

MILL VALLEY STAIRMASTER SERIES #3			
9K SYCAMORE-BOYLE-GOLF COURSE			
STEP BY STEP DIRECTIONS			
<u>DIRECTIONS</u>	<u>PATH #</u>	<u>DISTANCE</u>	<u>CUMULATIVE</u>
Start at Mill Valley Clock and head down Miller		0.0	0.0
On right turn right at Miller Lane (The Hivery parking)		0.0	0.0
Up steps and turn left of Ethel	6	0.1	0.1
Go down steps on left to Una Way to Miller Ave	3	0.5	0.6
Right on Miller and up Willow steps on right (2 sets)	1, 8	0.4	1.0
Turn right on Molino and turn right on Woodside		0.1	1.1
Follow Woodside to end and turn left at Ethel	12	0.2	1.3
Go up second set of steps on left to Mirabel	11	0.1	1.4
Cross Mirabel and take steps up and then left	15,14	0.1	1.5
Turn right at Molino, left at Birch, right at Helen's		0.0	1.5
Down steps on right through Norris Park	110	0.3	1.8
Turn right at Molino and down steps on left	17	0.2	2.0
Turn right on Ethel and down steps on left	7	0.2	2.2
Turn left at Throckmorton and left on Ethel		0.1	2.3
Up steps on right and turn right on Molino	18	0.1	2.4
Up steps on left and turn right on Florence	23	0.2	2.6
Turn right on Marion and down steps to Cascade	33	0.4	3.0
Turn left on Cascade and up 2 sets of steps on left	34, 35	0.1	3.1
Turn right on Monte Vista and right down trail	37	0.3	3.4
Turn left on Marion and left on Cascade		0.2	3.6
Turn right on Eugene and up Eugene Way/steps	46	0.3	3.9
Turn right at Lovell and turn left at Oak Lane		0.2	4.1
Up steps, cross Cornelia and continue up Oak Lane	47	0.2	4.3
Up steps and turn right at Tamalpais	48	0.1	4.4
Turn right at Summit and down steps on left	49	0.2	4.6
Go straight down Madrona to Throckmorton		0.1	4.7
Left at Throckmorton back to clock		0.1	4.8