

No Guts! No Glory!

December 27 - 29, 2019

Hardwood Palace, Rocklin CA

- December 27 - Varsity Boys and Girls
- December 28 - Varsity Boys and JV
- December 29 - Jr. Youth Tournament
- One of the largest combination tournaments in the country with over 150 teams
- Champions will receive medals for top placers, most outstanding wrestler and team awards



Hosted by Natomas High School

Weights:

Varsity Boys -106, 113, 120, 126, 132, 128, 145, 152, 160, 170
182, 195, 220, 285

Girls - 101, 106, 111, 116, 121, 126, 131, 137, 143, 150,
160, 170, 189, 235,

JV - Pooled by actual weights

Entry Fees:

Varsity Boys - \$375 Full, \$250 Half
JV Boys - \$250 Full, \$30 Individual
Girls - \$250 Full, \$30 Individual

Make checks payable to:

Natomas Boosters
PO Box 341033
Sacramento, CA 95834

Contact Jeremy Arsich at 916-996-9817 or coacharsich@yahoo.com

www.noguts-noglory.info

