\*\*Fellowship in attendance please read and notify Secretary for edits by 8-15-2015\*\*

(Unapproved) ASDI Intergroup Meeting Minutes

July 18, 2015

The meeting was called to order at 1:00pm by Kayla, Chair. The meeting opened with the serenity Prayer, followed by the reading of the Standing Rules and Preamble. Introductions were made. There were 0 New Reps. Board members in attendance: Kayla-Chair, Christina-Communication Sec, Teri-Treasurer, Bobbi- Recording Sec., Vice chair vacant position.

A motion to adopt the agenda was adopted.

<u>Chair's Report:</u> Full version available on Ecares and those in attendance. Brief overview: Kayla expressed her gratitude for her recent Election to Chair, welcomed all new board members and meeting representatives. Reminded body of upcoming election of Vice Chair and that jobs duties: Upcoming vote on # of Delegate/Representatives to send to the Region 3 Assembly (Sept 2015). Also reminded body of missing files (May meeting) belonging to Sheila. Any information leading to finding them is greatly appreciated. She also expressed her thanks to those who participated in the summer retreat

Vice-Chair's Report: Vacant position

<u>Treasurer's Report:</u> Full version available on Ecares and to those in attendance today. \_Teri reviewed the financial information for the current month, and annual budget. Physical year will end Friday, July 31<sup>st</sup> 2015. Next year's budget total \$30,810.00.

**Recording Secretary Report**: The minutes of the previous meeting were adopted as distributed.

<u>Communications Secretary Report:</u> Christina (current Comm Sec ) and Greg (outgoing Comm Sec) are working together during the transition. Please send things for Ecares to both Christina (<u>check.perception@gmail.com</u>) and Greg (<u>glane480@gmail.com</u>)

Welcome and Attendance Report: 21 in Attendance, 20 Voting, and 1 Visitor.

**7<sup>th</sup> Tradition**: \$32.00

## **Agenda Discussion Topics:**

- Summer Retreat: Results report provided by: Co-Chair Rosie Oldham, Co-Chair Jackie Wilcock. Retreat was held June 26-28<sup>th</sup> 2015 at Embry Riddle Aeronautical University, Prescott Arizona. 53 Overnighters, 17 Commuters. Meetings took place in the Haas Chapel and lodging provided in Dormitory M200 and M300. Evaluation forms were tallied with excellent feedback regarding Registration and Check In/Out process. Facility food was well received with some minor complaints regarding need to know eg. Ingredients of dressings, etc. Retreat Experience Feedback regarding the speaker was excellent. 3 complaints about the speakers' use of language. 97% reflected gratitude for the speaker. Excellent feedback about location of retreat. Have requested a return for the 2016 Summer Retreat. 38% commented on Higher Power Walking exercise saying it was very rewarding and helpful. The retreat generated \$4090.42, the committee worked hard to keep costs down. 50/50 raffle brought in \$196.00, Gift Cards: \$476.00. Thank you for all the meetings generosity who donated gift cards. The retreat committee consisted of: Jackie W Co-Chair \_Onsite Registration, Rosie O. Co-Chair \_Treasurer; Eddie H (Registrar); Mike V- HP Walking and Welcoming; Susan L-Love Notes, Onsite Packets; Karen G- Meditation; Rebecca- Onsite Registration; Gloria B Ways and Means; Tori W. Love Notes and Packets; John S Welcoming and Mens Meeting; Halina B- Mediation; Greg L- Public Relations and Communications; Bobbi S- Special Round Up Posse.
- Winter Retreat: Chair is Dianna P. Mt Claret Retreat Center, 4633 N 54<sup>th</sup> St, Phoenix.(Camelback and 54<sup>th</sup> St)
  January 8-10, 2016. A partial committee stayed after the Summer retreat to create the Save the Date flyer and
  brochure. The first Committee meeting for the 2016 Winter Retreat will be held at Paradise Café, Sunday August
  16<sup>th</sup> at 11:45am.

- Elections- Vice Chair: Marie D. was elected
- Representatives to Next Region Assembly: The body decided to send 3 of our 5 Delegate Reps to Albuquerque NM. September 25-27, 2015. The Chair-Kayla is required to Attend. Rotation of Delegates would allow for Donna and Jackie to attend. Donna has step out of rotation to give up her turn to Christina, who is running for a Region 3 position. The 3 attending will be Kayla, Jackie and Christina. Note: Kayla is also running for a Region 3 position. If either is voted in, their future Region 3 events will be paid for by Region 3 instead of ASDI.

## **Committee Reports:**

- Bylaws: No Report. Sheila is absent her Bylaws files (possibly left behind at May meeting) have not resurfaced. Those in attendance had no knowledge of whereabouts.
- Office Operations: No report
- Outreach/Lifeline: Stephanie stated there are a couple new committee members.
  - Upcoming event is Sept 4th. First Friday of Sept., 5:30pm-9pm. Epiphany Church 800 W. Ray Road Chandler AZ 85225. Potluck style workshop, topic is "Difference between Abstinence and a Plan of Eating".
  - Lifeline- Consider gifting a subscription (paper or digital) to your sponsees or your Drs' office. Please support Lifeline by writing and submitting your recovery stories to <a href="www.oa.org">www.oa.org</a>.
  - o There are new Public Outreach posters available on <a href="www.oa.org">www.oa.org</a>.
  - And a new OA Preamble has been adopted. It adds the wording "and compulsive food behaviors".
     Please see the new Preamble available on www.oa.org.
- PI/PO: Jeri absent, Dianna P and Tori W giving report.
  - New Women's meeting to begin Tues 5:30pm on Sept 8<sup>th</sup> @ At Fresh Start Women's Foundation 1130 E McDowell Rd, Phoenix AZ 85006. They intend to have an event prior to the start of the meeting for Fresh Start staff and participants to learn about OA. They need 2-3 speakers with 1 yr abstinence and experienced all 3 levels of recovery (near healthy body size). Another volunteer is also need to open meeting. There is a 1 hr. orientation required for that position.
  - Art of Recovery event is Saturday Sept 19<sup>th</sup> 9-5pm. Jeri will be having a training session for volunteers of event. Promoting consistency of the message of recovery. 12:30 August 15<sup>th</sup>. Jeri will be in contact with those who have volunteered with location.
- 12<sup>th</sup> Step Within: Donna stated that there is an upcoming event, tentative date Oct 24<sup>th</sup> 2015 where we will hear from our Region 3 Trustee Vicki. Pat H is organizing event, it will take place near the OA office at the home of Mike V.
- Newsletter: Dianna has made a few changes to the newsletter to reflect its use as a resource for help in program, as well as stories from local members. She is open to suggestions from the fellowship as to the content of newsletter.

## Service Reports:

- Literature: Marion, No report: it was mentioned the new book. A Taste of Lifeline will be released in August.
- Website: Greg, No Report
- Meeting List: Bobbi, Meeting list is updated. Another meeting in West Valley has affiliated with ASDI. Come check out Thurs 5:45pm meeting at Unity Spiritual Center 10101 W Coggins Dr, Sun City, AZ 85351 90 Day focus.
- Phone Volunteers: Sheila, Not present:

The Next Intergroup meeting will be August 15<sup>th</sup>, 2015 @ 1pm

The meeting closed with "I put my hand in yours..." @ 2:26pm

Submitted by:

Bobbi Stice ASDI Recording Secretary Stamp4fn@gmail.com