

# Dickson Endurance Triathlon

## Iron Nugget Overall Splits

August 06, 2011

Results By Endurance Sports Management [Endurance Sports Management](#)

Place	Name	Bib	Age	Gend	-Age Group--		----- Swim -----		----- Bike -----		----- Run -----		Total Time			
					Pos	Group	Rnk	Time	Rate	Rnk	Time	Rate		Rnk	Time	Pace
1	Barry Knight	162	45	M	1	Opn	3	12:20.5	2.43	1	49:25.9	20.6	4	21:55.5	7:04	1:23:42.1
2	Tommy Nettleton	151	50	M	2	Opn	4	12:44.4	2.36	2	52:44.2	19.3	1	20:54.4	6:45	1:26:23.1
3	David Price	115	47	M	3	Opn	15	16:03.8	1.87	3	54:45.1	18.6	5	22:07.2	7:08	1:32:56.1
4	Daniel Trott	105	30	M	1	30-34	1	10:59.5	2.73	7	59:54.1	17.0	8	23:48.7	7:41	1:34:42.4
5	Jerry Tassa	156	34	M	2	30-34	2	11:33.5	2.60	9	1:01:19.9	16.6	6	22:47.8	7:21	1:35:41.2
6	Andrew Falck	106	31	M	3	30-34	20	17:08.9	1.75	6	59:05.4	17.3	2	21:17.7	6:52	1:37:32.2
7	Tony Casassa	110	36	M	1	35-39	21	17:26.0	1.72	4	56:42.9	18.0	9	24:03.0	7:45	1:38:11.9
8	jeff lane	121	51	M	1	Mst	19	17:06.5	1.75	5	57:28.2	17.7	13	26:14.4	8:28	1:40:49.2
9	David Jennings	154	37	M	2	35-39	6	13:59.9	2.15	17	1:04:00.4	15.9	7	23:07.2	7:27	1:41:07.5
10	Patrick Allen	152	26	M	1	25-29	10	15:17.9	1.96	8	1:00:13.3	16.9	16	26:39.7	8:36	1:42:11.1
11	Jessica Christensen	129	25	F	1	Opn	14	15:41.0	1.91	12	1:01:52.5	16.5	12	25:28.8	8:13	1:43:02.4
12	Chris Imber	109	36	M	3	35-39	18	17:04.6	1.76	25	1:08:29.1	14.9	3	21:37.8	6:58	1:47:11.6
13	jason singer	103	25	M	2	25-29	11	15:18.4	1.96	21	1:06:50.7	15.3	14	26:18.8	8:29	1:48:28.0
14	Danielle Witter	125	24	F	1	Opn	5	13:10.1	2.28	24	1:08:18.6	14.9	19	27:28.0	8:52	1:48:56.9
15	Tom Perry	24	62	M	2	Mst	24	18:40.7	1.61	16	1:03:31.8	16.1	17	26:49.6	8:39	1:49:02.1
16	brian chalker	113	38	M	4	35-39	17	16:53.3	1.78	10	1:01:32.4	16.6	36	32:17.2	10:25	1:50:43.0
17	Shannon Gordon	160	42	M	3	Mst	13	15:40.0	1.91	22	1:06:54.0	15.2	27	29:09.9	9:24	1:51:44.0
18	Joel Parks	157	51	M	1	50-54	50	26:55.3	1.11	11	1:01:33.6	16.6	10	24:10.2	7:48	1:52:39.1
19	Jeff Johnson	146	47	M	1	45-49	44	23:28.3	1.28	13	1:02:05.2	16.4	23	28:16.3	9:07	1:53:49.9
20	Emily Flack	147	33	F	3	Opn	8	14:51.8	2.02	26	1:08:46.6	14.8	30	30:32.1	9:51	1:54:10.6
21	Mitchel Wagner	145	51	M	2	50-54	23	18:39.7	1.61				51	1:35:37.0	10:51	1:54:16.7
22	Jeff Whitehorn	119	49	M	2	45-49	46	24:13.1	1.24	14	1:02:22.1	16.4	22	28:10.6	9:05	1:54:45.9
23	Tim Enevoldsen	118	49	M	3	45-49	27	19:01.6	1.58	23	1:07:57.0	15.0	25	28:33.8	9:13	1:55:32.5
24	Greg Bieck	150	38	M	5	35-39	12	15:25.1	1.95	28	1:08:49.6	14.8	33	31:50.3	10:16	1:56:05.1
25	Lindsay Sanford	134	32	F	1	30-34	29	19:25.2	1.55	32	1:10:32.0	14.5	15	26:37.8	8:35	1:56:35.1
26	Judy Aberg	144	52	F	1	Mst	26	18:50.9	1.59	18	1:04:04.9	15.9	39	33:54.9	10:56	1:56:50.8
27	Clay Travis	111	36	M	6	35-39	30	19:34.1	1.53	19	1:04:52.4	15.7	37	32:24.8	10:27	1:56:51.3
28	Michael K Carroll	122	54	M	3	50-54	36	21:12.1	1.42	20	1:06:23.0	15.4	32	31:35.0	10:11	1:59:10.2
29	Chris Ham	153	29	M	1	0-39	52	29:22.2	2.58	15	1:03:11.3	16.1	18	27:02.6	8:43	1:59:36.2
30	Laura Mills	158	47	F	2	Mst	7	14:25.6	2.08	39	1:13:15.8	13.9	38	32:52.8	10:36	2:00:34.3
31	Mark Spencer	112	37	M	7	35-39	47	26:04.2	1.15	31	1:10:13.0	14.5	11	25:00.4	8:04	2:01:17.7
32	Mike McCulla	116	48	M	4	45-49	37	21:31.4	1.39	35	1:11:18.1	14.3	24	28:31.4	9:12	2:01:21.0
33	joby williams	128	24	F	1	20-24	39	22:14.1	1.35	34	1:11:11.1	14.3	21	28:01.0	9:02	2:01:26.4
34	Rainee-Lynn Heilborn	130	25	F	1	25-29	25	18:45.2	1.60	33	1:10:51.9	14.4	35	32:05.2	10:21	2:01:42.4
35	Angela DeGloma	126	24	F	2	20-24	40	22:19.8	1.34	27	1:08:49.0	14.8	31	31:02.0	10:01	2:02:10.9
36	Christine Schmalzer	141	42	F	3	Mst	9	14:58.7	2.00	38	1:13:11.0	13.9	42	35:33.3	11:28	2:03:43.2
37	Jim Schettler	114	42	M	1	40-44	38	21:45.8	1.38	37	1:13:07.5	14.0	26	28:50.2	9:18	2:03:43.6

38	Bill Cutrer	108	35	M	8	35-39	28	19:04.2	1.57	42	1:15:11.9	13.6	29	29:41.2	9:35	2:03:57.4
39	Jimmy Walker	155	65	M	1	65-69	16	16:44.0	1.79	29	1:09:23.9	14.7	44	39:17.5	12:40	2:05:25.4
40	Chris Pastina	117	49	M	5	45-49	45	24:00.2	1.25	36	1:11:32.5	14.3	34	31:55.0	10:18	2:07:27.7
41	Marisa Blank	135	33	F	2	30-34	33	19:52.2	1.51	40	1:14:00.2	13.8	40	34:34.5	11:09	2:08:27.0
42	Gary Singer	102	22	M	1	20-24	42	22:57.1	1.31	44	1:19:03.0	12.9	20	27:54.4	9:00	2:09:54.6
43	Brian Lord	159	36	M	9	35-39	49	26:50.2	1.12	41	1:14:55.2	13.6	28	29:25.7	9:29	2:11:11.3
44	Charles Heilbor	161	55	M	1	55-59	41	22:31.1	1.33	45	1:21:16.6	12.6	41	35:03.8	11:18	2:18:51.7
45	John Jeske	104	28	M	3	25-29	31	19:38.0	1.53	43	1:15:19.5	13.5	48	46:10.2	14:54	2:21:07.8
46	Russell Stinebaugh	120	50	M	4	50-54	35	20:59.6	1.43	46	1:22:00.8	12.4	43	38:39.0	12:28	2:21:39.5
47	andrea lane	143	52	F	1	50-54	32	19:45.4	1.52	49	1:23:44.9	12.2	45	40:44.5	13:08	2:24:14.9
48	Lindsay Duncan	133	30	F	3	30-34	22	18:22.1	1.63	30	1:09:55.7	14.6	50	59:00.5	19:02	2:27:18.3
49	Trisha Bilbrey	138	37	F	2	0-39	48	26:30.1	1.53	47	1:22:04.9	12.4	47	43:48.8	14:08	2:32:23.8
50	Matt Sexauer	123	56	M	2	55-59	51	27:57.4	1.07	48	1:22:27.0	12.4	46	43:26.0	14:01	2:33:50.5
51	Lori-Ann Heilborn	142	45	F	1	45-49	43	23:12.8	1.29	50	1:36:08.0	10.6	49	53:41.2	17:19	2:53:02.1

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