

Magdalena Petty

Pilates Instructor

Magdalena Petty has been practicing Pilates beginning in 2004. She has always been an active person and is a firm believer in fitness and a healthy lifestyle. From the first-time trying Pilates she found that the results were unmatched. After working in various fields, Magda decided to shift gears and take her love for Pilates to the next level and became certified with Power Pilates. She has been teaching all Pilates equipment and mat since 2011. Magda is committed to helping others experience the benefits of Pilates because she is passionate that it will enhance the quality of their lives. She is continually inspired by the transformation she witnesses in her clients. Taking from Joe Pilates “movement heals” Magda always tells her clients “never stop moving.”

