

Congestive Heart Failure Management Plan

Your Medicines

Name: _____ Date: _____

Doctor: _____

Phone for doctor or clinic: _____

Patient's target weight: _____ pounds

- ✓ **It is important to take *all* your prescribed medicines.**
- ✓ **It is the medicines working *together* that helps your heart.**
- ✓ **Bring *all* your medicines to *every* doctor's appointment.**

Medicines used to treat your heart failure include:

Heart Medicines: These medicines help your heart work better and your blood flow more easily. It is important to take **all** of these medicines because they need to work together to help your heart.

_____ (Ace Inhibitor)

_____ (Beta-Blocker)

_____ (Calcium Channel Blocker)

_____ (Other)

Diuretics: “*Water Pills.*” These medicines help your kidneys get rid of extra water and salt.

_____ (Diuretic)

Potassium and Magnesium Supplements: These are important salts that your body loses by taking your diuretics or “*Water Pills.*”

_____ (Potassium and/or Magnesium Supplement)

Cholesterol Medicines

Diabetes: “Sugar” pills

Other Medicines

