Stratford, IA 50249	515-838-2311	stratfordiowa.com/munic ipal-swimming-pool-1 cityofstratford@globalcc s.net	HAM	Public swimming pool with a zero-depth entry, diving board, and baby pool. Swimming lessons are offered. Hours: Every day 1-8pm
Webster City Municipal Swimming Pool	1200 Union St Webster City, IA 50595	515-832-9190	webstercity.com/our- community/parks- recreation/outdoor- swimming-pool	HAM	Public swimming pool with a zero-depth entrance ramp, area for toddlers, 25-meter swim lanes, low & high diving boards, and waterslide. Offers public and private swim lessons Hours: Adult Lap Swimming/Private Swim Lessons - Daily 11:30am-1pm Open Swim - Daily 1-7pm
Museums	Address	Phone	Website/E-mail	Co.	Description
Blanden Art Museum	920 3rd Avenue S Fort Dodge, IA 50501	515-573-2316	www.blanden.org blandenmemorial@gmail .com	WEB	Provides tours of the various types of art. traveling art, rotating permanent collection exhibits, plus limited time exhibits. Provides learning opportunities and art classes. Hours: Tues-Sat 8:30am-5pm Admission: Free
Eagle Grove Historical Museum	401 W Broadway St Eagle Grove, IA 50533	515-532-6422	eaglegrove.com/locations /eagle-grove-historic- museum	WRT	Provides access to the history of Eagle Grove including: displays, photos, and collections.
Fort Museum and Frontier	1 Museum Road		www.fortmuseumfv.com fortmuseumfd@gmail.co	В	Showcases Fort Dodge's frontier roots and replica 19th century fort. Features original buildings from the mid-1800s to mid-1900s.
Village	Fort Dodge, IA 50501	515-573-4231	m Opera House: frontieroperahouse@gm ail.com	WEB	Hours: Wed-Sun 11am-5pm Admission: Adults, \$10; Students (w/ ID), \$7; Military/Veterans, \$7; Children, \$5; Children 5 and under, free
Gowrie Depot Historical Museum	N Beck St, Laurel Park Gowrie, IA 50543	515-352-3983		WEB	Provides access to: collections, photos, clothing, and other memorabilia that reflect the development of Gowrie.
Heartland Museum	119 SW 9th St, PO Box 652, Clarion, IA 50525	515-602-6000	www.heartlandmuseum.o rg heartlandclarion@gmail. com	WRT	Regional historical museum dedicated to life in the heartland of America. Exhibits include: Main Street, Duty and Honor, Teddy Bear Museum, Alvina's Hat Parlor, Agriculture Hall, Wright County, Historical Library, and the 4-H School Museum. Summer Hours: May 28th-Labor Day Mon-Sat 10am-4pm September Hours: Labor Day & Saturdays 10am-4pm Open year round by appointment Admission: Adults, \$12; Children 5-13, \$6; Children under 5, Free
Humboldt County Mill Farm Historic Village	905 1st Avenue North Dakota City, IA 50529	515-332-5280	www.iowabeautiful.com/ northwest-iowa- tourism/humboldt-county- historical-museum- dakota-city-iowa.html hcha@goldfieldaccess.net	HUN	Museum includes the Old Mill Farmhouse, a log cabin, kettle shed, Norway #6 Country Schoolhouse, old Rutland Jail, a chicken house, two- story barn, and the Hardy Methodist Church. The Humboldt County Historical Museum has exhibits on the history of Humboldt County. Hours: Mon & Tues 10am-4pm; Thurs-Sat 10am- 4pm; Sun 1:30-4:30pm
Lehigh Historical Society Museum	145 Main St, Lehigh, IA 50557	515-359-2139	lehighhistorical.blogspot. com	WEB	Provides access to Native American artifacts, clay figurines, and historical memorabilia that traces the history of Lehigh.
Swedish Immigrant Museum	819 Goldsmith St Stratford, IA 50249		swedebendse.weebly.com/ contact.html swedebndia@aol.com	HAM	Tells the history of the Swedish immigrants who settled in the Swede Bend area. Showcases artificats, memorabilia, and stories primarily from 1845-1945. Holds a few open houses each year, appointments and tours may be scheduled by contacting the museum.
Webster County Museum	515 School St, Otho, IA 50569	515-972-4544 After Hours: 515- 972-4804 (Phyllis)	othoia.govoffice2.com/in dex.asp?SEC=8624EA58- 89D6-420F-AFEF- D24C9157D118&DE=BC 9B8E8C-17AF-41A7- B7F3-ADE3E78045C2	EΒ	Provides access to a collection of items that reflect the history of Webster County. Hours: Thurs & Sat 10am-4pm

Wilson Brewer Historic Park	220 Ohio St, Webster City, IA 50595	515-832-9193	webstercity.com/our- community/arts- culture/wilson-brewer- historic-park	HAM	Park includes the Wilson Brewer-Jackson Groves Cabin, Jameson/Jamison Cabin, Harmony Center School House, Mulberry Center Church, First Hamilton County Courthouse, and the Illinois Central Railroad Depot Hours: May 1st-Nov 1st, Wed & Fri 1-5pm; Sat 10am-3pm; Sun 1-5pm Admission: Free
Community Centers	Address	Phone	Website/E-mail	Co.	Description
Badger Community Center	211 1st Ave SE Badger, IA 50516	515-545-4762 City Clerk: 515-545- 4514	cityofbadger.com/commu nity-center	WEB	Center holds approximately 45-50 people seated at tables. Features a kitchenette with a microwave. To rent the center please contact the City Clerk.
CrossRoads Youth & Family Center	502 N Main St Goldfield, IA 50542	515-293-2767		HUM - WEB - WRT	Youth and family center, providing a safe and fun place for youth and families to come and build relationships in a healthy environment.
Fort Dodge Community Recreation Center Downtown Location	1422 1st Ave S, Fort Dodge, IA 50501	515-573-7107	www.fdrec.com info@fdrec.com	WEB	Promote physical health by providing sport programs including; indoor track, pool, basketball courts, exercise areas, and organized sports. Open to youth, adults, and older adults. Hours: Oct-Apr: Mon-Fri 5am-9:30pm, Sat 7am-5pm, Sun 12pm-5pm May-Sep: Mon-Fri 5am-8:30pm, Sat 7am-5pm Kids Care: Mon-Thurs 8:15am-12:40pm & 4:30-7pm, Fri 8:15am-12:30pm, Sat 9am-12pm
Fort Dodge Community Recreation Center Iowa Central Community College Location	Three Triton Circle Fort Dodge, IA 50501	515-574-1234	www.fdrec.com info@fdrec.com	WEB	Open to both college students and community members. This location has weights and cardio equipment, tanning 2 basketball courts, indoor track, sports supplements, and personal training. Hours: Mon-Thurs 5am-9:30pm, Fri 5am-8pm, Sat 8am-2pm, Sun 8-10am & 3-7pm
Fuller Hall Recreation Center	625 Bank St, Webster City, IA 50595	515-832-9193	webstercity.com/our- community/parks- recreation/fuller-hall- recreation-center	HAM	Center includes a gymnasium, indoor swimming pool, weight room, cardio-fitness room, racquetball courts, shower facilities, multi-purpose room, game room and TV lounge. Wide range of programs available for both youth and adults. Hours: Sun 1-9pm, Mon-Thurs 6am-9pm, Fri 6am-10pm, Sat 7am-10pm. Indoor pool hours vary.
Lost Grove Community Center	116 Larch St Harcourt, IA	515-354-5452		WEB	Community Center.
West River Recreation Center	808 18th St N Humboldt, IA 50548	515-332-3493	www.facebook.com/West- River-Recreation-Center- WRRC- 327823370562731/?ref= page_internal theier@sandeconstructio n.com	NOM NOH	Non-profit health facility owned and operated by its members. Features cardio equipment, weight rooms, basketball, racquetball, wally-ball, jacuzzi, sauna, and personal training. Hours: Every day 4am-10pm

Parks	Address	Phone	Website/E-mail	Co.	Description
Badger Lake	Kennedy Park 1415 Nelson Ave Fort Dodge, IA 50501	Conservation Officer: 515-571- 0127 Fisheries Biologist: 712-657-2638	www.iowadnr.gov/idnr/F ishing/Where-to- Fish/Lakes-Ponds- Reservoirs/LakeDetails?1 akeCode=BAD94 Conservation Officer: William.Speece@dnr.iowa .gov Fisheries Biologist: Ben.Wallace@dnr.iowa.g	WEB	Amenities include: boat access, fishing jetty, picnic area, beach, trails, accessibile facilities, playground, restrooms, camping, shorefishing, gravel boat ramp, and community fishing location.
Briggs Woods Park and Golf Course	2490 Briggs Woods Trail, Webster City, IA 50595	515-832-9570	www.mycountyparks.co m/county/hamilton/park/ briggs-woods-park-and- golf-course.aspx hccb@wmtel.net	HAM	Features 3 shelters, 5.7 mi paved walking trail, 85 camping sites, 79 acre lake, canoeing, swimming, fishing, beach, 18 hole golf course, and wifi
Brushy Creek State Recreation Area	2802 Brushy Creek Rd Lehigh, IA 50557	515-543-8298	www.iowadnr.gov/Places- to-Go/State-Parks/Iowa- State- Parks/ParkDetails/parkid /610108 Brushy_Creek@dnr.iowa .gov	WEB	Features picnicking/shetlers, equestrian & non- equestrian camping, equestrian day use staging area, lake activities, trails, hunting and shooting range.
Dolliver Memorial State Park	2757 Dolliver Park Ave, Lehigh, IA 50557	515-359-2539	www.iowadnr.gov/Places- to-Go/State-Parks/Iowa- State- Parks/ParkDetails/parkid /610107 Dolliver@dnr.iowa.gov	WEB	Features two lodges, family cabin, group camp, camping, trails, boating and fishing, copperas beds, and "Boneyard Hollow" ravine
Frank A. Gotch State Park	2568 Gotch Park Rd Humboldt, IA 50548	515-332-4087	www.mycountyparks.co m/County/Humboldt/Par k/Frank-A-Gotch-State- Park.aspx	HUM	Approx. 67 acre park located on the junction of the East and West Forks of the Des Moines River. Features 32 campsites w/ water, electricity & dump station, playground, picnic areas, 3 shelters, cabin, full shower & restroom facility, boat ramp, canoe/kayak access, access to Three Rivers Trail, horsehoes, and fishing.
John F. Kennedy Memorial Park	1415 Nelson Ave Fort Dodge, IA 50501	515-576-4258	www.mycountyparks.co m/county/webster/Park/ Kennedy-Memorial- Park.aspx conservation@websterco untyia.org	WEB	Features camping, cabin, shelter house, reception & nature center, environmental education programs, fishing & fishing docks, handicap accessbile fishing jetty, boat ramp, swimming beach, hiking trail, softball field, volleyball court, 18 hole Lakesed Municipal Golf course, children's forest, playground, open shelters, butterfly garden, Veterans Memorial Park, and a dog training area.
Racing	Address	Phone	Website/E-mail	Co.	Description
Hamilton County Speedway	1200 Bluff St, Webster City, IA 50595	Promoter: 515-297- 2695 Business: 515-832- 6000	www.hamiltoncospeedwa y.com	HAM	1/2 mile dirt race track.
Sports Park Raceway	2298 S River Rd, Fort Dodge, IA 50501	515-297-4748	sportsparkraceway.com/t rack	WEB	1/2 mile dirt race track.
Other Recreation	Address	Phone	Website/E-mail	Co.	Description
Rogers Sports Complex	1628 Nelson Ave Fort Dodge, IA 50501	515-576-7237 x3	www.fortdodgeiowa.org/ department/division.php? fDD=12-90 cgraaf@fortdodgeiowa.o	WEB	Provides access to various softball, baseball, and soccer games and tournaments between local teams and various opponents.

Program	Address	Phone	Website/E-mail	Co	Description
4-H Youth Groups	Main Office: Iowa State University, 4-H Youth Development, Extension 4-H Youth Bldg, 1250 Stange Rd, Ames, IA 50011 County Outreach Offices HAM: 311 Bank St Webster City, IA 50595 HUM: 727 Sumner Ave Humboldt, IA 50548 WEB: 217 S 25th St, Ste C12, Fort Dodge, IA 50501 WRT: 210 1st SW Clarion, IA 50525	Main Office: 515-294- 1017 HAM: 515-832-9597 HUM: 515-332-2201 WEB: 515-576-2119 WRT: 515-532-3453	www.extension.iastate. edu/4h Main Office: iowa4hmail@iastate.e du HAM: brynnab@iastate.edu HUM: kbeilke@iastate.edu WEB: lindsayk@iastate.edu WRT: eez@iastate.edu	ALL	Iowa 4-H Program provides opportunities for youth grades 4-12 to develop skills they can use now and throughout their life, empowering them to reach their full potential working and learning in partnership with caring adults.
Achieving Maximum Potential (AMP)	Family Life Center 125 S 3rd St, Ames, IA 50010	515-233-2250 ext 4575	www.ampiowa.org	ALL	This is youth driven, statewide program that offers education/vocational assistance and provides life skills to promote self sufficiency for foster, adoptive, and kinship children in Iowa.
Ask TXTina (EyesOpenIowa)		Text "Tina" to 877877	www.asktxtina.com	ALL	Anonymous mobile textline for youth to get tips and facts about healthy relationships and sexual health. Website with frequently asked questions, resources, and clinic locations. Textline is open for questions the first and third Friday of every month 3-5pm.
Athletes for Education and Success (AFES)	712 3rd St NW, Fort Dodge, IA 50501	515-955-2969	www.facebook.com/A FES-Athletics-For- Education-and-Success- 249989138346044 ourafes@hotmail.com	WEB	After school and summer programs for youth. Serves preschool through 8th grade
Babysitting Clinic & Home Alone and Okay Workshops	County Outreach Offices HAM: 311 Bank St Webster City, IA 50595 HUM: 727 Sumner Ave Humboldt, IA 50548 WEB: 217 S 25th St, Ste C12, Fort Dodge, IA 50501 WRT: 210 1st SW Clarion, IA 50525	HAM: 515-832-9597 HUM: 515-332-2201 WEB: 515-576-2119 WRT: 515-532-3453	www.extension.iastate. edu/countyservices	ALL	Workshops for youth ages 11-13 to build skills for safety, along with core child care skills.
Bee Inspired CAPP Program	120 1st Ave NW, Ste 14 Clarion, IA 50525	515-602-6371 ext. 4	www.bee-inspired.org tlarson@co.wright.ia. us beeinspiredcappprogr am@gmail.com	HAM - HUM - WRT	Provides programming on various topics to youth (ages 12-19), parents, caregivers, schools/alternative settings, and other adults/community members. Topics include: sexual health education (i.e. online safety, relationships, STD/STI and Adolescent Pregnancy Prevention), youth development and service-learning, resources, referrals, and more.
Children and Families of Iowa	111 Ave O West, Fort Dodge, IA 50501	515-573-2193	www.cfiowa.org	ALL	Provides a variety of programs for at-risk youth and young adults. Programs include assisting youth from the juvenile court system succeed in their homes and communities, and a youth work readiness programs.
Dodger Academy	945 S 18th St, Fort Dodge, Iowa 50501	515-574-5863	www.fdschools.org/dis trict/dodger-academy ebrookshire@fdschool s.org	WEB	Provides a safe after school program, emphasizing improvement of reading and math skills and encouraging student success. Hours: Mon-Fri 2:45-6pm at Butler Elementary

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CHICKS Women's Ministry, Inc		515-532-9941	chicksministry.org chicksministry@gmail. com	WRT	Non-denominational after-school girls program focused on building Christian leaderships skills. Open to girls in middle and high school. Program is expanding to create a fellowship of women's and girls' ministries with the Isaiah 61 mission.
Clover Kids 4-H	Main Office: Iowa State University, 4-H Youth Development, Extension 4-H Youth Bldg, 1250 Stange Rd, Ames, IA 50011 County Outreach Offices HAM: 311 Bank St Webster City, IA 50595 HUM: 727 Sumner Ave Humboldt, IA 50548 WEB: 217 S 25th St, Ste C12, Fort Dodge, IA 50501 WRT: 210 1st SW Clarion, IA 50525	Main Office: 515-294- 1017 HAM: 515-832-9597 HUM: 515-332-2201 WEB: 515-576-2119 WRT: 515-532-3453	www.extension.iastate. edu/4h/iowa-4-h- clover-kids Main Office: iowa4hmail@iastate.e du HAM: brynnab@iastate.edu HUM: kbeilke@iastate.edu WEB: lindsayk@iastate.edu WRT: eez@iastate.edu	ALL	For children in grades K-3, promotes children's positive development through cooperative learning and developmentally appropriate activities, conducted in a non-competitive setting.
CrossRoads Youth & Family Center	502 N Main St Goldfield, IA 50542	515-293-2767		HUM - WEB - WRT	Youth and family center, providing a safe and fun place for youth and families to come and build relationships in a healthy environment.
Girl Scouts of Greater Iowa, Des Moines Leadership Center	10715 Hickman Rd, Des Moines, IA 50322	800-342-8389	www.girlscoutsiowa.or g info@gsiowa.org	ALL	Leadership development organization for girls, providing various programs K-12.
Girl Scouts of Greater Iowa, Fort Dodge	822 Central Ave, Ste 203 Fort Dodge, IA 50501	515-573-8141 Toll Free: 800-342- 8389	www.girlscoutsiowa.or g mcarlson@gsiowa.org	WEB	Leadership development organization for girls, providing various programs K-12.
Iowa Teen Line		1-800-443-8336 TT/TTY: 800-735-2942	www.extension.iastate. edu/teenline	ALL	24/7 confidential and free health information and referral service for Iowa teens and those who care about them. When you just aren't sure who to talk to, Teen Line can help. Provided by Iowa Dept of Public Health in contract with ISU Extension & Outreach.
Kendall Young Library Teen Advisory Board	1201 Willson Ave Webster City, Iowa 50595	515-832-9100	www.kylib.org PascaleB@kylib.org	HAM	This Teen Advisory Board helps select young Adult books and plans fun things to do at KYL. Contact Pascale Bruns, Teen Librarian, for more information.
Power Up YOUth	1610 Collins St, PO Box 952, Webster City, IA 50595	515-832-9565	www.powerupyouth.o rg powerupyouthhamco @gmail.com	HAM	Adults, youth and agencies come together to develop and implement plans to prevent and reduce substance abuse and other risky behaviors in youth. Working to create community and systems level changes.
SHIFT Happens (Students Helping Impact Future Teens)	Bee Inspired Program 120 1st Ave NW, Ste 14 Clarion, IA 50525	515-602-6371	www.bee- inspired.org/teens/yout h-development/shift- happens tlarson@co.wright.ia. us	HAM	A youth-led group of 9th-12th grade youth encouraging their peers to be above the influence in Hamilton County. Teens working on changing social norms, raising awareness for various prevention efforts, and finding ways to give back through youth-adult events, causes, and other service projects.
Stratford After School Program	1000 Shakespeare Ave Stratford, IA 50249	515-838-2208	stratford.k12.ia.us keckstrom@stratford. k12.ia.us	HAM	Provides a DHS licensed after school program for children 5-12 years old.
TIPP (Teen Information Pregnancy Prevention)	723 1st Ave S, Fort Dodge, IA 50501	515-573-4107	tzcochrane@outlook.c om www.webstercountyia. gov/departments/healt h_department/commu nity_health/teen_preg nancy.php	WEB	Provides education to teens on pregnancy prevention and the prevention of STD/STI transmission.

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Youth In Philanthropy (YIP)	Bee Inspired Program 120 1st Ave NW, Ste 14 Clarion, IA 50525	515-602-6371	www.bee- inspired.org/teens/youth- h-development/youth- in-philanthropy tlarson@co.wright.ia. us	HAM	This group of Hamilton County juniors and seniors works with the Bee Inspired Program on developing leadership skills and grant development, distribution of funds, and philanthropic efforts. The Program is funded through the Enhance Hamilton County Foundation.
Youth Shelter Care of North Central Iowa	301 Ave M West, Fort Dodge, IA 50501	515-955-4222	yscnia.com kcardenas@yscnia.co m	ALL	Provides safety for youth and is a community resource for the development of healther youth and families through a diversity of services. Services include: juvenile emergency shelter, diversion services, Achieving Maximum Potential, behavioral health, and crisis stabilization. Crisis stabilization services available in Humboldt, Webster, and Wright counties.
YSS of Hamilton County	1611 Prospect St Webster City, IA 50595	515-832-1061 24 hr Emergency Line: 515-297-4309	www.yss.org/locations/ webster-city	HAM	Provides programs to empower youth. Services include: mental health assessments and therapy, substance use assessments and treatment, crisis intervention counseling, psychiatry and medication management, behavioral health intervention services skill development, prevention diversion group, individual counseling, and Iowa Aftercare Services.

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