

SAN LEANDRO SPORTING UNITED COMPETITIVE OVERVIEW

WHAT IS THE SAN LEANDRO SPORTING UNITED COMPETITIVE PROGRAM AND ITS PHILOSOPHY?

SAN LEANDRO SPORTING UNITED SC, Competitive Program is comprised of approximately 300 players on 20+ Competitive teams, which represents about 50% of the SAN LEANDRO YOUTH SOCCER LEAGUE membership.

San Leandro Sporting United SC has two guiding principles as it relates to competitive player development:

- Making sure players learn the proper fundamentals, technical, tactical, physical and psychological components of the game as articulated by the San Leandro Sporting United competitive curriculum.
- To make sure that all players enjoy the experience and look forward to returning the following year.

Fundamentals (ball mastery) are stressed at the younger age groups. Winning is a secondary consideration. As players mature and progress, decision-making and tactics are introduced.

SAN LEANDRO SPORTING UNITED Competitive Program's mission is Total Player Development in a family-friendly environment. We want our players and teams to be successful both on and off the field.

Competitive Program

The competitive program is a competitive level where coaches select teams in a draft following tryout in which any interested and eligible player may participate. The goal of the competitive program is both competition and player development. Teams are coached by highly qualified coaches. Players can expect a significant commitment of time, particularly in the period from March through January. Competition typically includes tournament and league play throughout the Bay Area, State Cup across Northern California. Teams play a substantially greater number of games than their CCSL and Recreational counterparts and practice 2-3 times per week for 90 minutes each practice. Practice and informal team activities may begin after teams are formed, with most teams beginning practice in February (depending on field availability). Teams often attend a weeklong camp in July. August weekends are designated as tournament weekends. Attendance at August tournaments is required.

WHAT LEVEL TEAMS ARE AVAILABLE?

Teams are formed and the competitive competition committee makes sure to place those teams at the proper competitive level for the best level of challenge and competitive development for the players.

The current League structure in NorCal is as follows:

- Premier
- Gold
- Silver Elite

The current League structure in CCSL is as follows:

- Gold
- Silver
- Bronze
- Copper

HOW ARE COMPETITIVE TEAMS FORMED?

SAN LEANDRO SPORTING UNITED Competitive Teams are formed through SAN LEANDRO SOCCER ACADEMY. Players from San Leandro Academy can tryout or players can be evaluated by the DOC.

SAN LEANDRO SOCCER ACADEMY's goal is to form teams at all age groups. However, team formation is dependent upon the number and quality of players that attend tryouts and commit to play for the SAN LEANDRO SOCCER ACADEMY team they are selected on. Teams are formed in two phases:

- **Competitive NorCal League** represents the competitive teams to be formed and coached by highly experienced coaches.
- **Competitive CCSL League** represents the competitive teams to be formed and coached by volunteer parents. These coaches usually have a child on the team, and teams have a professional trainer once a week to provide consistency in teaching across all levels of play in the competitive program.
- **U7/U13 Academy** This program is to develop players who understand and have the ability to play the game at a higher competitive level. The San Leandro Academy will look to improve their standard of play. This will occur individually, as well as in the team environment. There are no tryouts for U7/U13 Academy. Coaches will be selected through parent volunteer. Coaches will be trained by San Leandro Academy Coaching Staff and DOC.

WHAT IS THE TIME AND TRAVEL COMMITMENT?

The time and travel commitment will vary depending upon the team's age group and level. Competitive Norcal teams usually train 2-3 times per week beginning in March and continue training through January. The older age groups take a break from November through February to allow for high school soccer. These teams typically play in 5-7 tournaments per year with one or two of these being travel tournaments that require overnight stays.

Competitive CCSL teams train 2 times per week beginning in March. Training ends in February. Teams typically play 4-5 tournaments per year with perhaps one of these being a travel tournament that requires overnight stay.

League play for all level competitive teams begins in September and continues through early November. Fall League play for all Divisions begins in September and finishes in the middle of November. Teams will play half their games at home and half of their games away. Competitive NorCal and CCSL teams may play Spring League with games on Saturdays and Sundays in March, April, May and June.

HOW MUCH DOES IT COST TO PARTICIPATE?

Competitive NorCal: Fall/Spring Costs \$450 includes State Cup Tournament, Uniform \$140 Basic Kit, program fees and team fees average between \$250-\$500.

Competitive CCSL: Fall/Spring Costs \$375 includes State Cup Tournament Only division winners, Uniform \$125 Basic Kit,

IF WE CHOOSE TO PARTICIPATE IN THE COMPETITIVE PROGRAM, WHAT CAN WE EXPECT?

San Leandro Sporting United SC has two guiding principles for its competitive program:

1. Make sure the players enjoy the experience and want to return the following year.
2. Make sure all players learn how to play soccer correctly while being developed to their full potential as a soccer player.

Winning is not a priority for competitive and Academy teams. Winning is a byproduct of sound fundamental teaching and principles as they relate to the game. It is important that all players learn the importance of commitment, dedication, work ethic, teamwork and achievement of goals in an effort to better themselves as players. It is the San Leandro Sporting United SC philosophy that learning these qualities will enhance every player's full development as a player and as a person.

Still have Questions? We have answers...

We are happy to answer any questions you may have about the 2018 soccer season and/or registration. Visit our website at www.sanleandroyouthsoccerleague.com or email the club registrar, at soccer.slsusc@gmail.com