

#### The Learning Bridge Career Institute

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#### The Mask Float Riders Are Required To Wear Masks By Law

Mardi Gras and masks go together like peanut butter and jelly; it's hard to think about one without the other. Whether they cover the wearer's eyes or whole face, masks add an element of mystery and intrigue when worn, especially around this particular holiday in the city. It's safe to say that masks are one of our favorite Mardi Gras traditions.

Masks have been worn by different societies for centuries. Some groups wear them for rituals, some for celebrations, and still others for the performing arts. Mardi Gras masks in particular originated in ritual celebrations. New Orleans has been celebrating Mardi Gras for hundreds of years, and is the largest masked party in North America.

In the beginning, masks worn during Mardi Gras allowed wearers to escape society and class constraints. When wearing a mask, carnival goers were free to be whomever they wanted to be, and mingle with whatever class they desired to mingle with.

Today, everyone wears masks during Mardi Gras. In fact, float riders are required to wear masks by law. On Fat Tuesday, everyone is free to wear masks, adding to the excitement and magic of celebrations throughout the city.

## January 2016 Phlebotomy Graduates

Jeannie Domangue
Shelly Domangue
Teia Jones
Laura Gomez
Raeven Landry
Stephanie Anders

Congratulations

January 2016 Certified Phlebotomist

> Nicholas Pierce Tia Jones



# Bridge Time

VOLUME 2 ISSUE 2

FEBRUARY 1, 2016

SPECIAL POINTS OF INTEREST:

It's Carnival Time

Did You Know?

Healthy Beginnings

Message from The President

Ooey Gooey King Cake

LBCI Safety Solutions

2016 Highlights

Mardi Gras Mask





Did You

**Know?** 

## Díd You Know?

#### **According to the Mayo Clinic**

Drinking water every day is essential to almost every organ in the body. Water flushes out toxins, carries nutrients to cells and regulates body functions. Since the hunger mechanism is stronger than thirst, keeping hydrated will eliminate a false feeling of hunger.

DRINK WATER EVERY DAY



## Healthy Beginnings

**Kids** Need Clean Water!



#### **Message from the President**

At The Learning Bridge Career Institute we have a motto. "Bridging The Gap Towards A Better Future".

We Believe that education is key to the economic survival of our community and our nation. We also Believe that water is a basic necessity to the survival of the people of our community and the survival of the citizens of Flint, MI.

#### "Bridging The Gap From Houma, LA to Flint, MI"

The Learning Bridge Career Institute has taken the initiative to solicit donations for the purpose to purchase and transport bottle water the citizens of Flint, MI.

With God's Grace, The Learning Bridge Career Institute Staff



From

The

President

H<sub>2</sub>O

#### **Ooey Gooey Warm King Cake**

#### It's Carnival Time!!

That means it must be Mardi Gras season! King Cake is an integral part of every good Mardi Gras celebration and even if we can't be in Louisiana for the festivities we can certainly eat like it! Our king cake was filled with a layer of cream cheese and a mixed berry jam made from strawberries, blueberries, blackberries, and raspberries. Like any traditional king cake, it was iced and then coated in purple, gold and green sugar. My was it delicious.



## LBCI Mardí Gras Safety Solutions

#### Safety Tips and Reminders From Your Local Police Departments:

- Underage drinking will not be toler-<u>ated.</u>
- Stay behind the barricades and at a safe distance from floats.
- No glass container will be allowed along the parade route.
- Park in well lit areas during night parades & place all valuable items In the trunk of your car.

- Designate a specific meeting place for family members in the event you are separated.
- Do not throw anything at parade participant (float riders, band members, etc.)
- Expect traffic delays before and after the parade.
- Be courteous.

#### \*\*\*Notice\*\*\*

Police Chief Dana Coleman, informs parade goers that: Law enforcement officers will be stationed at each corner to assist in case of emergency.

## LBCI Highlight



**Learning Bridge Career Institute Enrolling for Spring 2016 Programs** 

> **Medical Assisting** Medical Billing & Coding Specialist

**Nursing Assisting** 

**Phlebotomy** 

### **LBCI**

**Continuing Education** 

Career Workplace Job Readiness

**Skills For Success** 

Hi SET (GED) Prep Class

For More Information Call or Visit

**Brandie or Gloria** 

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BRIDGE TIME