

## **MINUTES**

### *Southeast Washington Regional FYSPRT*

*09/10/2020 3:00-5:00 p.m.*

*Location - ZOOM PHONE-IN ONLY*

<p><b>Purpose</b> designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p><b>Mission</b> through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p><b>Vision</b> To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p><b>Ground Rules</b> All FYSPRT attendees should have a chance to speak, express their own ideas and feelings freely, and pursue and finish out their thoughts Everyone has an equal opportunity to share their voice and view A variety of points of view are to be put forward and discussed during meetings All attendees should work to remain open-minded Stay true to the FYSPRT goals Participants can interpret topics openly and honestly All respectful feedback is welcomed</p>
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Agenda Items	Discussion & Notes
<p><b>Welcome &amp; Introductions</b> (5 minutes) Youth Tri lead-Baltazar Torres</p>	
<p><b>Meeting Minutes</b> (10 minutes) System Tri lead-Jill Mulhausen</p>	<p>Meeting minutes from August 13, 2020 Motion made by: <u>Baltazar Torres</u> Seconded by: <u>Matt Kuempel</u> Did the vote carry? <b>YES</b> / <del>NO</del></p>
<p><b>Lock Box Update</b></p>	<p>Jill announced the purchase of lock boxes and locks with the quarterly and travel funds mentioned last month. She also noted filling out a grant application from Kadlec. Although the request was for \$8500.00, Kadlec actually awarded \$1500.00. GCBH is not in a position to set up a separate bank account and monitor funds, so Jill is working with Carolyn Cox of SPARK who, in turn, is working with Kadlec to research what can be done. Jill also mentioned considering what to put inside the lock boxes such as an updated brochure.</p>
<p><b>BHAS Data</b></p>	<p>Sarah did not get the BHAS Data information, but noted that Paul Davis from HCA will be at the next meeting. If you have any questions for him, please email them to Sarah or Sherel.</p>
<p><b>Roundtable</b></p>	<p><b>Jill</b> noted that due to the convenience of attending Zoom meetings, now may be a good time to recruit new members. She asked people to consider who they could ask or inform of the opportunity. She offered to reach out to</p>

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those people if you let her know and provide contact information. She included the counties in the chat notes, which Sherel forwarded in an email after the meeting.

**Kelsey** from Molina will reach out in Yakima County.

**Ruvine** from the League of Educated Voters is in the process of gathering information for basic needs to take forward to legislators. Please let her know if you have anything. She posted a link for a virtual event to taking place on October 8, 2020 in the chat notes.

**Kris** reported that there was a CLIP recommendation last month. He noted there is an average wait list of four months which HCA seems to be noticing. It's possible they may change some of the criteria to make it easier.

**Sully** noted that Yakima's Open Doors program has reopened and is serving students face to face by appointment taking appropriate precautions.

**Sarah** noted Lourdes is holding a Mental Health First Aid training targeted to non-clinical workers that would be of benefit to community members. There will also be a virtual Washington State Prevention Summit coming up on November 3 & 4, 2020 with a registration deadline of October 23<sup>rd</sup>.

**Matt** noted they are at about 50% capacity with a two week rotation of staff. There are two sessions of Youth Mental Health First Aid scheduled and they are willing to do more if there is a demand for it. Matt noted the University of Washington has partnered with the HCA and DBHR to form a kind of study group for WISe best practices and working with youth who are on the spectrum or have any kind of intellectual developmental delays. This is designed to address some of the gaps in the system.

**Sherry Mashburn** reported a mask exemption for students with developmental, cognitive or mental health issues. She posted the reference in the chat that was forwarded.

**Dawn** will be presenting at the Co-Occurring Conference next month. She also noted their WRAP training is virtual and available at no cost.

**Carolyn** reported ongoing success and growth of the SPARK program including applying for grants in other counties and working out a lot of pilot programs. They are also looking at projects at group homes and institutions to recruit any interested youth there.

**Jeannette** talked about the possibility of using Federal Block Grant dollars for Medicaid youth and the SPARK program's impressive growth and reach..

**Jason**, a first time attendee, noted that he found the FYSPRT meeting inspiring and wished he had had it as a resource for his daughter's journey.

**Pete Peterson** talked about a federally authorized program he's aware of from his work in Idaho that allows the use of Medicaid for youth with mental health issues under certain circumstances.

**Baltazar** noted a trend he's been noticing in youth conversations indicating a positive outlook about therapy and MH issues.

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Closing Announcements and Evaluation (5 minutes)	Your FYSPRT meeting evaluation will be sent via email and is available at this link: <a href="https://www.surveymonkey.com/r/QMMCKJX">https://www.surveymonkey.com/r/QMMCKJX</a>  <i>Please note your evaluations are an important part of improving FYSPRT, are included in FYSPRT reports to State, and are much appreciated!</i>
Regional FYSPRT meeting dates	October 8, 2020 <b><i>THIS MEETING WILL BE HELD via ZOOM.</i></b>
State FYSPRT meeting dates	November 17, 2020 Meeting Time 9:30am-3pm Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503

**Want to become a voting FYSPRT member?**

**Ask for a membership application or find one on our website @ <http://www.southeastfysprt.org/get-involved.html>**