

**AT&T STARR'S MILL PANTHER XC MEET
SEPTEMBER 5, 2020**

SCHEDULE:

6:30 am Packet Pick-up Opens and Course Open for Warm-ups

7:20 am Course Closes for Warm-ups

7:30am Varsity Girls - Heat 1 (10 runners)

7:50am Varsity Girls - Heat 2 (10 runners)

8:10am Varsity Boys - Heat 1 (10 runners)

8:25am Varsity Boys - Heat 2 (10 runners)

8:40am JV Girls - Heat 1 (unlimited- please run your JV freshman girls in the freshman race)

9:05am JV Girls - Heat 2 (unlimited- please run your JV freshman girls in the freshman race)

9:30am JV Boys - Heat 1 (unlimited - please run your JV freshman boys in the freshman race)

9:50am JV Boys - Heat 2 (unlimited - please run your JV freshman boys in the freshman race)

10:10am Freshman Girls (use mile split to enter your non varsity girls into this race)

10:35am Freshman Boys (use mile split to enter your non varsity boys into this race)

10:55 am Middle School Girls -3000m

11:10am Middle School Boys -3000m

11:35am All Races are completed

Awards will be sorted and put into envelopes; Coaches to come to awards table to get their medals.
No Awards Ceremony gathering