TEEN GIRLS PROCESS GROUP

The purpose of a process group is to explore and process experiences and emotions to better understand oneself and relationships with others.

Who: Girls ages 13-18

Where: Hope and Healing Child and Family Counseling

When: Thursdays beginning January 16, 2020 and ending March 12, 2020. Group will be cancelled on February 27th.

Time: 5:30-7:00pm

Insurances accepted: Select Health, Medicaid, EMI, Blue Cross, DMBA or \$360 for self-pay clients. There will be a \$35 charge for missed groups.

Please email <u>marissa@healingutahfamilies.com</u> or <u>dan@healingutahfamilies.com</u> if interested or if you have questions.

A pre-group interview will be required to ensure the group is appropriate for the client. Please contact Dan or Marissa as soon as possible to schedule a pre-group interview.

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