# Mentor Monitor

Lake Community News

Serving Your Community Since 1987!

Mentor Monitor Willoughby Times Eastlake Gazette

Willowick Courier =

Painesville Pride

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October 2021

20 Pages

This is printed at no expense to the City

Mentor Public Library: October Programs for Adults Most library programs are

hosted in-person at one of the library's branches. A few are hosted online via Zoom. When registration is required, you can sign up by calling the library or online at www.mentorpl.org.

### **Color Me Calm**

Thursdays at 10:30 a.m. in October • Village Room, Main

Adults can enjoy coloring with relaxing music at the library.

# Colorful Characters Book

Friday, Oct. 1, at 10 a.m. Lake Branch

This relaxing club pairs book discussion and coloring. It meets on the first Friday of each month to discuss a different book while enjoying coloring and a light refreshment. This month's book is "The Mapmaker's Children" by Sarah McCoy. The library provides coloring pages and pencils. Registration required.

### Meet Us in the Garden

Saturday, Oct. 2, at 10 a.m. Lake County Master Gardeners share their expertise in a monthly series of gardening talks. In October, they'll discuss trees and shrubs in the home landscape. This program will be hosted online via Zoom. Registration is required. To sign up, email mgvlakecounty@

### gmail.com. All Booked Up with Cailey & Meg

Saturdays, Oct. 2, 16 and 30, at 12 p.m.

Every other week, MPL's librarians Cailey and Meg recommend and discuss books on a specific theme. They rotate their suggestions between teen and adult books. All Booked Up can be viewed on the library's website, www.mentorpl.org, as well as its Facebook page and YouTube channel.

### The Beatles at Shea Stadium

Monday, Oct. 4, at 6:30 p.m. Village Room, Main Branch

Discover the story behind one **Buffs** of the biggest nights in popular music history – Aug. 15, 1965, when the legendary Beatles sang, sweat, and laughed for a record crowd of 55,600 fans. Author Dave Schwensen takes you behind the scenes and explains how this famous performance launched the modern era of outdoor stadium shows. Registration required.

### How a Meeting on a Tennis **Court Changed the French** Revolution

Tuesday, Oct. 5, at 10 a.m. Concord Township Community Center (7671 Auburn Road, Concord Township)

Did you know that the key meeting to plan the French Revolution took place on a tennis court of all places? Learn about the famous Tennis Court Oath during this historical lecture from Dr. John Foster. To RSVP for this free program, call the Concord Township Community Center at (440) 639-4650.

BOOtiful Pumpkins
Tuesday, Oct. 5, at 5 p.m. The HUB

Adults can design and decorate their own boo-tiful pumpkin in time for Halloween. Registration required.

### **<u>İt's a Mystery Book Club</u>**

Tuesday, Oct. 5, at 6:30 p.m. Village Room, Main Branch

This monthly book club reads crime-related genres such as thriller, suspense, true crime and mystery/detective. In October, they will discuss "I'll Be Gone in the Dark" by Michelle McNamara. People can join the discussion in person or via Zoom, if they prefer.

### Masquerade Mask

Wednesday, Oct. 6, at 5 p.m. The HUB

Adults can use The HUB's laser engraver to create magnificent masquerade masks and paint, glitter, beads and ribbons to them. decorate Registration required.

Mentor-on-the-Lake History

Wednesday, Oct. 6, at 6:30 p.m. Lake Branch

Explore the history of Mentoron-the-Lake. This group's primary goal is to gather and document information that pertains to the city's past. Reminiscing and sharing is also encouraged. The group meets quarterly. Please register to attend.

### Computer Class: Computer **Basics**

Thursday, Oct. 7, at 2 p.m. Lake Branch

Learn the basic skills needed to use a computer. No previous skills required. Registration begins Sept. 23 and is mandatory for this class.

### **A Celebration of Animation** Presentation: The 100 Greatest **Cartoon Characters of All Time**

Monday, Oct. 11, at 6:30 p.m. Village Room, Main Branch

Author and pop-culture historian Martin Gitlin hosts a fun and enlightening presentation for all ages based on his book, "A Celebration of Animation: The 100 Greatest Cartoon Characters in Television History." From Mickey to Bugs, Scooby to SpongeBob - Gitlin will discuss the characters, their impact on pop culture, and his ranking criteria. After his talk, copies of his book will be available for purchase. Registration required.

### **<u>Urban Legends of Ohio</u>**

Tuesday, Oct. 12, at 10 a.m.

Concord Township Community Center (7671 Auburn Road, Concord Township)

Explore the urban legends of Ohio like the Melonheads, Hell Town, Cry Baby Bridge and more. To RSVP for this free program, call the Concord Township Community Center at (440) 639-

### **Haunted Halloween Coasters**

Tuesday, Oct. 12, at 5 p.m.

The HUB

Adults can make scintillating seasonal coasters at The HUB.

Continued on page 12

From Mentor City Council



### **Mentor City Council**

FRONT (left to right): Janet A. Dowling – Councilperson-at-Large; Bruce R. Landeg - President of Council, Councilperson, Ward 3; Scott J. Marn – Councilperson -at-Large

REAR (left to right): Matthew E. Donovan - Vice-President of Council, Councilperson, Ward 2; Ray Kirchner – Councilperson-at-Large; Sean P. Blake – Councilperson, Ward 1; John A. Krueger – Councilperson, Ward 4

### PLEASE, NO STREAM DUMPING

The leaves will be falling before we know it!

Soon there will be no more bagging of leaves, clippings, or brush. When conducting fall cleanup, please remember to remember to properly dispose of yard waste.

Even though it may be tempting to dump your yard waste at the banks of a nearby stream, down a ravine, or leave along a storm sewer; this is considered storm water pollution.

When yard waste breaks down, it depletes the water of oxygen and causes organisms - including fish and aquatic insects - to die

Yard waste contains a large amount of nutrients, which can also lead to the increased growth of algae in our waterways. Algae can too consume all the oxygen in the water and cause foul odors.

When cutting the grass, use a mulching mower to leave the grass clippings on your lawn and put nutrients back into the soil. We can all do our part to keep Mentor's waterways clean.

For more information, contact the City of Mentor Building and Engineering Department at (440) 255-1100

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### Rosey's Words.



**Aging Memories** 

Mom turned 95 in the spring and what a joy to be able to enjoy her.

Those folks must have done something right to live as long as they have and still have most of their marbles!!

She attributes this to an upbringing of lots of brothers and sisters, laughter, more beans, veggies, fruits, homemade breads - and meats only once a week!

They walked to school, a mile or two, helped with chores -inside and out, and grew their own foods. Five children to a bed taught

The war humbled those who would get a bit into themselves and learned the value of their brothers and friends.

patience as well as bonding with

siblings, who were all close over

Dancing whenever wherever one could find a place was a treat, as well as saving up for a good movie.

Aunts and uncles lived to be 100 years old and cared for by each

A nursing facility was rare, and only in extreme situations.

Today we are blessed with a variety of conveniences like our Council on Aging (which accepts donations by the way) and housing facilities, food assistance, in-home caregivers for cleaning, medical tests, welfare checks and so on.

Laketran, the company originally founded was called Lake Transit Authority and was taken over in the early 80's with the same purpose of transporting people to doctor's appointments and other ventures. Well run todayit's an asset to our community.

Veterans are dwindling down every day and they are part of the world of service and longevity.

The decade of their lives has made ours better and we need to acknowledge their greatness while we can.

Most were raised the same as my mother and can relate to the trying, but peaceful years of their

With few cars, people of mom's generation walked everywhere, but stayed in the neighborhood where neighbors were like family and shared everything possible.

Midwives delivered children at home and the doctor arrived to make sure all was well.

Mom saw the doctor with his black bag, and when he left there was a baby! She thought the doctor brought the baby in the black bag!

The older children walked the young to and from school in sunshine, rain, snow, or sleet!

All the older kids walked that mile home every day for lunch for a quick sandwich of peppers or cheese or tomatoes.

Sundays were meat days where they had chuck roast to feed ten, or round steak hammered out & shared with potatoes (lots of potatoes!)

Mom's family, though Italian and French, ate very little pasta focusing more on the simple French style of cooking.

Dad's side however, Sicilian/ Italian, ate pasta every Sunday smothered in greens or peas with lots of cheese!

Mom's siblings spent a lot of time plucking chickens that grandmother brought live. The slaughtering was grandmother's job- that was on Saturday.

One thing both sides of the

family had was a little vino with the meal, even the children. Oh, tradition.

One things for sure, even in tough times or happy times, both families always made it to church on Sundays, dressed in their best.

The love shared will last forever, regardless how far apart they may

The more things change, the more they stay the same I thought. I'm just grateful for the stories and the lives of those before us that have brought us to where we are

Otherwise, toilets with pull chains to flush, pot belly stoves of coal burning, and water pumped fresh from the ground won't be missed, but none of those who lived it are worse for the wear!

Be grateful, faithful, and calm.

Keep smiling, the world really is a humorous place!

~ Rosey

# Mysteries of the Manor Trail - Golf Cart Hayride

Crisp fall days and nights beckon us outdoors to enjoy the smokey smell of a bonfire, the decorating of pumpkins and putting on our scariest (or perhaps biggest hero) costume and enjoying some fun.

You can do all that and more at Wildwood Cultural Center's Mysteries of the Manor Trail. Celebrate fall with a one-of-akind **GOLF CART HAYRIDE!** 

Cozy up with your family in golf cart as you take a spooky (but not too spooky) ride on the Manor

Other activities include games, pumpkin decorating, a hay pyramid perfect for climbing, dancing, a costume parade, a bonfire, and a visit to the indoor Wildwood O-gauge train display. Free popcorn and glowsticks too. Kid-friendly food will be available for purchase. Cost is \$10 per

Don't miss your chance to experience the coolest hayride in town! The Mysteries of the Manor Trail Golf Cart Hayride is offered October 15, 16, 21 & 23, 7 - 9 PM or October 17 & 24, 2 - 4 PM. Call 440-974-5735 to register or online at cityofmentor.com

person (kids 2 and under are free).

Why should kids have all the

A special "adults only" Manor Trail event will be held on Friday, October 22, 7 – 9 PM.

Grab your friends and come to our 21+ Mysteries of the Manor Trail Golf Cart Hayride! Take the Hayride and then get ready to compete in PUMPKIN BOWLING! The night also includes dancing, karaoke and a costume contest. Adult beverages and food will be available for purchase. So, gather your pumpkin

bowling team and register today! Space is limited. Cost is \$10/person. Call 440-974-5735 or online at cityofmentor.com



# **Kayak & Paddleboard Rental**



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- Paddleboards Fiberglass repairs No Reservations Needed!

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Open Through October!

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201 Erie Road • Eastlake, Ohio 44095

# The Mentor Monitor

A Lake Community News Publication

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The Mentor Monitor is a monthly publication and is distributed to residents in the City of Mentor. Views expressed in the articles of this publication do not necessarily reflect the opinion of Community News, by Lake Community Published cooperation with the City of Mentor. Submissions can be sent to P.O. Box 814, Mantua, OH 44255. Telephone number is (440) 946-2577. Send emails to *lakecommnews@aol.com*. Deadlines are the 10<sup>th</sup> of each month. Lake Community News reserves the right to refuse any ad or article. Lake Community News ©1987 All rights



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# POPELAS for METFOR SCHOOL BOARD



I am proud to have the support & endorsements of:

Jerry Cirino
Ohio State Senator

**Carl Dondorfer Concord Township Trustee** 

Janet A. Dowling
Mentor City Council At-Large

Ray Kirchner Mentor City Council At-Large

**Sean Blake** Mentor City Council, Ward One Hello!

My name is Diane Popelas, and I am running for a seat on the Mentor School Board.

### Why?

We need a positive change, and the time is now! The time is now to take politics out of the school, The time is now to teach our children *how to think* and not what to think,

The time is now to teach our children the tools they need for life skills,

The time is now to get Back 2 Basics!

If elected, I will fight to be the voice for our children in academics and safety.

Thank you all for your support!

Please remember to vote on or before 11/2/2021





POPELAS

for METFOR SCHOOL BOARD

# Bankruptcy 101:

The Miracle of Bankruptcy

Bankruptcy is the most affordable, fastest working, constitutionally backed legal mechanism available for Americans in financial trouble. Most importantly, bankruptcy offers powerful protections to people that cannot be had in any other way. Some of those protections are as follows:

- 1.) Protection of Assets: Once a bankruptcy is filed the Court protects many assets from being taken. It also prevents garnishment of wages. In almost all cases we are able to keep a person in their home, keep their cars, and all of their personal belongings to name just a few of the benefits.
- 2.) Protection from Creditors: Once your bankruptcy is filed, you receive a legal protection called an Automatic Stay. This "stay" prevents creditors and debt collectors from making contact with or trying to collect money from you. The automatic stay will stop foreclosure, lawsuits, wage garnishments, vehicle repossession, utility shut off, license suspensions for uninsured accident damage to another motor vehicle and more. 3.) Discharge of Debt: Upon

completion of the bankruptcy your debt is eliminated and does not ever have to be paid back.

- 4.) Time to catch up on Payment: In many cases bankruptcy filers get a chance to catch up on payments that are overdue on your home, car, or other assets.
- 5.) Re-build Your Credit: Bankruptcy clears up and resolves your debt, judgments, delinquencies, foreclosure and other bad marks on your credit rating and gives you a "fresh slate" upon which to re-build your credit. It also prevents creditors from coming after you years down the line for debts that are labeled "write offs" or "charge offs" by the bank on your credit report but that, unknown to most, are still collectible.
- 6.) It Works Fast: We are able to stop creditor harassment, lawsuits, foreclosures, garnishments, repossessions and a whole lot of other problems **FAST** with bankruptcy. Bankruptcy is not like applying for a bank loan. It moves fast. The protections discussed can be used the same day we file. Some of these protections like stopping harassing phone calls are available immediately upon giving us money down for

representation.

Bankruptcy is about having peace of mind and relief now but it is also about financial planning for the future. It is about reestablishing credit, keeping the lion's share of your property and resolving all of your current debt and bad marks on your record so that you will be in good financial standing in a few years. It is about a fresh start in life. Everyone deserves a fresh start.

Even though a bankruptcy is technically public record, the fact that you are filing bankruptcy will only be known by a few people who you probably will never even come in contact with- let alone know. It is not published in the local

newspapers. The truth is that no one really cares whether you file bankruptcy anyway. They are too concerned with their own problems.

I have often stated that bankruptcy is an act of love to yourself and your family. You do not need to live in fear of debt collectors, lawsuits, losing your home or any of the other dreaded consequences of financial problems. You do not have to deal with the unbearable anxiety of financial stress. We cannot cure your cancer but we can cure your debt problems. We can help

you regain your peace of mind. It is important to remind yourself that financial problems are temporary. They come and they go. Your health is permanent. Do not allow yourself to lose your permanent health over your temporary financial problems.

Delchin Law offers to start bankruptcy protection and stop bill collector harassment for only three hundred dollars down. If you think Bankruptcy might be able to help you, please call us for a free, confidential, no obligation consultation.

# Happy Halloweer!



# Window Savings at Shoreline

Deciding who to call to get your free as possible, we always keep best deal when it's time to replace your outdated windows & doors is easier than you realize.

Start by calling Shoreline Window and Remodeling Company. A company with a professional, experienced track record dating back to 1954. That's 65 years of total customer satisfaction made possible by all our past clients who trusted in our ability to meet or exceed their expectations on receiving the "real deal" for their remodeling projects.

We start by reviewing your project and listening to your goals and concerns and we welcome any recommendations you may have. Then together we establish a budget and work to stay within that

Your materials selections are hands-on, not from pictures out of brochures and once all your selections have been made, we order any products that are not in

After scheduling a start date and work begins, we stay on the project from start to finish. To make your remodeling experience as stressyou informed of the progress of the

Because Shoreline Window and Remodeling Company is a family owned business, you will always be dealing directly with the owner, no pushy salesman or inexperienced tradesmen. Our company is bonded and insured, and our workers are covered by workers compensation for your protection.

We have the highest ratings with the Better Business Bureau and Angie's List. We take pride in our workmanship so you will not only be current client, but in the future, we want to be "the one" contractor you call to take advantage of our other professional services including kitchen and bathroom remodeling. Plus, we also accept all major credit cards & special financing.

Let us show you how to make your next remodeling project a little easier by calling Shoreline Window and Remodeling Company at (440) 946-1495 or (440) 336-3300. You can also look us up at www. shorelinewindowandremodeling.





# looking for a new pharmacy?

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# H& H Paper Removal and Painting, Inc.

Hello Mentor; I would like to introduce myself. My name is Hal Walker and I'm the President of H&H Paper Removal and Painting Inc. We at H&H have been in business since 1970 and we have been a father and son team for a little over 27 years. My father started this business and is a 3rd generation painter. That now makes me the 4th generation in the business with my son also working in the summers which makes him a 5th generation. We have had a great business relationship with Mike from MDM Painting. We want to congratulate Mike on his retirement. We certainly hope he has a great time fishing, vacationing, or whatever it is he would like to do. We are very excited to take over his ad space in this publication. H&H has been making decorating dreams come true one home at a time. H&H has and will travel all around Northeast Ohio, Mentor, and surrounding areas.

Over the years, we have earned a remarkable reputation as leaders in the field of professional Painting, Wallpaper Removal, Wallpaper Hanging,

Drywall Repairs, and Faux Finishes. We also have a few Carpenters, Flooring, Heating and Air professionals that we can recommend to you. We want you to have whatever work you need done to be done right and efficient with a reputable company and that is why we don't believe in

any kickbacks of any type from any referrals to you. H&H is family owned, fully insured, and take pride and commitment in every job.

We will always protect and cover you furniture with brand new plastics. We make sure your Ceilings, Walls, and Woodwork

Painting

Decorating

is prepped properly before any finish is applied. We use top of the line products such as PPG and Benjamin Moore Paints.

We always offer free estimates and no down payments. Payment is due upon completion of the job. When you receive your quote for work to be done we will not go up or down on our price unless changes are discussed. We don't like surprises and we don't want you to be surprised either. We want this to be the best experience you have ever had with a contractor. Most of our customers are repeat clients and we are hoping to add you to our list.

H&H can be reached by telephone at (440)942-7781.



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# Aid and Attendance Benefit: A Little Known Veterans Resource

as many other military benefits, the VA Aid and Attendance benefit provides much needed assistance to individuals who require the regular care of another person to help with bathing, meal preparation, dressing, medication monitoring and other activities of daily living. This tax-free benefit is provided by the Department

While it is not as well-known of Veterans Affairs and may be available to Veterans and their surviving spouses who live in assisted living communities, residential care homes and those receiving personal in-home care.

To qualify, a Veteran must have served at least 90 days of consecutive active-duty service. He or she must have discharged with

type of discharge other than a dishonorable discharge. They must also have served one day of active duty during wartime to be eligible for this benefit. Also eligible are Reservist or National Guard Veterans activated during wartime for 90 days and surviving spouses of Veterans if married at the time of their Veteran's death.

Eligible Veterans must be age 65 or older or totally disabled or a resident or patient in a skilled nursing facility due to loss of mental or physical abilities or getting Social Security Disability Insurance or Supplemental Income. Security For a surviving spouse, there is no age requirement.

As of July 1, 2021, the maximum Aid and Attendance Benefits are as follows:

Veteran: up to \$1936/month. Surviving spouse: up to \$1244/ Married veteran: up to \$2295/

Married veteran couple: up to \$3071/month

Proof of the need for assistance with activities of daily living is required. Certain income qualifications also apply, however most unreimbursed expenses such as insurance premiums, the cost of assisted living, nursing home, or in-home care can help reduce the counted income. Other qualifications may apply but each case is decided on the facts of the individual's circumstances.

For more information or help applying for benefits, please contact the Veterans Service Commission in your county. In Lake County, Ohio, the phone number is 440-350-2904 or 1-800-899-5253. You can also visit their website at www.lakecountyohio. gov/veteran-services/.

If you have concerning insurance, including Advantage Medicare Plans, Medicare Supplements, or other health insurance, please contact me at 440-255-5700 or <u>Lmutsko@</u> mutskoinsurance.com. I look forward to helping you.

Laura Mutsko is a licensed insurance broker offering a complete line of health and life insurance products, including Individual, Group and Family Health, Annuities, Long Term Care Insurance, Medicare Advantage, Medicare Supplement Plans, Medicare Part D Prescription Coverage, Vision, Dental and Life Insurance. Mutsko Insurance Services, LLC is located at 6982 Spinach Drive in Mentor, Ohio. Laura can be reached at 440-255-5700 or through email at Lmutsko@mutskoinsurance. com. For more information, visit www.mutskoinsurance.com.



CALL (440) 679-7293

### **PLANNING YOUR RETIREMENT HEALTH CARE?**

### **Get the FACTS on Medicare Health Insurance and Rx Plans.**

Attend my **"GETTING STARTED** WITH MEDICARE"

class on our website or in person... Laura Mutsko is an independent insurance broker. She will compare rates and coverage from many of the nation's most respected

insurance companies to get the plan that's right for you

**Mutsko Insurance Services**, цо

440-255-5700

Tues., Oct. 12 • 6-7:30pm CONCORD COMMUNITY CTR. Registration: 440-639-4650

Wed., Oct. 13 • 6-7:30pm **MORLEY LIBRARY ZOOM ONLY** Registration: 440-352-3383

Thur., Oct. 14 • 6-7:30pm WILLOWICK LIBRARY Registration 440-943-4151 or Online

Tue., Oct. 19 • 6-7:30pm MENTOR LIBRARY Registration: 440-255-8811

www.mutskoinsurance.com for more classes in your area! These events are for educational purposes only and no plat specific benefits or details will be proposed. Limited seating Pre-registration required. Some nominal fees may apply.

# Audubon Hosts a Galapagos Getaway

Blackbrook Audubon Society invites everyone to the "Amazing Galapagos" a free presentation by photographer Alan Studt and Gale Franko 7:00 p.m. Tuesday, October 19 at Penitentiary Glen's Nature Center in Kirtland.

They will they take you 600 miles off the coast of Ecuador to the place where Darwin's theories were born and help you experience giant tortoises, prehistoric-looking iguanas, and other species found nowhere else on earth. The range of the Galapagos Penguin extends just beyond the equator, making this penguin the only one to live in the

Participants

northern hemisphere.

attend

# the program in person or Ashtabula, Geauga and Lake

register on the event page of blackbrookaudubon.org to receive a link to view the program live online. Refreshments will not be served at the in-person program.

Blackbrook Audubon covers

Counties as the local chapter of National Audubon Society. For more information, email blackbrookaud@aol.com. Follow Blackbrook Audubon Society on Facebook for updates.

# **Taylor Made Home Care**

Taylor Made Home Care is a locally owned and operated Non-Medical home care agency located in Mentor, OH.

The past 11 years have shown a lot of growth, but our mission has never changed. Our clients and their families have been and always will be our number one priority.

The past year has brought a lot of changes for everyone. We saw the need for non-medical home care rise. Families wanted to keep their loved one's home...knowing that if they were to go to a facility, they would not be able to see them. +

Our service not only takes care of your loved one, but also helps you, the caregiver. You experience a sense of comfort knowing that your loved one is in good hands. This peace of mind allows you to take a real break so you can relax, recharge, and refocus.

### **Our Services**

Taylor Made Home Care provides non-medical home care services to seniors, those recovering from surgery, and respite. Our staff is fully committed to providing outstanding care to meet our clients' needs 24/7.

We are custom fit for your in-home needs, there is no "one size fits all" solution. Our complimentary in-home assessment will help create and follow a care plan that supports our clients' needs and preferences.

### **Our Caregivers**

All our caregivers are carefully screened, bonded, and insured so you can trust you are getting the best possible assistance. We conduct a background check on all applicants prior to hire which includes criminal, DMV driving record and sexual offender check. Our staff receives extra training including courses in HIPPA compliance, detection and prevention of elder abuse, home safety assessments, meal preparation, and Alzheimer's care, just to name a few.

If needed, Taylor Made Home Care also provides services to individuals who may reside in an assisted living facility or nursing

"Sometimes a little outside help can make all the difference in the world."

Give Taylor Made Home Care a call and talk about it. 440.946.6446

# Because the Best Care is Home Care ®

We provide non-medical home care/ companionship services to seniors who néed assistance with everyday activities.

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Call today for your FREE In-Home assessment! 440-946-6446 • www.taylormadehomecare.com



# Now Open: Estate Liquidators Antiques & Collectible Flea Market

Friday-Sunday 10-5pm.

Location: 35500 Lakeland Blvd. Eastlake, Ohio 44095 with several pop up sales & events. (it used to be the old pawn shop and the market is located between 361st Street and 305th Street on the south side of the street.

vendors Featuring: Multi with Antiques, Newly new and furniture, collectibles, hand painted items, glassware, kitchenware, custom wishing wells, toys, dolls, games, garden items, sports items, tools, stereo items including speakers, receivers, etc. plus tapes, dvd's,

equipment, home furnishings, vintage clothing & accessories and so much more!

We also have started our online auctions thru 5050auctions.com. There will be a computer at the shop for those of you that don't have access to a computer to register online for the auction. In addition to the online site, we will have the auction items on display. We are planning on running 2 auctions at a time with staggered ending dates. All items are pick up only at this point and pick up will be on the days that the shop is open. Prepayment is required

Regular hours of the market are vhs, records, albums, camera for the winning bids of the online auctions.

> Eventually we will open up the auctions to other sellers with terms set forth. Selective consignments will be accepted for the auctions. We have several estate items that will be included in the auctions as well as box lots items

> Any questions please text me on my cell at 440-382-6789 We also have a brochure box located at the front of the market entrance with information on events, sales, etc. and locations of these events or sales.

Stop in ~ YOU WILL BE GLAD YOU DID!

# The World is Changing. Here's What to Do

The shortage of handymen and remodelers is real. Well the good ones we should say.

Times have changed for Monthly Upkeep-Mentor's favorite handyman. "We have been able to grow significantly through the pandemic," explains owner Spensir Chappell.

Monthly Upkeep has been seeing many new customers calling to fix work recently done by under skilled and incompetent contractors like never before. Here's what they are recommending, waiting for a reputable contractor is a significantly better option than choosing one out of desperation. Waiting may be required, but Monthly Upkeep Handyman Service will do the project right the first time. "It's really sad seeing these customers left

high and dry by some service providers," says owner Spensir Chappell. Coming into the situation to help customers makes Monthly Upkeep look like the hero. However, Monthly Upkeep is asking that their customers wait for them to have availability. This ends up saving their customers money and headaches. Hiring the wrong contractor can be a costly mistake. Monthly Upkeep has proven time and time again to come through for Mentor Residents

Call/Text Monthly Upkeep 440-363-6400





35500 Lakeland Blvd

Eastlake, Oh 44095

shop #440-571-5212



# **MINUSCULE MADNESS UNDERFOOT! QUICK DRY IS HERE TO HELP!**

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Because we spend the majority of our time indoors, Dr. Michael Berry of the EPA states that "Heightened consumer health awareness must place emphasis on carpet and upholstery maintenance to remove trapped mite contaminants before they overflow and are released back into the indoor air. Properly cleaned carpet and upholstery is the most significant proponent conducive to a healthful indoor environment. Therefore, residential carpets subjected to heavy use should

be cleaned semi-annually and low traffic areas, annually; and specialized frequent cleaning programs are for commercial carpet." This is where Quick Dry Carpet & Upholstery Cleaning comes to the rescue!

We offer an affordable, aggressive 4-step process including pre-vacuuming, pretreating, professional equipment utilizing a low-moisture solution deeply dissolves and emulsifies soils and pollutants as it kills mites and neutralizes the allergy-causing proteins in mite droppings, and we groom the carpet nap. Quick Dry guarantees every job we do! If you're not 100 percent satisfied, just let us know within 30 days, and we will correct it for FREE! Offering economical protectors and disinfectants with convenient scheduling, we also specialize in upholstery, Oriental, and commercial carpet cleaning throughout Lake County, plus we are listed with the Better Business Bureau.

Look for the money saving COUPON within this issue or online at www.quickdryohio.com, then contact QUICK DRY at 440-269-4971 for all your professional carpeting and upholstery cleaning



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Call for commercial quotes!

# Start Planning Your Fireplace Project Now! With all the supply issues that of consumer goods throughout the in picking top notch fireplace

Covid has put on the US industry, now is the time to think ahead for the fireplace season. As we continue to face problems with consumers purchasing all types US, it is no different with fireplace products.

American Home and Energy Products, in Painesville Township for over 20 years, prides itself

# Do You Have a Therapy Dog?

Therapy Dogs play an important role in the community. They participate in reading programs, visit hospitals and nursing homes and give companionship and comfort to the people that they meet.

Digging Dogs Training Center in Painesville Twp. is offering a Therapy Dog Workshop and Test beginning Saturday October 2nd at 11:20am. The workshop is one hour per week for four weeks. The Therapy Dogs International test will be given on the last day of

We will review and practice all of the Therapy Dogs International (TDI) test items as well as cover visit protocol and characteristics of a good Therapy Dog. Dogs should have prior obedience training at a canine good citizen level or equivalent.

There is a fee for the workshop/ test and advance registration is required for all attendees. For more information visit www. diggingdogs.biz or call (440) 255suppliers that provide quality dependable heating products. "In years past, if we didn't have a product in stock, we would order it, and 95% of the time have it available in about a week. Now some products are taking 2 or 3 months," owner Chris Bedrick explains. To counteract some of these supply problems, American Home has been stocking their warehouse deeper to help with some of these concerns as more customers come in towards the fall.

They are also seeing more fireplace customers coming into the store making purchases now to have their products installed over the next few months ahead of winter. "At this point we have a pretty good inventory for the wood burning side of business,

but the gas fireplace line has a few hiccups here and there, and it will only get worse as we head into the colder months. We are urging customers to start now...looking at options and get pricing quotes, Chris Bedrick says.

American Home and Energy Products specializes in indoor and outdoor living products. The fireplace side of the business carries a full line of gas and wood burning products. Visiting the retail showroom across from the Lake County Fairgrounds is the

place to start. They have many built-in burning displays on hand to show you how a unit could look at your own home. Their knowledgeable staff will walk you through the many new options that are available today when it comes to your fireplace project.

For more information contact: American Home & Energy 440-358-5858 Products 1270 Mentor Ave. Painesville Twp (across from Lake County Fairgrounds.)

# **AEP - Annual Election Period**

The annual election period for for the upcoming year. Changes Medicare is coming up October 15th through December 7th. This period also called Medicare open enrollment is a time for Medicare enrollees to review & reevaluate their current coverage and makes changes if necessary

made during this period become effective January 1st.

Prior to AEP the Medicare beneficiary enrolled in a Medicare Advantage or Part D prescription drug plan will receive an annual notice of change or ANOC. This notice details changes in their plan for the next calendar year.

During this period, a beneficiary can switch from one Medicare Advantage plan to another, switch from Medicare Advantage to Original Medicare, switch from Original Medicare to a Medicare Advantage plan, enroll in a Medicare Part D prescription drug plan, switch to another Part D plan or drop Part D coverage.

Open enrollment does not apply to medigap or supplemental plans.

If you have questions on the annual enrollment period AEP or need additional information you can contact Jackie Greene from Group Benefit Associates at 440-266-0333 extension 3 or by email at jackiegreene@gbaoh.com. She is local at 8518 Mentor Ave. Suite E2 in Mentor, Ohio.

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www.diggingdogs.biz Locations in Mentor & Painesville Twp.

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# Turning 65 or Need a Medicare REVIEW FOR OPEN ENROLLMENT? W

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# To Repair or Replace Your Homes Furnace or Air Conditioning, That is the Question?

(Refer to our Ad for More *Information!)* 

One tough part of owning a home is the costs of repairing replacing any HVAC equipment. Especially in an emergency situation, when your air conditioner isn't cooling the house or in the winter when your furnace isn't heating. It is never

an easy decision on whether to make the investment of a new unit or repair your existing one. Before making that decision, there are some considerations you can make to determine what is best for you and your family.

**SYSTEM?** On average, a furnace will last around 15 – 20 years. Air conditioners or heat pumps will last around 10 - 12 years. As units age, they will typically require more maintenance and may need costly repairs.

WHAT WOULD MY UNIT HOW OLD IS YOUR COST TO REPAIR? If the cost of repair exceeds the cost of replacing, refer to the "50 percent

rule", or a general rule of thumb that encourages pursuing a new investment when the repair of an old unit exceeds half the cost of a new one.

**HOW EFFICIENT** YOUR SYSTEM? As with other technology, heating and cooling systems have advanced to include new features and greater energy efficiency than ever before. These improvements can reduce your monthly utility bills.

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If you are stuck between a rock and a hard place, have a professional evaluate your system and your home's needs. It can help ease the decision of repairing or replacing. For a complimentary quote to replace your HVAC system, contact the professionals at DeBord's One The professionals of Benjamin Franklin Plumbing can also help with ALL your plumbing and septic needs as

We maintain an A+ rating with the Better Business Bureau and are a very proud partner of the Children's Miracle Network. We are licensed, bonded, and fully insured. Your comfort and safety are truly our top priority!

on Log WWW. Debordinc.com and BenjaminFranklinPlumbing NEOhio.com to learn more and for special offers. Call us today at (440) 285-9125 to schedule an appointment.

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# Lake County Genealogical Society Meeting - October 28th

The Lake County Genealogical Continued Education Program web site to learn more about us. Society (LCGS) meeting will be held on October 28 from 10:00 am to approximately noon. The LCGS has been meeting on Zoom due to COVID-19. Please join us for a short business meeting followed by our speaker, LaDonna Garner, on "Don't Forget Their House! Researching the Homes of our Ancestors."

LaDonna Garner, M.A., is a consultant focused on historical preservation and genealogical research in and outside Southeast Missouri. She lectures often on both subjects at conferences and as an instructor for the

St. Louis Community College. Researching her family history for over 30 years, she is passionate about recording historic minority communities cemeteries, genealogy education, client assistance, and consultations in archival documents, protecting our history and natural landscapes through historic preservation, and cemetery restoration.

Visit our web site at www. legsohio.org to find the email address so you can contact us for an invitation to our Zoom Meeting. You can also go to our

If you do not have a computer, you can join the Zoom meeting from your phone; so call Bonnie or Cynthia to get the phone number for the meeting.

If you have any questions, call Bonnie at 440-428-3783 or Cynthia at 440-951-0914.

Please join us to learn how to research and organize your findings on your ancestors, find your "Roots", and create your own Family Tree. You can also join our genealogy group and meet new people and get help from other members besides from listening to the speakers.

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We believe life is better at home available to speak with when you need questions answered.

Better At Home, LLC is not a chain or a franchise. We are a locally owned and operated agency located in Willoughby, backed by the experience of a paramedical professional with over 10 years experience in both the paramedical sector and the home care industry, as well as over 20 years direct care experience. Our staff is an exceptional team of home care professionals who are bonded, insured and backed by real-world experience, education and skills.

Call us today at 440-946-1600. We look forward to the privilege of serving you and your family.

Adults (and teens) can check out the latest in the library's LIFE HACKS series. Librarians Amber and Meg will offer advice that will help you prepare for (almost) anything. Explore topics such as what to have in a first-aid kit, important documents, and supplies to have at the ready. This video

will be posted on the library's Facebook page and YouTube channel.

**Getting Started with Medicare** Tuesday, Oct. 19, at 6 p.m. Village Room, Main Branch

Get a basic understanding of how Medicare works and how it affects you, whether you're approaching age 65 or going on Medicare for the first time. Learn what is and is not covered by Parts A, B, C and D. Learn the difference between a Medicare Supplement and a Medicare Advantage Plan. This program is presented by Laura Mutsko of Mutsko Insurance Services. Registration required.

Senior Center Book Club

Wednesday, Oct. 20, at 1:30 p.m. Mentor Senior Center

The book club is, once again, meeting at the Mentor Senior Center! In October, the club will discuss "Lillian Boxfish Takes a Walk" by Kathleen Rooney. Copies of the book are available to pick up at Mentor Public Library. For more information, email cailey.williams@mentorpl.org.

Spiderweb Wreath

Wednesday, Oct. 20, at 5 p.m. The HUB

Adults can use The HUB's Cricut Maker to create a decorative spiderweb wreath to add to their holiday décor. Registration required.

History and Mystery at the Lake County History Center

p.m. Lake Branch

(440) 299-7358 Wednesday, Oct. 20, at 6:30

Discover the history behind Continued on page 15

Call, text, email

**MPL Programs** Continued from page 1

Registration required.

**<u>Ghosts</u>** of the Civil War: **Shades of Blue and Gray** 

Tuesday, Oct. 12, at 6:30 p.m. Village Room, Main Branch

Sara Showman and Mark Dawidziak of the Largely Literary Theater Company share ghost stories from South Carolina, Virginia, Tennessee and Ohio (with a special section about Abraham Lincoln) and appropriate literary selections by Walt Whitman, Emily Dickinson and Ohio native Ambrose Bierce. Registration required.

### <u>Leaders & Legacies of the</u> Civil War: Finding Your Civil War Ancestor

Wednesday, Oct. 13, at noon Village Room, Main Branch

October is National Family History Month and the perfect time to research your family's Civil War legacy. Rangers Allison Powell and Rebecca Hayward from James A. Garfield National Historic Site will share the different types of genealogical records available for research. Registration required for this program.

Computer Class: Email Basics Thursday, Oct. 14, at 2 p.m.

Lake Branch

Learn how to send and reply emails and attachments. Registration begins Sept. 30 and is mandatory for this class.

Men's Book Club

Monday, Oct. 18, at 7 p.m. James R. Garfield Room, Main Branch

month's book This "Transcription" by Kate Atkinson. Copies of the book are available at the reference desk at MPL's Main Branch.

**Life Hacks: Mastering Disasters** 

Tuesday, Oct. 19, at noon

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### Laketran is Helping Residents Vote with a Free Ride

transportation should not be a barrier to vote and will continue their Vote & Ride program for the fall general election allowing residents to ride the bus free to vote.

Lake County residents can

believes take Laketran's Local Routes or schedule a door-to-door Dial-a-Ride starting October 5 to vote early at the Lake County Board of Elections or to their polling location on Election Day, Tuesday, November 2.

"At Laketran, we believe every

resident should have access to vote and we know that we are uniquely positioned to help get people to the polls," shared Laketran CEO Ben Capelle. "Exercising your right to vote is one of the most important roles an individual can play in their community and Laketran

wants to make sure that is possible for everyone."

Early voting begins Tuesday, October 5 and includes the Saturday, Sunday, and Monday before Election Day at the Lake County Board of Elections.

Polling locations in Lake County are open from 6:30 a.m. to 7:30 p.m. on November 2.

Residents who prefer to take Laketran's Local Routes 1-9 simply need to inform their bus driver when they board that they are going to vote or just voted and the trip will be free. To vote early, Laketran Routes 1, 4, 5, and 9 directly serve the downtown Painesville Transfer Center adjacent to the Board of Elections at 105 Main Street, Ste 107.

Dial-a-Ride, Laketran's door-todoor service for seniors and people with disabilities, will also provide rides to early voting or polling locations at no charge and requires a reservation 1 to 12 business days

in advance. To schedule a Diala-Ride reservation, call Laketran Customer Service at 440-354-

Residents can also ride Laketran free to bring their absentee ballots to the Lake County Board of Elections.

"The Board of Elections applauds Laketran's decision to offer free rides to the polling locations on Election Day. Many Lake County residents rely on their services to help get them to and from doctors' appointments or their employers. We view the voting process as something just as vital to the everyday lives of our residents, so we are pleased Laketran is continuing with this program," remarked Lake County Board of Elections Director, Ross McDonald.

For early voting times or to find your voting location, contact the Lake County Board of Elections at 440-350-2700 or visit their website at <a href="https://www.lakecountyohio.">https://www.lakecountyohio.</a> gov/lakeelections/.



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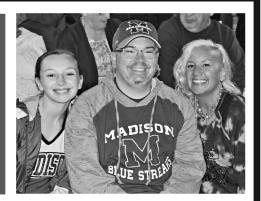


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# MPL October Programs Continued...

the building that used to be the county poorhouse and now houses the Lake County History Center. Hear stories of those who lived there and legends of those who supposedly still haunt the place. Registration required to attend this

**Funny Women Book Club** 

Wednesday, Oct. 20, at 7 p.m. Mentor Headlands Community

Join the book club that's reading some of today's funniest ladies. This month, the club will discuss "Little Weirds" by Jenny Slate.

Computer Class: Basic <u>Internet</u>

Thursday, Oct. 21, at 2 p.m. Lake Branch

Learn the basics of searching the web. Mouse and typing skills are

required. Registration begins Oct. 7 and is mandatory for this class.

All About the Moon

Thursday, Oct. 21, at 6:30 p.m. Discover Earth's nearest neighbor, the Moon. Learn about its phases and cycles and how some of Earth's cultures have marked them. An expert from the Geauga Park District will also share tips for observing the Moon using telescopes, binoculars or just your eyes. Also get a preview of

November's upcoming eclipse of the moon. This program will be hosted via Zoom, and registration is required.

**Crafty Adults** 

Monday, Oct. 25, at 6:30 p.m. Mentor-on-the-Lake Branch

Explore and create a new craft each month. The library provides the supplies; you supply the creativity. All skill levels are welcome. Registration required.

Monday Night Book Club

Monday, Oct. 25, at 6:30 p.m. Village Room, Main Branch Join librarian Cailey for a

discussion of bestsellers, popular reads and books of interest. This month the book club will discuss "Carnegie's Maid" by Marie Benedict. Copies are available at the Reference Desk for pickup. Registration is required to attend.

<u>Computer Class: Word—</u> Flyers, Pictures & Drawing

Tuesday, Oct. 26, at 2 p.m.

Village Room, Main Branch Learn how to use Microsoft Word to create flyers, manipulate pictures, and to effectively use Word's Drawing Tools. Registration begins Oct. 11 and is

mandatory for this class.

Computer Class: Excel I Tuesday, Oct. 26, at 6:30 p.m. & Wednesday, Oct. 27, at 2 p.m.

Village Room, Main Branch Learn how to use Microsoft Excel, including how to: describe a worksheet and its function; create a basic worksheet and learn how to save it to disk; apply simple formulas to perform calculations; apply simple formatting; and explore options for printing a simple worksheet. (Microsoft Word experience necessary.) Two sessions offered. Please only sign up for one to make room for as many people as possible. Registration begins Oct. 11 and is mandatory for this class.

Computer Class: Facebook **Basics** 

Wednesday, Oct. 27, at 10 a.m. Village Room, Main Branch

Learn how to use Facebook. This free, hands-on class will demonstrate basic Facebook features. Please come to class with your Facebook login information and password. Registration is required for this class and begins Oct. 11.

**Holistic Wellness & Yoga** Wednesday, Oct. 27 at 2 p.m.

Lake Branch

Yoga instructor Kelbach will lead an hour-long class that includes a relaxing yoga session and tips on holistic therapies. Please bring a yoga mat and wear comfortable clothing. Registration required.

**Computer Class: Excel II** Wednesday, Oct. 27, at 6:30 p.m. & Thursday, Oct. 28, at 2

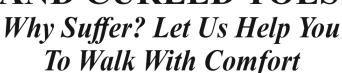
Village Room, Main Branch Learn how to use Microsoft Excel, including how to: create and copy formulas and functions; understand relativity when working with formulas and functions; recognize and troubleshoot errors in formulas and functions; insert, delete and resize rows and columns; and use

Continued on page 18

# Glad to be back... Now seeing patients!

• Making Your Feet Comfortable

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# Mentor Window - Serving Northeast Ohio Since 1983

Mentor Window has earned the home improvement industry's coveted Angie's List Super Service Award several times. This award reflects exemplary years of service provided to customers throughout Northeast Ohio, along with honest, fair prices.

Steve Douglas the owner of Mentor Window was asked about how they continue having such success in the home improvement industry. "We have crews that have been with us for decades, and we are very particular about the installers we hire. We won't just hire anyone to catch up if we are backed up a bit, quality is at the top of our list when it comes to workmanship. When it comes to pricing, we are straight forward with people, they don't want to hear any buy 1 get 1 free nonsense. They want a fair, honest price up front without all the gimmicks you see out there in advertising. We treat each and every one of our customers like family."

"Only about 5% of the Home

# "A Doris Day Retrospect" November 10th

The Women's Committee of The Fine Arts Association will present "A Doris Day Retrospect" November 10, 2021.

Singer, actress, and director Sandy Peck will provide music of recording and movie star Doris Day, from her early years as a big band singer, through her films from the studio era of Hollywood and beyond.

She will be accompanied by Alex Ulle at the piano.

All programs begin at 11:00 a.m. at The Fine Arts Association, 38660 Mentor Avenue, Willoughby followed by the luncheon at noon in the lobby. Covid protocols will be respected.

The menu is baked Kentucky hot brown sliced turkey breast, layered with tomato, bacon, cheese sauce on a puff pastry foundation and green beans. Dessert is a pumpkin roll.

The cost is \$15 a member; \$18 non-member; \$10 for program only (which can be purchased at the door). All tickets payable by check or cash.

RESERVATIONS **ARE** REQUIRED **FOR** THE LUNCHEON. **PROGRAM** Email: anthonyjanem@yahoo. com or phone: 440-579-5020 by noon November 5, 2021.

Improvement companies in Northeast Ohio have performed consistently well enough to earn our Super Service Award, It's a really high standard.

Angie's List Super Service Award winners have met strict eligibility requirements, which include an "A" rating in overall grade, recent grade, and review grade period; the company must be in good standing with Angie's List, pass a background check and abide by Angie's List operational guidelines.

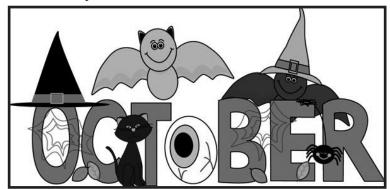
Service company ratings are

updated daily on Angie's List. Companies are graded on an A to F scale in areas ranging from price to professionalism to punctuality.

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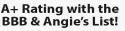
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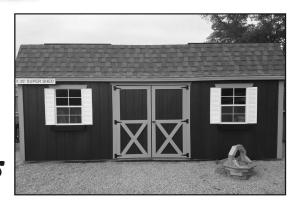
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Based in Eastlake, Ohio Hoernig Heating & Air Conditioning has been a family owned and operated business for over 56 years. Dennis, along with his sons, proudly carry a complete line of quality Rheem products including high efficiency Rheem Air Conditioning and Gas

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With summer winding down and colder weather approaching, now is the time to have us perform a Heating Preventative Maintenance Safety Check for the low price of only \$69.95 (Regular price \$95.95). The gas furnace

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tune-up and safety check includes:

- 1. Clean burners
- 2. Clean, light pilot
- 3. Check Heat Exchanger
- 4. Check main gas valve
- 5. Adjust burner & pilot
- 6. Adjust blower belt
- 7. Check & adjust furnace controls

8. Check safety pilot operation

9. Oil blower.

Even though those hot & humid days will be fading away, you still may want to take advantage Hoernig Heating and Air Conditioning's Central Air Conditioning Tune-Up Special for only \$69.95 (Regular price \$95.95). This cooling preventative maintenance safety check includes:

- 1. Check refrigerant charge
- 2. Leak test unit if necessary
- 3. Check and adjust fan belt
- 4. Check bearings
- 5. Align pulleys & lubricate motor

6. Check Filters

# Are You Ready to

In the past, many of you have asked me "Is it possible to cut the cable?" My reply has always been "not yet, but soon". I've been saying it for 7 years. Well,

- 7. Check condenser
- 8. Check drain
- 9. Check operation of thermostat 10. Operational check of systems.

For those of you looking to save even more, take advantage of a package deal! Have us service both systems at the same time for only \$98!!

Hoernig Heating & Air Conditioning offers free estimates, 24 hour service, 10% senior citizen discounts, and can service any brand. We're also licensed, bonded, and insured.

Give us a call today to schedule a preventative maintenance check at (440) 942-8175.

# "Cut the Cable?"

"SOON" is HERE!!

After many months of research, I have finally come to the conclusion that it IS POSSIBLE to "CUT THE CABLE" and save a substantial amount of money. Since everyone has their own needs, I can customize a solution to allow you to cancel your U-verse, cable or satellite service.

If you have any questions or would like more information on getting rid of your cable or satellite company, please contact me.

Mobile Computer Solutions is a mobile computer repair service that comes to your home or business. I have over 20 years experience. I pride myself on building my business on reliability, honesty and finding multiple solutions for each client's personal budget.

I specialize in virus removal, networking (wired and wireless), upgrades, security, data recovery, data transfer and installation and much more.

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My name is Jeff Berg and I am available to personally speak with you to discuss your individual technology needs. I invite you to contact me at (440)461-3900, (216) 789-7936 or jeff@mobilecsllc.com so I can personally help you find a solution for your household or business technology challenges.

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   Check heat exchanger
- 4. Check main gas valve
- 5. Adjust burner & pilot
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- 8. Check safety pilot operation
- 9. Oil blower

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### Cosmetic Laser Partners with Omorfo Derma Beautiful Skin by Jill

Cosmetic laser welcomes a new addition to the Medi Spa. Jill has Thirteen years as a Registered Nurse specializing in emergency and hospice nursing, following her dreams to become a Nurse Practitioner in dermatology. Jill not only has the passion for nursing, but the love for art, which makes esthetics her ultimate perfect match in medicine. We're experts at what we do and knowing the best techniques is our top priority when it comes to your service. Certified through the American Academy of Facial Esthetics, not only are we trained the right way on injecting, but you will leave knowing you were treated in the best hands. From the moment you walk in the door, our focus is on your complete satisfaction, from safety to customer service and everything in between.

Her services include Botox, Dysport, Xeomin, fillers and the most exciting is the Lifting

Threads. Lifting threads can 440-897-8517. be described as a less invasive facelift option for the face, neck, or jowls using a dissolvable suture polydioxanone. PDO threads are attached to a thin needle which is inserted below the skin surface after being numbed. The thread grabs ahold of the skin, pulling the sagging skin up, giving a more youthful, tighter appearance, while stimulating collagen.
Threads will not be visible; however you may feel them in the treatment area for the first few weeks and last 18 months. There is also the Smoothing Threads that are placed under your skin, using a hashtag pattern, creating your body's natural healing response, stimulating collagen in the treated areas. This assists with bringing back lost blood flow, repairing, and tightening the skin.

For more info and pricing her website. https:// omorfodermabyjill.com. Or call

We are starting to get into the winter season where our skin is dehydrated and flaking. The best thing you can do to your face is to have a good skin care home routine. That is 70% of how healthy your skin is. The next is monthly facials make a huge difference in the aging process! We are also offering a special on the Image line, Signature Facial Peel for \$110 this month. Services provided by our Licensed Esthetician Abby.

Call 440-477-4074 for appt. We also do free consults for brown spots, facial veins, rosacea as well as other skin conditions. Dr. Robert Salamon, Board Certified plastic Surgeon is on staff for those tough cases that require a combination of treatments for your desired results.

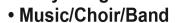
Make this winter all about your skin! Visit www.takeawayhair. com for more info.



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# Halloween Treats from Golden Crust Bakery

Hi everyone – hope you're all doing well. We made it through summer! It's been a rough ride in

### **MPL October Programs**

Continued from page 15

advanced printing features. Two sessions offered. Please only sign up for one to make room for as many people as possible. Registration begins Oct. 11 and is mandatory for this class.

# Bigfoot Returns: Urban Legends of Ohio Encore

Wednesday, Oct. 27, at 6:30 p.m. Lake Branch

An encore presentation of this popular talk! Explore the urban legends of Ohio like the Melonheads, Hell Town, Cry Baby Bridge and more with librarian Mollie Burns. Registration

### Adult Pumpkin Painting Party Wednesday, Oct. 27, at 7 p.m. Headlands Branch

Adults get their turn to do something crafty this spooky season. Come to the Headlands Branch for a pumpkin-painting party for grownups. RSVP required.

Computer Class: Excel III Thursday, Oct. 28, at 6:30 p.m. Main Branch in the Village Room Learn how to hide and freeze columns and rows, use print area and print titles, conditional formatting, and how to create and format charts. Registration begins Oct. 11 and is mandatory for this class.

so many ways. The weather was crazy and sometimes destructive-I hope this will be a calmer fall. I look forward to all the colors and smells of this time of year.

We will have all kinds of yummy goodies- pumpkin pies and apple too! How about apple bread for French toast? Apple cinnamon and pumpkin muffins on a Saturday morning with a cup of coffee...oh the sweet smells of fall!

Even the falling leaves are welcome, especially when you can walk through them to trick or

We'll have lots of treats for Halloween. Our special cutout cookies in pumpkin shapes, pumpkin cakes -large and small, and a spooky scene on a sheet cake. We will also have more spooky cakes in other shapes too!

Don't forget your buns for the hot dogs and sloppy joes. We may have other surprises too...we hope you all have a great fall and fun parties!

Please remember the elderly with the leaves. They need your help- and maybe they'll have fun watching you jumping in them like they used to!



# There's More to Mold Than Just the Spore! Mold can emit a fungal gas! life cycle they emit a gas (musty spores in the colony, our noses

and they progress through their

When particular molds colonize smell). As the reservoir of detect the smell of these fungal fungus grows to several billion

environment continues to fill with the mycotoxic gases, they can become a health risk. The affect it has on the human body is dependent on three variables. Our individual immune systems, the type of spore and the volume of fungal gas, determines the impact on our bodies.

Additionally, the longer the exposure to these gases, the greater the likely hood we will develop a sensitivity. Much like other environmental allergens we are exposed to, the longer the exposure, the greater the chance our bodies will have an adverse reaction.

Some health effects include, headaches, shortness of breath, dizziness, lethargy, fever, and digestive problems. More severe

reactions are hypersensitivity, and asthma symptoms. Although rare, certain Aspergillus species release aflatoxins that are carcinogenic.

There are many things in life we cannot control, but exposure to fungal gases is not one of them. With a little effort, we can reduce or eliminate this health hazard by using a disinfectant or removing the affected material. In some instances, it may be necessary to seek a professional opinion or get professional help.

Gregory Drenik (Certified CIEIndoor Environmentalist) Mr. Drenik is the president of Monarch Group, LLC. He has performed thousands of mold tests over the last 20 years & completed over 3,000 mold remediation projects (440) 537-4024.

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- 30 minute Ionic Foot Detox - \$29.00
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www.mentorsaltcave.com

# Financial Aid Applications are Now Open for Those Who Plan to Attend College in Fall 2022

Students who plan to start college in fall of 2022 can begin to fill out the FAFSA (Free Application for Federal Student Aid) beginning, Friday, Oct. 1, 2021. Applying early has its benefits as early applicants typically have a better chance to qualify for more grants. There are many forms of financial aid available – both state and federal – as well as scholarships. Regardless of which form of aid

the student wishes to receive, all are processed using the information provided by students and their parents in the FAFSA.

Once the FAFSA form is filled out, many students and their parents may still not be clear about the next steps. Because financial aid paperwork and jargon can be confusing, Lakeland offers "Verification + (Plus)," a service for enrolled students that provides one-on-one attention from a

staff member who will steer the student through the process to finalize and determine eligibility for financial aid.

For questions about financial aid, call 440-525-7070 or email

note: to add Lakeland as a college of choice in the FAFSA form, enter school code 006804.

Prospective students can visit campus or attend an information session. See details at <u>lakelandcc</u>.

The fall 2022 admissions

at lakelandcc.edu/apply. For a limited time, the \$15 application fee is being waived.

Financial aid resources, videos and a list of available scholarships are available at <u>lakelandce</u>. edu/web/about/financial-aiddepartments.

### Mark Your Calendars: 35th Annual Beary Merry Christmas Show December 1st & 2nd

at the Thirty Fifth Annual Merry Christmas Beary Show Handcrafted Market on Wednesday, December 1 and Thursday, December 2 at the Normandy Party Center in Wickliffe.

This craft extravaganza showcases over fifty talented Ohio and artisans from Pennsylvania, displaying unique holiday gifts for your shopping pleasure. We will again feature Deluxe Chinese Raffle Extravaganza to benefit Susan G. Komen for the Cure Northeast Affiliate. This will include over 50 baskets for all members of the family including a spa package from John Roberts, variety of dinners, sports items, toys, family fun and more. Delicious lunch and dinners catered by Normandy Party Center will be available for purchase. Hourly door prize gift certificates will be provided by John Roberts Hair Studio and Spa of Mayfield, Solon and Chagrin Falls. Admission is \$3.00

We are happy to announce Asa Cox with Century 21, Asa Cox Homes is our sponsor again this year. We are collaborating with Asa and Asa's Angels, a support program for families in need in the community during the holidays. She distributes over 15,000 toys, helping more than 3,000 families. Each family is personally interviewed and provides a Wish List for their children. \$125 is generously spent on each child. During The Beary Merry Show we will collect toys for her annual Christmas Outreach Drive for Kids. Her goal is "to make all children smile on Christmas morning" and we are here to help! Bring a toy to the show

It's holiday shopping time and make a child happy this Christmas. Please support this "beary" worthwhile cause.

- Chinese Raffle to benefit Susan G. Komen for the Cure, Northeast Affiliate
- Delicious Refreshments, Nightly Entertainment and Hourly Door Prizes
- Bring a toy to support Asa's Angels and help our local families in need this Christmas

We will feature a variety of crafts for your shopping pleasure, including Repurposed Furniture, Artwork, Christmas Jewelry, Decor, Creative Signs, Fabric Creations, Custom Embroidery, Children's Accessories, Bread Dough Creations, Candles, Dip Mixes, Pottery, Personalized Ornaments, Ceramics, Maple Syrup and Honey, Sauces and Rubs, Wood Items, Bath and Body Items, Hand Knit Items, Chocolates, Homemade Pastries, CLE Items, Shadow Boxes, Upcycled Decor and more!

Thirty Fifth Annual Beary Christmas Show Handcrafted Market

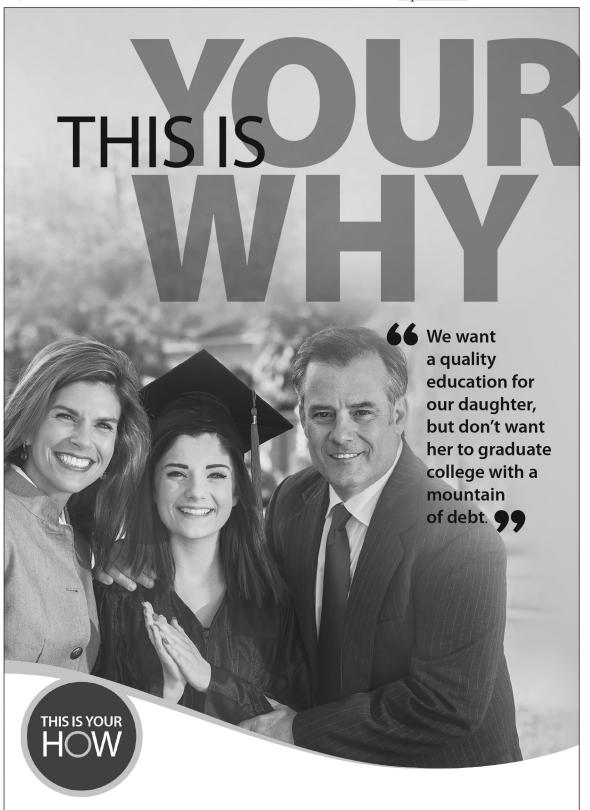
Wednesday, December 1 and Thursday, December 2 11 am to 9 pm

Normandy Party Center 30310 Palisades Parkway off Euclid Avenue in Wickliffe Admission \$3.00

Mark your calendars! This is one holiday market you do not want to miss!

If you have questions, please contact Denise McPherson at (216) 481-9229 or bearymerry@ roadrunner.com.

Follow us at www.facebook. com/BearyMerryShow.



With tuition that is one-third the cost of four-year public universities and credits guaranteed to transfer through the Ohio Transfer Promise, Lakeland is the smart choice for high school seniors looking to earn their general education credits cost effectively. Parents can feel confident in the quality of a Lakeland education. Lakeland ranked one of the top 50 best community colleges in the nation, and also ranked number one in Ohio and two in the nation for students reaching their educational goals.

LEARN MORE AT LAKELANDCC.EDU/YOURHOW

