

Wrestling-January-2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Year's Day	2 Practice 8-11am	3 Practice 8-11am	4 Practice 8-11am	5 Practice 8-11am	6 FS-Yorba Linda Var- Esperanza Girls- Mayfair Monsoon
7	8 Practice Frosh/Girls: 2-4pm JV/Var: 2-4:30pm	9 Practice Frosh/Girls: 2-4pm JV/Var: 2-4:30pm	10 Practice JV/Var: 6:15am-7:30am ALL Teams Practice 2:00pm Brea @ Esperanza Bus Leaves at 3:30pm Start 6:00pm	11 Practice Frosh/Girls: 2-4pm JV/Var: 2-4:30pm	12 Practice Frosh/Girls: 2-4pm JV/Var: 2-4:30pm All Wrestlers Gym Setup at 4:30pm	13 Var- Troy Girls: Lady Mat Cat Invitational
14	15 Martin Luther King Jr. Day Mandatory Practice 8-11am	16 Practice Frosh/Girls: 2-4pm JV/Var: 2-4:30pm	17 Practice JV/Var: 6:15am-7:30am ALL Teams Practice 2:00pm ElMo @ Brea Gym Setup at 3:30pm	18 Var: Leave to Morro Bay 12pm Practice All others 2-4pm	19 Var- Morro Bay Practice All others 2-4pm	20 BUS 6:30AM Girls- Esperanza FS- Valencia Six Planets Var- Morro Bay
21	22 Practice Frosh/Girls: 2-4pm JV/Var: 2-4:30pm	23 Practice Frosh/Girls: 2-4pm JV/Var: 2-4:30pm	24 Practice JV/Var: 6:15am-7:30am ALL Teams Practice 2:00pm Foothill@ Brea(Senior Night) Gym Setup at 3:30pm	25 Practice Frosh/Girls: 2-4pm JV/Var: 2-4:30pm	26 Practice All Levels 8-11am	27 Lower Level League Finals-ELDO Weigh-ins 7-8am Wrestling 9:00am
28	29 Practice All Levels 2-4pm	30 Practice All Levels 2-4pm	31 No morning practice Varsity League Finals-Canyon 2pm			