



**9**  
the age a girl's self-esteem peaks, then takes a nose dive



**only 21%**  
of girls believe they currently have most of the key qualities required to be a good leader

## Get Involved!

**Give a meaningful compliment.**

*And smile - it will make someone's day!*

**Make sure everyone is included.**

*There is a seat for every girl at the table and a spot for every girl on the team!*

**Stand up for other girls.**

*Don't look away when other girls are being put down or bullied - stand beside her!*

**Take action!**

**Girls can change the world!**

*You have the power to make a difference!*

**Watch your words.**

**Don't gossip, tease, or name call.**

*Instead, say something nice!*

## OUR MISSION

Stand Beside Her is a rallying cry inspiring girls and women to stand up for each other and commit to shutting down unhealthy comparison that tears down and divides.

By celebrating one another's talents and successes, we all rise - one courageous, confident girl and woman at a time.

**Join us and Stand Beside Her.**

**For more information, visit us online at**

**[www.standbesideher.org](http://www.standbesideher.org)**

**When girls support each other, incredible things happen.**

Girls have great ideas and can make awesome leaders, but when they're not supported, or are discouraged from stepping up, the world misses out on their talents, strengths and uniqueness.

Let's create a world where girls are celebrated, encouraged and supported!

Join girls across the country and pledge to **STAND BESIDE HER!** When you support girls in your classroom, on the field and in your community, you're helping to change the culture so every girl can reach her fullest potential!



the **stand beside her** movement  
[www.standbesideher.org](http://www.standbesideher.org)

created by Girl Scouts for Girls everywhere

Starting in childhood, girls are inundated with negative messages and behaviors that prevent them from building healthy relationships, personal aspirations and ideals about themselves.

**Girls keep these unhealthy ideals and relationships as they mature into women.**

*Let's create a world where all women and girls are appreciated for their talent, strengths and uniqueness.*

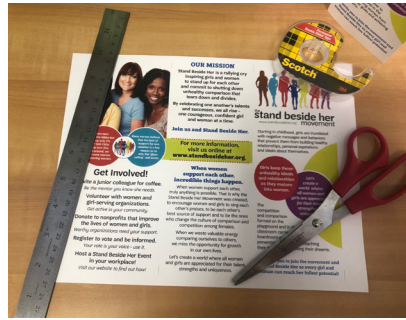
The competition and comparison formed on the playground and in the classroom carries over to the boardroom and in the home, preventing women from reaching their goals and achieving their dreams.

**We invite you to join the movement and Stand Beside Her so every girl and woman can reach her fullest potential!**



the  
**stand beside her**  
movement  
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## DIY Table-Tents Printing & Assembly Instructions

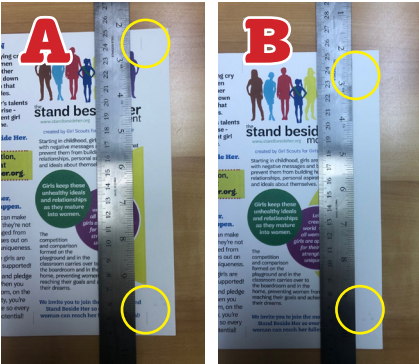


### Materials needed:

- paper/cardstock
- printer
- metal-edged ruler
- scissors
- double-sided tape or tape runner

### TO BEGIN:

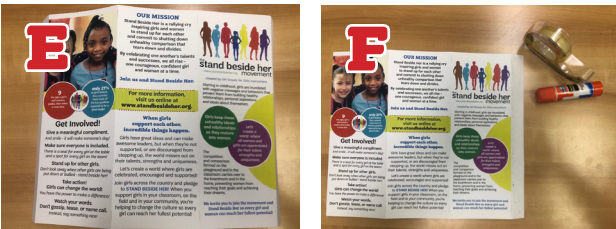
- Choose your paper stock. SBH DIY Table-Tents are designed to be able to be printed on everything from regular copy-paper to glossy cardstock and still hold their shape once assembled. *Cardstock, however, is preferred for longer-term durability.*
- Print. Be sure to click “Actual Size” (or your printer’s equivalent setting) before printing to prevent printer from slightly downsizing the artwork.
- Follow the steps below to fold your table-tent into its finished triangular shape and assemble:



1. Locate the tick marks along the right side, open, short edge of the piece (Figure A).
2. Align the edge of the metal ruler along the tick marks (Figure B).
3. Open the scissors and press the point to the edge of metal ruler at the top of the piece (Figure C). Using the edge of the metal ruler as a guide/fence, carefully and lightly score a line along the full 8 1/2” length of the piece (Figure D).
4. Do the same for the three remaining sets of tick marks.
5. Gently fold a crease along each of the four score marks you just created (Figure E).



6. Keeping the piece facing you as shown, fold the left side, open, short edge completely flat under the piece. Place a strip of double-sided tape, or use a tape runner or glue stick to place adhesive all along the right side, open, short edge on the right (printed) side of the piece - as shown (Figure F).



7. Carefully align the free, short edge with the adhesive to the folded back free, short edge (Figure G).
8. Pinch the piece together all along this edge to seal it shut (Figure H).
9. Place double-sided tape (or other adhesive) on the top and bottom edges of one side of the interior flap that has now been created (Figure I).



10. Adhere the flap to the inside of the piece (Figure J).
11. Your table-tent is now complete (Figure K)!

