

Boys State Meet

Saturday, March 24th, 2018

Session 1 : Levels 7, 8 & JD (46 gymnasts)

** Modified Capital Cup Format **

8:00am Doors Open / Stretch
8:30 Team Introductions
8:40 Event warm-up (10 min) & Competition
11:25 Awards Ceremony

Starting events:

FX – TAGs South, KAATs
PH – Legacy, Mtka-Hopkins
SR – Midwest, Minnesota Valley
V – North Shore, North Crest
PB – Gleasons E, Great Northern, TCT, Gleasons MG
HB – Mtka-Hopkins, Elite, Jam Hops

Session 2 : Levels 9 & 10 (46 gymnasts)

** Modified Capital Cup Format **

12:00pm Doors Open / Stretch
12:30 Team Introductions
12:40 Event warm-up (11 min) & Competition
3:25 Awards Ceremony

Starting events:

FX – Elite, Jam Hops, TCT
PH – Classic, ROGA, TAGs South
SR – Minnesota Valley
V – Classic, Gleasons E, Gleasons MG, Mtka-Hopkins
PB – Mtka-Hopkins
HB – Great Northern, North Shore

Session 3 : Level 4 (73 gymnasts)

** Modified Capital Cup Format **

5:00pm Doors Open / Stretch
5:30 Team Introductions
5:40 Event warm-up (10 min) & Competition
8:10 Awards Ceremony

Starting events:

FX – North Shore, Great Northern, Midwest
PH – Gleasons MG, North Crest, TCT
SR – Classic, Legacy, IGM, Mtka-Hopkins
V – KAATs, Elite, Gleasons E
PB – Jam Hops, Northfield, JETS
HB – Minnesota Valley, Kenwood, TAGs South

Sunday, March 25th, 2018

8:30am State Meeting – Each club must have at least one representative in attendance

Session 4 : Level 5 (76 gymnasts)

** Modified Capital Cup Format **

9:30am Doors Open / Stretch
10:00 Team Introductions
10:10 Event warm-up (11 min) & Competition
1:30pm Awards Ceremony

Starting events:

FX – Mtka-Hopkins, TAGs South
PH – North Shore, Elite
SR – North Crest, Legacy, Jam Hops
V – Classic, TCT, IGM
PB – Gleasons E, Great Northern, Kenwood
HB – Gleasons MG, Minnesota Valley, JETS

Session 5 : Level 6 & Jr Elite (65 gymnasts)

** Modified Capital Cup Format **

2:30pm Doors Open / Stretch
3:00 Team Introductions
3:10 Event warm-up (13 min) & Competition
6:55 Awards Ceremony

Starting events:

FX – Mtka-Hopkins, Elite
PH – Great Northern, Elite, Kenwood, TCT
SR – TAGs South, ROGA
V – Gleasons E, Gleasons MG, Minnesota Valley
PB – IGM, Legacy, North Shore
HB – Mtka-Hopkins, Classic