News LINE

Summer 2013

he should go and when he is old, he will not depart from it.

A publication of Lifeline Youth & Family Services and Crosswinds

~ Proverbs 22:6

"How Much Do You Love Them?" By Mark Terrell, CEO

The more I work with families, the more I am surprised by what I learn. I often hear moms or dads tell me how much they love their children, and that they would be willing to do anything to help them. Unfortunately, sometimes what I observe is completely the opposite of true sacrificial love. I will give you some examples and let you be the judge.

- A child is struggling with a pornography addiction, but a parent refuses to have their child speak to their youth pastor because they are embarrassed that this has been going on in their home.
- A teenage boy has no job, but always seems to have cash available to go to the movies and buy the latest electronic gadget. His parents never ask how or where he is getting his funds, because they are struggling financially and know they could never afford to give him the things he wants.

- A child is questioning his/her faith because of what they are hearing from peers or teachers, but the parents don't make time to go to church or youth group because their weekends are reserved for the lake.
- A young man is an incredible football player and is caught selling drugs for the second time. The parents fail to enforce the rules laid out the first time he was caught, because they are afraid it will cost him his scholarship.

Each of these examples come from a real discussion I had with the parents of a child who is struggling. The common denominator in each of these situations is that the parents must choose between what is best for their child or what is convenient.

How much do you love your family? Enough to do whatever is necessary?

Change starts here.

Caribbean Mountain Academy: Changing Lives

For the past year-and-a-half, Lifeline has been working to develop and expand the arm of our services that works with families not yet in the court system: Crosswinds. We are excited to share that God is using our efforts to heal families and teens, and students are graduating from Caribbean Mountain Academy with changed lives. We asked one of our graduates a series of questions about his time at Caribbean Mountain Academy and hope his answers inspire you as much as they have inspired us.

Q: What was your life like before you came to Caribbean Mountain Academy?

A: Before I came to CMA, I was kind of all over the place with my family and friends. I wasn't around my family that much and my parents knew that I wasn't doing well, but it was kind of an elephant in the room that we didn't really talk about. I would smoke a lot with friends and do stuff that I really shouldn't have been doing.

Q: What were some of the most important lessons you learned during your time at Caribbean Mountain Academy?

A: I learned that I really can have good relationships with people and how [those relationships] affect everyone around me. Before I came here, I would hold everything inside. But now when I have problems I express them and get advice. I never really had that before.



Q: What was your favorite activity that you did here?

A: I really loved the waterfalls. Being here was the first time I've really seen waterfalls like that. I've been to different places in the United States, but it's really hard to find a really huge waterfall there.



Q: How are things different with your family since you've been here?

A: When I first talked to my family when I came here, I was really angry and really bitter towards them. But after I got past that I started making progress in communicating with my parents. I started being honest and because I was honest with them, we began bulidng trust. Just telling them what was actually going on helped a lot.

Q: How have you grown spiritually during your time here?

A: When I came here, I knew about God a little bit, but I didn't really care too much. During my time here, I slowly got more and more curious about who this Jesus person really was. After about 6 or 7 months, I finally became a Christian. And now I've seen God working through me in different ways. When I hear Him now I think, "Is that God trying to speak to me here?"

Construction Underway!

Things are about to look a little different at Pierceton Woods Academy, as our new vocational facility nears completion. The pole-barn-style building is the latest development in our growing Leadership & Vocational Development program, which began in 2011.

The concept behind the program is simple: Youth equipped with tangible skills and work experience will have greater success finding employment than those who do not. Add portable leadership and life skills to the mix and youth have a recipe for success!

The vocational building will provide much-needed space for expanded training and instruction. For example, students will begin constructing "mini-houses" allowing them to learn specific skills, like framing and dry walling, with the help of local tradesmen and women. In addition, the space will also serve as the production site for a student-run business, offering products like Adirondack furniture to the public. Youth will apply for production, marketing, and management positions within the business, providing even greater career experience.

In the end, it all comes down to one idea: we believe in the potential of every child we serve and we're helping them see and achieve that same potential in themselves. We're excited about the new construction that will take us one step further towards reaching that goal.



Lifeline would like to thank the following contributors for their investment in this important project:

Edward D. & Ione Auer Foundation
Dekko Foundation
Kosciusko County Community Foundation
McMillen Foundation
Dr. Dane & Mary Louise Miller Foundation
Old National Bank Foundation
M.E. Raker Foundation
Ian and Mimi Rolland Foundation



Want to get involved with this project? Here are a couple of ways you can contribute:

- Volunteer
- Continued financial support
- Donate building supplies
- Donate gently used woodworking equipment



Family Counseling

During the past four years, selected Lifeline Therapists and Family Consultants have served families that sought our help outside of the court system through our Family Support Services program. In May, this program became Crosswinds In-Home Family Counseling. We now offer our counseling and family coaching services to families in our community and across the country.

Currently, a dozen Lifeline Therapists and Family Consultants have been asked to join Regional Crosswinds Teams in Northeast, Northwest, and Central Indiana. We also have therapists available to serve families outside of Indiana via video conferencing.

A few of the benefits that Crosswinds In-Home Family Counseling provides include:

Services in the Home: No carting families to a counseling center and no sitting in a waiting room. The nature of our service allows families to maintain privacy.

Flexible Scheduling: Morning, afternoon, or evening appointments are available to accommodate our client's busy schedules.

24-hour Crisis Intervention: We offer 24-hour crisis intervention to any family enrolled in our program. Families always have somewhere to turn for help.

Faith Based: We are faith based. When clients are open, we utilize prayer, Scripture, and spiritual formation as a part of treatment.

New Employee Spotlight: Scott Helmkamp



Lifeline is excited to welcome Scott Helmkamp as our Vice President of Administration. Scott will oversee Lifeline's finance, Human Resources, and Information Technology departments.

Scott comes to Lifeline with 23 years of service with the YMCA of Greater Fort

Wayne, most recently serving as Executive Director at the Jorgensen Family YMCA.

Scott lives in Fort Wayne with his wife and two children, Trevor, 13 and Megan, 10. Thanks to Scott's influence as an avid sports fan, the Helmkamp family loves watching Cubs, Bears, and IU games. They also spend time on the field, as Scott coaches Trevor in baseball and Megan in flag football.

The Helmkamp family also loves to travel, making it their goal to eventually visit all Major League ballparks. Combine that with Scott's love of collecting baseball cards and autographs and you have one committed baseball fan!

But Scott is also committed to helping others. Knowing Lifeline is a service-minded organization benefitting families gives Scott an excitement and energy for his position. "I like knowing that what we are doing on an everyday basis is ultimately making a positive impact on the people we serve, both now and for their future," Scott said.

Welcome to the Lifeline team, Scott!



Building Blocks Preschool Graduation



A group of talented children completed requirements for graduation from the Building Blocks Preschool on May 31.

The graduating class was one of the most accomplished classes to graduate from our preschool. Nearly all of the graduates received 90% or higher on the Kindergarten-Readiness Assessment, and all of the graduates received 86% or higher on the Age-Development Assessment.

We are proud of our graduates and grateful to their parents for allowing us to be a part of their early childhood education. Building Blocks Preschool is part of Lifeline's outreach and prevention program, Project Incentive. Through this program we provide quality education to preschoolers. We equip them with strong social skills and good learning habits to build on for success not only in school, but also in life. Our thanks to the following funders who supported Project Incentive this school year:

Howard P. Arnold Foundation
Drug & Alcohol Consortium of Allen County
Foellinger Foundation
JPMorgan Chase
Lincoln Financial Foundation
Harold & Rachel McMillen Foundation
Edward M. & Mary McCrea Wilson Foundation

Changing hearts and bringing hope