

**2019 DURHAM STRIDERS DEVELOPMENTAL
Invitational
Track & Field Meet**



Saturday – May 25, 2019
Southern Durham High School
800 Clayton Road
Durham, NC 27703

Events	EVENTS OFFERED (Meters)													
	6&U		7-8		9-10		11-12		13-14		15-16		17-18	
	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Women	Men
100	X	X	X	X	X	X	X	X	X	X	X	X	X	X
400	X	X	X	X	X	X	X	X	X	X	X	X	X	X
800	----	----	X	X	X	X	X	X	X	X	X	X	X	X
150	----	----	X	X	X	X	X	X	X	X	X	X	X	X
H Hurdles	----	----	----	----	----	----	X	X	X	X	X	X	X	X
4X100	----	----	X	X	X	X	X	X	X	X	X	X	X	X
LJ	----	----	X	X	X	X	X	X	X	X	X	X	X	X
TJ	----	----	----	----	----	----	----	----	X	X	X	X	X	X
HJ (Start)	----	----	----	----	(0.90)	(0.96)	(1.0)	(1.16)	(1.20)	(1.40)	(1.30)	(1.70)	(1.30)	(1.70)
Shot Put	----	----	X	X	X	X	X	X	X	X	X	X	X	X
Discus	----	----	----	----	----	----	X	X-	X	X	X	X	X	X
Mini Jav	----	----	X	X	X	X	---	---	----	----	----	----	----	----
Aero Jav	----	----	----	----	----	----	X	X	----	----	----	----	----	----

X = EVENT OFFERED IN AGE DIVISION

SCHEDULE OF EVENTS

RUNNING EVENTS: (ALL FINALS) (9:00 a.m. (Rolling Schedule)

1500 Meter Run
80/100/110 Hurdles
100 Meter Dash
400 Meter Dash
800 Meter Run
4 x 100 Meter Relay

FIELD EVENTS: (9:00 a.m.)

Long Jump (17-18 Down)
High Jump (9-10 Up)
Triple Jump - Follows Long Jump
Shot-put (8&U Up)
Discus (17-18 Down)
300G Mini Javelin (8&U, 9-10)
450g Aero Javelin (11-12)

In all field events, competitors will be allowed three (3) attempts ONLY.