Engaging Equines

Here is an opportunity for you to take a field trip to the barn. This experiential program allows YOU to actively participate alongside HORSES to gain a better understanding of the power of **Equine Assisted Psychotherapy and Equine Assisted Learning**.



Horses are incredible, powerful, yet gentle beings. Joining together with horses, in their space, provides an experience that can impact humans with strong personal growth and learning. The horse-human relationship provides opportunity for:

- deeper understanding of others,
- enhanced confidence and belief in oneself,
- reduced stress,
- honest, non-judgmental partnership

This experience is an opportunity to enhance understanding of:

- why horses as partners
- unique, innovative approach to therapy and teaching
- the power of non-verbal communication
- varying perspectives

Experiential workshops offered:

All workshops are the same format-you are able to register for more than one if desired

- Wednesday evenings, 6:00-7:30 pm (9/26, 10/24, 11/28)
- Friday mornings, 9:30-11:00 am (9/28, 10/22, 11/30)

<u>REGISTER NOW</u>: <u>http://www.successfulstridesinc.com/-events.html</u> or email

successfulstrideseal@gmail.com for more info to be a part of this unique learning opportunity

- ✓ We will be outdoors, dress accordingly
- ✓ All participants must wear closed-toe shoes

Participant Fee: Early Registration \$20/person/workshop

After 9/12/18 \$25/person/workshop

Workshop maximum: 10 participants



www.successfulstridesinc. com https://www.facebook.com/successfulstrideslearningwithhorses/ successfulstrideseal@gmail.com (828) 432-9831

