



2018 Summer Camps

Please mark which camp(s) your child would like to attend.

x	Camp	Grade Entering	Dates	Times	Cost
	Run, Jump, Play	K-1st	July 17-19	10:30 am - 12:00 pm	\$35
	Outdoor Recreation Day*	K-1st	August 8	10:30 am - 12:00 pm	\$12
	Wild About Water	K-1st	August 15	10:30 am - 12:00 pm	\$12
	Outdoor Recreation Day*	2nd-3rd	August 9	10:30 am - 12:00 pm	\$12
	Wild About Water	2nd-3rd	August 22	10:30 am - 12:00 pm	\$12
	Outdoor Recreation Day*	4th-5th	July 31	10:30 am - 12:00 pm	\$12

We also have a summer-long "Speed & Strength FUNdamentals" class for 3rd-5th graders!

For a detailed description of camps please visit www.ImpactFairfield.com

*Outdoor Recreation Days will be held at Jefferson County Park, all other camps held at Impact Fitness.

Participant Information

Name: _____ Entering Grade: _____

Address: _____ School: _____

City, State, Zip: _____

Allergies or Health Conditions: _____

Medications & Instructions: _____

Parent or Guardian Information

Name: _____

Relation to Participant: _____

Primary Phone: _____

Secondary Phone: _____

Email: _____

Secondary Emergency Contact Information

Name: _____

Relation to Participant: _____

Primary Phone: _____

Secondary Phone: _____

Sign Waiver (on back) and return with payment to:

Impact Fitness

1401 South Main, Suite 80

Fairfield, IA 52556

Camp confirmation will be sent via email.

For Office Use Only:

Total \$ Received: _____

Check Number: _____

Email Confirmation: _____

To reserve a place, registration form must be received along with payment and signed waiver (on back).

Cancellations must be made two weeks prior to the camp.

WAIVER AND RELEASE OF LIABILITY

There are substantial risks, hazards, and danger inherent in fitness and/or sport performance training. Please read carefully and sign only if you understand and assume responsibility.

I, the undersigned client, agree to the following:

- (1) I agree that I am physically and mentally sound and am not suffering from any condition, impairment, disease, infirmity, or other illness that would prevent my participation in training sessions or use of equipment or machinery to be used in connection with workouts, including, but not limited to, benches, dumbbells, barbells, ropes, medicine balls, sleds, and similar items. I acknowledge that I have either had a physical examination and have been given a physician's permission to participate in these activities, or I have decided to participate in these activities without the approval of my physician. I agree that if, at any time, I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.
- (2) I agree that by participating in these exercise training sessions under the guidance of Impact Fitness & Sports Performance, LLC, its authorized agents, employees, and contractors, I do so entirely at my own risk. This includes, without limitation, (a) my use of all amenities and equipment in the facility and any off site location, (b) my participation in any activity, class, program, personal training or instruction, (c) the sudden and unforeseen malfunctioning of any equipment, or (d) slipping and/or falling while under the direction of Impact professionals, on the premises, including adjacent sidewalks and parking areas or otherwise.
- (3) I agree that I am voluntarily participating in these activities and use of these facilities and premises and assume all risks of injury, illness, or death. Injuries include, but are not limited to, abnormal blood pressure, fainting, disorders in heartbeat, heart attack, musculoskeletal injury, spinal injuries, heart attack, paralysis, or other serious bodily injury or death. There may be other risks and social and economic losses, which may not be readily foreseeable at this time, and I fully accept and assume all such risks and responsibility for losses, costs and damages that may incur as a result of my participation. Although Impact Fitness & Sports Performance, LLC will take reasonable precautions to ensure my safety, I expressly assume and accept sole responsibility for my own safety and for any and all injuries that may occur.
- (4) In consideration of an agreement to be instructed, assisted, and trained, I agree to release, discharge, covenant not to sue and hold harmless Impact Fitness & Sports Performance, LLC, its representatives, executors, agents, and assigns from any and all claims, demands, damages, rights of action or causes of action, present or future, arising out of or connected to my participation in any and all activities, use of equipment, or any and all acts or omissions, including negligence by Impact Fitness and Sports Performance, LLC, its representatives, executors, agents, and assigns, unforeseen bodily and personal injuries, damage to property, and the consequences thereof resulting from participation in any way connected with such recreational programs and activities. I further agree that if, despite this release and waiver of liability, I make a claim against Impact Fitness and Sports Performance, LLC, its representatives, executors, agents, and assigns, I will indemnify, save, and hold harmless same from any litigation expenses, attorney fees, loss, liability, damage or cost which may incur as the result of such claim.
- (5) I acknowledge and agree that no warranties or representations have been made regarding the results I want to achieve from training or exercise sessions administered at Impact Fitness & Sport Performance, LLC. I understand results are individual and may vary.
- (6) I agree that any recommendation for changes in diet including the use of food supplements and/or weight reduction enhancement products are my responsibility and that I should consult a physician prior to undergoing any dietary or food supplement changes.
 - (7) I agree that Impact Fitness & Sports Performance, LLC is not responsible for any loss of my personal property.
- (8) I understand that this Waiver and Release of Liability shall be effective from the date of signature until the effective termination of the fitness and sports performance services by myself or Impact Fitness & Sports Performance, LLC.
 - (9) I understand that this Waiver and Release of Liability can only be changed by signing a written document.
- (10) I understand that if any portion of this Waiver and Release of Liability shall be deemed by a court of competent jurisdiction to be invalid, then the offending provision(s) will be stricken and the remainder of this document shall remain in full force and effect.
- (11) I authorize and give full consent to Impact Fitness & Sports Performance, LLC and its respective trainers to record, reproduce, use, exhibit, display, broadcast, publish, distribute and create derivative works of photographs or videotaped images of myself. These images and information may appear in any of the wide variety of formats and media now available and that may be available in the future, including but not limited to print, broadcast, videotape, CD-ROM and electronic/online media. This consent includes photographs and videos for use in the print, online, and video-based marketing materials, as well as other Company publications.

I acknowledge that I have carefully read this Waiver and Release of Liability and fully understand that it is a release of liability. I expressly agree to release and discharge Impact Fitness & Sports Performance, LLC and all affiliates and employees, from any and all claims or causes of action and I agree to voluntarily give up or waive any right that I may otherwise have to bring a legal action against Impact Fitness & Sports Performance, LLC for negligence, personal injury, or property damage.

Printed Participant's Name (First and Last)

Signature of Participant

Date

*Signature of Parent or Guardian