

SSEP Update

(Sweet Success Extension Program)

Spring 2014
Vol 9 No 2



SSEP

SSEP, A Nonprofit Corp., POB 9705, Fountain Valley, CA 92728-9705
Phone/Fax 714.968.0735 ssep1@verizon.net www.sweetsuccessexpress.org

TSA Settles Breast Milk Lawsuit

Los Angeles, CA. In a monumental victory for mothers traveling with breast milk, the United States Transportation Security Administration settled the highly publicized lawsuit brought by Stacey Armato, a breastfeeding mother who was harassed by TSA Officers at the Phoenix Airport when she requested her breast milk not be x-rayed.

In resolving the lawsuit, the TSA has again apologized to Mrs. Armato for the incident. More importantly for breastfeeding mothers traveling throughout the United States, the TSA has agreed to clarify its internal procedures for screening breast milk, update its public website to better guide breastfeeding mothers traveling with breast milk and train its screening officers on the new policies. The TSA also removed the embarrassing glass holding cages from the Phoenix airport shortly after the incident.

"We brought this lawsuit for one reason - to bring clarity and policy change for breastfeeding mothers traveling with breast milk" says Plaintiff Stacey Armato. "Hopefully what I experienced at the Phoenix Airport in 2010 will never happen to another mother traveling with her breast milk."

The lawsuit, Stacey Armato v. The United States of America, was filed in the District Court of Arizona in 2012, case number CV-11-2462-PHX-ROS. The lawsuit alleged that on January 25, 2010, TSA Officers harassed Mrs. Armato when she requested her breast milk not be x-rayed but instead undergo secondary screening per the TSA's breast milk policy. Incredibly, Mrs. Armato, who travels weekly from Los Angeles to Phoenix for work, was held by the TSA for over 40 minutes while they "researched" their own policy and urged Mrs. Armato to simply dump her breast milk.

Following the January 25, 2010 incident, Mrs. Armato lodged a complaint through the TSA website concerning her treatment. In response, she was told by the TSA to print out a copy of the TSA breast milk guidelines from its website and to hand it to the TSA screening officers the next time she flew.

The following week when Mrs. Armato was traveling home to Los Angeles from Phoenix with her breast milk, the same TSA Officers were at the checkpoint. They not only refused to allow Mrs. Armato to show them the TSA breast milk guidelines, they harassed her for an hour, placed her in a glass enclosure, called the Phoenix police, patted her down, screened her personal belongings multiple times, and finally refused to screen her breast milk claiming the bottles were "too full." After almost 40 minutes, the officers finally allowed Mrs. Armato to show them their own policy printed off their website. They finally capitulated; however before they would perform the alternate screening of Mrs. Armato's breast milk, they required Mrs. Armato to go back out of the screening area and pour her breast milk into multiple bottles. They then forced her to go through the entire screening process again - x-ray, metal detector, full body pat down and finally alternate screening of her breast milk. They harassed her for more than an hour, causing her to miss her flight.

Continued on page 2 ...

SSEP Update GOAL is to publish useful information and/or tools to help team members provide quality diabetes and pregnancy care.

SSEP Mission: Our mission is to improve pregnancy outcomes and long-term quality of life for women with diabetes and their offspring, which extends beyond birth for both mother and child. We work with provider groups to increase their knowledge and delivery of care by:

- Developing and/or endorsing events and activities that increase their knowledge.
- Supporting multidisciplinary health care teams as they take a proactive approach, focused on healthy lifestyles.
- Encouraging providers to involve the entire health care system, community and patient at all levels in supporting lifestyle changes that foster improved long-term health and quality of life.

SSEP Contact Information

www.SweetSuccessExpress.com or .org
or call Debby Rice at: Phone 714-968-0735 or email at ssep1@verizon.net or ssep9@aol.com.

Upcoming Conferences

Sweet Success Express 2014: An Ounce of Prevention; Embassy Suites Anaheim South, CA, Nov. 6-8, 2014. Visit www.sweetsuccessexpress.com for 2014 Conference Schedule as they become available.

SSEP & Navajo Sweet Success Associate Programs

2014 Webinars: June 11; August 13; October 8 - Visit www.sweetsuccessexpress.org - conf. page for more info

SSEP Board of Directors 2013 - 2016

M. Joann Henry, RNC, MSHS (CA)	President
Siri Kjos, MD (CA)	MD Consultant/Vice-President
Julie Daley, RN, MS, CDE (RI)	Co-Secretary
Tina Kelly, MS, RD, CDE (OR)	Co-Secretary
Ramona Patterson, BSN, RN, CBC	Treasurer
Charlene Canger, MSW, MFT, LCSW (CA)	BMS Consultant
Liz Miller, RN, BSN, MS, CDE (TX)	RN Consultant
Katherine O'Connell, MN, RN (WA)	RN Consultant
Geetha Rao, MS, RD, CDE (CA)	RD Consultant

Advisory Council

Lisa Bollman, RNC, MSN, CPHQ	CA
Zane Brown, MD	WA
Charlene Canger, MSW, MFT, LCSW	CA
Sharmila Chatterjee, Msc, MS, RD, CDE	IL
Jenny Chee, Certified Lactation Consultant	AZ
Julie Daley, RN, MS, CDE	RI
Richard Fox, Business Sector	CA
Kay Goldstein, LMFT	CA
M. Joann Henry, RNC, MSHS	CA
Emily Holing, PhD, ARNP	WA
Maribeth Inturrisi, RN, MS, CNS, CDE	CA
Lisa Jim, RN	AZ
Lois Jovanovic, MD	CA
Tina Kelly, MS, RD, CDE	OR
Siri Kjos, MD	CA
Elaine Miller-Karas, MSW, LCSW	CA
Liz Miller, RN, BSN, MS, CDE	TX
Barbara Murphy, RN, MSN, CDE	CA
Lily Nichols, RD	CA
Katherine O'Connell, MN, RN	WA
Ramona Patterson, BSN, RN, CBC	AZ
Joan Perez, RN	CA
Geetha Rao, MS, RD, CDE	CA
Doris Roberts, RN, BSN, PHN	CA
David Sacks, MD	CA
Sandy Sinnes, RN, CDE	WA
Alyce Thomas, RD	NJ

SSEP & Navajo Sweet Success Group Associate Programs

Co-sponsoring 2014 WEBINARS - 12:00 - 1:30 Mountain Time

June 11: Nutrition Update for Support Staff - Lily Nichols, RD, CDE

August 13: Weight Gain during Pregnancy - Linda Barbour, MD

October 8: New Rules for Dx Hyperglycemia - Impact on Mother & Fetus - Gladys Ramos, MD

No Registration Pre-registration and no fee - 1.5 CE/CPEUs available

For more information, visit www.sweetsuccessexpress.org - Conference Page

TSA Settles Breast Milk Lawsuit Continued



Click Here to see Stacey Armato's experience of TSA Breast Milk Screening Harassment

If you can't connect by clicking on picture: Click <https://www.youtube.com/watch?v=2XhnZlmLGK8> to see Stacey Armato's experience of TSA Breast Milk Screening Harassment

"I am so incredibly proud of Stacey Armato" said her lawyer, Robert Mosier of Sanders Viener Grossman in Los Angeles. "To stand up like she did and take on the TSA so breastfeeding mothers would have a voice and be free from harassment took real guts and fortitude. Stacey stood up for what she believed, made the government listen and change its policies - it is a true David vs. Goliath story. It has been a difficult journey for her for well over two years."

According to Mrs. Armato, this never would have happened had she not found her attorney, Robert (Rob) Mosier. "Most attorneys I spoke with wouldn't touch a case against the United States of America, but Rob never once wavered. For more than two years, he battled and bloodied the United States and the four law firms it hired to defend this case. He is a true champion that was determined to make difference, for me and breastfeeding mothers everywhere."

Mrs. Armato can be reached for comment through her attorney Robert Mosier at rmosier@thesandersfirm.com. Copies of the lawsuit can be obtained through the District Court of Arizona's website or by contacting Mr. Mosier.

A donation from the settlement proceeds will be made to BreastfeedLA, a not-for-profit 501(c)3 corporation dedicated to improving the health and well being of infants and families through education, outreach, and advocacy to promote and support breastfeeding. To donate contact: www.BreastfeedLA.org.

Reprinted from article that appeared in BreastfeedLA e-newsletter on April 22, 2014.



SAVE THE DATES

Nov. 6-8, 2014

Sweet Success Express 2014: An Ounce of Prevention

Embassy Suites Anaheim South

www.sweetsuccessexpress.org - on Conf. Page

See Page 4 for more information

Lois Jovanovič Retires as a Senior Scientific Officer of Sansum Diabetes Research Institute

In April 2014, the Institute announced that after more than 25 years with Sansum Diabetes Research Institute, Dr. Lois Jovanovič will retire. Dr. Jovanovič will continue working with the Institute on a part-time basis as a Physician Consultant. In this role, Dr. Jovanovič will continue to focus on Diabetes and Pregnancy including research, education and clinical mentorship at the Santa Barbara County Public Health Department. Dr. Jovanovič will also work with Institute Executive Director Rem Laan to develop new diabetes in pregnancy programs that will keep Sansum Diabetes Research Institute at the forefront of this important though underserved area of research. It is good to know she will continue to be involved in diabetes and pregnancy since she has provided leadership in this field, given unselfishly of her time and expertise, and provided care for so many.

ADA Provides Correction for Standards of Medical Care in Diabetes 2014

The American Diabetes Association has published a Erratum stating they published incorrect information in their 2014 Suppl. 1 edition of the Standards of Care for Diabetes. The statement below is what appears on their website.

"Erratum (Published Online by American Diabetes Association)

Standards of Medical Care in Diabetes 2014. Diabetes Care 2014;37(Suppl. 1):S14-S80

Diagnosis and Classification of Diabetes Mellitus. Diabetes Care 2014;37(Suppl. 1):S81-S90.DOI: 10.2337/dc14-er03

In the print version of the articles listed above, the plasma glucose value in SI units (mmol/L) is not correct in Table 6 ("Standards of Medical Care in Diabetes 2014"; p. S19) and Table 4 ("Diagnosis and Classification of Diabetes Mellitus"; p. S89) in the sentence "If the plasma glucose level measured 1 h after the load is 140 mg/dL (10.0 mmol/L), proceed to 100-g OGTT (Step 2). The correct value is 7.8 mmol/L rather than 10.0 mmol/L."

In the same tables, the sentence "The diagnosis of GDM is made when the plasma glucose level measured 3 h after the test is 140 mg/dL (7.8 mmol/L)" is incorrect.

The corrected sentence is as follows: The diagnosis of GDM is made when at least two of the following four plasma glucose levels (measured fasting, 1 h, 2 h, 3 h after the OGTT) are met or exceeded: Also, the footnote to these tables indicates that ACOG recommends a lower threshold of 135 mg/dL (7.5 mmol/L) in high-risk groups; some experts also recommend 130 mg/dL (7.2 mmol/L)."

ICD-10 Compliance Date

A Provider eNews - Special Edition was released by the Medicare Learning Network (MLN Connect), on Friday 2, 2014, that provided an update on ICD-10 Compliance Date. Below is a copy of that eNews notice.

ICD-10 Compliance Date

On April 1, 2014, the Protecting Access to Medicare Act of 2014 (PAMA) (Pub. L. No. 113-93) was enacted, which said that the Secretary may not adopt ICD-10 prior to October 1, 2015. Accordingly, the U.S. Department of Health and Human Services expects to release an interim final rule in the near future that will include a new compliance date that would require the use of ICD-10 beginning October 1, 2015. The rule will also require HIPAA covered entities to continue to use ICD-9-CM through September 30, 2015.

July ICD-10 End-to-End Testing Canceled: Additional Testing Planned for 2015

CMS planned to conduct ICD-10 testing during the week of July 21 through 25, 2014, to give a sample group of providers the opportunity to participate in end-to-end testing with Medicare Administrative Contractors (MACs) and the Common Electronic Data Interchange (CEDI) contractor. The July testing has been canceled due to the ICD-10 implementation delay. Additional opportunities for end-to-end testing will be available in 2015.

Please share this important information with your colleagues and encourage them to subscribe to the eNews. Previous issues are available in the archive.



Sweet Success Express 2014: An Ounce of Prevention Annual Research Conference

This year's conference will be held on November 6-8, 2014 at the Embassy Suites Anaheim South in Garden Grove, California. The conference is designed for nurses, dietitians, physicians, midwives, nurse practitioners, physician assistants, social workers and other health care professionals who face ever increasing challenges of diabetes in pregnancy care. The focus will be on simple solutions for the prevention of diabetes-related dilemmas that exist today in the treatment of preconception and pregnancy care. While these solutions may be simple, implementing them into diverse lifestyles can be challenging.

On Thursday afternoon, November 6, two workshops will be presented. The Exercise for Pregnant Women with Diabetes will answer questions such as: What exercise research is available? How do we break the research down in a manageable way for women to exercise appropriately and safely? The Intensive Insulin Therapy workshop will cover both the Continuous Subcutaneous Insulin Infusion (CSII) and Multiple Daily Injection Therapy.

During the main conference on Friday and Saturday, nationally recognized experts will underscore practical and relevant information related to glucose management, diabetes and obesity prevention, preconception care, nutrition, exercise, weight management, breastfeeding, metabolic syndrome, obesity and long term follow-up care. Saturday morning a special session will provide the fundamental basics of learning the ICD-10 coding system.

The goal of this conference is to provide a comprehensive update and review on current issues and contemporary topics related to diabetes and reproductive health. Emphasis will be placed on practical application of evidence-based topics and implementation of a variety of risk management strategies in an effort to improve pregnancy and long-term outcomes for mothers and their families.

Ample time is allowed for networking, visiting exhibits and door prizes. You are invited to join us for two and one-half days of learning and fun.

For conference updates and to download brochure (should be available by June 1, 2014) please visit www.sweetsuccessesexpress.org, on the Conference Page, or www.proedcenter.com.

SSEP Membership PROGRAM

Benefits include:

- ✍️ FREE education product each year (\$20.00+ value)
- ✍️ Newsletter subscription
- ✍️ Online/phone standard of care consults
- ✍️ Conference registration discounts
- ✍️ Discounts on education materials
- ✍️ Monthly email updates
- ✍️ Name entered in Summer Member Drawing (Prizes include free conference registrations, cash and gift certificates)
- ✍️ Personalized membership card
- ✍️ Membership fee tax deductible to the extent of the law
- ✍️ Membership fee supports member services

Cost: Individual - \$55/yr
Organizational - \$125/yr
(for 3 members)

For more info visit

<http://www.sweetsuccessesexpress.com/guidelines.htm>

This is your invitation to Join

GDM & Type 2 Diabetes in Pregnancy Patient Handbooks

Available in English and Spanish at
www.sweetsuccessesexpress.com
on Products Page
or email ssep1@verizon.net
for more information

Follow SSEP on Twitter

at

www.twitter.com/ssep2

Please share our website with your peers - we would love to hear from them, as well as you.

CDAPP Sweet Success Guidelines for Care

The CDAPP Sweet Success Guidelines for Care 2012 are available for free download from the Sweet Success Resource & Training Center website at
www.CDAPPSweetSuccess.com