

South Shore Peer Recovery began in the fall of 2014 with a group of volunteers who recognized the need to do more to help people suffering from substance use disorder and their families. We are a group of concerned citizens from across the South Shore that formed a new kind of community organization, one that is focused on the other side of addiction: *RECOVERY*.

Our mission is grounded in the belief that although recovery may be initiated in treatment, it happens in the community. We can do more to educate the community, support families and those who are struggling. Furthermore, those with lived experience – "peers" – are ideally suited to help others who seek long-term recovery. Our work is led by a Board of Directors and many other volunteers in recovery, family members, friends and allies from Cohasset, Hingham, Hull, Marshfield, Norwell, Pembroke, Scituate and beyond. All are welcome.

We offer support groups, free acupuncture, educational workshops, help with treatment resources, and more!

Please consider getting involved. Stop by the new office, or attend a Community Meeting on August 2<sup>nd</sup> to learn more! (Monthly informational meetings are held at the W.P.A. Building, 7 Henry Turner Bailey Road in North Scituate from 7:00-8:30pm on the first Tuesday of the month.)

## **Our Mission Statement**

"South Shore Peer Recovery organizes people in recovery from all addictions, their family members, friends and allies, to put a positive face on recovery. SSPR provides peer support, education, and advocacy opportunities; working to remove barriers to recovery; treating all with dignity and respect regardless of the pathway to recovery."

South Shore Peer Recovery, Inc. is a 501c3 Organization

## How can we help you with your recovery today?

sunday Family Support Group assists family members with education and support throughout all stages of addiction and recovery. Peer-led group, with a facilitator from Gosnold Treatment Center. Every Sunday from 11:00 am -12:30 pm, at the Scituate Senior Center, 27 Brook Street.

Wednesday Acupuncture Group to alleviate anxiety, sleeplessness, post-cute withdrawal symptoms (PAWS), and assist with continued recovery management. Free on Wednesday evenings from 7:00-8:30 pm at the office. Please call ahead if possible to reserve a spot: 781 378-0453.

**Peer Support Specialists** to connect individuals who are discharging from inpatient treatment, or struggling in their recovery, to a variety of support services in the community. *By Appointment Only*. Please call the office at 781 378-0453 to make an appointment.

Walk-in Resource Room with access to a volunteer, computer, fax, phone and current information on support services such as Sober Housing, Counseling, and Employment. Please drop-in anytime the office is open (Thursdays 5:30pm - 8:30pm; Fridays 10:00am - 4:00pm; and Saturdays 9:00am - 12:00pm).

Special Classes & Speakers are offered each month, such as: Setting Boundaries, Mindfulness, Spirituality, Medication-Assistance, Relapse Prevention, and Narcan training. Please check the *Upcoming Events* section of our website for the latest schedule.

## www.southshorepeerrecovery.org

Stop by our new office!

50 Cole Parkway, 2<sup>nd</sup> floor, Scituate Harbor MA 02066

Thursdays 5:30pm - 8:30pm

Fridays 10:00am - 4:00pm

Saturdays 9:00am -12:00pm

Phone 781 378-0453 info@southshorepeerrecovery.org