

# AUGUST 2024

Preston Hollow UMC Child Development Center

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday



**Breakfast Snack:** Yoplait yogurt **5**  
**Lunch:** Macaroni & cheese w/broccoli, fruit cocktail  
**Afternoon Snack:** Quaker rice cakes

**Breakfast Snack:** Fig Newton bars **12**  
**Lunch:** 3 bean soup w/cornbread, veggie chips, pear cups  
**Afternoon Snack:** Trail Mix

**Breakfast Snack:** Graham crackers **19**  
**Lunch:** Black bean burgers, lettuce, tomato, veggie chips, pineapple  
**Afternoon Snack:** Goldfish crackers

**Breakfast Snack:** Cereal w/milk **26**  
**Lunch:** Veggie spring rolls, edamame, applesauce  
**Afternoon Snack:** Fruit chews

**Breakfast Snack:** Bel Vita bars **6**  
**Lunch:** Baked chicken nuggets, veggie chips, pineapple  
**Afternoon Snack:** Goldfish crackers

**Breakfast Snack:** Biscuit w/jelly **13**  
**Lunch:** Chicken fried rice, edamame, fruit cocktail  
**Afternoon Snack:** Carrot sticks w/ranch dressing

**Breakfast Snack:** Yoplait yogurt **20**  
**Lunch:** Quiche Lorraine, salad, pear cups  
**Afternoon Snack:** Graham crackers

**Breakfast Snack:** Oatmeal bars **27**  
**Lunch:** Chicken & cheese pita pockets, salad, fruit cocktail  
**Afternoon Snack:** Cheez Its

**Breakfast Snack:** Raisin bread **7**  
**Lunch:** Turkey roll ups, coleslaw, applesauce  
**Afternoon Snack:** Cheez Its

**Breakfast Snack:** Fresh fruit **14**  
**Lunch:** Turkey w/gravy, tater tots, salad, peaches  
**Afternoon Snack:** Fruit chews

**Breakfast Snack:** Cinnamon toast **21**  
**Lunch:** No nut butter & jelly roll ups, veggie chips, fresh fruit  
**Afternoon Snack:** Hard-boiled egg w/string cheese

**Breakfast Snack:** Raisin bread **28**  
**Lunch:** Vegetable soup w/Ritz crackers, pineapple  
**Afternoon Snack:** Trail Mix

**Breakfast Snack:** Graham crackers **1**  
**Lunch:** Pasta w/tomato sauce, salad, pear cups  
**Afternoon Snack:** Nilla wafers

**Breakfast Snack:** Cereal w/milk **8**  
**Lunch:** No nut butter & jelly sandwich, veggie chips, fresh fruit  
**Afternoon Snack:** Raisin's w/string cheese

**Breakfast Snack:** Hard boiled egg w/string cheese **15**  
**Lunch:** Lentil enchiladas w/guacamole, mild salsa, applesauce  
**Afternoon Snack:** Pirate booty snack

**Breakfast Snack:** Fresh fruit **22**  
**Lunch:** Spaghetti w/ground turkey, salad, peaches  
**Afternoon Snack:** Oatmeal bars

**Breakfast Snack:** Biscuit w/honey **29**  
**Lunch:** Turkey meatballs w/gravy, brown rice, salad, peaches  
**Afternoon Snack:** Yoplait yogurt

**Breakfast Snack:** Nutri Grain bars **2**  
**Lunch:** Fish sticks w/ketchup, veggie chips, peaches  
**Afternoon Snack:** Popsicles

**Breakfast Snack:** Oatmeal bars **9**  
**Lunch:** Fish tacos, carrot salad, guacamole, mild salsa  
**Afternoon Snack:** Popsicles

**Breakfast Snack:** Greek style yogurt **16**  
**Lunch:** Tuna salad sandwich w/veggie chips, peaches  
**Afternoon Snack:** Popsicles

**Breakfast Snack:** Bel Vita bars **23**  
**Lunch:** Tuna melt, veggie chips, fresh fruit  
**Afternoon Snack:** Popsicles

**Breakfast Snack:** Nutri Grain bars **30**  
**Lunch:** Fish sticks w/tartar sauce, veggie chips, fresh fruit  
**Afternoon Snack:** Popsicles

